

# MONTH OF *Ramadhan*

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## Rules of Fasting



# RAMADHAN IN THE QUR'AN



“The month of Ramadhan is that in which the Quran was revealed, a guidance to humankind and clear proofs of the guidance and the distinction; therefore whoever of you is present in the month, he shall fast therein, and whoever is sick or upon a journey, then (he shall fast) a (like) number of other days; Allah desires ease for you, and He does not desire for you difficulty, and (He desires) that you should complete the number and that you should exalt the greatness of Allah for His having guided you and that you may give thanks.” 2:185

# THINK, PAIR, SHARE



**THINK:** Look at the questions on the next slide. You may also refer to QFatima website: <https://qfatima.com> for more information.

**PAIR:** Pair up with your friend... Discuss with your partner the questions in the next slide.

**SHARE:** Record your answers and share them with your teacher in your next lesson.

Enjoy the activity!!

# QUIZ TIME



1. From the verse highlight the functions of the Qur'an.
2. From this verse which word makes Ramadhan so special?
3. Which mandatory act is prescribed to us in this verse?
4. Highlight the conditions of fasting mentioned in this verse.
5. Highlight the words which show Allah is merciful to us.
6. From this verse do you feel that fasting is a blessing or is it cumbersome? ( write a paragraph)

# RAMADHAN IN HADITH



“...It is the month which invites you to be the guests of Allah and invites you to be one of those near Him...” Prophet Muhammad (pbuh)

Being a good guest starts before you arrive.

Reply to any invitation as promptly as you can.

- How will you respond to the invitation you have received from Allah.
- Write down 3 duties of a guest.
- Write down 2 duties of a host.
- How is Allah a different host compared to other hosts?

# FASTING IN OTHER RELIGIONS



- Fasting has been around for centuries and will continue to be a regular practice for many cultures in the future.
- Buddhism, Christianity, Islam, Judaism, Taoism, Jainism and Hinduism all practice fasting.
- Draw a table showing how people of different faiths fast.
- In your table highlight the similarities in green and the differences in orange.
- Fasting in all religions & culture have ONE common goal, write a paragraph about this goal.

# RULES OF FASTING



- What is the Islamic word for fasting?
- What does wajib mean?
- Give 3 examples of wajib acts.
- Define fasting in Islam

# RULES OF FASTING – QUESTION TIME



- Whilst fasting, Mahdi drank  $\frac{1}{2}$  a bottle of water by mistake, is his fast batil?
- Whilst fasting, Zainab swallowed the saliva that had collected in her mouth, is her fast batil?
- Fauzia had her 1st dose of Pfizer vaccine whilst fasting, is her fast batil?
- Sarah pushed Fatma into the swimming pool when Fatma was fasting?



# RULES OF FASTING – QUESTION TIME



- Abbas a frequent traveller has decided to fast this Ramadhan, can he?
- Shazia would like to go to Leicester for a day what time should she leave from London to make her fast valid?
- What is fidya?
- Saniya started her period just 5 minutes before iftar, is her fast valid?