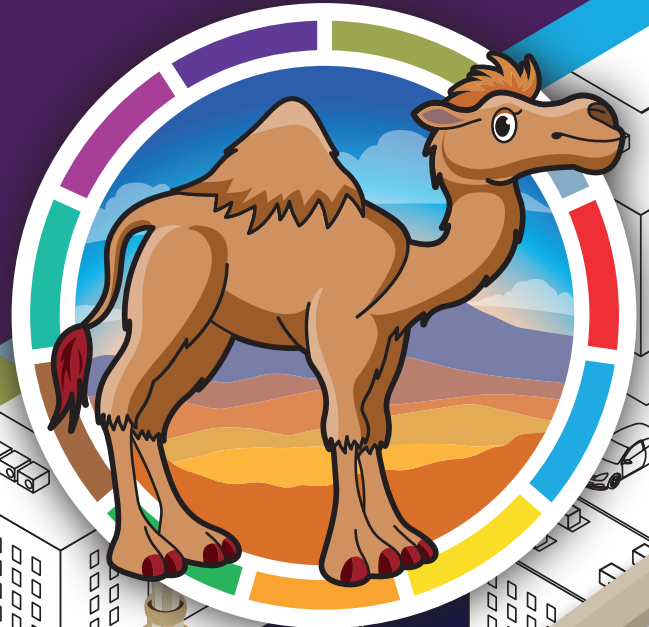


Qur'an City



Sura Al Fajr Workbook

89 Qasam Place

928993

8-12
years





AL FAJR - THE DAWN



**HUMAN BEINGS TESTED WITH BLESSINGS AND CONSTRAINTS
REGRET OF THE DEFIANT REJECTORS OF DIVINITY
A DEPICTION OF ULTIMATE SUCCESS**

089

ULTIMATE SUCCESS – A TRANQUIL SOUL

AN ADDRESS TO THE TRANQUIL SOUL WHOSE RETURN TO DIVINITY HAVING REACHED ITS FULL POTENTIAL GAINS THE ACCEPTANCE AND PLEASURE OF HIS MASTER AND ENTRY INTO HIS JANNA.



5

Ayaat 27-30

REGRET OF THE DEFIANT REJECTORS OF DIVINITY ON QIYAMA

A GRAPHIC DEPICTION OF THE DAY OF JUDGEMENT
THE EARTH WILL BE FLATTENED AND POUNDED TO POWDER
THE ANGELS COME ROW AFTER ROW
AND JAHANNAM BROUGHT BEFORE THE GUILTY.



4

Ayaat 21-26

HUMAN BEINGS TESTED WITH BLESSINGS & CONSTRAINTS

THE HUMAN BEING EQUATES WEALTH WITH DIVINE BLESSINGS

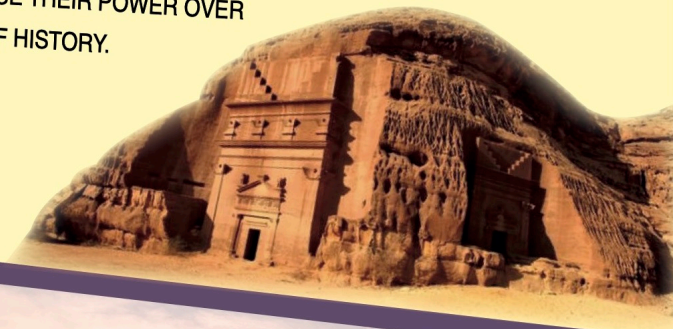
HONOUR AND WEALTH ARE DIFFICULT TESTS JUST AS CONSTRICTION OF WEALTH IS.
REBELLIOUSNESS BEGINS WHEN ARROGANCE SETS IN.
THE HUMAN BEING DOES NOT HONOUR THE ORPHAN, OR MOTIVATE OTHERS TO FEED THE POOR, LOVES TO DEVOUR THE INHERITANCE OF OTHERS AND LOVES WEALTH EXCESSIVELY.

3

Ayaat 15-20

REBELLIOUSNESS OF THAMUD & PHAROAH AND THEIR DESTRUCTION

ALL UNJUST DESPOTS WILL LOSE THEIR POWER OVER
TIME AND JOIN THE DUSTBIN OF HISTORY.



2

Ayaat 6-14

FOUR OATHS FOR THOSE WITH ROCK SOLID INTELLIGENCE

THE DAWN - DENOTING A BEGINNING
10 NIGHTS - 1ST 10 NIGHTS OF DHULHIJJA, LAST 10 NIGHTS OF RAMADHAN OR THE 1ST 10
NIGHTS OF MUHARRAM EVEN & ODD – (PAIRING AND DIMINISHING) - COULD ALLUDE TO DAILY
SALAA OR SALATUL LAYLATUL (SHAF INTO WITR) THE DEPARTING NIGHT (THAT WALKS AWAY
TO ALLOW THE DAWN TO RISE)

1

Ayaat 1-5

SUGGESTED SCHEMES OF WORK - SURAH AL FAJR

NO.	TOPIC	LEARNING OBJECTIVES	SUGGESTED ACTIVITIES
1	INTRO TO QUR'AN	Introduce the Qur'an as the final testament that God revealed. The Prophet (pbuh) said the Qur'an was to be: 1. Read 2. Memorised 3. Understood 4. Applied 5. Teach	The 5 Golden Steps for reading the Qur'an Discuss the difference between mere recitation and understanding. The Qur'an was sent as a guide for humankind. Have a Fishbowl discussion as to how we as Muslims have paid lip service to the book.
2	INTRO TO QUR'AN CITY	• 19 suburbs around a city centre • 114 buildings • Difference between Makki & Madani Suwar • Sura Al Fajr is a Makki Sura • Qasam Place	• Who am I? • Recite Sura Al Fajr
3	INTRO TO SURAH AL FAJR	• Discuss the building of Sura Al Fajr • 5 Sections and 30 verses • Theme of the Sura – Human being test-ed with blessings & constraints. Regret of those who reject Divinity. Depiction of ultimate success. • Benefits of Sura Al Fajr	My Sura Al Fajr Building
4	SECTION 1 AYA 1 ALLAH TAKING AN OATH	Allah takes an oath on the Dawn- a beginning of wakefulness	• When light spreads darkness departs • Everything has a beginning



SUGGESTED SCHEMES OF WORK - SURAH AL FAJR

NO.	TOPIC	LEARNING OBJECTIVES	SUGGESTED ACTIVITIES
5	SECTION 1 AYA 2 THE TEN NIGHTS	- Allah swears by the 10 nights 10 nights of DhulHijja - Last 10 nights of Ramadhan	The ten nights
6	SECTION 1 AYA 3 EVEN AND ODD	Allah swears by the odd and even. All creation hinges on duality but rely on ONE reality. - Salatul Tahajjud - Every day is a pair of day and night, except of Day of Judgement	- Existence is based on opposites. - Salatul Tahajjud quiz. - A nature trail
7	SECTION 1 AYA 4 THE NIGHT WHEN IT DEPARTS	Darkness is frightening when it becomes fixed and immobile, but when there is movement unto the light, it becomes valuable.	Movement makes things happen.
8	SECTION 1 AYA 5 REFLECTION ON THESE OATHS	There are 5 awakening oaths in the beginning of the sura. Are these not enough evidence, enough signs for the people who have intellect?	5 Awakening Oaths.
9	SECTION 2 AYAAT 6-9 REBELLIOUSNESS OF THE PEOPLE OF AAD, THAMOOD	The proud people of Aad, who built lofty buildings, the like of which were not seen before. The people of Thamood, who carved out the rocks in the valley. They were blessed with wealth & bounty but were idol worshippers.	- Story Boards people of Aad - Story Board people of Thamood



SUGGESTED SCHEMES OF WORK - SURA AL FAJR

NO.	TOPIC	LEARNING OBJECTIVES	SUGGESTED ACTIVITIES
10	SECTION 2 AYAAT 10-13 REBELLIOUSNESS OF FIRAWN AND SUMMARY OF THE THREE POWERFUL NATIONS	Firawn – powerful and an oppressor. Prophet Musa (pbuh) was sent to guide him and the people of Bani Israail. Summing the three powerful nations and the common thread running in all of them.	- Wordsearch – story of Prophet Musa (pbuh) and Firawn. - The three powerful nations.
11	SECTION 2 AYA 14 ALLAH IS WATCHING	When Allah gives allows time and opportunities to any tyrant, it doesn't mean that HE is has lost control over him; He is waiting & He is watching.	- Be God Conscience - Look out! You are being watched
12	SECTION 3 AYAAT 15-16 TRIALS OF THE HUMAN BEING	The purpose of existence is to refine and develop the human being. Trials are sometimes given through blessings and sometimes through calamities.	- HE gives and HE takes - Trials, trials everywhere...
13	SECTION 3 AYAAT 17-20 4 TRAITS OF THOSE AT LOSS	1. They do not honour the orphans. 2. They do not urge others to feed the poor. 3. Eating the inheritance of others with greed. 4. Loving wealth with excessive love.	- Life of an orphan - Islam and orphans - Wealth and Poverty - What kind of a giver are you? - G is for Greedy - Need or Want



SUGGESTED SCHEMES OF WORK - SURA AL FAJR

NO.	TOPIC	LEARNING OBJECTIVES	SUGGESTED ACTIVITIES
14	SECTION 4 AYAAT 21-26 REGRET OF THE DEFIANT REJECTORS OF DIVINITY ON QIYAMA	On the Day of Resurrection man will see the reality of life and regret of what they have not sent forward. No one will be responsible for anyone else's actions.	- How do you look at life? - How we shape our lives here for the hereafter
15	SECTION 5 AYAAT 27-30 ULTIMATE SUCCESS THE TRANQUIL SOUL	The Commanding Nafs The Knocking Nafs The Content Nafs – Is tranquil nafs that is in Tawheed.	- The Three Nafs - The tranquil nafs - Contentment
16	ASSESSMENTS	An open book assessment of Sura Al Fajr	- Have a fishbowl discussion on "What I learnt from 089". - Take the challenge- attempt the Think, Tac, Toe



5 GOLDEN STEPS FOR READING THE QUR'AN

The Holy Prophet (pbuh) said the Qur'an was to be:

- Read
- Memorise
- Understand
- Apply
- Teach

ACTIVITY:

Write the 5 golden steps on the labels below.
Cut the labels and stick them on the palm below.



WHO AM I?

My name means "to tear something apart, to let light in."

I live in the Qasam Place.

I have a yellow roof and 5 sections in my building.

I share the Qasam Place with 16 neighbours and all of them have a yellow roof.

Rasulullah (pbuh) says that Allah will forgive the mistakes of whoever recites me on the "ten nights".

Imam Sadiq (pbuh) has named me the Sura of Imam Husayn (pbuh).

I contain 4 oaths in my first section.

3 powerful nations in building and in might are mentioned and their plight.

I contain "the tranquil soul" which will return to its Lord well pleased.

My last verse is associated with Imam Husayn (pbuh)

Who am I? My House Number is:

Write 3 of my neighbours and their house numbers:

.....

What are the 4 oaths mentioned in section 1?

.....
.....

What do you think "ten nights" could mean?

.....
.....

Draw and decorate my building.



MY SURA AL FAJR BUILDING (089)

1. Draw the sections.
2. Write the number of verses in each section
3. Label the sections.



WHEN LIGHT SPREADS DARKNESS DEPARTS

From the box below choose the correct (darkness) to match the pictures of "FAJR".



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Ignorance
Materialism
Injustice

Corruption
Burying daughters
Fragmented Islam

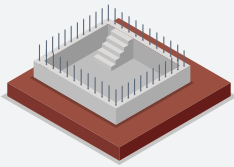
Sleep
Disbelief
Moon & stars

Darkness
Muslims in name
Racism



EVERYTHING HAS A BEGINNING

Match the columns.



a b c d e



CHALLENGING QUESTION

What is the beginning of knowledge?

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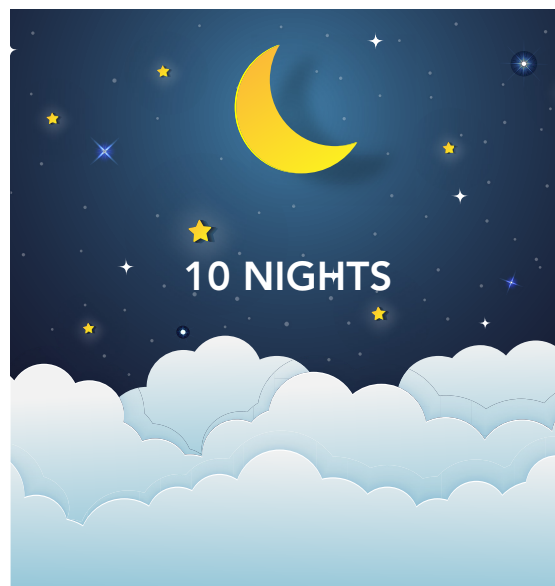


THE TEN NIGHTS

The ten nights could be any of these. Draw the events that happen in each of these ten nights.

WRITE THE 10 THINGS THAT YOU
WOULD DO IN HAJJ

WRITE 10 THINGS YOU WOULD TELL
ALLAH IF YOU WERE TALKING TO
HIM ON MOUNT SINAI



WRITE 10 THINGS THAT YOU
WOULD DO ON LAYLATUL QADR

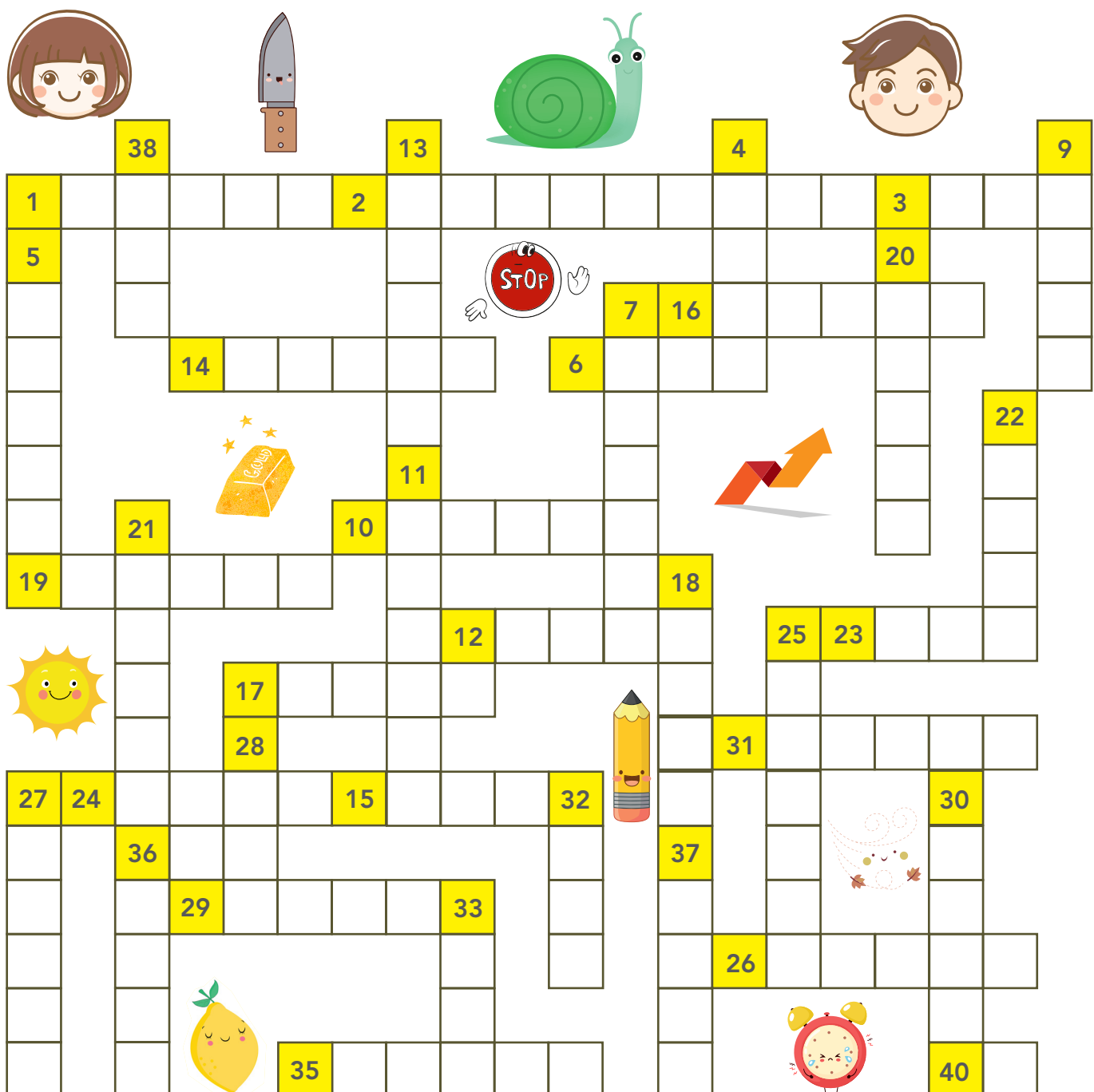
WRITE THE NAMES OF 10
MARTYRS OF KARBALA



EXISTANCE IS BASED ON DUALITY OPPOSITES CROSSWORD

Write the opposite of:

- | | | | | | | | |
|-----------|----------|-----------|----------|------------|-----------|-----------|-------------|
| 1. large | 2. ugly | 3. in | 4. slow | 5. dirty | 6. dry | 7. summer | 8. white |
| 9. give | 10. long | 11. gold | 12. soft | 13. sharp | 14. old | 15. go | 16. stop |
| 17. die | 18. up | 19. above | 20. left | 21. full | 22. warm | 23. new | 24. whisper |
| 25. round | 26. late | 27. sunny | 28. high | 29. strong | 30. windy | 31. noisy | 32. slim |
| 33. king | 34. end | 35. sour | 36. sad | 37. lie | 38. woman | 39. girl | 40. yes |



SHORT QUIZ ON SALATUL LAYL

1. Salatul Layl is mentioned in the Qur'an in chapter verse
A. 18:79 B. 17:79 C. 71:79 D. 81:79
2. The time for Salatul Layl begins:
A. After Salatul Maghrib until midnight.
B. Before Salatul Subhu until Salatul Zohr.
C. Between Salatul Zohr and Salatul Asr.
D. After midnight until time for Salatul Fajr
3. Salatul Layl brightens ones:
A. Hands B. Arms C. Smile D. Face
4. Salatul Layl consists of 11 units as follows:
A. 6:2:3 B. 2:2:4:2:1 C. 2:2:2:2:2:1 D. 10:1
5. Salatush Shafa has 2 units and _____ number of Qunoot.
A. 2 B. 1 C. 0 D. 4
6. Salatul Witr is made up of how many units?
A. 1 B. 2 C. 4 D. 8
7. Write the simplest form of reading Salatul Witr, some steps are done for you:
A. Niyyah (intention)
B.
C.
D.
E. Qunoot
F.
G. Rukoo
H. 2 Sajda
I.
J. Salaam
8. Salatul Layl is also known as
A. Salatul Tahajjud B. Salatul Ayaat C. Salatul Tashahud D. Salatul Hadiya



A NATURE TRAIL - ODD AND EVEN IN NATURE

1. You may do this activity with your family or friends.
2. Take a walk in the garden or a park and look at nature. It can be in the form of leaves, flowers, fruits, cones, butterflies
3. Look closely at the features of the leaves and petals try and see if there are any odd or even features in them.
4. Complete the nature walk sheet below:

DRAW A PICTURE OF THE OBJECT(S)	COUNTABLE TRAITS OF THE OBJECT	DO THEY COME IN EVEN OR ODD?
	7 lines/veins on each leaf 4 leaves	Lines on leaf are ODD Number of leaves is EVEN



MOVEMENT MAKES THINGS HAPPEN

All creation is in continuous motion and motion brings a change.

From the box below choose the correct words and write them in the appropriate columns. One is done for you.

Muscles	Wave Energy
Earth Rotates	Seasons
Mind/ thoughts	Circulation
Sailing Yachts	Awareness / intelligence
Earth Revolves	Wind / Kinetic Energy
Heart	Lungs inflate/deflate
Air	Day and Night
Oceans and Seas	Respiration
Windmill	Strength

Ocean and Seas + movement	Wave Energy



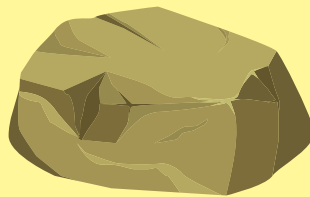
THE FIVE AWAKENING OATHS

Is this not enough evidence for people who have intellect / understanding?
Draw/ write in the spaces provided – the five oaths and what they symbolise?

FAJR

TEN NIGHTS

ROCK - UNDERSTANDING



EVEN & ODD

NIGHT WHEN IT DEPARTS



THE PEOPLE OF AAD

Complete the story board.

1. The people of Aad lived in Ahqaaf, in Yemen at the shores of the Sea of Oman.



2. The people of Aad were **strong, powerful** and **arrogant**.

3. They built lofty buildings with tall towers.



4. They were idol worshippers.

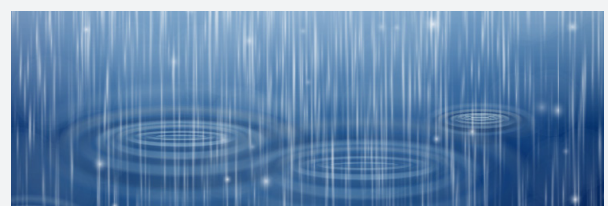
5. Prophet Hud (pbuh) spent a long time preaching them about ONE God Allah.

6. People of Aad were stubborn, refused to listen to him. They mocked and beat him.



7. Allah punished the people of Aad by sending them drought. All trees dried up.

8. When hardships became great, they came to Prophet Hud (pbuh)'s house and asked him to pray for rain.



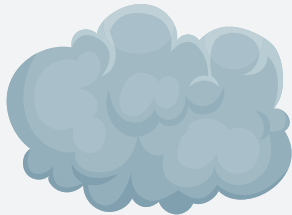
THE PEOPLE OF AAD

Complete the story board.

9. Everything turned lush and green again but the people of Aad did not change in their ways.

10. The people of Aad defied Prophet Hud (pbuh) to bring the punishment that he had said Allah would send.

11. Soon they saw a cloud coming towards them.

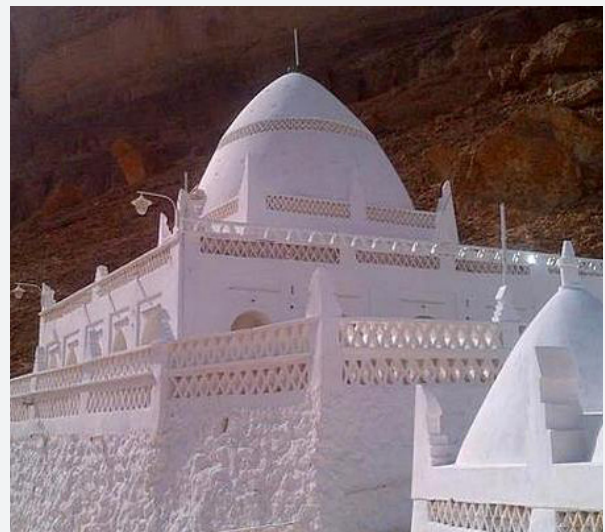


12. Thinking it was rain they gathered underneath it.

13. Rather it was a blast of strong, violent wind and it killed the people of Aad.



14. Prophet Hud (pbuh) and a few believers were saved. It is said Prophet Hud (pbuh) moved to Hadhramaut (YEMEN). It is said that he died there and is buried there too.

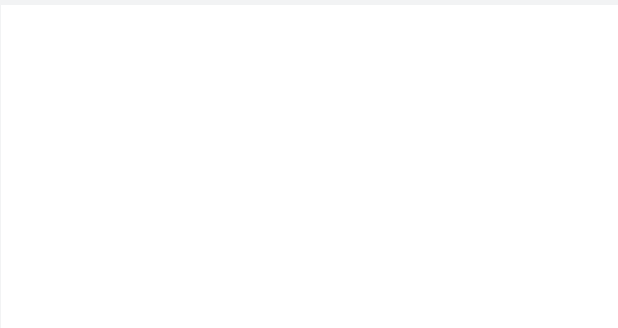


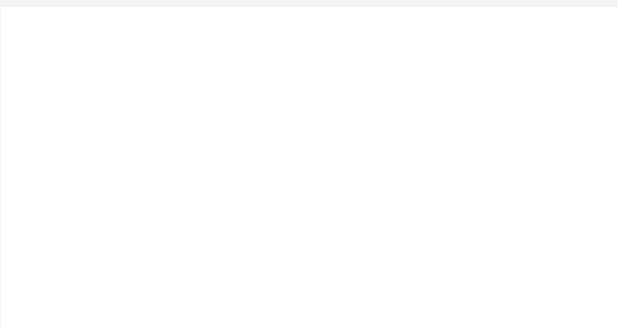
PEOPLE OF THAMOOD

People of Thamood, who carved their homes out of huge rocks.

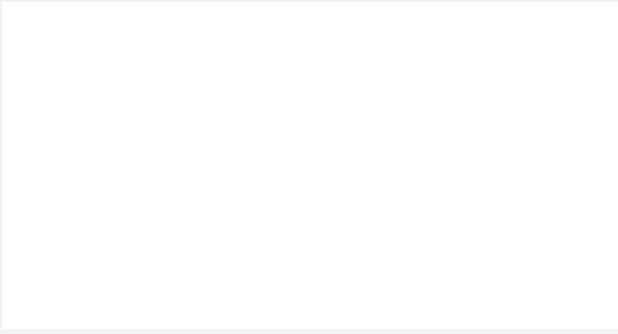
Illustrate the story and write a couple of sentences from the words given next to each part of the story.

	Idol worshipers, Thamood, rocks, mountains, wealth, bounty.
---	---

	Prophet Salih, 1 God, worship, mountain, sacrifice.
---	---

	Thamood, Prophet Salih, sign, she camel.
---	---





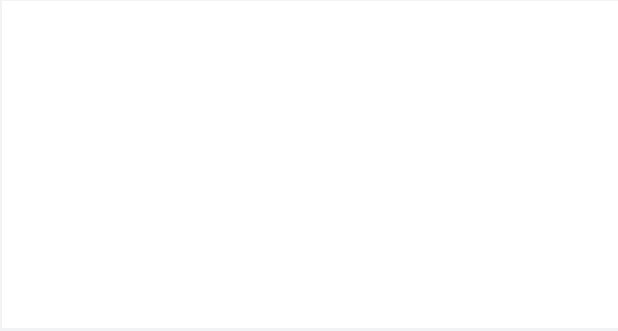
Camel, water, spring, alternate, days.

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Prophet Salih, harm, camel, God,
punishment.

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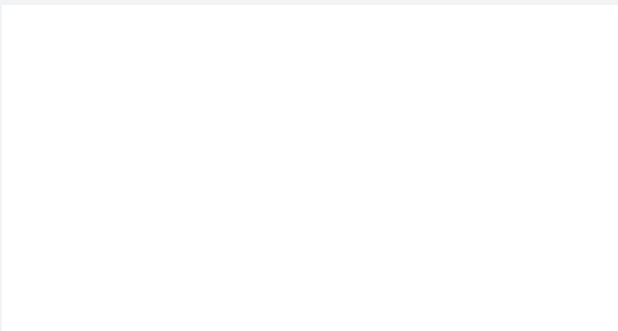


Thamood, proud, stubborn, killed, camel.

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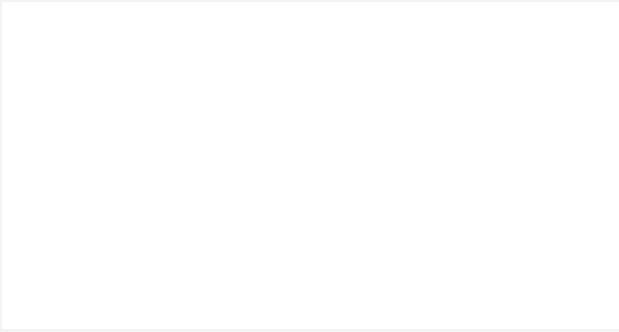
Thamood, threaten, punishment,
Prophet Salih.

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P. Salih, 3 days, mocked, Thamood,
forgiveness.

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4th day, thunderbolt, sky, earthquake,
death.

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Moral of the story:

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THE SHE CAMEL OF PROPHET SALEH (PBUH)



WORDSEARCH PUZZLE - PROPHET MUSA AND FIRAWN

Find the following words in the puzzle. Words are hidden



T Y R A N T Y B B E K A N S L B Y A U H S U W
 E P Q G L O C U S T S G N Y D N W O R D K S A
 M A R L G M I C M V S C Q D A H D I S R Z N Z
 W B W O T R F F T M T A W R A T I M N E C H Z
 U P O T P E Y M O U N T S I N A I Q A M M B O
 O C K X A H K S E S A H S U Y V H R I H M W F
 V X F Q H D E T Y A X N U R A H S V C T B S V
 F A J M E I U T N U W O H X C S U U I G F A O
 R D J T B L I A R S I I N A B E B Z G O F F C
 Y R N W A R I F P O W E R F U L G D A W A U Y
 T E A C A W Y E D L O G Y C P I N G M J T R M
 R H R Y S E O N Q O D N M D D N I E O Z S A I
 O P E G I E N I T S E L A P M M N E R G X M A
 F E G M Y B F L A C I R I M A S R R C W X T K
 B H X G A L O I B E E U G A L P U I B R N K H
 R S N I A D A M T P Y G E S R M B F H O A S U

AASIYA

AWTAD

BANI ISRAIL

BOX

BURNING BUSH

CALF

DROWN

EGYPT

FIRAWN

FIRE

FORTY

GOLD

HARUN

LOCUSTS

MADAIN

MAGICIANS

MOUNT SINAI

MUSA

NILE

PALESTINE

PLAGUE

POWERFUL

PROPHET

SAFURA

SAMIRI

SHEPHERD

SHUAYB

SNAKE

STAFF

TAWRAT

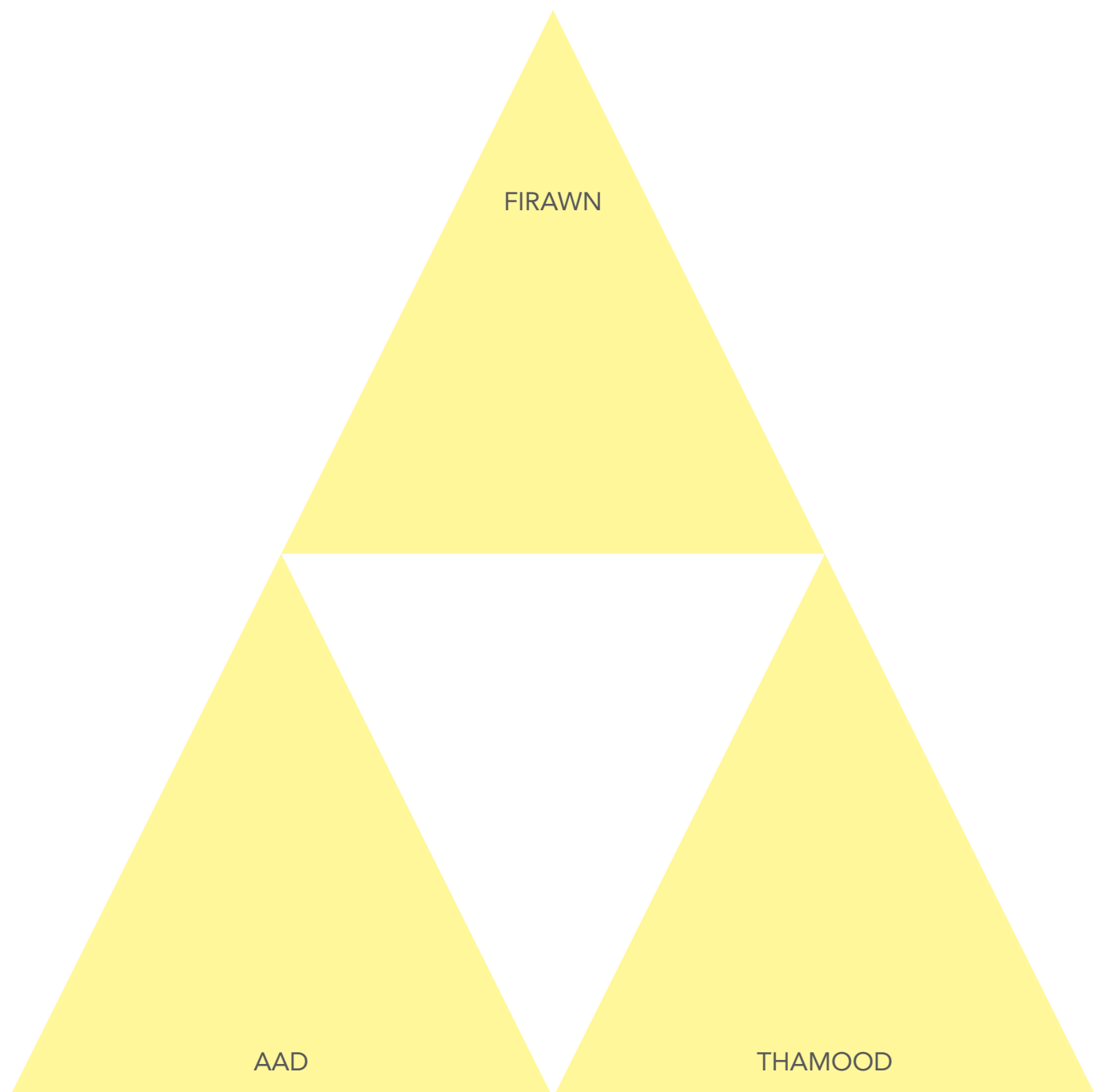
TYRANT

YUSHA



THE THREE POWERFUL NATIONS

1. Write down the characteristics of each nation in the appropriate triangle.
2. In the centre triangle write down ONE common thing that you found between them be it what they were or what became of them.



ALLAH IS WATCHING US ALL THE TIME; SO BE GOD CONSCIENCE

Answer the questions in each section.

Conscience is strengthened by discussions with our parents, religious leaders and teachers.

This means

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Conscience is strengthened through our relationship with Allah in our salaa and dua.

This means

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Conscience is strengthened by studying and following the teachings of our Aamma (pbuh).

This means

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Conscience is formed through reading, understanding and applying the Qur'an in our lives.

This means

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LOOK OUT, YOU ARE BEING WATCHED !

Below is a page from the diary of a teenager, underline the events which you feel are morally wrong.



Sunday: Super day, spent with my friends and watched a late-night horror movie.

Monday: Couldn't get up for salaa, was too tired. Switched off the alarm and went to sleep. Told mum I had prayed and ticked my salaa chart. A new girl (Sarah) came to class, she looks cool made friends with her.

Tuesday: A boring day at school. I hate history, it was fun playing a prank on the history teacher (poor soul fell for it!) lol. It is 2 for Tuesday today ordered pizza (buy 1 get 1 free) and a side (spicy chicken wings) made sure mum didn't see them... halal / haram.

Wednesday: Bad day, broke mum's crystal vase by mistake. Didn't tell her but put it right at the back of the cupboard, where she will never find it (fingers crossed).

Thursday: Went to the mall after school with Sarah, didn't ask mum. Was back late and mum was worried and angry. Wasn't enough time to complete the homework so will make some excuse, after all it's rarely that I don't do my homework.

Friday: TGIF, Love Fridays. Did Friday ghisl in the morning – makes mum happy! Interesting day at school a science experiment and a quiz afternoon (won! What would I do without google)?

Saturday: Workshop now on zoom, sad can't meet my mosque friends. Helped mum, played with siblings. Had a late-night chatting with friends, missed both my Maghrib and Eisha salaa. Will pray qadha tomorrow ...

Pen your views / comments on the above diary entries:

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HE GIVES AND HE TAKES

Jameel has had some good and bad things in life (below):

 INTELLIGENCE	 HAPPY MOMENTS	 SICKNESS	 LOTS OF FOOD	 LOST HIS WALLET
---	--	---	--	--

Did these happen to him because:

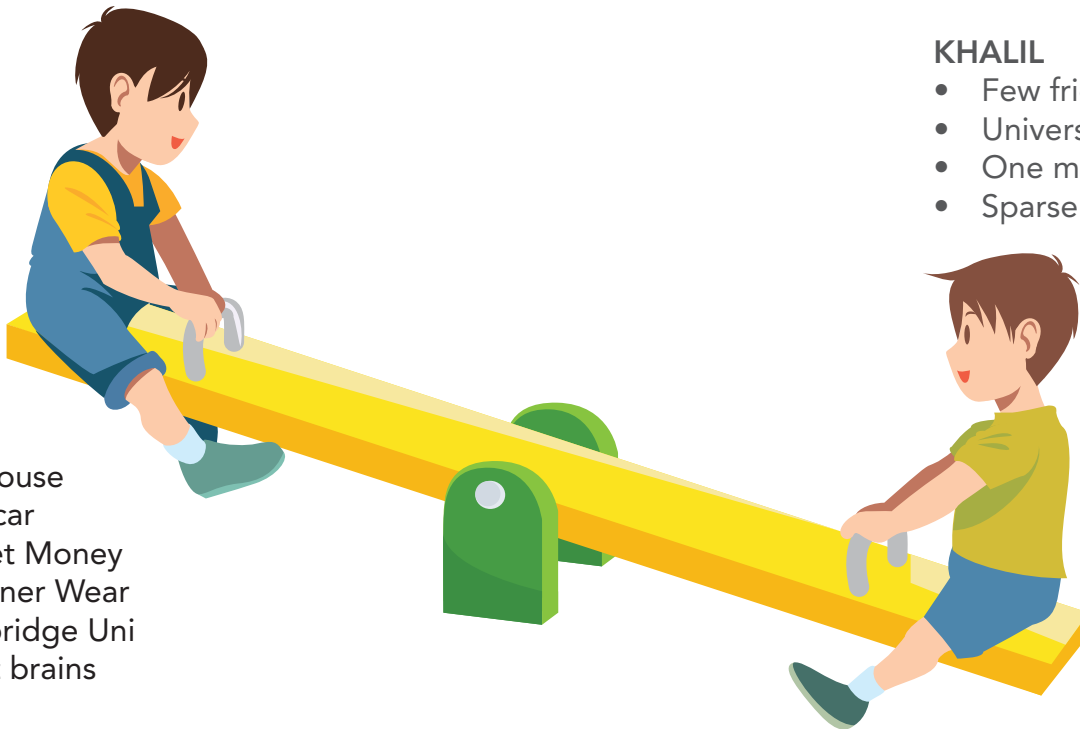
1. He deserved them?
2. Allah is very kind to him?
3. Allah is upset with him?
4. Allah is testing him?

Write down your thoughts on how he should react in each situation.



TRIALS, TRIALS EVERYWHERE ...



KHALID

- Big House
- Nice car
- Pocket Money
- Designer Wear
- Cambridge Uni
- Smart brains

KHALIL

- Few friends
- University Halls
- One meal a day
- Sparse Wardrobe

Khalil should

Khalid should

To make the see saw balanced so that both of them can enjoy the ride.



KHALID

KHALIL

LIFE OF AN ORPHAN

THE FAMILY

Parents provide for their children's physical, social and emotional needs, nurturing them to adulthood.



AN ORPHANED CHILD

Losing one or both parents can be devastating and traumatic. This loss leaves the child without protection or stability, wherever he/she may be living in the world.

An estimated 145 million children in the world today are orphaned by one or both parents. This may be due to sickness, war, natural disasters, poverty and malnutrition

Look up the following words and write down their meanings:

Traumatic Stability

Malnutrition Nurturing

Write down what orphan children experience and what dangers they may face.

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ISLAM AND ORPHANS

DID YOU KNOW?

The word “orphan” is mentioned in the more than 20 times in the Qur’an.

The Holy Prophet Muhammad (pbuh) has said: “if a person looks after an orphan and meets his/her expenses; he/she will be my companion in Janna and will sit by my side”.

In the space below write down how you can help the orphans in your country.

SOCIAL	EMOTIONAL	ECONOMICAL	PSHYCOLOGICAL

How will you raise awareness of the plight of orphans through social media?
How can we make life better for them.



WEALTH AND POVERTY

Write down reasons under each heading:

People are rich because ...

People are poor because ...

Look at each option below and write your views on each (2-3 sentences each).

Whose responsibility is it to help the poor?

- THE GOVERNMENT
- CHARITIES
- RELIGIOUS PEOPLE
- TOP 10 RICHEST PEOPLE
- POOR PEOPLE NEED TO HELP THEMSELVES
- ME

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WHICH KIND OF A GIVER ARE YOU?

FLINT

To get anything out of a flint you must hammer it; and then only you get chips and sparks. What kind of a giver would this be?

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SPONGE

To get anything out of a sponge you have to squeeze it. The more pressure you use the more you will get. What kind of a giver would this be?

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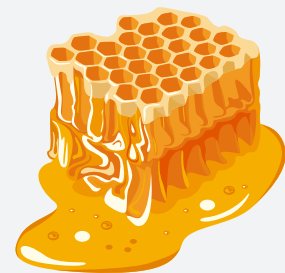
HONEYCOMB

To get honey out of a honeycomb; you don't have to do anything, it just overflows with its own sweetness. What kind of a giver would this be?

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I would like to be a

Because

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G IS FOR GREEDY

1. Have you ever been greedy?

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2. What was it that you were greedy about?

.....

.....

3. Were there other people there that you didn't share with and why?

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4. How do you feel about it now?

.....

.....

5. Would you like to do something about it?

.....

.....

6. Draw or write how we can make G is for Generous.



NEED OR WANT?

Make a list of 5 things that you NEED and 5 things that you WANT.



**WANT – IF YOU DIDN'T HAVE IT
YOU WOULD NOT BE IN
POVERTY/ HARDSHIP**

- 1.
- 2.
- 3.
- 4.
- 5.

**NEED – IF YOU DIDN'T HAVE IT
YOU WOULD BE IN POVERTY/
HARDSHIP**

- 1.
- 2.
- 3.
- 4.
- 5.

Go through all your cupboards, drawers, diary and savings and write down how you can make a difference to someone's life with your time and money (possessions).

.....

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.....

.....

HOW DO YOU LOOK AT LIFE

1



You're only here once, right? Make the most of every moment and enjoy yourself. Life is too short so fill it with lots of fun and laughs as you can!!!

2



You could sit for hours trying to work out the meaning of life, but at the end of the day, science says that our existence is just a happy accident.

3



Life is all about living in the fast lane and you have to work for it! I work hard to get the money to pay for my luxuries and it makes me feel proud of myself and what I do.

4



Life is what you make it! I try to be ~~the~~ as good as I possibly can be. When I die, I would want to know that I'd made a positive impact on the world and that people thought good things about me because you are only here once.

5



Life is all about give and take & supporting each other, because you never know, there might be a time when you need to lean on a friend. Besides, it always gives you a feel-good factor knowing that you've made somebody else's day a little easier.

6

ME

.....

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HOW WE SHAPE OUR LIVES HERE FOR THE HEREAFTER



LIFE IS ABOUT HAVING
AS MUCH FUN AS
POSSIBLE



UNIVERSE HAS NO
PURPOSE



LIFE IS WHAT YOU
MAKE FOR YOURSELF



PURPOSE IS TO HELP
OTHER PEOPLE SO
THAT OTHERS HELP
YOU IN FUTURE



MAKE MONEY, LOVE
MONEY AND OWN
SUPER EXPENSIVE

ME

.....

.....

.....

.....

.....

.....

How does the way we look at life shape our... ?

Jobs

.....

Houses

.....

Hobbies

.....

Friendship

.....

Actions

.....

Hereafter

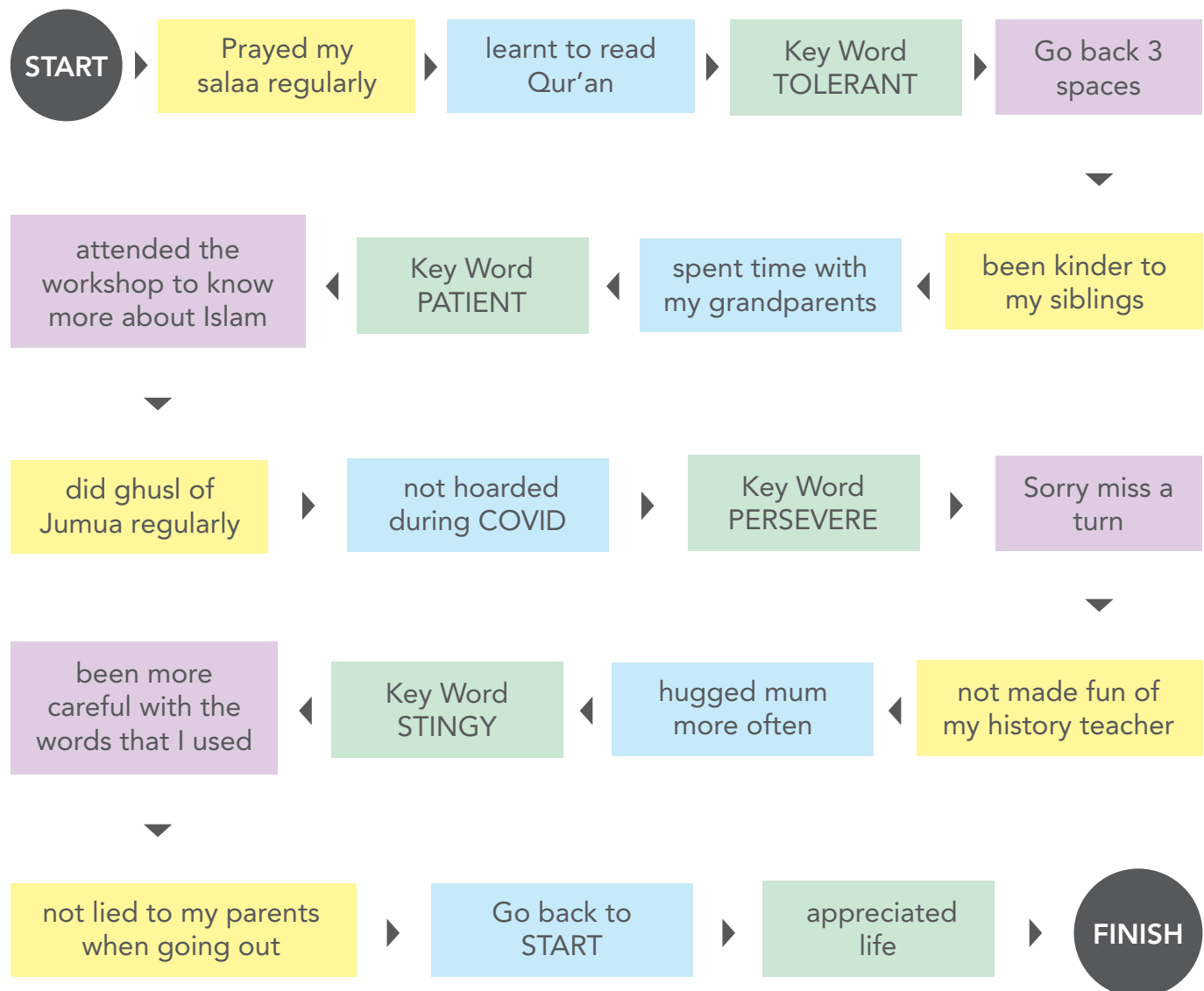
.....



I WISH I HAD ...

RULES

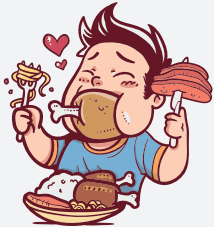
1. Roll a 6 to START
2. Define Key Words when you land on them.
3. How would you appreciate life?



EVERY ACTION HAS A REACTION

Your world is the result of your own thoughts and actions.

Complete the table below:

ACTION	REACTION
Yummy All mine Munch... Munch .. 	
My 2 favourite keys 	
Faster faster ZOOM 	
Did you hear...? 	
That was just a tiny lie... 	



THE THREE NAFS

The Commanding Self, The Blaming Self and The Content Self.

Below are acts that we sometimes do or don't do. Colour each act below as:

Colour all commanding acts RED – **Nafsul Ammara**

Colour all blaming acts YELLOW – **Nafsul Lawwama**

Colour all content acts GREEN – **Nafs-al-Mutma'inna**

There is hardly any room to sit I better sit cross legged & keep space for comfort.

I am so pleased I visited her.

If I him with the maths homework he will get cleverer than me.

I should have listened to. Mum and not gone on my own.

I will give her the recipe but will miss out an important ingredient.

If only I had picked that banana peel from the path,

I could have carried her heavy basket.

I will take all the credit for it.

It was great fun sorting clothes for the refugees.

I could have stopped the fight.

I am so happy for Hawra, have an awesome wedding!



THE TRANQUIL NAFS

What did imam Husayn (pbuh) have with him when he came to Karbala?

.....

.....

What did Imam Husayn (pbuh) give away in Karbala?

.....

.....

What did Imam Husayn (pbuh) achieve?

.....

How does the world look at him today?

.....

Where is the final abode of Imam Husayn (pbuh)?

.....

What did I learn from Imam Husayn (pbuh)?

.....

.....

.....

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.....

.....



CONTENTMENT

What makes us buy things that we don't need.

Spontaneous buying

1.....

2.....

3.....

Now that we have extra things, we will have a problem of storage so we will put it all in

1.....

2.....

3.....

What did we achieve?

.....

How do we feel?

.....

What did we lose?

How can we achieve contentment in life?

.....

.....

THINK, TACK, TOE

1. The assessment is made up of 25 questions in 5 x 5 grid.
2. You MUST answer ONLY 5 of the 25 questions.
3. You can ONLY answer the 5 questions either vertically, horizontally or diagonally in the grid.
4. There are Bonus points if you go THROUGH the YELLOW CENTRE SQUARE.

There are 2 types of Fajr. Name them and describe them.	Explain the 2 phrases below: "What you reap is what you sow". "every action has a reaction"	When man receives lots of blessings, he thinks Allah has honoured him – true or false. Explain.	Where did the people of Thamood live and what are they famous for?	Where would you find Sura Al Fajr in the Qur'an City and why?
What is the meaning of awtaad and what do they symbolise?	Name 5 things odd and even that you would find in nature.	The flint, sponge & honeycomb are 3 types of givers. Explain.	Name 6 things that are in continuous motion in nature.	Name the Prophets that came to the 3 strong nations mentioned in Sura Al Fajr.
What is the difference between need and want?	What is the first stage of Qiyama as described in Sura Al Fajr?	What is the theme of Sura Al Fajr?	What 3 things does an orphan not have which he needs the most?	Name and explain the 5 golden steps of reading the Qur'an.
What great lesson can we learn from the Prophet's companions in the Battle of Mootah?	Who are the 3 strong nations mentioned in Sura Al Fajr.	How many sections & verses does Sura Al Fajr have?	What are the 5 oaths in Sura Al Fajr?	How does Allah test us by constraint and what should be our reaction?
Salatul Tahajjud has 11 units what are these made up of?	What is a tranquil nafs and how does one achieve it?	Where did the people of Aad live and what are they famous for?	What does the phrase "where is Allah" mean & in what context is it used by the young slave?	Name the 3 possible versions of the 10 nights mentioned in Sura al Fajr.



