



Emphasis on
thankfulness to Allah

JOURNALLING THE QUR'AN



www.qfatima.com

INTRODUCTION TO JOURNALLING



- It is to be able to personalise the Qur'an to be able to engage with it.
- It is to inspire ourselves and our students to connect to the Qur'an.
- The focus is not on the art but the significance of the aya

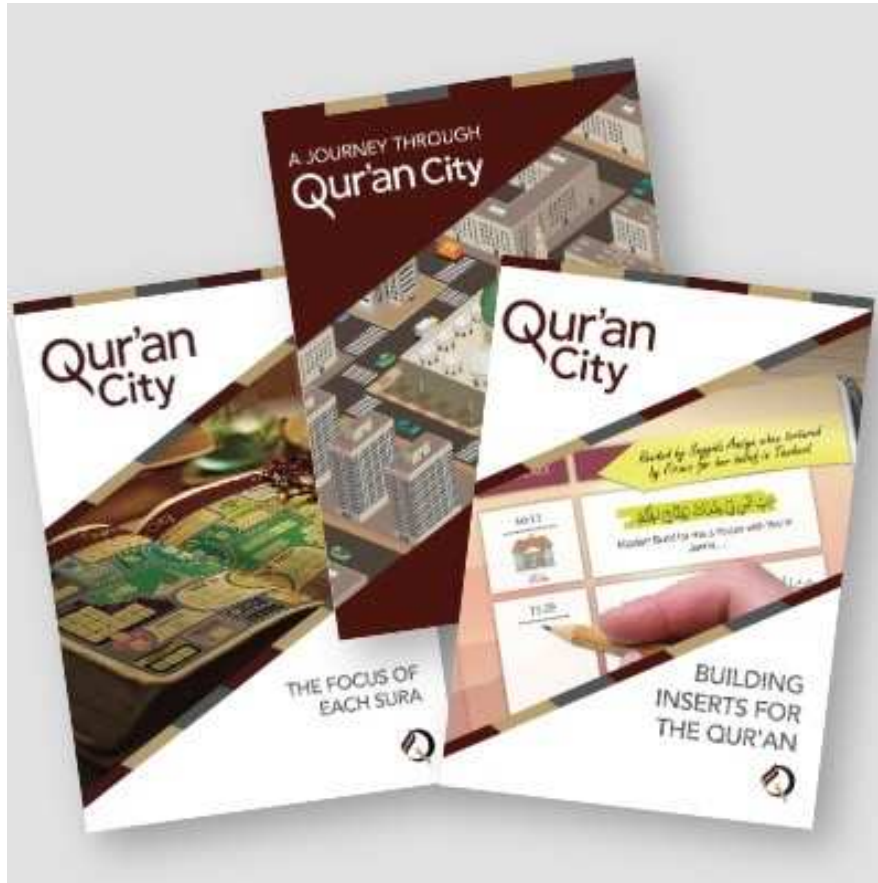
• TOOLS

- PENCIL COLOURS
- RULER
- SHARP PENCIL
- ERASER

COLOUR DIRECTORY FOR QUR'AN CITY BUILDINGS



JOURNALLING THE QUR'AN RESOURCES



SCAN THE QR CODE TO
DOWNLOAD OR PURCHASE
RELATED RESOURCES

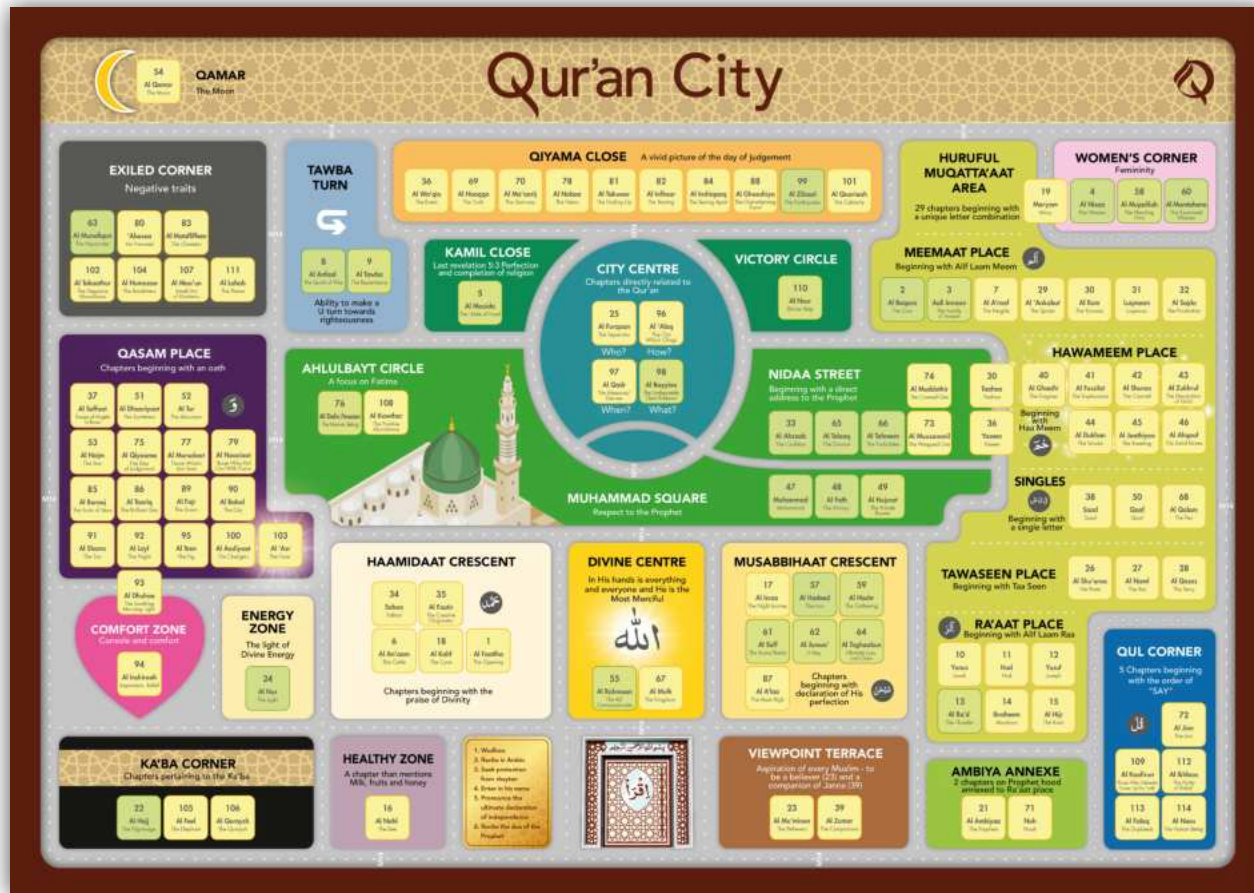


JOURNALLING THE QUR'AN AUDIO/VIDEO



SCAN THE QR CODE TO
PLAYBACK PAST SESSIONS AND
ADDITIONAL AUDIO RELATING
TO JOURNALLING

QUR'AN CITY MAP



QUR'AN CITY

- 114 Suwer
- 86 Makki
- 28 Madani
- 19 Suburbs

QUR'AN CITY GATES



The City Gates are inscribed with the word 'IQRA' – READ/RECITE. (Reading is from a parchment or book, whilst reciting is from the heart). This is the first word and order to humanity revealed from Divinity. This one word changed the world.

In response to this one command, the Qur'an became the most printed, used and reproduced book in the world giving birth to entire libraries.

IQRA' in the context of Qur'an City extends to 5 things – Read, Memorise, Understand, Apply and Teach

- Wudhoo
- Be able to recite in Arabic
- Seek protection from Shaytan by reciting

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

- Enter in His name

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

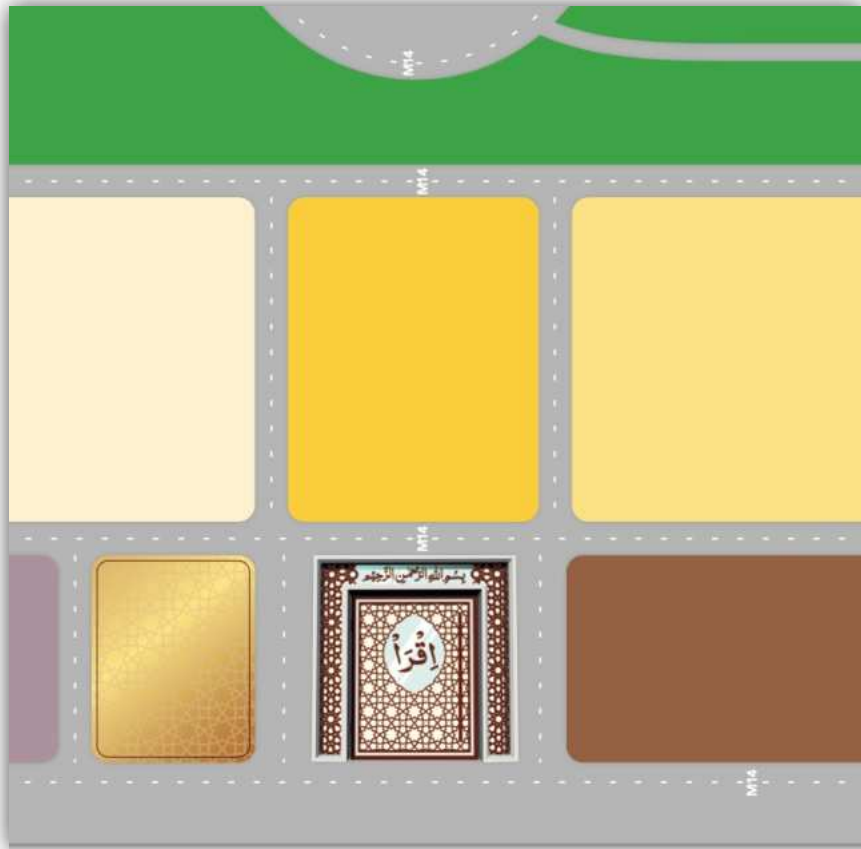
- Pronounce the ultimate declaration of independence

لَا إِلَهَ إِلَّا اللَّهُ

- Ask Divinity as taught by the Prophet (pbuh)

وَالزَّمْ قَلْبِي حِفْظَ كِتَابِكَ كَمَا عَلَّمْتَنِي

QUR'AN CITY ROAD NETWORK



The road network that links all the suburbs with each other is called M14 representing the Prophet Muhammad, His daughter Fatima and the 12 Imams who are the necessary guides to navigate Qur'an City.

DUA BEFORE RECITING QUR'AN

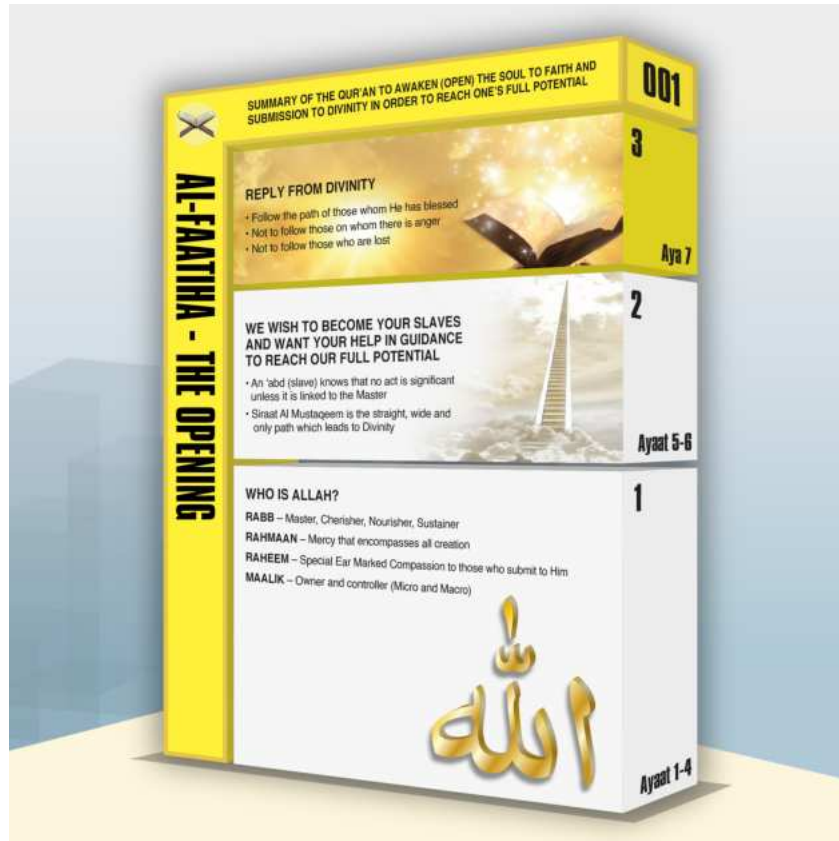
MAKE ME COMMIT MY
HEART TO YOUR BOOK AS
YOU HAVE TAUGHT ME

وَالْزَمْ قَلْبِي حِفْظَ
كِتَابِكَ كَمَا عَلَّمْتَنِي

وَالْزَمْ قَلْبِي حِفْظَ كِتَابِكَ كَمَا عَلَّمْتَنِي

MAKE ME COMMIT MY HEART TO
YOUR BOOK AS YOU HAVE
TAUGHT ME.

SURA AL FAATIHA



FOCUS



- Summary of the Qur'an
- To awaken (open) the soul to faith and submission to Divinity in order to reach one's full potential

DID YOU KNOW



The entire Qur'an is a dialogue between Allah and human beings. This sura is a conversation between the human being and Allah, teaching us how to converse with our Creator.

BENEFITS



- Cure for every disease
- Recite 70x to cure pain everywhere
- 2/3 of the Qur'an

SURA AL BAQARA



FOCUS



- Timeless response to request for guidance In Sura Al Faatiha
- Understanding faith through history.
- Guidance through practical laws and directives from Divinity covering all matters
- Ayatul Kursi - Awesomeness of Allah

DID YOU KNOW



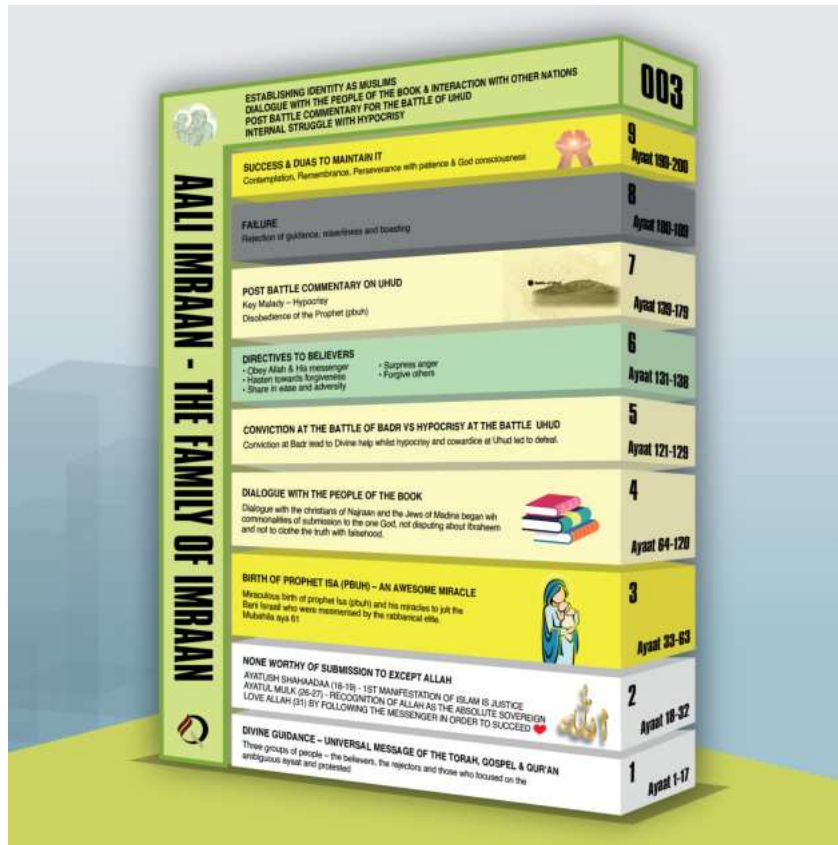
It is the longest sura of the Qur'an comprising one twelfth of the entire text. "Everything has a zenith, and the zenith of the Qur'an is Sura Al Baqara and in it is the best of verses – Ayatul Kursi (the verse of the throne). Holding to it is a blessing and leaving it is an affliction." Prophet Muhammad (pbuh)

BENEFITS



- Ayaat 72– 73 for chest pain
- Aya 107 3x for shoulders
- Ayatul Kursi for eyes
- Life, family protected – recite first 4 ayaat, Ayatul Kursi and last 3 ayaat

SURA AALI IMRAAN



FOCUS



- Timeless response to Establishing identity as Muslims
- Dialogue with the people of the book & interaction with other Nations
- Post battle commentary for the Battle of Uhud
- Internal struggle with hypocrisy

DID YOU KNOW



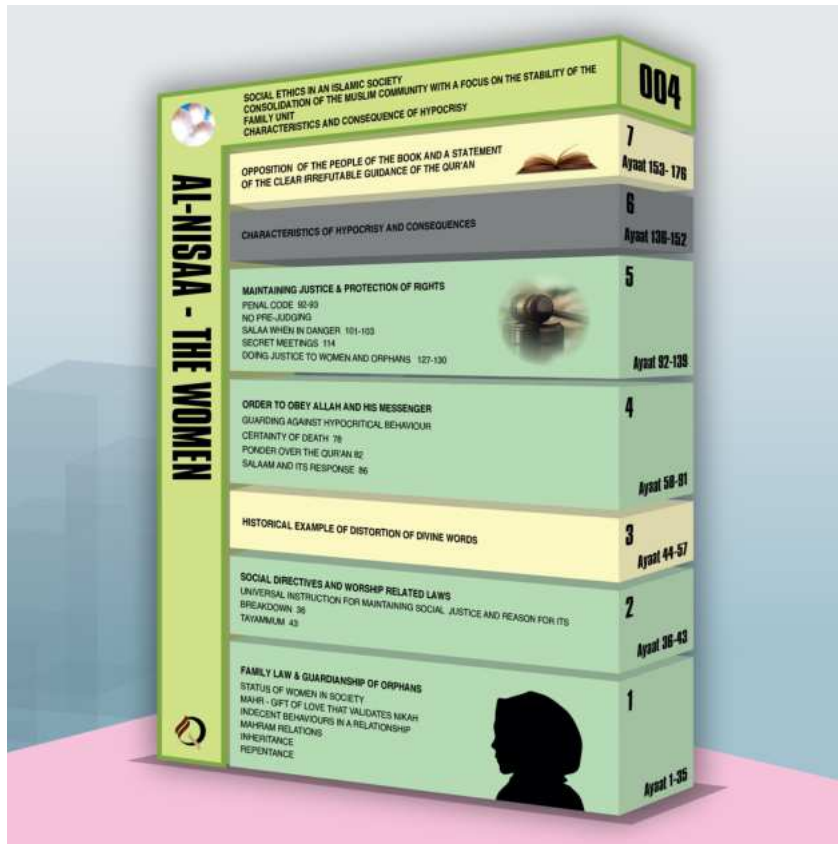
Aali Imran – Name comes from aya 33. Imran was the father of Sayyida Maryam. He died when his wife was pregnant. Before that Imran was the father of Prophet Musa (pbuh). There is 1800 years between them. "One who recites Al Baqara & Aali Imran will be shaded (protected) by clouds on the day of Qiyama as if they were two clouds, or two rays of the sun...." Prophet Muhammad (pbuh)

BENEFITS



- Fertility treatment for women
- Ayaat 8 & 9 for migraines
- Aya 145 for backache
- If recited on Friday, rahma of Allah, and angels ask forgiveness for reciter
- Increase in sustenance, if worn

SURA AL NISAA



FOCUS



- Social ethics in an Islamic society
- Consolidation of the Muslim community with a focus on the stability of the family unit
- Characteristics and consequence of hypocrisy

DID YOU KNOW



The chapter was revealed after the battle of Uhud where the Muslim society was left with a fractured community with many widows and orphans. The sura focuses on repairing the society with social ethics.

BENEFITS



- Recite 7x for love between people
- Safety from fear in the grave

SURA AL MAAIDA



FOCUS



- Finishing touches to Religion
- Social values
- Succession to the Prophet as completion of Religion
- Establishment of relations between Muslims and the People of the Book

DID YOU KNOW



This chapter contains the last verse (3) revealed at Ghadeer Al Khum known as Ayatul Ikmaal (the verse of completion)

“This day I have perfected for you your religion and completed My blessing upon you and have approved for you your religion - Islam (submission).”

The sura takes its name from the miraculous table of food that Allah sent down to Prophet Isa and his disciples at their request.

BENEFITS



- Aya 54 on sweet for love
- Forgiveness

SURA AL AN'AAM



FOCUS



- Objections of the Makkans to monotheism and Divinity's reply
- Practical implications of Tawheed
- Livestock dedicated to deities and innovations in the name of Divinity

DID YOU KNOW



This is the longest Makkan sura possibly revealed as one discourse with 70,000 angels. It takes its name from the discussion of the self-imposed restrictions placed by the Makkans on the consumption of cattle.

BENEFITS



- If written (with saffron) and drunk, free from all ailments.

6:136



وَجَعَلُوا لِلَّهِ مِمَّا ذَرَأَ مِنَ الْحَرْثِ وَالْأَنْعَامِ نَصِيبًا فَقَالُوا
هَذَا لِلَّهِ بِزَعْمِهِمْ وَهَذَا لِشُرَكَائِنَا فَمَا كَانَ
لِشُرَكَائِهِمْ فَلَا يَصِلُ إِلَى اللَّهِ وَمَا كَانَ لِلَّهِ فَهُوَ يَصِلُ
إِلَى شُرَكَائِهِمْ سَاءَ مَا يَحْكُمُونَ

And they set apart a portion for Allah out of what He has created of tilth and cattle, and say: This is for Allah-- so they assert-- and this for our associates; then what is for their associates, it reaches not to Allah, and whatever is (set apart) for Allah, it reaches to their associates; evil is that which they judge.

6:145



قُلْ لَا أَجِدُ فِي مَا أُوحِيَ إِلَيَّ مُحَرَّمًا عَلَى طَاعِمٍ يَطْعَمُهُ إِلَّا أَنْ
يَكُونَ مَيْتَةً أَوْ دَمًا مَسْفُوحًا أَوْ لَحْمَ خِنْزِيرٍ فَإِنَّهُ رِجْسٌ أَوْ
فِسْقًا أَهْلًا لِّغَيْرِ اللَّهِ بِهِ فَمَنْ اضْطُرَّ غَيْرَ بَاغٍ وَلَا عَادٍ فَإِنَّ
رَبَّكَ غَفُورٌ رَحِيمٌ

Say: I do not find in that which has been revealed to me anything forbidden for an eater to eat of except that it be what has died of itself, or blood poured forth, or flesh of swine-- for that surely is unclean-- or that which is a transgression, other than (the name of) Allah having been invoked on it; but whoever is driven to necessity, not desiring nor exceeding the limit, then surely your Lord is Forgiving, Merciful.

6:151



قُلْ تَعَالَوْا أَتْلُ مَا حَرَّمَ رَبِّي عَلَيْكُمْ أَلَّا تُشْرِكُوا بِهِ شَيْئًا
وَبِالْوَالِدَيْنِ إِحْسَانًا وَلَا تَقْتُلُوا أَوْلَادَكُمْ مِنْ إِمْلَاقٍ نَحْنُ
نَرْزُقُكُمْ وَإِيَّاهُمْ وَلَا تَقْرَبُوا الْفَوَاحِشَ مَا ظَهَرَ مِنْهَا وَمَا بَطَنَ
وَلَا تَقْتُلُوا النَّفْسَ الَّتِي حَرَّمَ اللَّهُ إِلَّا بِالْحَقِّ ذَلِكُمْ وَصَّاكُمْ بِهِ
لَعَلَّكُمْ تَعْقِلُونَ

Say: Come I will recite what your Lord has forbidden to you-- (remember) that you do not associate anything with Him and show kindness to your parents, and do not slay your children for (fear of) poverty-- We provide for you and for them-- and do not draw nigh to indecencies, those of them which are apparent and those which are concealed, and do not kill the soul which Allah has forbidden except for the requirements of justice; this He has enjoined you with that you may understand.

6:152



وَلَا تَقْرَبُوا مَالَ الْيَتِيمِ إِلَّا بِالَّتِي هِيَ أَحْسَنُ حَتَّىٰ يَبْلُغَ
أَشُدَّهُ وَأَوْفُوا الْكَيْلَ وَالْمِيزَانَ بِالْقِسْطِ لَا نُكَلِّفُ نَفْسًا
إِلَّا وُسْعَهَا وَإِذَا قُلْتُمْ فَاعْدِلُوا وَلَوْ كَانَ ذَا قُرْبَىٰ وَبِعَهْدِ
اللَّهِ أَوْفُوا ذَلِكُمْ وَصَّاكُمْ بِهِ لَعَلَّكُمْ تَذَكَّرُونَ

And do not approach the property of the orphan except in the best manner until he attains his maturity, and give full measure and weight with justice-- We do not impose on any soul a duty except to the extent of its ability; and when you speak, then be just though it be (against) a relative, and fulfil Allah's covenant; this He has enjoined you with that you may be mindful;

6:155



وَهَذَا كِتَابٌ أَنْزَلْنَاهُ مُبَارَكٌ فَاتَّبِعُوهُ وَاتَّقُوا
لَعَلَّكُمْ تُرْحَمُونَ

And this is a Book We have revealed, blessed; therefore follow it and guard (against evil) that mercy may be shown to you.

6:160



مَنْ جَاءَ بِالْحَسَنَةِ فَلَهُ عَشْرُ أَمْثَالِهَا ...

Whoever brings a good deed,
he shall have ten like it...

6:162



...إِنَّ صَلَاتِي وَنُسُكِي وَمَحْيَايَ وَمَمَاتِي لِلَّهِ
رَبِّ الْعَالَمِينَ

...Surely my prayer and my sacrifice
and my life and my death are (all)
for Allah, the Lord of the worlds;

6:164



قُلْ أَغْيِرَ اللَّهُ أَبْغِي رَبًّا وَهُوَ رَبُّ كُلِّ شَيْءٍ وَلَا تَكْسِبُ كُلُّ نَفْسٍ إِلَّا عَلَيْهَا وَلَا تَزِرُ وَازِرَةٌ وِزْرَ أُخْرَىٰ ثُمَّ إِلَىٰ رَبِّكُم مَّرْجِعُكُمْ فَيُنَبِّئُكُم بِمَا كُنتُمْ فِيهِ تَخْتَلِفُونَ

Say: What! shall I seek a Lord other than Allah? And He is the Lord of all things; and no soul earns (evil) but against itself, and no bearer of burden shall bear the burden of another; then to your Lord is your return, so He will inform you of that in which you differed.

SIRATUL MUSTAQEEM - 39



وَالَّذِينَ كَذَّبُوا بِآيَاتِنَا صُمُّ وَبُكْمٌ فِي الظُّلُمَاتِ مَنْ
يَشَاءُ اللَّهُ يُضِلَّهُ وَمَنْ يَشَاءُ يُجْعَلْهُ عَلَى صِرَاطٍ مُسْتَقِيمٍ

And they who reject Our communications are deaf and dumb, in utter darkness; whom Allah pleases He causes to err and whom He pleases He puts on the right way.

SIRATUL MUSTAQEEM - 87

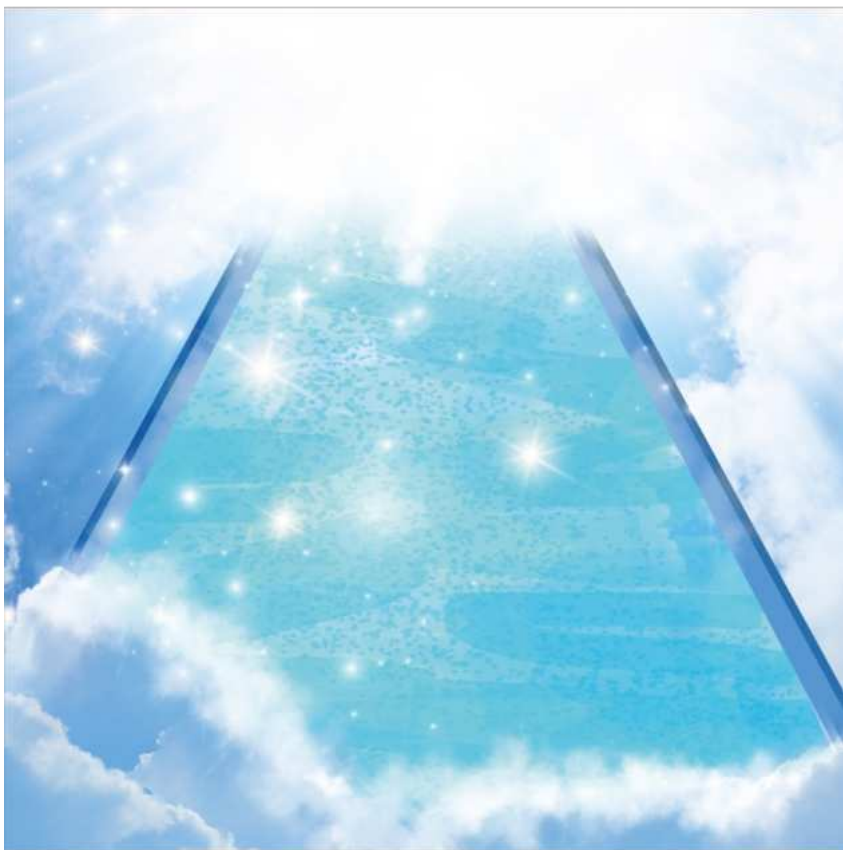


صلے

وَمِنْ آبَائِهِمْ وَذُرِّيَّاتِهِمْ وَإِخْوَانِهِمْ
وَاجْتَبَيْنَاهُمْ وَهَدَيْنَاهُمْ إِلَى صِرَاطٍ مُسْتَقِيمٍ

And from among their fathers and their descendants and their brethren, and We chose them and guided them into the right way.

SIRATUL MUSTAQEEM - 126



وَهَذَا صِرَاطُ رَبِّكَ مُسْتَقِيمًا قَدْ فَصَّلْنَا
الْآيَاتِ لِقَوْمٍ يَذَّكَّرُونَ

And this is the path of your Lord, (a) right (path); indeed We have made the communications clear for a people who mind.

SIRATUL MUSTAQEEM - 153



وَأَنَّ هَذَا صِرَاطِي مُسْتَقِيمًا فَاتَّبِعُوهُ وَلَا تَتَّبِعُوا
السُّبُلَ فَتَفَرَّقَ بِكُمْ عَنْ سَبِيلِهِ ذَلِكُمْ وَصَّاكُمْ
بِهِ لَعَلَّكُمْ تُتَّقُونَ

And (know) that this is My path, the right one therefore follow it, and follow not (other) ways, for they will lead you away from His way; this He has enjoined you with that you may guard (against evil).

SIRATUL MUSTAQEEM - 161



قُلْ إِنِّي هَدَانِي رَبِّي إِلَى صِرَاطٍ مُسْتَقِيمٍ دِينًا
قِيَمًا مِلَّةَ إِبْرَاهِيمَ حَنِيفًا وَمَا كَانَ مِنَ
الْمُشْرِكِينَ

Say: Surely, (as for) me, my Lord has guided me to the right path; (to) a most right religion, the faith of Ibrahim the upright one, and he was not of the polytheists.

SURA AL A'RAAF



FOCUS



- Consequence of rejecting Divine Guidance
- Inmates of Jahannam, Janna and the heights (A'raaf)
- Accounts of previous nations who rejected their Prophets
- Focus on Prophet Musa

DID YOU KNOW



The sura teaches through the lessons from previous nations with a focus on Prophet Musa (the most mentioned Prophet in the Quran)

A'raaf comes from 'urf which denotes a high land. This refers to a high place between Janna and Jahannam. The men mentioned are the A'imma who will be intercessors

BENEFITS



- If worn, safety from enemies and wild animals
- Once a month recitation – no fear on Qiyama
- Veil between shaytan and reciter

7:23



...رَبَّنَا ظَلَمْنَا أَنْفُسَنَا وَإِنْ لَمْ تَغْفِرْ لَنَا
وَتَرْحَمْنَا لَنَكُونَنَّ مِنَ الْخَاسِرِينَ

...Our Lord! We have been unjust to ourselves, and if You forgive us not, and have (not) mercy on us, we shall certainly be of the losers.