



AL INSAAN/ DAHR - THE HUMAN BEING



ORIGIN, GUIDANCE AND PURPOSE OF LIFE
UNGRATEFULNESS VS GRATITUDE
DETAILED PICTURE OF JANNA

076

4

CONNECTING TO DIVINITY

Five instructions for the Prophet

1. Sabr (Patience)
2. Do not take heed of the ungrateful
3. Remembering Allah at all times
4. Salatul Layl (Tahajjud)
5. Declare His Perfection at night



Ayaat 23-31

RECOMPENSE OF THOSE WHO ARE WALKING TALKING RIGHTEOUS A DETAILED PICTURE OF JANNA

CHARACTERISTICS

Fulfil promises
Conscious of Accountability on the day of Judgement

RECOMPENSE

Nourishment
Sustenance
Relaxation
Tranquillity
Comfort
Luxury



3

Ayaat 5-22

CONSEQUENCE OF UNGRATEFULNESS - JAHANNAM



2

Aya 4

HUMAN BEING - ORIGIN, DIVINE GUIDANCE & PURPOSE OF LIFE



1

Ayaat 1-3

076. Al Insaan/ Dahr ~ The Human Being

31 Ayaat (Madani)

FOCUS

DIVINE GUIDANCE AND PURPOSE OF LIFE
UNGRATEFULNESS VS GRATITUDE
DETAILED PICTURE OF JANNA

DID YOU KNOW?

IT IS KNOWN AS THE SURAH OF THE AHLULBAYT AS IT NARRATES THE INCIDENT WHEN THE FAMILY OF IMAM ALI AND SAYYIDA FATIMA FASTED FOR THREE DAYS GIVING AWAY THEIR IFTAAR TO THE NEEDY, THE ORPHAN AND THE CAPTIVE.

SELECTED AYAAT

- 76:1 Dahr (Time)
- 76:2 Creation of the human being
- 76:8 Giving food to the orphans, poor and captives for His sake
- 76:23 Qur'an revealed in portions

NARRATIVE

THE CHAPTER TAKES ITS TITLE FROM THE MENTION OF THE HUMAN BEING IN THE FIRST VERSE. IT IS ALSO CALLED 'HAL ATAA' (HAS THERE NOT COME) FROM ITS FIRST TWO WORDS. ANOTHER COUPLE OF NAMES ARE AL DAHR (ENDLESS TIME) AND AL ABRAAR (THE RIGHTEOUS) REFERRING TO ITS DISCUSSIONS ON THE RECOMPENSE OF THE WALKING TALKING RIGHTEOUS. IT BEGINS WITH THE PURPOSE OF LIFE BEING GRATITUDE FOLLOWED BY THE CONSEQUENCES OF BEING UNGRATEFUL.

THE CHAPTER CONTINUES IN VERSES 5-22 TO DESCRIBE THE RECOMPENSE OF THE WALKING TALKING RIGHTEOUS WITH THE EXAMPLE OF THE FAMILY OF IMAM ALI, SAYYIDA FATIMA, IMAM HASAN, IMAM HUSAYN AND FIZZA. IMAM HASAN AND HUSAYN WERE UNWELL AND THE PROPHET SUGGESTED THAT IMAM ALI MAKE A VOW AND SUPPLICATE FOR THEIR RECOVERY. THE WHOLE FAMILY VOWED TO FAST FOR THREE DAYS.

THE FAMILY FASTED THE FIRST DAY. IMAM ALI GOT SOME BARLEY WHICH SAYYIDA FATIMA GROUND TO FLOUR AND USED A THIRD TO MAKE BREAD. AT THE TIME OF BREAKING THE FAST, A NEEDY PERSON CAME TO THE DOOR ASKING FOR FOOD AND THEY GAVE ALL THEY HAD BREAKING THEIR FAST WITH WATER. THE FOLLOWING DAY AN ORPHAN CAME FOLLOWED BY A CAPTIVE ON THE THIRD DAY AND THEY GAVE THEIR BREAD AND BROKE THEIR FASTS WITH WATER. IT IS AFTER THIS THAT THESE VERSES WERE REVEALED WITH JIBRAIL CONGRATULATING THE PROPHET ABOUT HIS FAMILY.

THE CHAPTER ENDS WITH THE INDICATION OF THE GRADUAL MANNER OF THE REVELATION OF THE QUR'AN, AND INSTRUCTIONS TO THE PROPHET TO BE PATIENT IN THE FACE OF THE OPPOSITION, NOT TO TAKE HEED OF THE UNGRATEFUL, REMEMBERING ALLAH AT EVERY MOMENT, AND THE NIGHT PRAYER.