



Q CALENDAR · YEARS 3 & 4 · WEEKEND Q SCHOOL

Rabi ul Awwal

رَبِيعُ الْأَوَّلِ

Four weekly lesson plans with colourful
pupil worksheets

Week 1 · The Hijra

Week 2 · Prophet Muhammad

Week 3 · Imam Ja'far as-Sadiq

Week 4 · Prophets Yaqub and Yusuf

Adapted for Years 3 & 4 (ages 7–9) from the QFatima Calendar
Schemes of Work and Lesson Plans (2020). 30-minute lessons.



The month plan

Week	Theme and personality	Prophet story and worksheet
1	The Hijra (1st Rabi ul Awwal) Imam Ali's brave night; the Ansar welcome the Prophet	Prophet Ishaq (pbuh) Cut-and-stick storyboard, fill in the blanks, true or false
2	Prophet Muhammad (pbuh) His birth on 17th Rabi ul Awwal; the Week of Unity	No prophet story Birthday card to colour, fill in the blanks, word search
3	Imam Ja'far as-Sadiq (pbuh) Also born on 17th Rabi ul Awwal: the great teacher	No prophet story Cut-and-stick family chain, drawing, true or false
4	Prophets Yaqub and Yusuf (pbuh) A whole lesson: beautiful patience and forgiveness	Prophet stories 6 and 7 Cut-and-stick story sequence, fill in the blanks, true or false, reflection

A MONTH OF JOY

After two months of remembering, Rabi ul Awwal is a happy month. On 17th Rabi ul Awwal we celebrate two birthdays: Prophet Muhammad and Imam Ja'far as-Sadiq. Teach Weeks 2 and 3 either side of the 17th if you can. On 8th Rabi ul Awwal Imam Hasan al-Askari passed away, and on the 9th our 12th Imam, Imam al-Mahdi, became our Imam.

PROPHET STORIES THIS YEAR

So far: Prophet Adam, Nuh, Ibrahim and Ismail. Rabi ul Awwal continues with Prophet Ishaq, Ibrahim's second son (Week 1). Week 4 is a whole lesson on Ishaq's son, Prophet Yaqub, and grandson, Prophet Yusuf.

MONTH-LONG TAKE-HOME HABIT

Recite salawat every morning. On 17th Rabi ul Awwal, recite it 17 times as a birthday gift.

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ
Allahumma salli 'alaa Muhammadin wa aali Muhammad

Each week has a teacher plan, a read-aloud page and two pupil worksheets. Prepare scissors, glue sticks and colouring pencils for every lesson.

The Hijra: from Makka to Madina

PUPILS WILL

- Put the six stages of the Hijra in order
- Explain how Imam Ali and the Ansar helped the Prophet
- Retell the good news of Prophet Ishaq's birth

KEY WORDS

- هَجْرَة **Hijra**, moving away for Allah
- غَار **Ghaar**, a cave
- أَنْصَار **Ansaar**, the helpers

PERSONALITY SPOTLIGHT · IMAM ALI (PBUH)

On the night of 1st Rabi ul Awwal, people in Makka planned to harm the Prophet (pbuh). Allah told the Prophet to leave for Madina. Imam Ali bravely slept in the Prophet's bed so the Prophet could leave safely. This night is called Laylatul Mabeet. Later Imam Ali brought Sayyida Fatima and the other women of the family safely to Madina.

Time	What happens
0–3	Starter. "Have you ever moved house or school? How did it feel to be new?" Introduce the word Hijra.
3–8	Story. Read "The night of the Hijra" (next page). Show Makka, Mount Thawr, Quba and Madina on a map. Pupils love that the camel who chose the Prophet's home was called Qaswa.
8–14	Prophet story. Read "Prophet Ishaq and the special guests". Link: Ibrahim welcomed guests, and the Ansar welcomed the Prophet.
14–27	Worksheets. 1A: cut and stick the Hijra storyboard and draw each scene. 1B: Ishaq fill in the blanks and true or false.
27–30	Plenary. Sing the first line of Tala'al Badru 'Alayna together, as the people of Madina did.

Resources: a map of Arabia, scissors, glue, colouring pencils, Worksheets 1A and 1B.

Take-home: be like the Ansar. Welcome someone new at school, in class or on your street.

The night of the Hijra

That night, Imam Ali lay down in the Prophet's bed under his green cloak. The Prophet slipped out of Makka with a companion. They hid in a cave on Mount Thawr for three days. A spider spun a web across the entrance and a dove built a nest, so the people searching thought no one could be inside.

In Quba, near Madina, the Prophet waited for Imam Ali and the family to join him. Then they entered Madina together. Children and grown-ups came out singing to welcome him. Everyone wanted the Prophet to stay at their house, so he let his camel, Qaswa, choose. She knelt down outside the home of Abu Ayyub al-Ansari.

لَا تَحْزَنْ إِنَّ اللَّهَ مَعَنَا

"Do not be sad. Allah is with us."

SURAT AT-TAWBA 9:40

PROPHET STORY 5

Prophet Ishaq (pbuh) and the special guests

One day, some guests came to visit Prophet Ibrahim. He rushed to cook them a delicious meal. But the guests did not eat. "Do not be afraid," they said. "We are angels, sent by Allah."

They brought good news. Ibrahim and his wife Sarah would have a baby boy called Ishaq, and one day Ishaq would have a son called Yaqub. Sarah laughed in surprise, because she was very old. The angels said, "Are you surprised at what Allah can do?"

Ishaq was born, a brother for Ismail. He grew up to be a prophet too, teaching people to worship Allah.

TALK ABOUT IT

1. Why was Imam Ali so brave that night?
2. How did Allah keep the Prophet safe in the cave?
3. How did Ibrahim and the Ansar both treat their guests?



The Hijra storyboard

Name: _____

Cut out the six captions at the bottom. **Stick** them under the boxes in the right order. Then **draw** each scene.

1 	2 	3
4 	5 	6

CUT ALONG THE DASHED LINES

A spider spins a web over the cave.	Qaswa kneels at Abu Ayyub's house.	Imam Ali sleeps in the Prophet's bed.
The Prophet waits for Imam Ali in Quba.	The Prophet leaves Makka at night.	The people of Madina sing to welcome him.

Prophet Ishaq (pbuh) and the good news

Name: _____

1. Fill in the blanks using the word bank.

angels

meal

Sarah

Yaquub

Ismail

1. Prophet Ibrahim cooked his guests a delicious _____.
2. The guests were really _____ sent by Allah.
3. Ibrahim's wife _____ laughed in surprise.
4. Ishaq's big brother was _____.
5. One day Ishaq would have a son called _____.

2. True or false? Circle one.

Imam Ali slept in the Prophet's bed on the night of the Hijra.

True

False

The Prophet hid in a cave for three weeks.

True

False

Ansaar means the helpers.

True

False

Prophet Ishaq grew up to be a prophet too.

True

False

3. Colour in the word Hijra.



Hijra: moving away for Allah

Take-home challenge: be like the Ansar. Who did you welcome, and how?

Happy birthday, Prophet Muhammad (pbuh)

30 min

PUPILS WILL

- Know when and where the Prophet was born
- Name his mother, grandfather and the lady who cared for him
- Explain why the Week of Unity brings Muslims together

KEY WORDS

مَوْلِدْ

Mawlid, a birthday

مُحَمَّد

Muhammad, the praised one

وَحْدَة

Wahda, unity

PERSONALITY SPOTLIGHT · PROPHET MUHAMMAD (PBUH)

Born in Makka on 17th Rabi ul Awwal in the Year of the Elephant (570 CE). His mother was Sayyida Amina. His father, Abdullah, had passed away before he was born, so his grandfather Abdul Muttalib looked after him and named him Muhammad. As a baby he lived in the desert with a kind lady called Halima. Some Muslims celebrate his birthday on the 12th and others on the 17th, so the days in between are the Week of Unity.

Time	What happens
0–3	Starter. "How does your family celebrate birthdays?" Explain that this week is the birthday of the most special person Allah created.
3–7	Story. Read "Baby Muhammad and Halima" (next page).
7–12	Unity. Hold a rope with the class. Read 3:103. Pull apart and the rope is weak; hold together and it is strong. Muslims are stronger when united.
12–25	Worksheets. 2A: colour and fold a birthday card. 2B: fill in the blanks and the word search.
25–30	Celebrate. Recite salawat together, share sweets and a short nasheed. Look ahead: another birthday is on the same day.

Resources: a rope or long scarf, sweets (check allergies), colouring pencils, Worksheets 2A and 2B.

Take-home: give your card to someone at home and share sweets with a neighbour.

Baby Muhammad and Halima

On the 17th of Rabi ul Awwal, a baby boy was born in Makka to Sayyida Amina. His grandfather, Abdul Muttalib, held him and said, "I will call him Muhammad, the praised one."

In those days, families in Makka sent their babies to the desert, where the air was clean. A lady called Halima came looking for a baby to care for. She was poor, her camel was thin and slow, and her goats had very little milk.

Halima took baby Muhammad home. Straight away, wonderful things began to happen. Her camel walked fast and strong. Her goats gave plenty of milk. The grass around her tent grew green.

"This child is full of blessings," Halima said. She loved him like her own son. Years later, when the Prophet saw her, he spread out his cloak for her to sit on, to show her respect.

وَإِنَّكَ لَعَلَىٰ خُلُقٍ عَظِيمٍ

"And you have a wonderful character."

SURAT AL-QALAM 68:4

TALK ABOUT IT

1. What changed in Halima's home when baby Muhammad came?
2. How did the Prophet show respect to Halima when he was grown up?
3. Who looks after you? How can you thank them?



A birthday card for the Prophet

Name: _____

Colour and decorate the front. **Write** your message on the back. Then **fold** along the middle line.

FRONT

Happy Birthday



Prophet Muhammad (pbuh)

FOLD HERE

BACK

Dear Prophet Muhammad (pbuh),

On your birthday, I promise to

From: _____

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

The Prophet's birthday

1. Fill in the blanks using the word bank.

17th

Makka

Amina

Halima

Unity

1. The Prophet was born in the city of _____.
2. He was born on the _____ of Rabi ul Awwal.
3. His mother was Sayyida _____.
4. _____ looked after him in the desert.
5. The days from the 12th to the 17th are the Week of _____.

2. Word search. Find and colour the six words.

A	M	I	N	A	R	S	M
H	B	T	O	E	Q	F	I
A	S	W	Z	R	U	N	L
L	P	M	A	K	K	A	A
I	G	J	O	H	E	B	D
M	R	E	U	N	I	T	Y
A	F	K	C	S	P	Z	W
T	A	H	M	A	D	O	R

☐ AMINA☐ HALIMA☐ MAKKA☐ MILAD☐ UNITY☐ AHMAD

Words go across or down.
Ahmad is another name of the Prophet.

Take-home challenge: give your card to someone at home and share sweets with a neighbour. Who did you share with?

Imam Ja'far as-Sadiq (pbuh): the great teacher

30 min

PUPILS WILL

- Know that Imam Sadiq shares the Prophet's birthday
- Build the family chain from the Prophet to the 6th Imam
- Retell the story of the egg and explain what it shows

KEY WORDS

الصَّادِق As-Sadiq, the truthful one
 عِلْم 'Ilm, knowledge
 مُعَلِّم Mu'allim, a teacher

PERSONALITY SPOTLIGHT · IMAM JA'FAR AS-SADIQ (PBUH)

The 6th Imam, son of Imam Muhammad al-Baqir, born in Madina on 17th Rabi ul Awwal, 83 AH: the same birthday as the Prophet. Like the Prophet, he was called As-Sadiq, the truthful one. He taught thousands of students in Madina about the Qur'an, and about science, medicine and the world. One of his students, Jabir ibn Hayyan, became a famous chemist. His teachings guide how we pray and live today.

Time	What happens
0–3	Starter. "Who is the best teacher you have had, and why?" List what makes a great teacher.
3–7	Teach. Build the family chain on the board: the Prophet, Imam Ali and Sayyida Fatima, Imam Husayn, Imam Zayn ul-Abidin, Imam Baqir, Imam Sadiq.
7–12	Story. Read "The Imam and the egg" (next page). Hold up a real egg as you read.
12–25	Worksheets. 3A: cut and stick the family chain. 3B: draw the egg, true or false and the du'a for knowledge.
25–30	Plenary. Each pupil shares one thing they learnt from the Imam. Look ahead: next week we meet Prophet Yaqub and his son Prophet Yusuf.

Resources: a real egg, scissors, glue, colouring pencils, Worksheets 3A and 3B.

Take-home: be a teacher. Teach your family one thing you learnt this week.

The Imam and the egg

One day a man came to Imam Ja'far as-Sadiq. "I do not believe in Allah," he said. "Show me that there is a Creator."

A little boy was sitting nearby, playing with an egg. The Imam gently asked if he could borrow it, and held it up.

"Look at this egg," said the Imam. "It is like a strong little castle, with no door. Inside, there is something white and something yellow, and they do not mix. No one can get in and nothing gets out."

"Then one day it cracks open, and out comes a fluffy chick, with eyes, a beak, feathers and tiny feet. Who made the chick inside the castle?"

The man thought for a long time. Then he said, "There must be a Creator." The Imam did not argue or shout. He helped the man think, with something as small as an egg.

وَقُلْ رَبِّ زِدْنِي عِلْمًا

"And say: My Lord, increase me in knowledge."

SURAT TAHA 20:114

TALK ABOUT IT

1. Why did the Imam use an egg to teach the man?
2. How did the Imam speak to someone who disagreed with him?
3. What else in nature shows us Allah's power?



From the Prophet to Imam Sadiq

Name: _____

Cut out the six name cards. **Stick** them in the chain in order, from the Prophet down to Imam Sadiq.

1 · GRANDFATHER OF IMAM HUSAYN

2

3 · THE 3RD IMAM

4 · THE 4TH IMAM

5 · THE 5TH IMAM

6 · THE 6TH IMAM, BORN 17TH RABI UL AWWAL

CUT ALONG THE DASHED LINES

Imam Zayn ul-Abidin

Imam Ja'far as-Sadiq

Prophet Muhammad

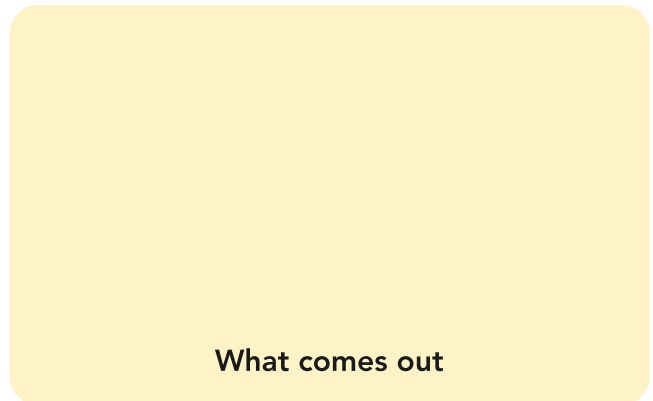
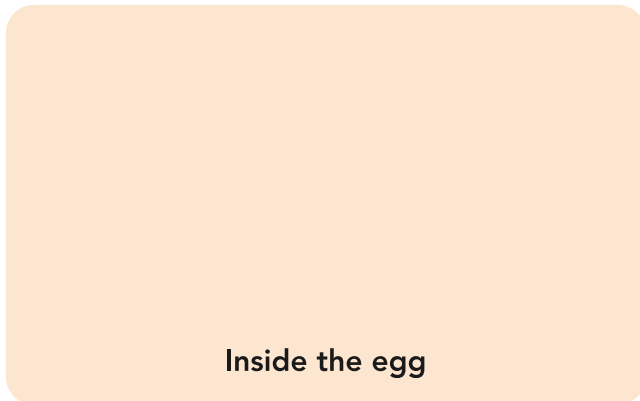
Imam Husayn

Imam Muhammad al-Baqir

Imam Ali and Sayyida Fatima

The Imam and the egg

1. Draw what is inside the egg, and what comes out of it.



Who made the chick? _____

2. True or false? Circle one.

Imam Sadiq was born on the same day as the Prophet.

True

False

Imam Sadiq is our 4th Imam.

True

False

The Imam shouted at the man who did not believe.

True

False

'Ilm means knowledge.

True

False

3. A du'a for knowledge. Colour the frame and say it before your homework.

رَبِّ زِدْنِي عِلْمًا

"My Lord, increase me in knowledge." (20:114)

Take-home challenge: be a teacher. What did you teach your family this week?

Prophets Yaqub and Yusuf (pbut): patience and forgiveness

30 min

PUPILS WILL

- Put six parts of Prophet Yusuf's story in order
- Explain how Prophet Yaqub showed beautiful patience
- Explain how Prophet Yusuf forgave his brothers

KEY WORDS

صَبْرٌ Sabr, patience
عَفْوٌ 'Afw, forgiving
رُؤْيَا Ru'ya, a dream

PROPHET SPOTLIGHT · PROPHETS YAQUB AND YUSUF (PBUT)

Prophet Yaqub was the son of Prophet Ishaq and had twelve sons. Prophet Yusuf was one of the youngest. A whole sura of the Qur'an, Surat Yusuf, tells their story, and Allah calls it "the best of stories" (12:3). Yaqub is remembered for his beautiful patience when he lost his son. Yusuf is remembered for his honesty, his gift for explaining dreams, and for forgiving the brothers who had hurt him.

Time	What happens
0–3	Starter. "Has anyone ever said sorry to you? Was it easy to forgive them?" Collect a few answers.
3–12	Story. Read "Yusuf's dream comes true" (next page). Pause after the well and ask: how do you think Prophet Yaqub felt?
12–15	Teach. Two big lessons: Yaqub's beautiful patience, "fa sabrun jameel" (12:18), and Yusuf's forgiveness, "no blame on you today" (12:92). Practise saying sorry and forgiving with a partner.
15–27	Worksheets. 4A: cut and stick the story in order and draw each scene. 4B: fill in the blanks, true or false and a patience and forgiveness reflection.
27–30	Plenary. Review the month: the Hijra, the Prophet, Imam Sadiq, and Prophets Yaqub and Yusuf. Look ahead to Rabi ul Thani.

Resources: eleven paper stars, a sun and a moon (optional prop for the dream), scissors, glue, colouring pencils, Worksheets 4A and 4B.

Take-home: be like Prophet Yusuf. Forgive someone who upset you, or say sorry to someone you upset.

Yusuf's dream comes true

When Yusuf was a young boy, he had a dream. Eleven stars, the sun and the moon all bowed down to him. His father, Prophet Yaqub, knew it was a special dream from Allah. "Do not tell your brothers," he said gently.

But Yusuf's older brothers were already jealous, because their father loved Yusuf so much. One day they took him out to play and dropped him into a deep, dark well. They came home crying and said, "A wolf has taken Yusuf." Yaqub knew this was not true. He was very sad, but he said, "Fa sabrun jameel": I will have beautiful patience. He never stopped making du'a.

Travellers found Yusuf in the well and took him to Egypt. He grew up honest and kind. Even when he was sent to prison for something he did not do, he kept praying and helping others.

One night the king of Egypt had a strange dream about seven fat cows and seven thin cows. Only Yusuf could explain it: seven years of good crops would come, then seven hungry years. "Save the grain," he said. The king put Yusuf in charge of all the food in Egypt.

In the hungry years, Yusuf's brothers came to Egypt to buy food. They did not recognise him. When Yusuf told them who he was, they felt very ashamed. But Yusuf did not shout or take revenge. He said, "No blame on you today. May Allah forgive you."

Yaqub had cried so much that he could no longer see. Yusuf sent his shirt home, and when it was placed over his father's face, Yaqub could see again. The whole family came to Egypt and bowed to show respect to Yusuf. The dream had come true.

لَا تَثْرِبَ عَلَيْكُمُ الْيَوْمَ

"No blame on you today."

SURAT YUSUF 12:92

TALK ABOUT IT

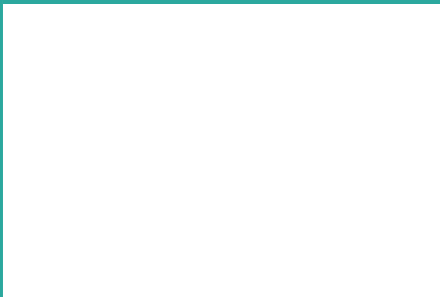
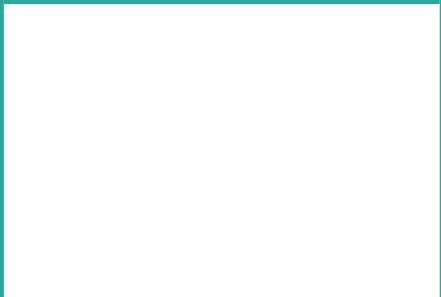
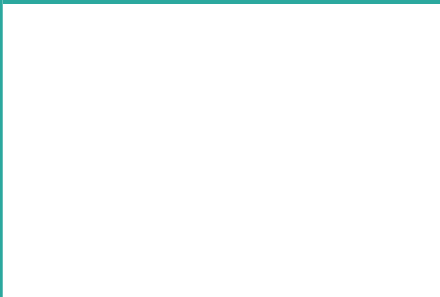
1. Why did the brothers feel jealous of Yusuf?
2. What did Prophet Yaqub do when he felt very sad?
3. Why is it brave to forgive someone who hurt you?



The story of Prophet Yusuf

Name: _____

Cut out the six captions at the bottom. **Stick** them under the boxes in the right order. Then **draw** each scene.

1  	2  	3  
4  	5  	6  

CUT ALONG THE DASHED LINES

The brothers come to Egypt to buy food.	Yusuf dreams of stars, the sun and the moon.	Yusuf explains the king's dream.
The family is together again.	The brothers drop Yusuf into a well.	Travellers take Yusuf to Egypt.

Patience and forgiveness

1. Fill in the blanks using the word bank.

stars

well

patience

Egypt

forgave

1. Yusuf dreamed of eleven _____, the sun and the moon.
2. His jealous brothers dropped him into a _____.
3. Prophet Yaqub said, "I will have beautiful _____."
4. Travellers took Yusuf to _____.
5. Yusuf _____ his brothers when they said sorry.

2. True or false? Circle one.

Prophet Yaqub was the son of Prophet Ishaq.

True

False

Yusuf told his brothers they would be punished.

True

False

The king dreamed about seven fat cows and seven thin cows.

True

False

Yaqub could see again when Yusuf's shirt was placed over his face.

True

False

3. Be like Yaqub and Yusuf.

Draw or write about a time you were patient, and a time you forgave someone.

I was patient when...

I forgave someone when...

Take-home challenge: forgive someone who upset you, or say sorry to someone you upset. Tick the box when done.

☐