



Q CALENDAR · YEARS 3 & 4 · WEEKEND Q SCHOOL

Muharram

مُحَرَّم
مَحْرَم

Four weekly lesson plans with colourful
pupil worksheets

Week 1 · Imam Husayn

Week 2 · 'Ashura

Week 3 · Imam Zaynul Abideen

Week 4 · Friends of Imam Husayn

Adapted for Years 3 & 4 (ages 7–9) from the QFatima Calendar
Schemes of Work and Lesson Plans (2020). 30-minute lessons.



The month plan

Week	Theme and personality	Prophet story and worksheet
1	Imam Husayn (pbuh) Special facts about his life; the Prophet's love for his grandson	No prophet story Cut-and-stick circle of facts, colour-in name, fill in the blanks
2	The day of 'Ashura Standing up for what is right; Hazrat Abbas and his loyalty	Prophet Adam (pbuh) Sort Husaini and Yazid values, story sequencing, true or false
3	Imam Ali Zaynul Abideen (pbuh) The Imam of secret kindness and beautiful du'as	No prophet story Story sequencing with drawings, matching rights
4	The friends of Imam Husayn Hurr, Habib, Qasim and Jawn: courage and loyalty	Prophet Nuh (pbuh) Matching, badge of courage, fill in the blanks, reflection

TEACHING KARBALA GENTLY

Present Karbala as a story of bravery, loyalty and kindness. Keep to what pupils need: Imam Husayn would not follow an unfair ruler, and his family and friends stood with him. Leave out battle detail. Let pupils ask questions and answer simply.

PROPHET STORIES THIS YEAR

Prophet stories run in order through the year, two per month. Muharram starts with Prophet Adam (Week 2) and Prophet Nuh (Week 4). Safar continues with Prophet Ibrahim.

MONTH-LONG TAKE-HOME HABIT

Every time you drink water, send salaam to Imam Husayn (pbuh).

السَّلَامُ عَلَيْكَ يَا أَبَا عَبْدِ اللَّهِ
As-salaamu 'alayka yaa Abaa 'Abdillah

Each week has a teacher plan, a read-aloud page and two pupil worksheets. Prepare scissors, glue sticks and colouring pencils for every lesson.

The circle of facts: Imam Husayn (pbuh)

PUPILS WILL

- Know where Imam Husayn was born and who his family were
- Match seven special facts to his circle of facts
- Name one quality of his they want to copy

KEY WORDS

حُسَيْن

Husayn, the good and beautiful one

مُحَرَّم

Muharram, the first, sacred month

أَهْلُ الْبَيْتِ

Ahlul Bayt, the Prophet's family

PERSONALITY SPOTLIGHT · IMAM HUSAYN (PBUH)

The grandson of Prophet Muhammad (pbuh), son of Sayyida Fatima and Imam Ali. Born in Madina on 3rd Sha'ban, 4 AH. The Prophet said, "Husayn is from me and I am from Husayn." He is remembered for his kindness and his courage.

Time	What happens
0–3	Starter. Show the Islamic calendar wheel. Muharram is month 1. Ask: what do people do at the start of a new year? Explain that Muslims begin the year by remembering Imam Husayn.
3–8	Teach. Draw an 8-part circle on the board with a clue word in each part and talk through each fact: born in Madina · learnt from his grandfather, mum and dad · under the cloak (Kisaa) · the Hasanayn · Fitrus, an angel who had lost his wings and got them back by touching baby Husayn's cradle · neighbours first: Sayyida Fatima prayed for her neighbours before her own family · 'Ashura.
8–14	Story. Read "A ride on the Prophet's back" (next page) and discuss.
14–27	Worksheets. Cut and stick the circle of facts using the clue words. Early finishers colour in his name and do the fill in the blanks.
27–30	Plenary. Each pupil finishes: "Imam Husayn was ..." Teach the salaam for the take-home habit.

Resources: calendar wheel (page 1 of the scheme), scissors, glue, colouring pencils, Worksheets 1A and 1B.

Take-home: say "As-salaamu 'alayka yaa Abaa 'Abdillah" every time you drink water this week.

A ride on the Prophet's back

One day Prophet Muhammad (pbuh) was leading the prayer in the masjid in Madina. The people stood in rows behind him.

When the Prophet went down into sajda, his little grandson Husayn toddled over and climbed onto his back. He sat there, happy, like a rider on a camel.

The Prophet did not move. He stayed in sajda for a long, long time. The people behind him waited and wondered what was happening.

Only when Husayn had climbed down by himself did the Prophet gently rise and finish the prayer.

Afterwards the people asked, "O Messenger of Allah, your sajda was so long. Did something happen?"

The Prophet smiled and said, "My grandson was riding on my back, and I did not want to hurry him."

TALK ABOUT IT

1. How did the Prophet show he loved Husayn?
2. Why do you think he did not hurry him?
3. How can we be gentle with younger brothers, sisters or cousins?

TEACHER NOTE

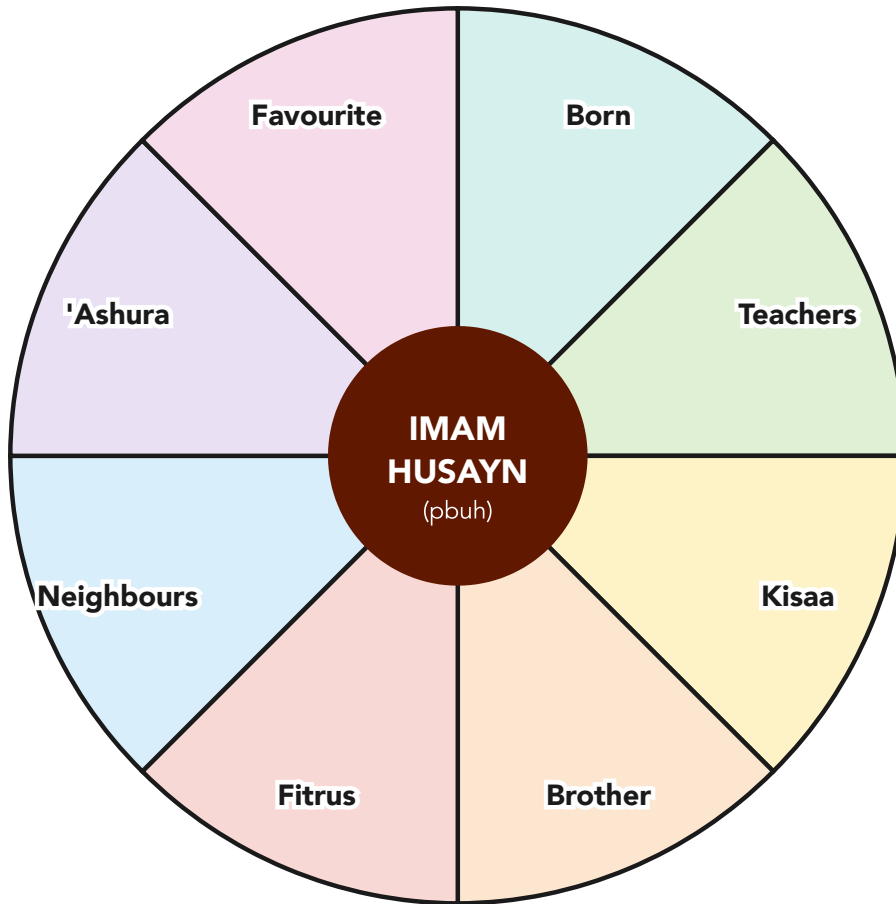
The Prophet (pbuh) loved Imam Hasan and Imam Husayn and called them "the leaders of the youth of Paradise". Use this love as the thread for the whole month: we remember Imam Husayn because the Prophet loved him and because he stood up for what was right.



My circle of facts: Imam Husayn

Name: _____

Cut out the seven fact cards. Read the clue word in each part of the circle and **stick** the matching card there. In the last part, **draw** your favourite fact.



CUT ALONG THE DASHED LINES

The angel Fitrus
got his wings back

Stood for truth,
justice and freedom
on the day of
'Ashura

Born in Madina on
3rd Sha'ban, 4 AH

The best brother
team with Imam
Hasan: the
Hasanayn

Neighbours before
our own family

One of the five
stars under the
cloak (Ahlul Kisaa)

Learnt from his
grandfather, mum
and dad

All about Imam Husayn

1. Colour in his name in your brightest colours.



Husayn: the good and beautiful one

2. Fill in the blanks using the word bank.

Madina

Fatima

grandson

Muharram

brave

1. Imam Husayn was born in the city of _____.
2. His mother was Sayyida _____ and his father was Imam Ali.
3. He was the _____ of Prophet Muhammad (pbuh).
4. We remember him in the month of _____.
5. He was kind and _____.

Take-home challenge

Every time you drink water, say the salaam. Tick a box each day you remember.

اَلْسَّلَامُ عَلَيْكَ يَا اَبَا عَبْدِ اللهِ

☐	☐	☐	☐	☐	☐	☐
Mon	Tue	Wed	Thu	Fri	Sat	Sun

The day of 'Ashura: standing up for what is right

30 min

PUPILS WILL

- Say simply why Imam Husayn would not follow Yazid
- Sort Husaini values from Yazid values
- Retell the story of Prophet Adam in order

KEY WORDS

- عَاشُورَاءُ 'Ashura, the 10th of Muharram
- كَرْبَلَاءُ Karbala, a place in Iraq
- صَبْر Sabr, patience

PERSONALITY SPOTLIGHT · HAZRAT ABBAS (PBUH)

Imam Husayn's brother and flag-bearer, son of Imam Ali and Ummul Banin. He is called Saqqa, the water-carrier, because he went to bring water for the thirsty children. He is remembered for his loyalty.

Time	What happens
0–3	Starter. Thumbs up or down: "Would you still do the right thing if everyone else didn't?" Try three quick scenarios, such as a friend being left out at playtime.
3–7	Teach. Yazid was an unkind and unfair ruler. Imam Husayn would not say he was a good leader. On the 10th of Muharram, in Karbala, he, his family and friends stood firm. Explain: "Every day is 'Ashura and every land is Karbala" means every day we can stand up for what is right.
7–9	Spotlight. Read the Hazrat Abbas paragraph (next page).
9–14	Prophet story. Read "Prophet Adam says sorry". Link Iblis's pride ("I am better than him") to Yazid values.
14–27	Worksheets. 2A: cut and sort the value cards. 2B: number the Adam story and answer true or false.
27–30	Plenary. Each pupil names one Husaini value they will show this week.

Resources: scissors, glue, Worksheets 2A and 2B.
Optional: a map showing Madina, Makka and Karbala.

Take-home: stand up for someone this week, then learn Prophet Adam's du'a with your family.

Hazrat Abbas, the loyal brother

Hazrat Abbas was tall, strong and gentle. He always stayed close to his brother Imam Husayn and carried his flag. In Karbala the children were very thirsty, so Abbas took a water bag and went to the river to fetch water for them. People still call him Saqqa, the water-carrier. When we share a drink or help someone who needs something, we can remember his loyalty and care.

PROPHET STORY 1 · THE FIRST PROPHET

Prophet Adam (pbuh) says sorry

Allah made Adam from clay and taught him the names of all things. Allah told the angels to bow to Adam, and they did. But Iblis refused. He said, "I am better than him." Iblis was proud and arrogant.

Adam and his wife Hawwa lived in a beautiful garden. Allah said they could enjoy everything, but they must not go near one tree. Shaytan whispered to them and tricked them, and they went near the tree.

Adam and Hawwa felt very sorry. They did not make excuses. They asked Allah to forgive them, and Allah forgave them. Adam became the first prophet on earth.

رَبَّنَا ظَلَمْنَا أَنْفُسَنَا وَإِنْ لَّمْ تَغْفِرْ لَنَا وَتَرْحَمْنَا لَنَكُونَنَّ مِنَ الْخَاسِرِينَ

"Our Lord, we have wronged ourselves. If You do not forgive us and have mercy on us, we will surely be among the losers."

SURAT AL-A'RAF 7:23

TALK ABOUT IT

1. Why was Iblis wrong to say "I am better than him"?
2. Why is saying sorry a brave thing to do?
3. How did Hazrat Abbas show he cared for others?



Husaini values or Yazid values?

Name: _____

Cut out the eight cards. Is each one something Imam Husayn would do, or something Yazid would do? **Stick** it in the right box.

Husaini values

Things that make Allah happy

Yazid values

Things we keep away from

CUT ALONG THE DASHED LINES

Sharing my snack

Bullying someone

Telling the truth

Showing off

Wasting food

Helping someone
who is sad

Leaving someone
out

Being patient

The story of Prophet Adam (pbuh)

1. Put the story in order. Write 1, 2, 3 or 4 in each circle.



Adam and Hawwa said sorry, and Allah forgave them.



Allah made Adam and taught him the names of all things.



Shaytan tricked them into going near the tree.



Iblis would not bow because he thought he was better.

2. True or false? Circle one.

Prophet Adam was the first prophet.

True

False

Iblis was humble and kind.

True

False

Saying sorry is a brave thing to do.

True

False

Imam Husayn followed Yazid.

True

False

3. Prophet Adam's du'a. Colour the frame and learn it at home.

رَبَّنَا ظَلَمْنَا أَنْفُسَنَا وَإِنْ لَّمْ تَغْفِرْ لَنَا وَتَرْحَمْنَا لَنَكُونَنَّ مِنَ الْخَاسِرِينَ

"Our Lord, we have wronged ourselves. If You do not forgive us and have mercy on us, we will surely be among the losers." (7:23)

Take-home challenge: stand up for someone this week. Write what you did:

Imam Ali Zaynul Abideen (pbuh): the Imam of secret kindness

30 min

PUPILS WILL

- Know two titles of the 4th Imam and what they mean
- Retell the story of the bread at night
- Match body parts and people to their rights

KEY WORDS

السَّجَّادُ **As-Sajjad**, one who does sajda a lot

دُعَاءُ **Du'a**, talking to Allah

حَقٌّ **Haqq**, a right

PERSONALITY SPOTLIGHT · IMAM ALI ZAYNUL ABIDEEN (PBUH)

Son of Imam Husayn, born in Madina on 5th Sha'ban, 38 AH. He was in Karbala but was unwell. Afterwards he had three jobs: tell people he was the Imam, bring the community together, and guide people through his du'as, collected in Sahifa Sajjadiyya. He also wrote the Treatise of Rights (Risalatul Huquq).

Time	What happens
0–3	Starter. Recap the first ten days: what did pupils see and hear at the majlis? Talk about majlis manners (sitting quietly, listening, sharing food and water).
3–7	Teach. Introduce the 4th Imam, his titles and his three jobs. Explain that a du'a can be a conversation with Allah in our own words.
7–12	Story. Read "The secret helper" (next page) and discuss.
12–14	Rights. The Imam taught that even our eyes, tongue and hands have rights. Act out one example together.
14–27	Worksheets. 3A: number and draw the story. 3B: matching rights and the secret kindness mission.
27–30	Plenary. Whisper to a partner one secret kindness you will do this week.

Resources: colouring pencils, Worksheets 3A and 3B. Optional: a copy of Sahifa Sajjadiyya to show.

Take-home: the secret kindness mission. Do three kind things without telling anyone.

The secret helper

In Madina there were many poor families who did not have enough to eat.

Every night, when the streets were dark and quiet, a man filled sacks with bread and food. He carried them on his own back and walked from door to door.

He left the food at each house. He covered his face so that nobody would know who he was. The families woke up to find food waiting for them, but they never knew who had brought it.

This went on for years. Then one day the food stopped coming. That was the day Imam Ali Zaynul Abideen passed away.

Only then did the families understand. Their secret helper had been the Imam all along. When his family washed his body, they saw marks on his back from carrying all those heavy sacks.

TALK ABOUT IT

1. Why do you think the Imam kept his helping a secret?
2. How do you think the families felt when they found out?
3. What kind thing could you do without anyone knowing?



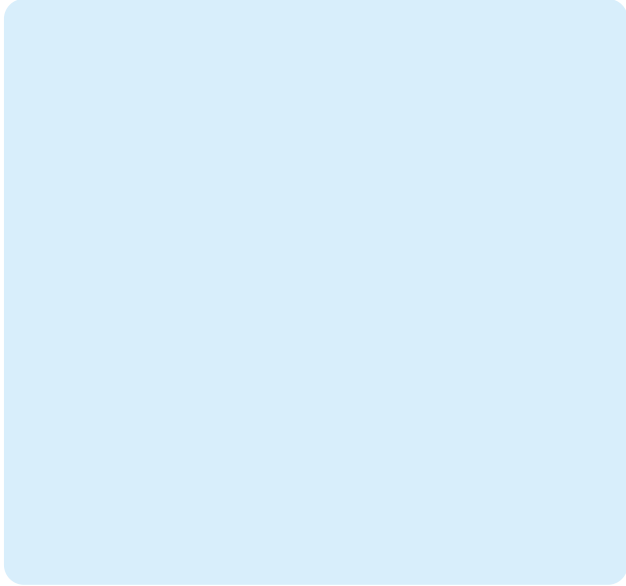
The secret helper

Name: _____

The story is mixed up. **Write 1, 2, 3 or 4** in each circle to put it in order. Then **draw** a picture for each part.



He left food at each door and covered his face.



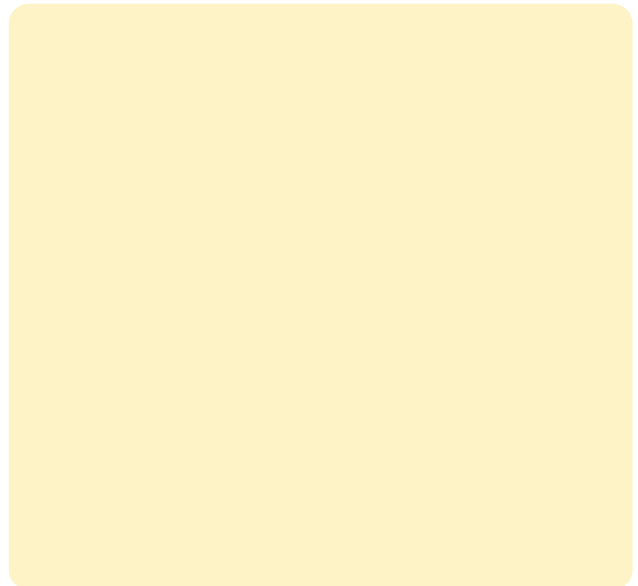
When he passed away, the families found out who he was.



Every night the Imam filled sacks with bread.



He carried the sacks on his back through the dark streets.



Everything has a right

Imam Zaynul Abideen taught that our body and the people around us all have rights.

Draw a line to match each one to its right.

My eyes ●

● to say kind and true words

My tongue ●

● to be listened to in class

My hands ●

● to look only at good things

My parents ●

● to help others and never hurt

My teacher ●

● to be thanked and respected

Which title means "one who does sajda a lot"? Colour it in.

السَّجَّاد

As-Sajjad

زَيْنُ الْعَابِدِينَ

Zaynul Abideen

Take-home challenge: secret kindness mission

Do three kind things without telling anyone. Tick each one when it's done.

☐
☐
☐

The friends of Imam Husayn (pbuh)

PUPILS WILL

- Name four friends of Imam Husayn and one quality of each
- Retell the story of Prophet Nuh and the ark
- Choose one quality to practise

KEY WORDS

شَهِيد

Shaheed, one who gave his life for Allah

وَفَاءَ

Wafaa, loyalty

سَفِينَةَ

Safeena, a ship or ark

PERSONALITY SPOTLIGHT · THE SHUHADA OF KARBALA

Imam Husayn had a small group of family and friends, young and old, rich and poor. Each is remembered for a quality: Hurr for having the courage to say sorry, Habib ibn Mazahir for lifelong friendship, Qasim for bravery when young, and Jawan for showing that everyone is equal.

Time	What happens
0–3	Starter. "What makes a good friend?" Collect ideas on the board.
3–7	Teach. Read the four friend profiles (next page). After each one, ask pupils which word from the board fits them.
7–12	Prophet story. Read "Prophet Nuh and the ark". Link: only a few people listened to Nuh, and only a few stood with Imam Husayn. The Prophet said his Ahlul Bayt are like the ark of Nuh.
12–27	Worksheets. 4A: match the friends and design a badge of courage. 4B: fill in the blanks about Nuh and write a short reflection.
27–30	Plenary. Pupils hold up their badges and say the quality they chose. Look ahead to Safar and Prophet Ibrahim.

Resources: colouring pencils, Worksheets 4A and 4B. Optional: safety pins or card to turn the badges into real ones.

Take-home: wear or show your badge of courage and practise its quality all week.

Four friends of Imam Husayn

Hurr

He first stood with Yazid's army. Then he realised he was wrong, came to Imam Husayn and said sorry. The Imam forgave him straight away.

Habib ibn Mazahir

An old man who had been Imam Husayn's friend since they were boys. When the Imam needed him, he came at once.

Qasim

The young son of Imam Hasan. He said that standing with his uncle was "sweeter than honey".

Jawn

He had once been a servant. Imam Husayn treated him just like his own family, showing that everyone is equal before Allah.

PROPHET STORY 2

Prophet Nuh (pbuh) and the ark

Prophet Nuh asked his people to worship Allah alone. He kept asking, patiently, for 950 years. Most people laughed at him. Only a few listened.

Allah told Nuh to build a huge ship, an ark, on dry land. The people made fun of him, but Nuh kept building.

When it was ready, Nuh took the believers and a pair of every kind of animal onto the ark. Then the rain poured down and water rose from the ground. A great flood covered the land, but the ark floated safely. At last it came to rest on Mount Judi.

The Prophet (pbuh) said: "My Ahlul Bayt are like the ark of Nuh. Whoever gets on board is saved."

TALK ABOUT IT

1. How did Prophet Nuh show sabr (patience)?
2. Why was Hurr brave to change his mind?
3. Which friend of Imam Husayn would you most like to be like?



Friends of Imam Husayn

Name: _____

1. Draw a line from each friend to what they are remembered for.

Hurr

● A friend since he was a boy

Habib

● Showed that everyone is equal

Qasim

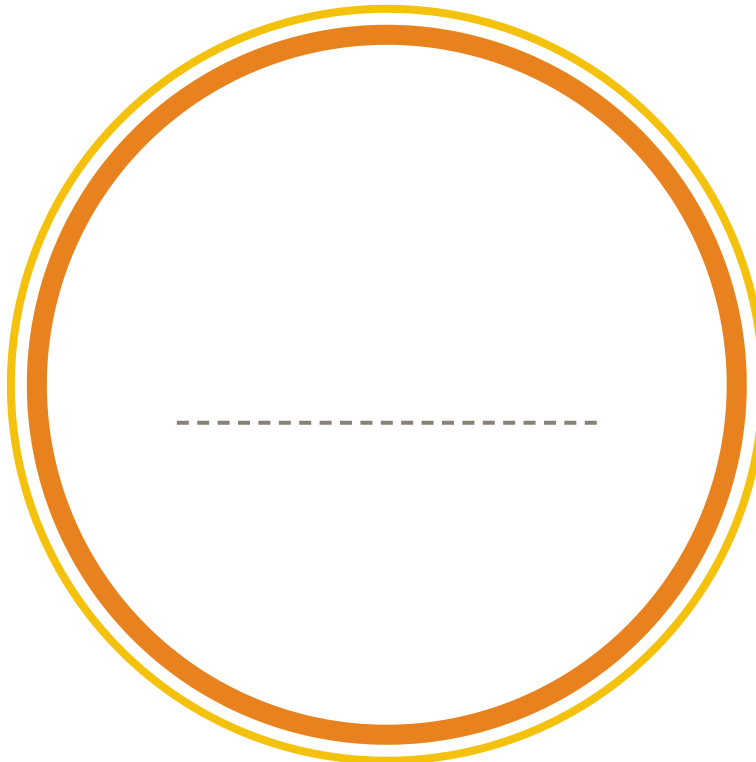
● Was brave enough to say sorry

Jawn

● Young and "sweeter than honey" brave

2. Design your own badge of courage.

Choose one quality: loyal, brave, kind, honest, patient or fair. Write it in the middle and decorate your badge.



CUT OUT YOUR BADGE TO WEAR AT HOME

Prophet Nuh (pbuh) and the ark

1. Fill in the blanks using the word bank.

ark

animals

patient

laughed

flood

1. Prophet Nuh was very _____ for 950 years.
2. Most of his people _____ at him.
3. Allah told him to build an _____.
4. He took the believers and pairs of _____ on board.
5. A great _____ covered the land, but the ark was safe.

2. True or false? Circle one.

The ark came to rest on Mount Judi.

True

False

Everyone listened to Prophet Nuh.

True

False

The Ahlul Bayt are like the ark of Nuh.

True

False

3. Which friend of Imam Husayn would you like to be like, and why?

Take-home challenge: show your badge to your family and practise its quality every day.

سفينة
safeena, ark