



Q CALENDAR · YEARS 3 & 4 · WEEKEND Q SCHOOL

Safar

صَفَر

Four weekly lesson plans with colourful
pupil worksheets

Week 1 · Imam Hasan

Week 2 · Sayyida Zaynab

Week 3 · Arba'een

Week 4 · Prophet Muhammad

Adapted for Years 3 & 4 (ages 7–9) from the QFatima Calendar
Schemes of Work and Lesson Plans (2020). 30-minute lessons.



The month plan

Week	Theme and personality	Prophet story and worksheet
1	Imam Hasan (pbuh) Making a role model famous: the generous big brother	No prophet story Cut-and-stick fact file, magazine cover, story sequencing
2	Sayyida Zaynab (pbuh) The long journey home and her brave words; the first majalis	Prophet Ibrahim (pbuh) Cut-and-stick journey path, fill in the blanks, reflection
3	Arba'een Forty days; Jabir ibn Abdullah, the first visitor	No prophet story Colour-in 40, fill in the blanks, true or false, helping bag
4	Prophet Muhammad (pbuh) Honest, trustworthy and kind: leaving a legacy	Prophet Ismail (pbuh) Matching titles, legacy tree, fill in the blanks

TEACHING SAFAR GENTLY

Safar has sad days: the passing of Imam Hasan, the Prophet and Imam Ridha. Say that they "passed away" and focus on how they lived. Tell the journey after Karbala as a story of a family who stayed strong and spoke the truth, and link it to how we can help refugees today.

PROPHET STORIES THIS YEAR

Muharram covered Prophet Adam and Prophet Nuh. Safar continues with Prophet Ibrahim (Week 2) and his son Prophet Ismail (Week 4). Rabi ul Awwal continues with Prophet Ishaq and Prophet Yaqub.

MONTH-LONG TAKE-HOME HABIT

Keep sending salaam to Imam Husayn (pbuh) every time you drink water, as in Muharram. Add one act of generosity each week.

اَلْسَّلَامُ عَلَيْكَ يَا اَبَا عَبْدِ اللهِ
As-salaamu 'alayka yaa Abaa 'Abdillah

Each week has a teacher plan, a read-aloud page and two pupil worksheets. Prepare scissors, glue sticks and colouring pencils for every lesson.

Let's make Imam Hasan (pbuh) famous

PUPILS WILL

- Explain what makes someone a good role model
- Build a fact file of four facts about Imam Hasan
- Retell the story of the traveller from Shaam

KEY WORDS

المُجْتَبَى	Al-Mujtaba, the chosen one
كَرِيم	Kareem, generous
قُدْوَة	Qudwa, a role model

PERSONALITY SPOTLIGHT · IMAM HASAN (PBUH)

The elder grandson of the Prophet (pbuh), born in Madina on 15th Ramadhan, 3 AH. He looked like the Prophet in face and character. He was a wonderful big brother to Imam Husayn, Hazrat Abbas and his other brothers, and was so generous he was called Kareem Ahlul Bayt. People stopped in the street to hear him recite the Qur'an. He passed away in Safar, 50 AH, and is buried in Jannatul Baqee.

Time	What happens
0–3	Starter. "Who is famous, and why?" List celebrities pupils know. Ask: do famous people always make good role models?
3–8	Teach. Suggest the class makes Imam Hasan a celebrity. Share the spotlight facts one by one and collect them on the board as a "fact file".
8–14	Story. Read "The traveller from Shaam" (next page) and discuss.
14–27	Worksheets. 1A: cut and stick the fact file and draw a magazine cover. 1B: order the story and answer true or false.
27–30	Plenary. Pupils share their cover headline. Briefly mention that his passing away is remembered this month.

Resources: scissors, glue, colouring pencils, Worksheets 1A and 1B. Optional: a real magazine cover to show.

Take-home: be a generous host. Share something special with a guest or sibling.

The traveller from Shaam

One day a traveller arrived in Madina from Shaam. The people in his country had told him untrue and unkind things about Imam Hasan.

When he saw Imam Hasan in the street, he began to shout at him and call him rude names. People stopped to watch.

Imam Hasan did not shout back. He waited quietly until the man had finished. Then he smiled and said, "You must be a traveller. If you are hungry, we will feed you. If you need somewhere to stay, you can stay with us. If you need anything at all, we will help you."

The man was amazed. He began to cry and said, "Allah knows best who should carry His message." He stayed as Imam Hasan's guest, and he left Madina loving the Imam and his family.

TALK ABOUT IT

1. How would most people react if someone shouted at them?
2. What did Imam Hasan do instead?
3. Why do you think the man changed his mind?

TEACHER NOTE

Link the story to Muharram Week 2: being kind to someone who is unkind is a Husaini value. Imam Hasan and Imam Husayn are together called the Hasanayn, "the two Hasans".



Imam Hasan's fact file

Name: _____

Cut out the four fact cards at the bottom and **stick** each one in the right box. Then **draw** a magazine cover to make Imam Hasan famous.

BORN**LOOKED LIKE****FAMOUS FOR****BIG BROTHER TO**

Q STARS

Special issue: the generous one

Draw your cover here

Headline: _____

CUT ALONG THE DASHED LINES

being very generous and reciting the
Qur'an beautifullyImam Husayn, Hazrat Abbas and his
other brothers

in Madina on 15th Ramadhan, 3 AH

his grandfather, Prophet Muhammad
(pbuh)

The traveller from Shaam

1. Put the story in order. Write 1, 2, 3 or 4 in each circle.



Imam Hasan smiled and offered him food and a place to stay.



A traveller came to Madina from Shaam.



The man left Madina loving the Imam and his family.



He shouted rude names at Imam Hasan in the street.

2. True or false? Circle one.

Imam Hasan looked like his grandfather, the Prophet.

True

False

Imam Hasan shouted back at the traveller.

True

False

Kareem means generous.

True

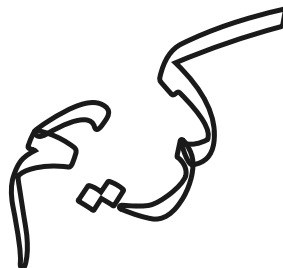
False

A good role model is kind even when others are not.

True

False

3. Colour in his title.



Kareem: generous

Take-home challenge: be a generous host. What did you share, and with whom?

Sayyida Zaynab (pbuh) and the long journey home

30 min

PUPILS WILL

- Put the five stops of the journey in order
- Explain how Sayyida Zaynab's words started the majalis
- Retell how Prophet Ibrahim spoke the truth

KEY WORDS

- شَجَاعَة **Shajaa'a**, courage
- مَجْلِس **Majlis**, a gathering to remember
- نَار **Naar**, fire

PERSONALITY SPOTLIGHT · SAYYIDA ZAYNAB (PBUH)

Daughter of Imam Ali and Sayyida Fatima. After Karbala she looked after the family on a long journey. In Kufa and in Yazid's palace she told everyone the truth about Imam Husayn, and her words started the majalis.

Time	What happens
0–3	Starter. "What is the longest journey you have been on?" Imagine walking it instead.
3–7	Teach. Show the route on a map: Karbala, Kufa (50 miles), Damascus (500 miles), Karbala, then Madina. Explain what a majlis is.
7–12	Prophet story. Read "Prophet Ibrahim and the fire". Link: Ibrahim and Sayyida Zaynab both spoke the truth to a powerful king.
12–14	Connect. Families still travel far from home today as refugees. Discuss how we can help: a du'a, a kind welcome, a donation.
14–27	Worksheets. 2A: cut and stick the journey path. 2B: Ibrahim fill in the blanks and a speaking-up reflection.
27–30	Plenary. Each pupil says one sentence about Sayyida Zaynab, as the scheme suggests.

Resources: a map of the Middle East, scissors, glue, Worksheets 2A and 2B.

Take-home: bring one item (a toy, book or warm clothes) for a refugee collection, and make du'a for families far from home.

Sayyida Zaynab speaks the truth

After Karbala, Sayyida Zaynab and the family were taken on a long, hot journey to Kufa and then to Damascus. She held the children's hands and looked after everyone. When crowds gathered, she did not stay quiet. She stood up and told them who Imam Husayn was and why he stood up for what was right. People listened, and many began to cry. Ever since, people have gathered in majalis to remember Imam Husayn, just as she did.

PROPHET STORY 3

Prophet Ibrahim (pbuh) and the fire

Ibrahim's people worshipped idols made of stone and wood. Ibrahim knew that idols cannot hear, see or help anyone. Only Allah can.

One day, while everyone was away, he broke the idols and left only the biggest one. When the people returned they were furious. Ibrahim said, "Ask the big one who did it." They answered, "You know idols cannot speak!" Ibrahim said, "Then why do you worship them?"

King Namrud was very angry and ordered a huge fire. Ibrahim was thrown into it. But Allah commanded the fire, and it did not hurt him at all. Ibrahim walked out safe.

قُلْنَا يَا نَارُ كُونِي بَرْدًا وَسَلَامًا عَلَىٰ إِبْرَاهِيمَ

"We said: O fire, be cool and peaceful for Ibrahim."

SURAT AL-ANBIYAA 21:69

TALK ABOUT IT

1. How were Prophet Ibrahim and Sayyida Zaynab alike?
2. Why is it hard to speak the truth to someone powerful?
3. When might you need to speak up at school?



The long journey home

Name: _____

Cut out the five stop cards. **Stick** them on the path in the right order, from the start to home.

1

START

2

3

4

5

HOME

CUT ALONG THE DASHED LINES

Damascus: she speaks the truth in Yazid's palace

Madina: home at last

Karbala: the journey begins

Karbala again: they return after 40 days

Kufa: Sayyida Zaynab speaks to the crowds

Prophet Ibrahim (pbuh) speaks the truth

Name: _____

1. Fill in the blanks using the word bank.

idols

biggest

fire

cool

Allah

1. Ibrahim's people worshipped _____ made of stone.
2. Ibrahim knew that only _____ can help us.
3. He broke the idols but left the _____ one.
4. King Namrud threw him into a huge _____.
5. Allah made the fire _____ and peaceful.

2. Colour the frame and read the ayah.

قُلْنَا يَا نَارُ كُونِي بَرْدًا وَسَلَامًا عَلَىٰ إِبْرَاهِيمَ

"We said: O fire, be cool and peaceful for Ibrahim." (21:69)

3. Sayyida Zaynab and Prophet Ibrahim both spoke up. When could you speak up for what is right?

Take-home challenge: bring one item for the refugee collection. What will you bring?

Arba'een: forty days of remembering

PUPILS WILL

- Know that Arba'een is 40 days after 'Ashura, on 20th Safar
- Retell how Jabir became the first visitor of Imam Husayn
- Plan ways to help others, like the Arba'een walkers

KEY WORDS

- أَرْبَعِينَ **Arba'een**, forty
- زِيَارَةٌ **Ziyara**, a visit and a greeting
- زَائِر **Zaa'ir**, a visitor

PERSONALITY SPOTLIGHT · JABIR IBN ABDULLAH AL-ANSARI

A companion of the Prophet (pbuh) who had known Imam Husayn since he was a baby. By the time of Karbala he was old and could not see. He travelled all the way from Madina with his friend Atiyya and reached Karbala on 20th Safar, making him the first visitor (zaa'ir) of Imam Husayn.

Time	What happens
0–3	Starter. Count together from 10th Muharram to 20th Safar on a calendar. How many days is it? (40.)
3–7	Teach. Why 40? The family's journey took about 40 days to return to Karbala, and Imam Baqir said the sky wept red for forty mornings. Today millions walk from Najaf to Karbala, and people along the road give free food, water and beds to the walkers.
7–12	Story. Read "Jabir, the first visitor" (next page) and discuss.
12–14	Ziyara. Teach the short salaam and practise saying it facing Karbala.
14–27	Worksheets. 3A: colour in the 40 and fill in the blanks. 3B: true or false and design a helping bag for walkers.
27–30	Plenary. Pupils share one thing from their helping bag and who it would help.

Resources: a calendar, colouring pencils, Worksheets 3A and 3B. Optional: photos of Arba'een walkers and mawakib.

Take-home: on 20th Safar, face Karbala with your family and say the salaam to Imam Husayn.

Jabir, the first visitor

Jabir had loved Imam Husayn ever since he was a little boy playing with his grandfather, the Prophet. Now Jabir was very old, and his eyes could no longer see.

When he heard what had happened in Karbala, he said, "I must go and visit him." With his friend Atiyya holding his hand, he set off on the long road from Madina.

When they reached the river near Karbala, Jabir washed carefully, put on clean clothes and a little perfume. Then he walked slowly and gently, saying "Allahu Akbar" with every step.

At last Atiyya helped him place his hand on the grave. Jabir called out, "Ya Husayn!" three times, and sent him his salaam.

It was the 20th of Safar, forty days after 'Ashura. Jabir was the first visitor of Imam Husayn, and every year on Arba'een millions of people follow in his footsteps.

TALK ABOUT IT

1. Why did Jabir make such a long journey when he was old?
2. How did he get ready before his visit?
3. How did Atiyya help? Who helps you?

السَّلَامُ عَلَيْكَ يَا أَبَا عَبْدِ اللَّهِ

As-salaamu 'alayka yaa Abaa 'Abdillah: peace be upon you, O Imam Husayn

**Forty days: Arba'een**

Name: _____

1. Colour in the 40. Inside it, draw the walkers on their way to Karbala.



Arba'een: forty

2. Fill in the blanks using the word bank.

20th

forty

Jabir

walk

food

1. Arba'een means _____.
2. Arba'een is on the _____ of Safar.
3. _____ was the first visitor of Imam Husayn.
4. Today millions of people _____ to Karbala.
5. Kind people give the walkers free _____ and water.

Jabir and the Arba'een walk

1. True or false? Circle one.

Jabir was young and could see very well.

☐ True

☐ False

His friend Atiyya helped him on the journey.

☐ True

☐ False

Jabir washed and put on clean clothes before his visit.

☐ True

☐ False

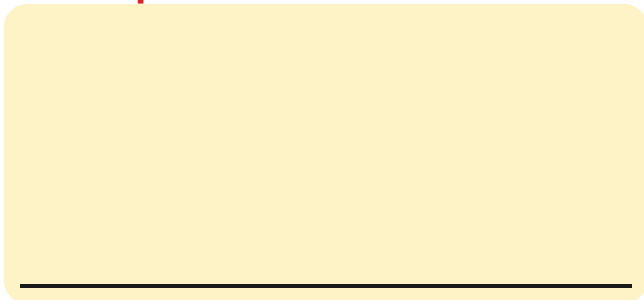
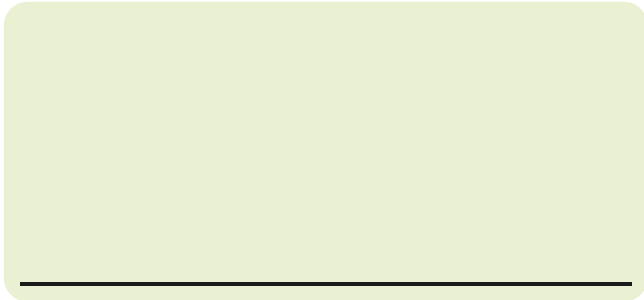
Arba'een is 10 days after 'Ashura.

☐ True

☐ False

2. Fill a helping bag for the Arba'een walkers.

Draw four things you would give to tired walkers, and write what each one is.

Take-home challenge: on 20th Safar, face Karbala with your family and say the salaam. Tick when done.

☐

Prophet Muhammad (pbuh): a legacy that lasts

30 min

PUPILS WILL

- Match three titles of the Prophet to their meanings
- Explain a legacy as good that carries on after us
- Retell how Prophet Ismail helped build the Ka'ba

KEY WORDS

- الصَّادِق As-Sadiq, the truthful one
- الْأَمِين Al-Ameen, the trustworthy one
- الْكَعْبَةُ Al-Ka'ba, the House of Allah

PERSONALITY SPOTLIGHT · PROPHET MUHAMMAD (PBUH)

Even before he became a prophet, the people of Makka called him As-Sadiq and Al-Ameen, and Allah calls him a mercy to all the worlds (21:107). He passed away on 28th Safar, 11 AH. His legacy is the Qur'an and his Ahlul Bayt. Imam Ali Ridha (pbuh), the 8th Imam, also passed away at the end of Safar and is buried in Mashhad, Iran.

Time	What happens
0–3	Starter. Plant a seed in a cup (or show a tree). "Who planted this tree? Who will enjoy its fruit?" Introduce the word legacy.
3–7	Teach. The Prophet's three special qualities: honesty, trustworthiness and kindness. Act out one quick example of each. Read 18:46: good deeds that last are better than wealth.
7–12	Prophet story. Read "Prophet Ismail and the House of Allah". The Ka'ba they built is still there thousands of years later: a legacy.
12–25	Worksheets. 4A: match the titles and grow a legacy tree. 4B: Ismail fill in the blanks and his du'a.
25–30	Plenary. Review the month: Imam Hasan, Sayyida Zaynab, Jabir and the Prophet. Which legacy will each pupil start? Look ahead to Rabi ul Awwal and the Prophet's birthday.

Resources: seeds and cups (optional), a picture of the Ka'ba, Worksheets 4A and 4B.

Take-home: start a legacy. Teach a younger child a short surah or du'a you know.

What is a legacy?

A legacy is the good we leave behind that keeps helping people after we have gone. The Prophet (pbuh) left us the Qur'an and his family, the Ahlul Bayt, to guide us. Every time we are honest, keep a promise or are kind, we are carrying on his legacy.

وَالْبَاقِيَاتُ الصَّالِحَاتُ خَيْرٌ عِنْدَ رَبِّكَ ثَوَابًا وَخَيْرٌ أَمَلًا

"Good deeds that last are better with your Lord for reward, and better to hope for."

SURAT AL-KAHF 18:46

PROPHET STORY 4

Prophet Ismail (pbuh) and the House of Allah

Allah told Prophet Ibrahim to take his wife Hajar and baby Ismail to a dry valley in Makka. There was no water and no people. Ibrahim made du'a and trusted Allah.

When the water ran out, Hajar ran between the hills of Safa and Marwa seven times, looking for help. Then water burst out of the ground by baby Ismail's feet. It was the spring of Zamzam, and it still flows today.

Ismail grew up, and one day Allah told Ibrahim to build a house for worshipping Him. Ismail carried the stones and his father built the walls. As they worked, they made a du'a together.

رَبَّنَا تَقَبَّلْ مِنَّا إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

"Our Lord, accept this from us. You are the All-Hearing, the All-Knowing."

SURAT AL-BAQARA 2:127

TALK ABOUT IT

1. What legacy did Ibrahim and Ismail leave?
2. How did Hajar show she trusted Allah?
3. What good thing could you start that carries on?



The Prophet's legacy

Name: _____

1. Draw a line to match each title to its meaning.

الصَّادِق

As-Sadiq



● a mercy to all the worlds

الْأَمِين

Al-Ameen



● the truthful one

رَحْمَةٌ لِّلْعَالَمِينَ

Rahmatan lil 'Aalameen



● the trustworthy one

2. Grow your legacy tree.

Write a good deed that keeps on helping in each leaf, then colour your tree.

Prophet Ismail (pbuh) and the Ka'ba

Name: _____

1. Fill in the blanks using the word bank.

Hajar

seven

Zamzam

stones

Ka'ba

1. Baby Ismail's mother was called _____.
2. She ran between Safa and Marwa _____ times.
3. The water that burst out is called _____.
4. Ismail carried the _____ for his father.
5. Together they built the _____.

2. True or false? Circle one.

Zamzam water still flows today.

True

False

A legacy is good that stops when we are gone.

True

False

People called the Prophet Al-Ameen before he was a prophet.

True

False

3. The du'a of Ibrahim and Ismail. Colour the frame and learn it at home.

رَبَّنَا تَقَبَّلْ مِنَّا إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

"Our Lord, accept this from us. You are the All-Hearing, the All-Knowing." (2:127)

Take-home challenge: start a legacy. Teach a younger child a short surah or du'a. What did you teach?