

# ASMAUL HUSNA

A99



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# ASMAUL HUSNA (A99)

## وَلِلَّهِ الْأَسْمَاءُ الْحُسْنَىٰ فَادْعُوهُ بِهَا

"THE MOST BEAUTIFUL NAMES BELONG TO ALLAH. SO CALL ON HIM BY THEM..." - 7:180

	<b>1 RAHMAAN</b> 55:1 INCREDIBLY KIND TO ALL الرَّحْمَنُ	<b>2 RAHEEM</b> 33:43 EXTRA KIND TO BELIEVERS الرَّحِيمُ	<b>3 MALIK</b> 62:1 THE ABSOLUTE OWNER الْمَلِكُ	<b>4 QUDDOOS</b> 62:1 THE FLAWLESS, HOLY الْقُدُّوسُ	<b>5 SALAAM</b> 59:23 SOURCE OF PEACE السَّلَامُ	<b>6 MU'MIN</b> 59:23 THE FAITHFUL - INSPIRER OF FAITH الْمُؤْمِنُ	<b>7 MUHAYMIN</b> 59:23 THE GUARDIAN الْمُهَيِّمِ	<b>8 'AZEEZ</b> 59:23 THE INCOMPARABLE الْأَزِيزُ	<b>9 JABBAAR</b> 59:23 ENFORCES REPAIR الْجَبَّارُ
<b>10 MUTAKABBIR</b> 59:23 MANIFESTATION OF GREATNESS الْمُتَكَبِّرُ	<b>11 KHAALIQ</b> 59:24 THE CREATOR الْخَالِقُ	<b>12 BAAARI</b> 59:24 THE COORDINATOR (BRINGS ORDER) الْبَارِئُ	<b>13 MUSAWWIR</b> 59:24 THE FASHIONER الْمُصَوِّرُ	<b>14 GHAFFAAR</b> 20:82 COVERER OF FAULTS الْغَفَّارُ	<b>15 QAHHAAR</b> 40:16 THE SUBDUER الْقَاهِرُ	<b>16 WAHHAAB</b> 3:8 THE BESTOWER الْوَهَّابُ	<b>17 RAZZAQ</b> 51:58 THE SUSTAINER الرَّزَّاقُ	<b>18 FATTAAH</b> 34:26 THE OPENER الْفَاتِحُ	<b>19 'ALEEM</b> 2:29 THE ALL KNOWING الْعَلِيمُ
<b>20 QAABIH</b> 2:245 THE CONSTRUCTOR, RESTRICTOR الْقَابِضُ	<b>21 BAAASIT</b> 2:245 THE EXPANDER الْبَاسِطُ	<b>22 KHAAFIDH</b> 56:3 ONE WHO HUMBLER الْكَافِيءُ	<b>23 RAAFI'</b> 56:3 ONE WHO RAISES الرَّافِعُ	<b>24 MU'IZZ</b> 3:26 THE HONOURER الْمُؤَيِّدُ	<b>25 MUZHIL</b> 3:26 THE DISHONOURER الْمُذِلُّ	<b>26 SAMEE'</b> 2:127 THE ALL HEARING السَّمِيعُ	<b>27 BASEER</b> 17:1 THE ALL SEEING الْبَصِيرُ	<b>28 HAKAM</b> 22:69 THE JUDGE الْحَكَمُ	<b>29 'ADL</b> 6:115 THE JUST الْعَدْلُ
<b>30 LATEEF</b> 12:100 SUBTLE KNOWS FINE DETAILS اللطيف	<b>31 KHABEER</b> 6:103 THE AWARE الْخَبِيرُ	<b>32 HALEEM</b> 64:17 FORBEARING الْحَلِيمُ	<b>33 'AZHEEM</b> 56:96 THE AWESOME الْأَزْهَمُ	<b>34 GHAFUOR</b> 35:30 ALL ENCOMPASSING FORGIVER الْغَفُورُ	<b>35 SHAKUR</b> 35:30 REWARDER OF THANKFULNESS الشَّكُورُ	<b>36 'ALI</b> 22:62 THE MOST HIGH الْعَلِيُّ	<b>37 KABEER</b> 22:62 THE GREAT الْكَبِيرُ	<b>38 HAFEEZH</b> 11:57 THE PRESERVER الْحَفِيظُ	<b>39 MUQEET</b> 4:85 THE NOURISHER الْمُقِيْتُ
<b>40 HASEEB</b> 4:86 THE ACCOUNTER الْحَسِيبُ	<b>41 JALEEL</b> 7:143 THE MIGHTY الْجَلِيلُ	<b>42 KAREEM</b> 23:116 THE GENEROUS الْكَرِيمُ	<b>43 RAAEED</b> 4:1 THE WATCHER, VIGILANT الرَّعِيْدُ	<b>44 MUJEEB</b> 11:61 THE RESPONDER الْمُجِيبُ	<b>45 WAASI'</b> 2:115 THE UNLIMITED, INFINITE الْوَاسِعُ	<b>46 HAKEEM</b> 62:1 THE WISE الْحَكِيمُ	<b>47 WADOOD</b> 11:90 THE LOVING الْوَدُودُ	<b>48 MAJEED</b> 11:73 THE GLORIOUS الْمَجِيدُ	<b>49 BAAITH</b> 22:7 RAISES FROM DEAD الْبَايْتُ
<b>50 SHAHEED</b> 41:53 THE WITNESS الشَّهِيدُ	<b>51 HAQQ</b> 22:6 THE TRUTH الْحَقُّ	<b>52 WAKEEL</b> 6:102 THE TRUSTEE الْوَكِيلُ	<b>53 QAWIYY</b> 42:19 THE STRONG الْقَوِيَّةُ	<b>54 MATEEN</b> 51:58 THE FIRM الْمَتِينُ	<b>55 WALIY</b> 2:257 THE PROTECTOR الْوَالِيُّ	<b>56 HAMEED</b> 22:64 THE PRAISEWORTHY الْحَمِيدُ	<b>57 MUHSI</b> 58:6 THE APPRAISER الْمُحْسِنُ	<b>58 MUDBI'</b> 85:13 THE BEGINNER الْمُدَبِّرُ	<b>59 MUEED</b> 85:13 THE RESTORER الْمُعِيدُ
<b>60 MUHYI</b> 2:28 THE GIVER OF LIFE الْمُحْيِي	<b>61 MUMEET</b> 2:28 THE TAKER OF LIFE الْمُمِيتُ	<b>62 HAYY</b> 2:255 ETERNAL الْحَيُّ	<b>63 QAYYUM</b> 2:255 SELF EXISTING الْقَائِمُ	<b>64 WAAJID</b> 93:7-8 THE FINDER الْوَاجِدُ	<b>65 MAAJID</b> 11:73 THE NOBLE الْمَاجِدُ	<b>66 WAAHID</b> 12:39 THE ONE الْوَاحِدُ	<b>67 AHAD</b> 112:1 THE UNIQUE الْأَحَدُ	<b>68 SAMAD</b> 112:2 SELF SUFFICIENT الْحَمْدُ	<b>69 QAADIR</b> 6:65 THE ABLE الْقَادِرُ
<b>70 MUQTADIR</b> 18:45 THE POWERFUL الْمُقْتَدِرُ	<b>71 MUQADDIM</b> 50:28 THE PROMOTER الْمُقَدِّمُ	<b>72 MUAKHIR</b> 11:8 THE POSTPONER الْمُؤَخِّرُ	<b>73 AWWAL</b> 57:3 THE FIRST الْأَوَّلُ	<b>74 AAKHIR</b> 57:3 THE LAST الْآخِرُ	<b>75 ZHAHIR</b> 57:3 THE MANIFEST الزَّاهِرُ	<b>76 BAATIN</b> 57:3 THE HIDDEN الْبَاطِنُ	<b>77 WAALIY</b> 13:11 THE GOVERNOR الْوَالِيُّ	<b>78 MUTA'AALI</b> 13:9 THE SUPREME الْمُتَعَالَى	<b>79 BARR</b> 52:28 ABSOLUTE GOODNESS الْبَرُّ
<b>80 TAWWAB</b> 2:37 ACCEPTOR OF REPENTANCE الْتَّوَّابُ	<b>81 MUNTAQIM</b> 32:22 THE AVENGER الْمُنْتَقِمُ	<b>82 'AFUWW</b> 4:99 THE ERASER OF SINS الْأَفْوَى	<b>83 RAUF</b> 57:9 THE ONLY ONE WHO UNDERSTANDS الرَّؤُوفُ	<b>84 MALIKUL MULK</b> 3:26 THE OWNER OF THE KINGDOM مَلِكُ الْمَلِكِ	<b>85 DHUL JALAL WAL IKRAM</b> 55:27 THE OWNER OF MAJESTY & GENEROSITY ذُو الْجَلَالِ وَالْإِكْرَامِ	<b>86 MUQSIT</b> 7:29 THE EQUITABLE الْمُقْسِطُ	<b>87 JAAMI</b> 3:9 THE GATHERER الْجَامِعُ	<b>88 GHANIY</b> 47:38 THE RICH الْغَنِيُّ	<b>89 MUGHNIY</b> 9:28 THE ENRICHER الْمُغْنِي
<b>90 MAANI'</b> 21:43 THE PREVENTER OF HARM الْمَانِعُ	<b>91 DHAARR</b> 10:49 THE PUNISHER الذَّارِعُ	<b>92 NAAFI'</b> 10:49 BENEFITS CREATION النَّافِعُ	<b>93 NUR</b> 24:35 THE LIGHT (ENERGY) النُّورُ	<b>94 HAADI</b> 25:31 THE GUIDE الْهَادِي	<b>95 BADEE'</b> 2:117 THE ORIGINATOR الْبَدِيعُ	<b>96 BAAQI</b> 55:27 THE EVER LASTING الْبَاقِي	<b>97 WAARITH</b> 15:23 THE INHERITOR الْوَارِثُ	<b>98 RASHEED</b> 11:87 THE TEACHER الرَّشِيدُ	<b>99 SABUR</b> 8:46 THE PATIENT السَّابِقُ



# ASMAUL HUSNA – A99

## Know – Theo-ethics

Learn the meanings and context of each Beautiful Name

## Feel – psycho-ethics

Experience His presence in your daily moments

## Live – socio-ethics

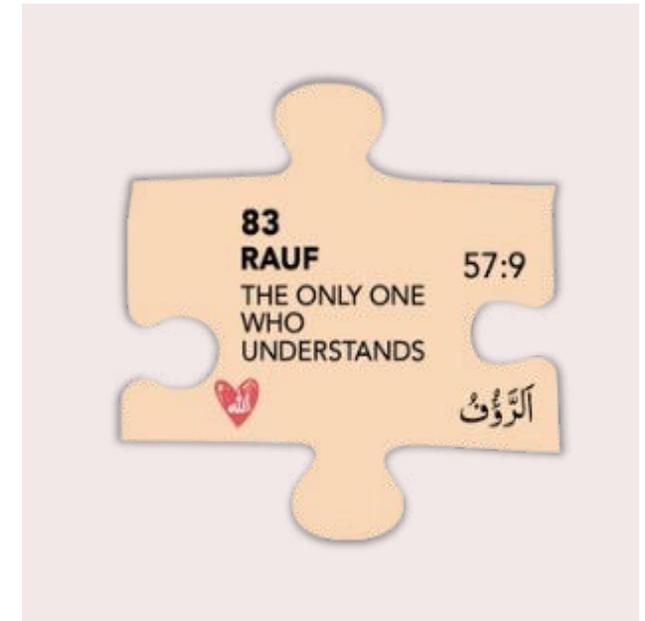
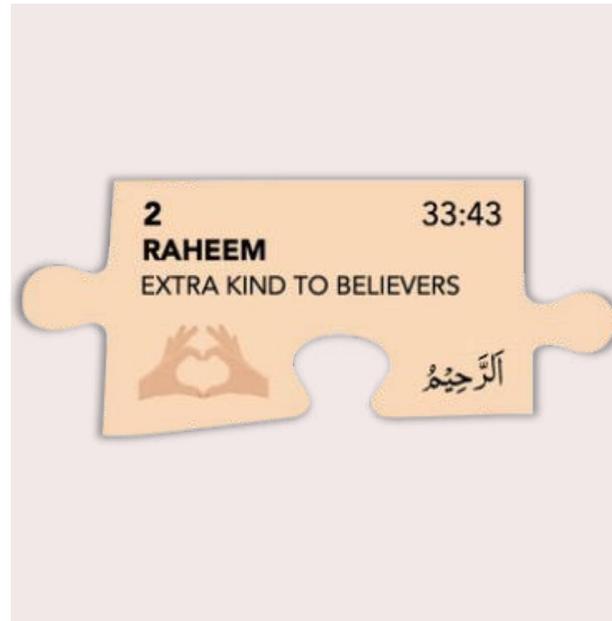
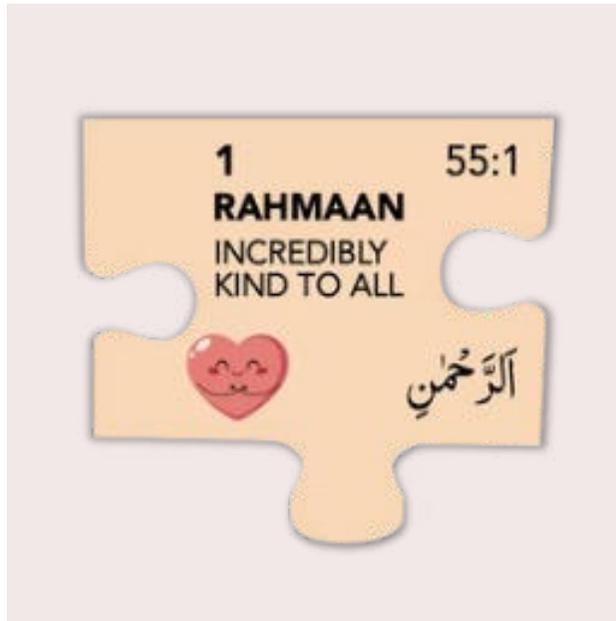
Embody these attributes in your character and choices

**A99 serves as an invitation to explore Allah through His Beautiful Names, to sense His presence intricately interwoven into the tapestry of daily life, and to reflect these divine attributes in our character and actions.**



# THE 3R'S - RAHMA THAT WRAPS THE WORLD

Three beautiful names arise from the same root word, "rahma," which means mercy, each highlighting a unique aspect of Allah's compassionate nature. Together, Ar-Rahmaan, Ar-Raheem, and Ar-Rauf form the cornerstone of our relationship with the Divine, reminding us that kindness is intricately woven into the very essence of creation.



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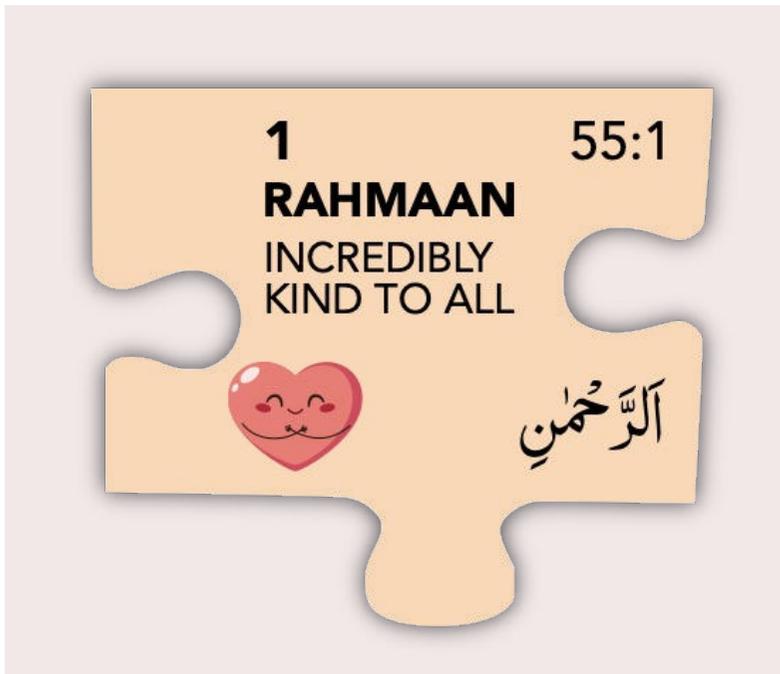


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# RAHMAAN (1) – TO HAVE LIMITLESS KINDNESS (COMPASSION) TO ALL CREATION



## BENEFITS OF ZHIKR

Recite YAA RAHMAAN 110x after every salaa to lighten (free) a heavy heart.

Rahm which means 'the womb'.



## REFLECTION

وَنَحْنُ أَقْرَبُ إِلَيْهِ مِنْ حَبْلِ الْوَرِيدِ

*Allah is with you at every moment. He is closer than your jugular vein 50:16*

When it comes to His kindness, no sin is too big to forgive, no problem (dark cloud) too large to dissipate and no deed too small to be rewarded.



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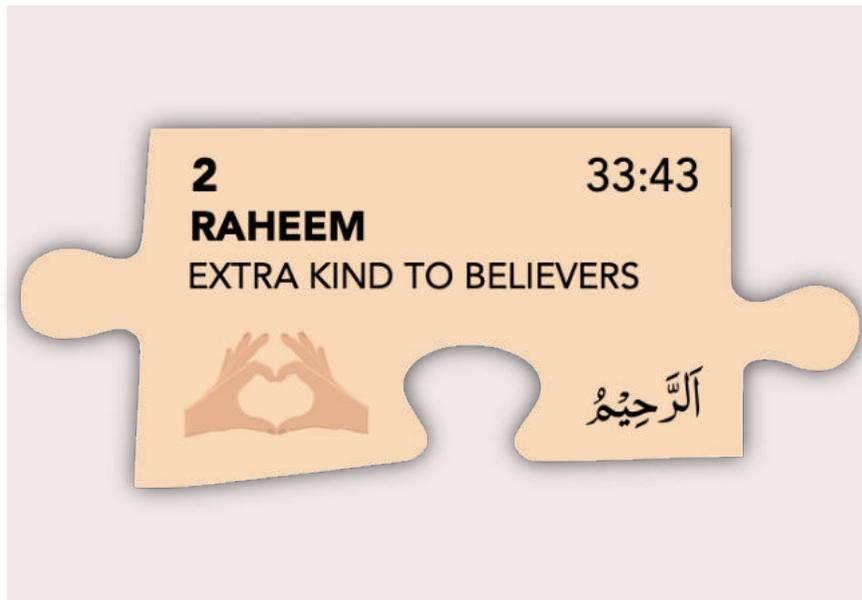


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# RAHEEM (2) – TO BE EXTRA KIND TO THOSE WHO SUBMIT TO HIM



## BENEFITS OF ZIKR

Recite YAA RAHEEM 110x after Fajr salaa to be safe and to find compassion from creation.



Those who turn to Allah receive special kindness (mercy) from Al Raheem.

## REFLECTION

When we feel we have more burdens or problems than we can handle, it is Ar Raheem who is calling us to rely on Him more.



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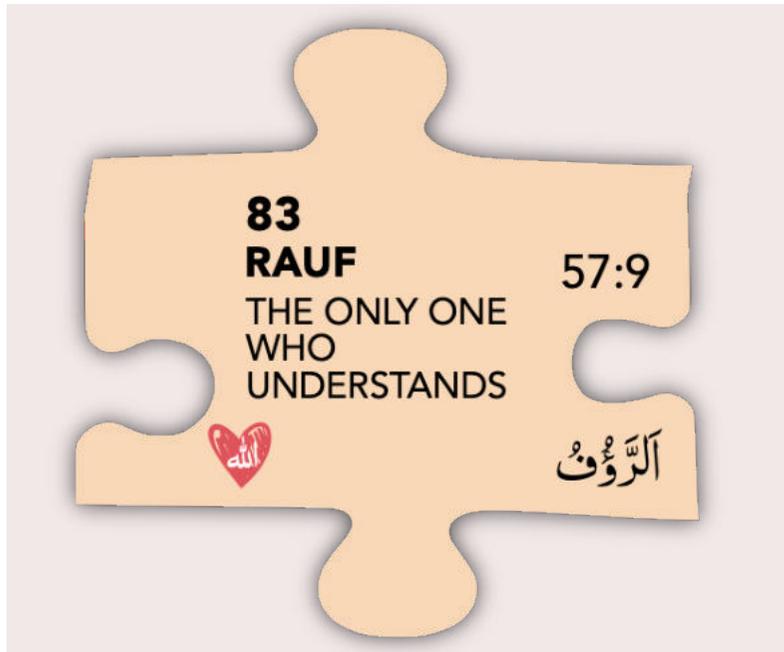


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# RAUF (83) – THE ONLY ONE WHO UNDERSTANDS



## BENEFITS OF ZHIKR

Recite Yaa Rauf frequently to fill the heart with compassion and have access to the means to help those in need



A more intensified form of Rahman & Raheem

## REFLECTION

Al Rauf awakens in the heart a quality of gentleness, kindness and friendliness. It wants the best for all humanity without pain.



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# DUAS

WHEN IN TROUBLE  
RECITE 100x

يَا رَحْمَنُ يَا رَحِيمَ بِحَقِّ  
بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

○ The Incredibly Kind,  
○ The Extra kind to believers.  
In the name of Allah, The Incredibly  
Kind, The Extra kind to believers

"I saw my father in a dream  
saying, 'Son, whenever you are  
in hardship, say abundantly;

يَا رَوْفُ يَا رَحِيمُ

○ The Only One Who Knows,  
○ The Extra kind to believers."

Imam Ridha  
(pbuh)  
Mizan al Hikmah



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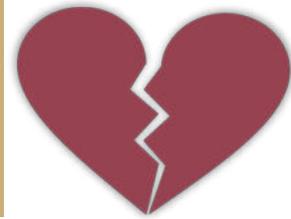
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# THE 4F'S - FORGIVENESS WHEN HEARTS BREAK

When we stumble, when we fall, when our hearts shatter under the weight of mistakes four Beautiful Names await us, each offering a different shade of divine forgiveness. Together, they assure us that no sin is too great, no heart too broken, to be mended by Allah's mercy.



## Kintsugi Metaphor



The kintsugi metaphor beautifully illustrates how our broken pieces can be made more beautiful when repaired. Just as kintsugi uses gold to mend broken pottery, transforming it into something more exquisite, our tawba (repentance) and Allah's forgiveness can heal and enhance our lives, making us more resilient and spiritually enriched.



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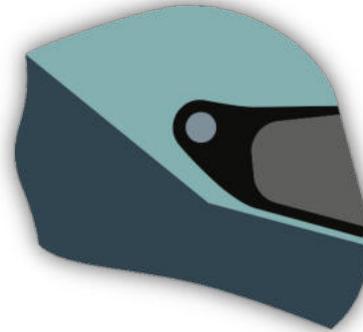
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# GHAFFAAR (14) – COVERER OF FAULTS



## BENEFITS OF ZHIKR

Recite YAA GHAFFAAR frequently for forgiveness of sins and increase in sustenance.



Mighfar is the cap (helmet) that a person wears to protect his head in military expeditions. Istighfar is derived from the same root word - ghafara - which means he covered, veiled, concealed or hid.

## REFLECTION

'O son of Adam, I forgive whatever sin you have committed as long as you pray to Me and hope for My forgiveness.

O son of 'Adam, I do not care if your sins reach the height of the heaven, then you ask for my forgiveness, I would forgive you.

O son of 'Adam, if you come to Me with an earth load of sins, and meet Me associating nothing to Me, I would match it with an earth load of forgiveness." Hadith Qudsi



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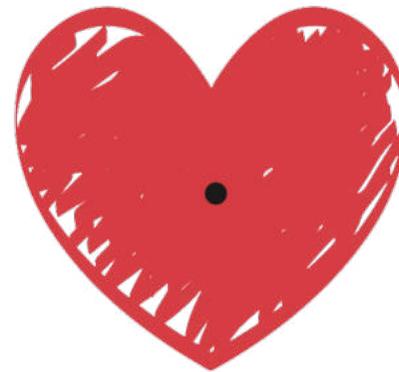
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# GHAFOOR (34) – ALL ENCOMPASSING FORGIVER



## BENEFITS OF ZHIKR

Recite YAA GHAFOOR frequently to gain relief from ailments, despair and despondency.



Al Ghafoor hides our faults not only in the human realm but also in the realms of the spirits and angels. AL Ghaffar (14) forgives time after time, Al Ghafoor (34) forgives perfectly and completely.

## REFLECTION

The first dua (supplication) made by the human being (Prophet Adam (pbuh) was asking for forgiveness. “A bad deed that you regret in your heart is a thousand times better than the good deed that makes you proud”



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# TAWWAAB (80) – ACCEPTOR OF REPENTANCE



## BENEFITS OF ZHIKR

Recite YAA TAWWAAB frequently for repentance to be accepted.

'Tawba' means to return, and it therefore points to the fact that at every moment we have the means to turn to Him and reach our full potential.

## REFLECTION

No one is too imperfect or not redeemable with Al Tawwaab. The Japanese art of kintsugi teaches that broken objects can be celebrated by being repaired. Kintsugi literally golden ("kin") and repair ("tsugi"). When something breaks, it is put together with a precious metal enhancing its beauty. Our 'breakages' make us unique. The beauty in our imperfections are enhanced by 'tawba' (repentance)



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# 'AFUWW (82) – ERASER OF SINS



## BENEFITS OF ZHIKR

Recite YAA 'AFUWW frequently for forgiveness of sins and to control the ego.



When we are truly sorry, Al 'Afuww erases the sins like the sea erases the footprints on the sand. Our sins disappear as though they were never there.

## REFLECTION

*"If anyone constantly seeks forgiveness, Allah will show him a way out of every distress and relief from every anxiety, and will provide sustenance for him from where he could never imagine"* Prophet Muhammad (pbuh)  
The door of forgiveness is always open. AL 'Afuww not only erases sins but also provides relief from distress.



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# FORGIVENESS



## HE FORGIVES ALL SINS – 39:53

قُلْ يَا عِبَادِيَ الَّذِينَ أَسْرَفُوا عَلَىٰ أَنفُسِهِمْ لَا  
تَقْنَطُوا مِن رَّحْمَةِ اللَّهِ إِنَّ اللَّهَ يَغْفِرُ الذُّنُوبَ  
جَمِيعًا إِنَّهُ هُوَ الْغَفُورُ الرَّحِيمُ

Say: O my servants! who have acted extravagantly against their own souls, do not despair of the mercy of Allah; surely Allah forgives the faults altogether; surely He is the Forgiving the Merciful.



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# AL JABBAAR (9) – ENFORCES REPAIR



This is an attribute for the tyrants and oppressors to be aware of, because their misdeeds will not go unpunished. Yet this Name has another dimension: Al-Jabbar is the One who is able to restore and mend what is broken.



## BENEFITS OF ZHIKR

Recite YAA JABBAAR after Fajr Salaa to be safe from hardship and to enforce repair of a broken heart. Some of the great scholars would supplicate “YAA JAABIRUL KASEER” when they were faced with overwhelming difficulty, meaning “Oh You who mends everything that is broken.”

## REFLECTION

The Arabic word for a splint that is used to help an arm heal when it is broken is “Jabeera” from the same root jabara. Thus, when we feel broken, we need to go to the only One who can mend our state - Al Jabbaar.



## AL JABBAAR (9) – ENFORCES REPAIR



### STRENGTHEN THE HEART

وَأَصْبَحَ فُؤَادُ أُمِّ مُوسَىٰ فَارِغًا ۗ إِن كَادَتْ لَتُبْدِي بِهِ  
لَوْلَا أَن رَّبَطْنَا عَلَىٰ قَلْبِهَا لِتَكُونَ مِنَ الْمُؤْمِنِينَ

And the heart of Musa's mother was free (from anxiety) she would have almost disclosed it had We not strengthened her heart so that she might be of the believers.

Sura Al Qasas - 28:10



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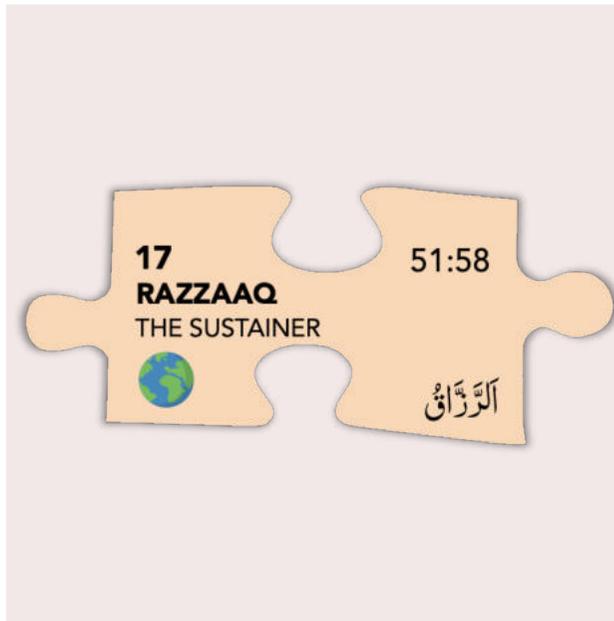


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## RM - ABUNDANCE AND SUSTENANCE

Two beautiful names Ar-Razzaaq and Al-Muqeet speak to one of humanity's most profound concerns: Will I have what I need?

These names broaden our perception of provision, extending well beyond mere material wealth. They illuminate how Allah sustains every aspect of our lives with perfect wisdom and timing.



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# AL RAZZAAQ (17) – THE SUSTAINER



## BENEFITS OF ZHIKR

Recite YAA RAZZAAQ repeatedly for ease in increasing sustenance and to relieve anxiety.



Physical sustenance give energy the body keeping it alive for a fixed period whilst spiritual sustenance (Divine Guidance) gives eternal life.

## REFLECTION

Al Razzaaq is like parents with a child. Although there is still unconditional love and care, the child is taught by the parents the skills to feed themselves, walk, talk, dress and think for themselves.



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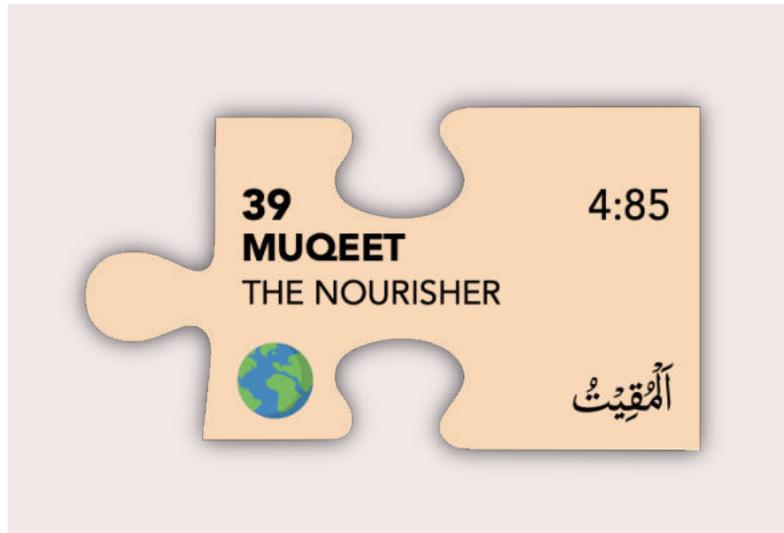


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# MUQEET (39) – THE NOURISHER



## BENEFITS OF ZHIKR

Recite YAA MUQEET frequently for safety on a journey. For Divine assistance in combating ill manners in a child, recite AL MUQEET 7x on water and give it to the child to drink.



One of the signs of Al Muqet is the milk that flows from a mother to her young. All of creation is provided for in different ways. Rumi says: ....Look at every animal from the gnat to the elephant: they all are God's family and dependent on Him for their food. What a nourisher is God! (Al Muqet)

## REFLECTION

There is a difference between need and the acquisition of that which is beyond necessity and possibly harmful to ourselves and the earth. To manifest the quality of Al Muqet, we need to understand what really nourishes us. The Qur'an and the Ahlul Bayt have taught us what best nourishes and poisons our bodies and souls ..



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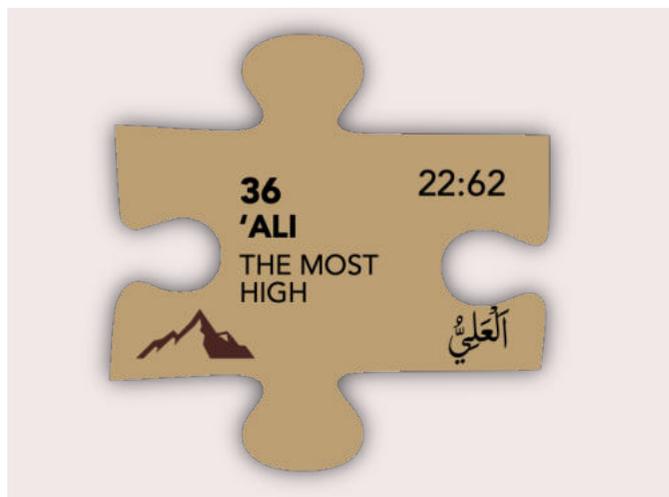


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# 'ALI (36) – THE MOST HIGH



## REFLECTION

“Come! Raise yourself to Me! Don’t live below your potential”  
Al ‘Ali is higher than anything or anyone that we can imagine.

Practical steps

1. Do wudhoo
2. Go on your musalla and switch off the phone, watch, computer..
3. Pray Salaa and recite Qur’an
4. Talk to Him in the silence imagining you are at the top of the highest mountain you can climb.



He is above creation in every sense. When we cry out to Him in times of need, we have this intuition to look up to the sky.

سَبِّحْ اسْمَ رَبِّكَ الْأَعْلَى

“Declare the Perfection of the name of your Master, The Most High” 87:1

When this verse was revealed, the Prophet (pbuh) said it should be recited in sujud

Sajda (prostration) is the position in which we are at our lowest in a position of humility. In this position without forehead touching the earth, we become aware of our lowliness in comparison to Him being The Most High.

## BENEFITS OF ZHIKR

Recite YAA ‘ALI frequently to achieve success in all your endeavours.



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# MUJEEB (44) – RESPONDER



## BENEFITS OF ZHIKR

Recite YAA MUJEEB frequently before asking for your needs.



If we feel distant, He does not go anywhere - we have moved away. To get close to Him, just converse with Him for only He has all the answers. Dua (Prayer) is a generator of energy

## REFLECTION

No matter how much you've gone astray, no matter how difficult life is; even when the pain is unbearable and all you can do is silently cry out from the heart, know that the door to Al Mujeeb is always open. He promises to respond.



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# WAASI' (45) – THE UNLIMITED, INFINITE

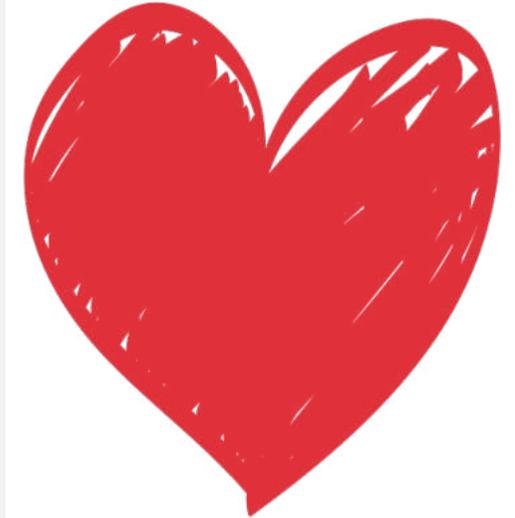


## BENEFITS OF ZHIKR

Recite YAA WAASI' frequently to overcome being overwhelmed by responsibilities and to open doors to opportunities

إِنَّ رَبَّكَ وَاسِعٌ مُّغْفِرٌ

“...Indeed the Forgiveness of your Master is Unlimited”. 53:32  
O, Son of Adam! if I did not love to forgive, I would not test My Servants with sins.  
O, Son of Adam! I have given you faith and forgiveness without your asking and crying for it. Then how can I be mean by not giving you Janna and forgiving you when you are seeking and crying for it (Janna).  
Hadith Al Qudsi



## REFLECTION

*“The heavens and the earth cannot contain Me,  
Only the heart of My faithful servant can contain Me”*  
Hadith Al Qudsi



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# HAYY (62) – THE ETERNAL – THE EVER LIVING



## BENEFITS OF ZHIKR

Recite YAA HAYY frequently for forgiveness, abundance, and a long life.

Recite YAA HAYYUL QAYYUM together to make the impossible possible.

All Hayy occupies a high position of all Divine Names (Asmaul Husna). Eiman (faith) hinges on trust (tawakkul) and one can only trust One Who will always be there. The only one to rely on is Al Hayy for He is ever present



## REFLECTION

In birth we see Al Hayy. He Who inspires all life into being. In every aspect of the universe, there is the presence of Al Hayy. Even in that which is seemingly inanimate. When Prophet Musa (pbuh) was commanded to strike the rock, 12 springs of water gushed out for the 12 tribes off of Israail. The flowing water is a sign of Al Hayy which comes from unseen places. A hard heart can be seen as the rock which needs to be broken to be enlivened by All Hayy



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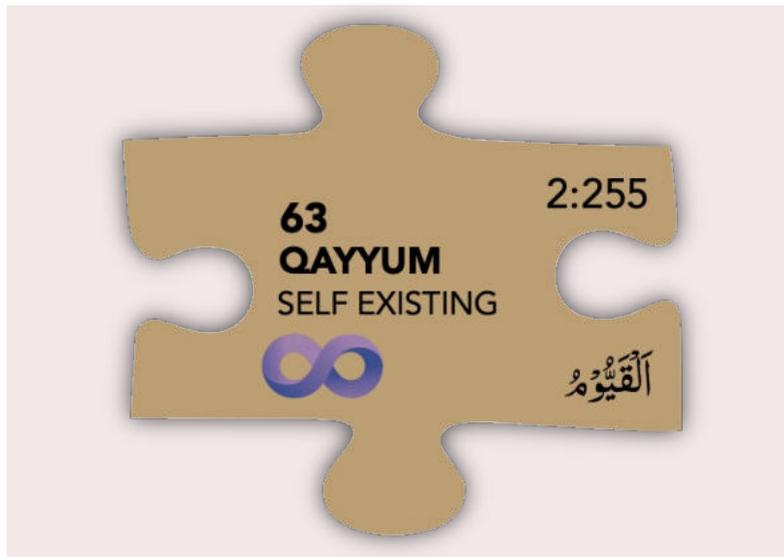


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# QAYYUM (63) – THE SELF EXISTING

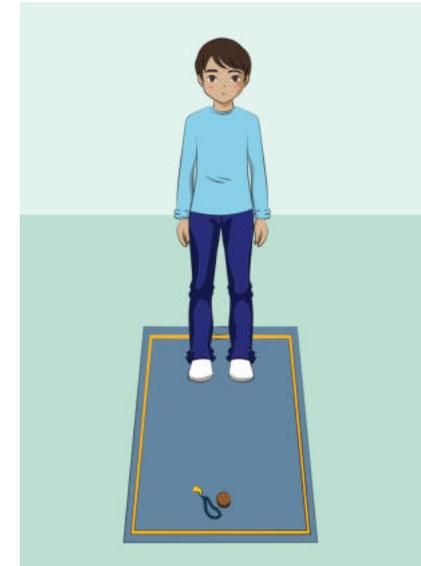


## BENEFITS OF ZHIKR

Recite YAA QAYYUM frequently for assistance in memory retention and to overcome laziness.

Recite YAA HAYYUL QAYYUM together to make the impossible possible.

The Arabic word Qayyum is related to Qiyaam which is the standing position in salaa (prayers). When we stand in salaa it is apt to know that we are being supported by Al Qayyum.



## REFLECTION

Al Qayyum gives a sense of total dependence. Just like the navel which reminds us how we were supported in our mother's womb by the umbilical cord.



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## AL HAYY AL QAYYUM

When Prophet Musa (pbuh) with the people of Israail came to the shores of the Red Sea with Firawn's army behind them, he said:

إِنَّ مَعِيَ رَبِّي سَيَهْدِينِ

Surely my Lord is with me: He will show me a way out.

On striking the water with His staff He said:

يَا اللَّهُ يَا حَيُّ يَا قَيُّومُ

O Allah, The Ever-Living, the Self-existing.

The water parted and 12 paths appeared



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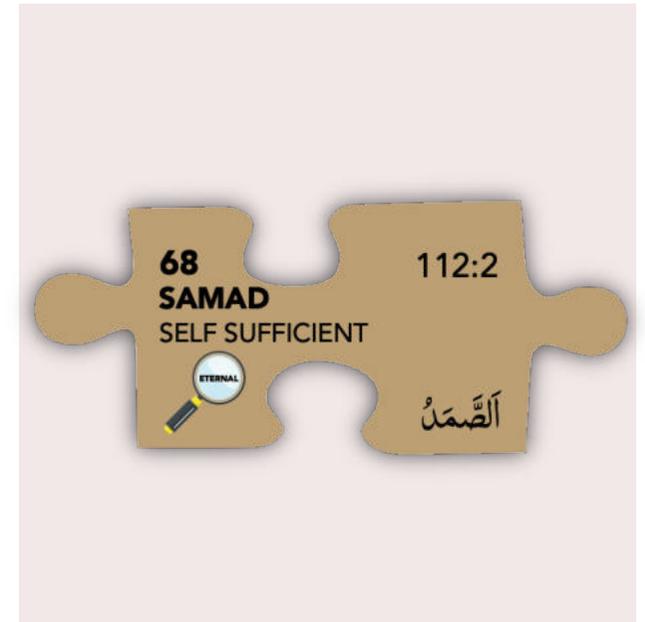
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# W A S - ONENESS, UNIQUENESS, AND NEEDINESS

Three profound Names, Al-Waahid, Al-Ahad, and As-Samad, form the theological foundation of Islamic monotheism. Together, they liberate us from the tyranny of competing loyalties, reminding us that there is only one deserving of our ultimate devotion and complete reliance.



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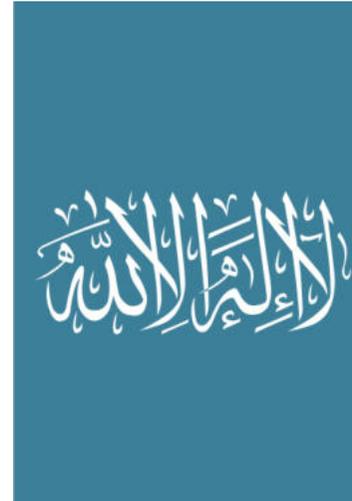
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# WAAHID (66) – THE ONE



## BENEFITS OF ZHIKR

Recite YAA WAAHID frequently to free oneself from fear and delusions.



“There is no God except Allah’ Allah does not want us to just declare His existence, but He wants us to begin by declaring the non-existence of everything else in creation and then to believe that there is only the One Al Waahid. Everyone and everything else is transient.

## REFLECTION

The simile is like looking at the waves on the ocean. All the different waves are part of one ocean. Al Ahad is like being in the depths of the ocean where there are no waves and feeling only the oneness around you .



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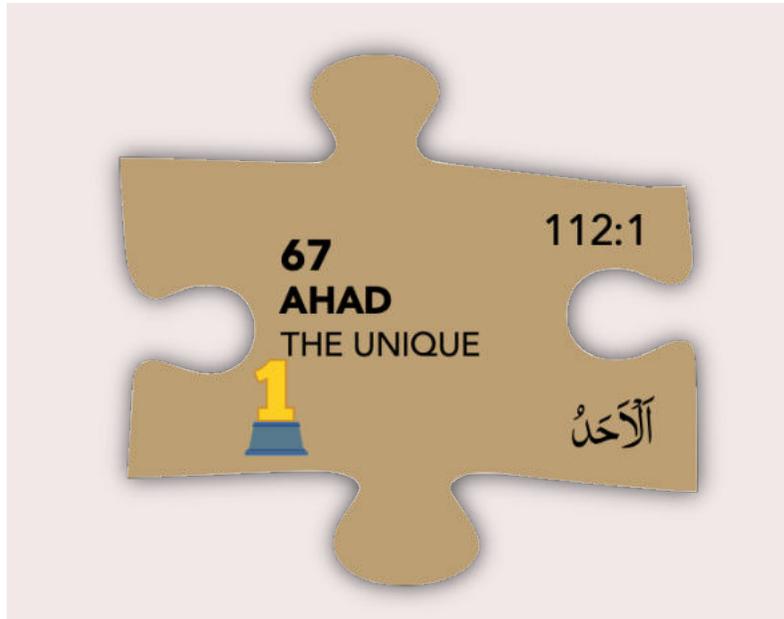


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# AHAD (67) – THE UNIQUE



## BENEFITS OF ZHIKR

Recite YAA AHAD frequently to manifest (reveal) hidden things (recommended to recite it 1000x in solitude)



He is One in His Attributes: He resembles nothing and nothing resembles Him." All qualities exist in Him in their perfect state.

## REFLECTION

A wall is made of bricks, water, sand, cement and more. However, when we look at it, we see it as a wall. The wall is the sum of all its parts - the materials lost their identity individually in the wall. As human beings we identify ourselves as 'I' yet within the 'I' there are many characteristics, thoughts, values - in other words many 'I's. The identity of everything in creation is constructed in the same way.

Al Ahad (the Unique) reflects Unity in multiplicity.



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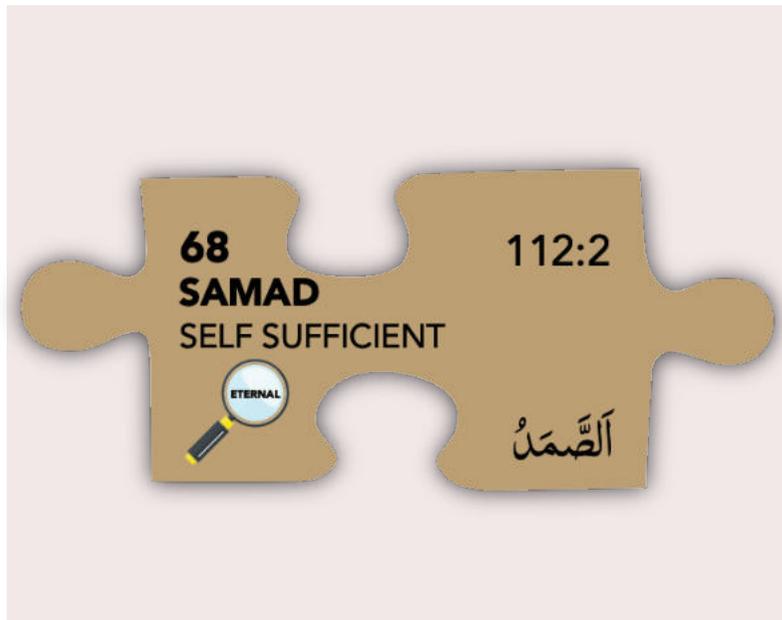


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# SAMAD (68) – SELF-SUFFICIENT



## BENEFITS OF ZHIKR

Recite YAA SAMAD frequently for fulfilment of needs and to become independent..



When the Prophet (pbuh) heard a person calling Divinity with the name As Samad in the dua he said:

"By the One in Whose Hand is my soul, he has asked Allah by His Greatest Name (As Samad) , the one which if He is called upon by it, He responds, and when He is asked by it, He gives.'"

## REFLECTION

Water provides everything fishes need to survive. If the fish needs anything it must seek it from the water. Similarly, As Samad satisfies all needs, and it is He that we plead to in times of need.

The Arabs describe a household of Samad where people go in the hope of fulfilling their worldly needs.



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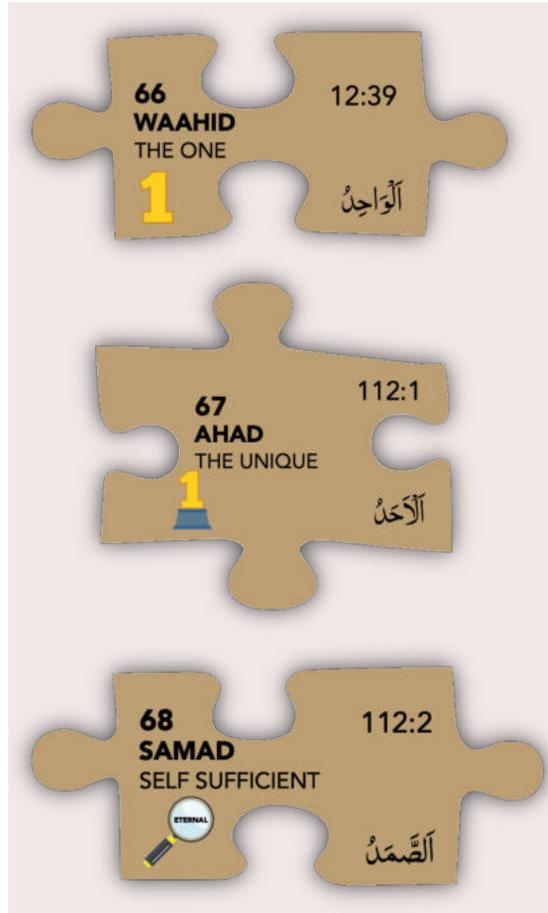


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# WAAHID, AHAD, SAMAD



## DUA FOR AN IMMEDIATE RESPONSE

اللَّهُمَّ إِنِّي أَسْأَلُكَ بِأَنَّكَ أَنْتَ اللَّهُ  
لَا إِلَهَ إِلَّا أَنْتَ الْأَحَدُ الصَّمَدُ  
الَّذِي لَمْ يَلِدْ وَلَمْ يُولَدْ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

O Allah! I ask You by testifying that You are Allah, none has to be worshipped except You: The Unique One, the perfect Rabb upon Whom all creation depends. The One Who has no parent or child, and there is none like Him



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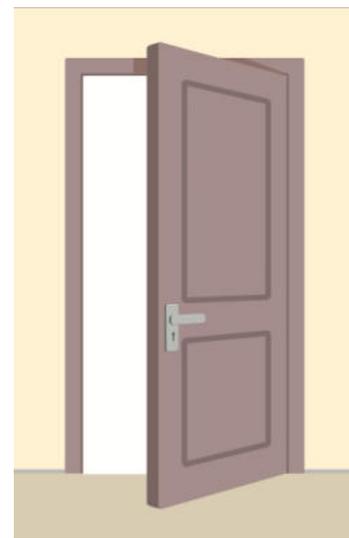
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# QAABIDH (20) – THE CONSTRICTOR, RESTRICTOR



## BENEFITS OF ZHIKR

Recite YAA QAABIDH frequently for protection from tyranny and hunger.



The greatest Divine blessings often comes from the doors that Al Qaabidh closes. They are doors that lead to destruction, distraction and despair. By closing doors, He guides us to the doors that lead us to closeness to Him and peace, purpose and one's potential.

## REFLECTION

A person was watching a butterfly struggling to emerge from its cocoon. Wanting to help he snipped the entrance of the cocoon to expand it for the butterfly. When the butterfly came out, its wings were laden with fluid and it was unable to fly. The struggle to come out of the restriction of the cocoon was meant to drain the fluid from its wings so it could soar in the sky.



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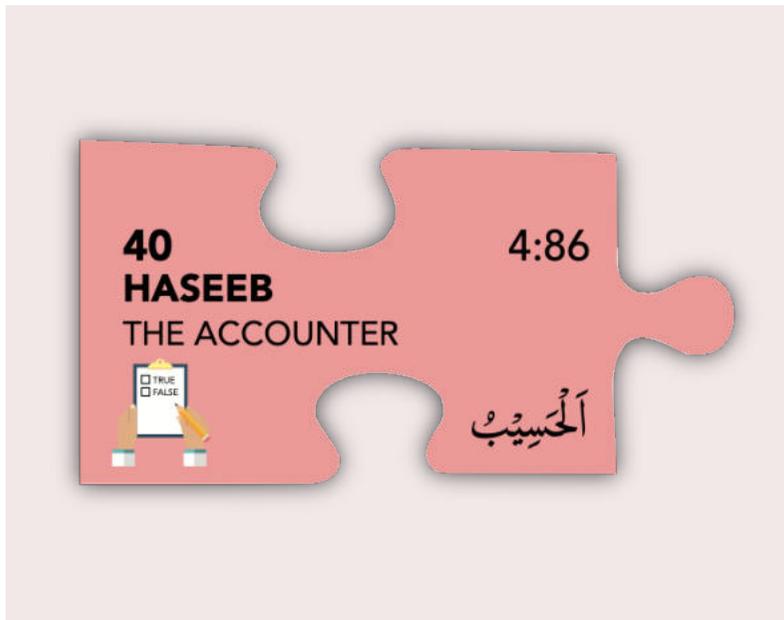


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# HASEEB (40) – THE ACCOUNTER



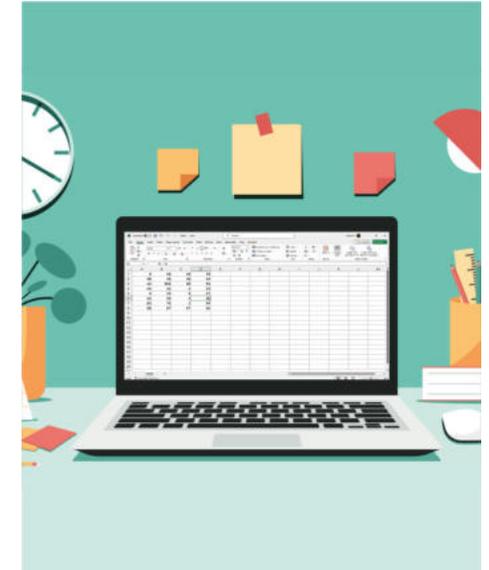
## BENEFITS OF ZHIKR

Recite YAA HASEEB for safety from problems and difficulties and from the cruelty or jealousy of other human beings.

إِنَّ اللَّهَ كَانَ عَلَىٰ كُلِّ شَيْءٍ حَسِيبًا

“...indeed Allah takes account of all things.” 4:86

If we look at the precise computations in the working of our body, we see the attribute of Al Haseeb in every aspect. Al Haseeb will present to the human being on the day of accounting (Qiyama) a precise record of everything they have done.



## REFLECTION

The greatest gift we have been given is life (time) which we spend with every breath we take. Life is about obedience to the Creator and serving His creation.

“Call your own selves to account before you yourselves are called on to account for them.” Prophet Muhammad (pbuh)



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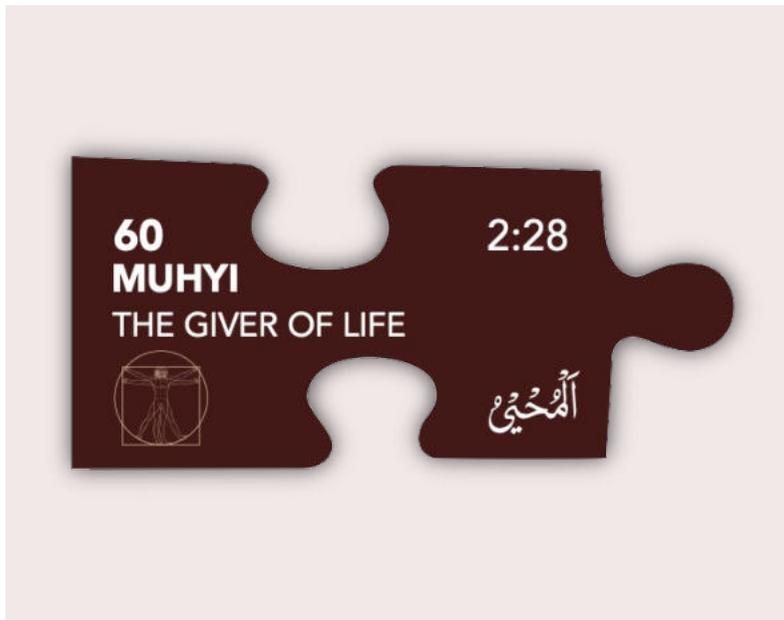


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# MUHYI (60) – THE GIVER OF LIFE



## BENEFITS OF ZHIKR

Recite YAA MUHYI frequently to remove burdens and for relief from chronic illness.

وَمَا خَلَقْتُ الْجِنَّ وَالْإِنْسَ إِلَّا لِيَعْبُدُونِ  
"And I have not created the jinn and the men except that they should serve Me." 51:56  
The Creator of the Universe chose to create us. We were given life to submit to Him and thus become a reflection of Godliness. We can only reach our full potential if we attach ourselves to He Who gave us life (Al Muhyi)



## REFLECTION

تَخَلَّقُوا بِأَخْلَاقِ اللَّهِ

"Adopt in yourself the attributes of Allah." Prophet Muhammad (pbuh)  
We were created to reflect the names of Allah (Asmaul Husna). Through the life Al Muhyi has granted us we are called to serve creation.



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# TAWWAAB (80) – ACCEPTOR OF REPENTANCE



## BENEFITS OF ZHIKR

Recite YAA TAWWAAB frequently for repentance to be accepted.

'Tawba' means to return, and it therefore points to the fact that at every moment we have the means to turn to Him and reach our full potential.

## REFLECTION

No one is too imperfect or not redeemable with Al Tawwaab. The Japanese art of kintsugi teaches that broken objects can be celebrated by being repaired. Kintsugi literally golden ("kin") and repair ("tsugi"). When something breaks, it is put together with a precious metal enhancing its beauty. Our 'breakages' make us unique. The beauty in our imperfections are enhanced by 'tawba' (repentance)



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# DHUL JALAAAL WAL IKRAAM (85) – OWNER OF MAJESTY AND GENEROSITY



## BENEFITS OF ZHIKR

Recite YAA DHUL JALAAAL WAS IKRAAM every day and whenever you are begging for something from Allah.



All aspects of majesty, dignity and power, as well as beauty, kindness and generosity unite in Dhul Jalaal wal Ikraam, therefore bringing together all the Divine Names. This name is denoted by scholars as Ism A'zham (the Greatest name of Allah)

## REFLECTION

The 99 names of Allah have sometimes been divided into names of Majesty and Power (Jalaal names) and the names of Beauty and Generosity (Jamaal Names). Dhul Jalaal wal Ikraam creates a balance between these two types of names.



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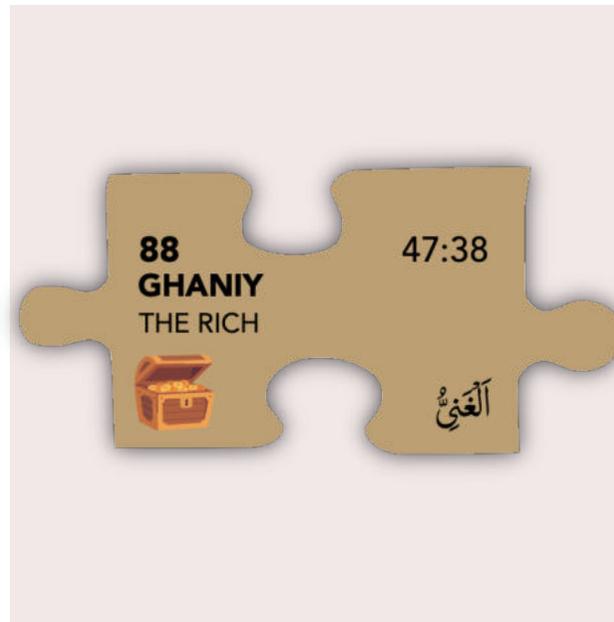
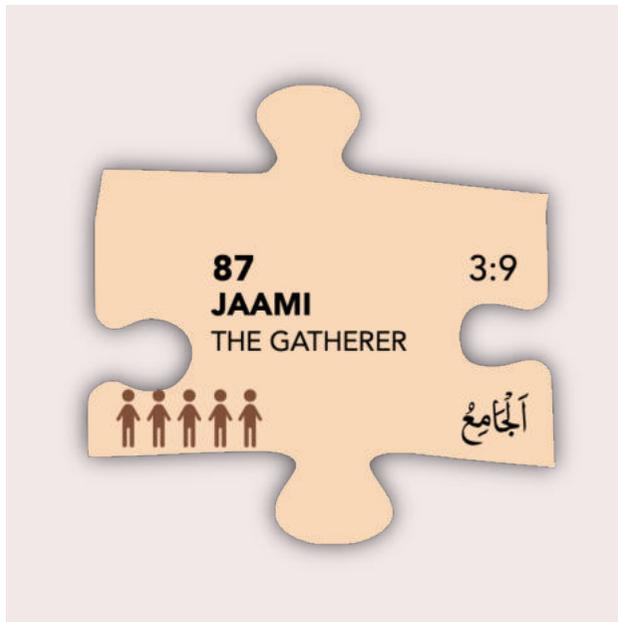


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# J G M – JUST GIVE ME



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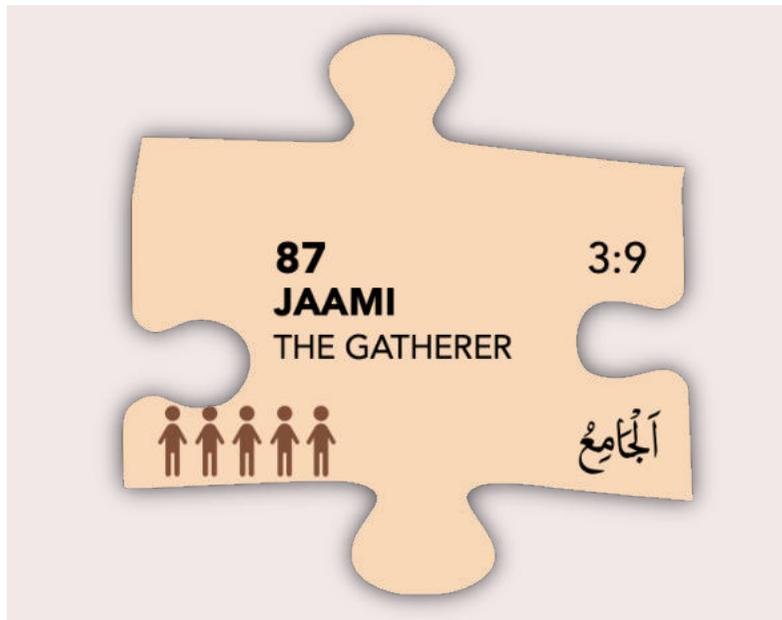


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# AL JAAMI (87) – THE GATHERER



## BENEFITS OF ZHIKR

Recite YAA JAAMI if you have lost something or someone.



Al Jaami' unites the inner and outer world. He brings cohesion amongst different people uniting them under a shared spiritual force of "There is no God but Allah."

## REFLECTION

When Prophet Adam (pbuh) and Sayyida Hawwa were separated and sent from Janna to the earth they found each other by calling out to Al Jaami. Our dua should be- 'Yaa Jaami! Help me to unite my actions with my intentions and inner truth'.



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# AL GHANIY (88) – THE RICH



## BENEFITS OF ZHIKR

Recite YAA GHANIYY to be independent and to be provided sustenance from the most unexpected places.



“O My servants, were the first of you and the last of you, the human of you and the jinn of you to rise up in one place and make a request of Me, and were I to give everyone what he requested, that would not decrease what I have, any more than a needle decreases the sea if put into it.” Hadith Al Qudsi

## REFLECTION

“Richness is not defined by ownership of material possessions; rather it is the richness (contentment) of the soul.” Prophet Muhammad (pbuh)



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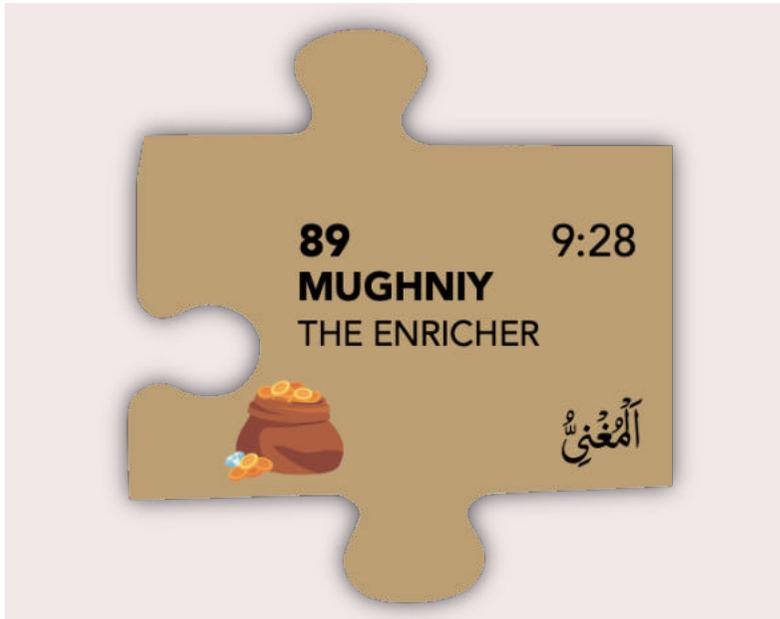


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# AL MUGHNIY (89) – THE ENRICHER



One can be enriched through material goods, and this is the common understanding of richness. One can be enriched through knowledge and that is a precious form of richness. One can be enriched through contentment and freedom from attachment. But the greatest enrichment is Divine closeness in the heart of a believer.

## BENEFITS OF ZHIKR

Recite YAA MUGHNIY to cure sickness, to be self-sufficient and to eliminate nervous tension.

## REFLECTION

Truly enriched are those who have been given knowledge, wisdom, faith and divine guidance.



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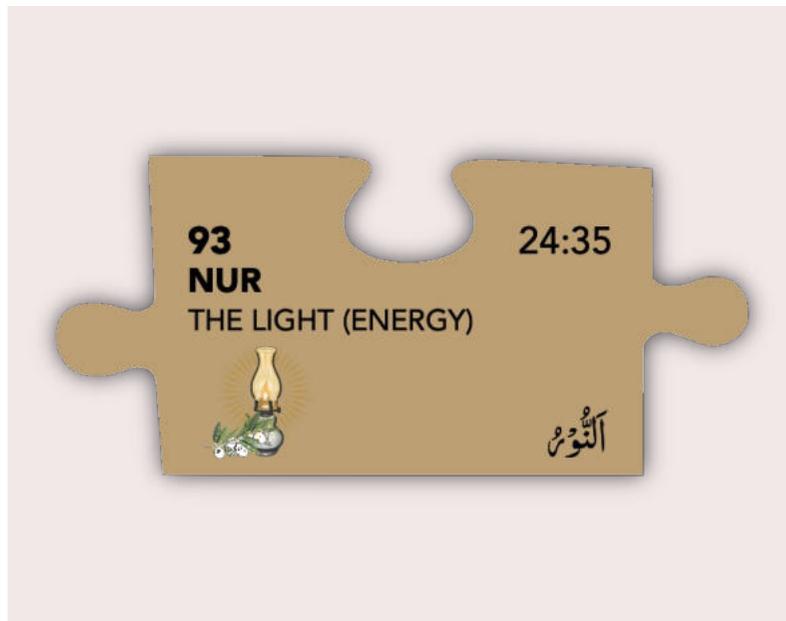


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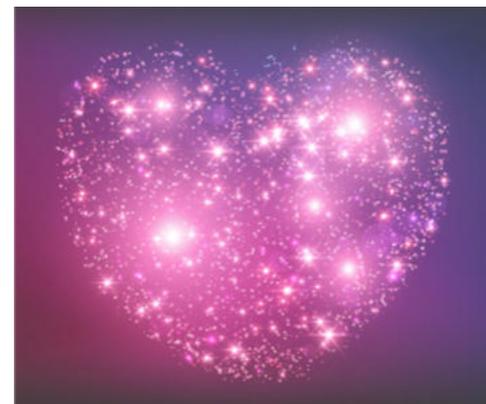
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# NUR (93) – THE LIGHT (ENERGY)



## BENEFITS OF ZHIKR

Recite YAA NUR to remove sorrow and illuminate the heart. Also recite it if you are lost to find the right direction.



“Allah has illuminated the heavens with the light of the stars, the sun and the moon...

And He has illuminated the heart of the believer with faith and submission”

Imam Sadiq (pbuh)

## REFLECTION

The Qur’an in Sura Al Nur describes a glass lamp in the niche of a wall. In the glass is oil from an olive tree that shines like a star even before the oil is lit. Once it’s lit - there is light upon light. The niche is the heart of the human being with faith and submission, and the lamp is the light of Allah that shines in our hearts.



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# NUR (93) – THE LIGHT (ENERGY)



...يُخْرِجُهُمْ مِنَ الظُّلُمَاتِ إِلَى النُّورِ...

...He brings them out of the  
darkness into the light...

Sura Al Baqara – 2:257



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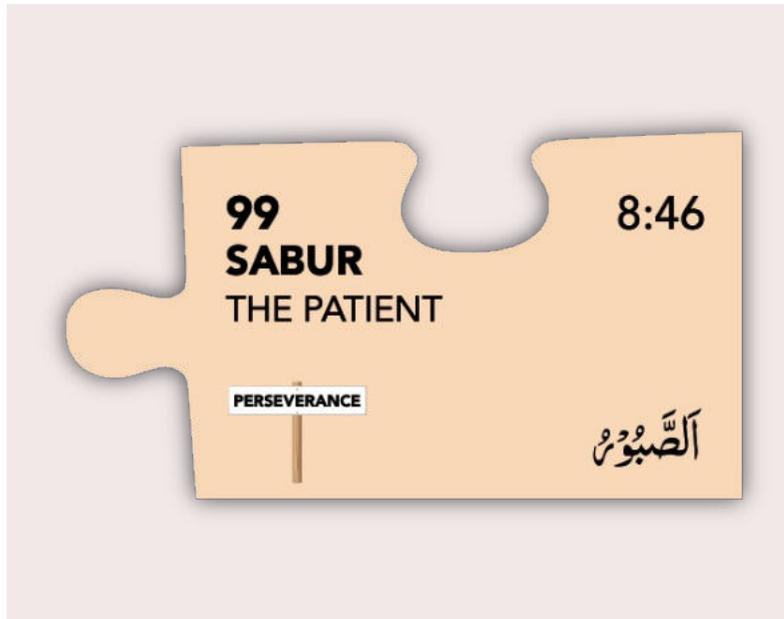


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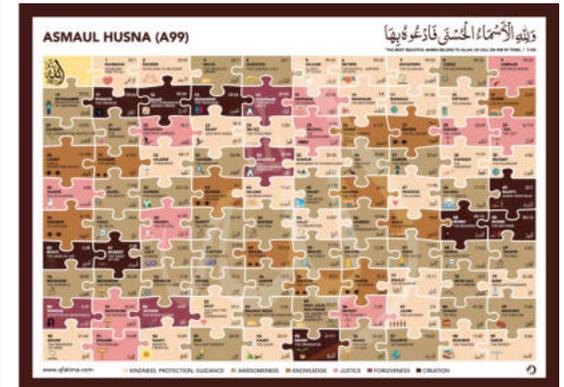
# AL SABUR (99) – THE PATIENT



## BENEFITS OF ZHIKR

Recite YAA SABUR for ease in difficulty and pain.

Sabr besides patience is the commitment to persevere and hang on. To maintain a consistency in ease and difficulty. It can take a lifetime to learn patience and that is probably why it is the last of the 99 names.



## REFLECTION

The meaning of Islam is submission. To forego one's wants, desires and will in favour of Allah's will. This requires patience and drawing energy from Al Sabur. Patience is born on compassion. The softer the heart, the greater the patience.



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## AL MANNAAN – ONE WHO GIVES A LOT

U

unlimited  
uninterrupted  
unasked  
unconditional

لَقَدْ مَنَّ اللَّهُ عَلَى الْمُؤْمِنِينَ إِذْ بَعَثَ فِيهِمْ رَسُولًا  
مِّنْ أَنفُسِهِمْ يَتْلُو عَلَيْهِمْ آيَاتِهِ وَيُزَكِّيهِمْ  
وَيُعَلِّمُهُمُ الْكِتَابَ وَالْحِكْمَةَ وَإِن كَانُوا مِن  
قَبْلُ لَفِي ضَلَالٍ مُّبِينٍ

Certainly Allah conferred a benefit upon the believers when He raised among them a Messenger from among themselves, reciting to them His communications and purifying them, and teaching them the Book and the wisdom, although before that they were surely in manifest error. 3:164



## AL MANNAAN – ONE WHO GIVES A LOT

**U**nlimited  
**U**ninterrupted  
**U**nasked  
**U**nconditional

مَنْ مَنَّ مِنْ مَنَّ مِنْ مَنَّ مِنْ الْمَنَّانِ

Whoever gives from the gifts [of God]  
Shall be rewarded from The Ever-Giving.

*More shall be given to those who  
give (from God's gifts)*



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