NO.	TOPIC	REFERENCE	LEARNING OBJECTIVES	SUGGESTED ACTIVITIES
1	INTRO TO QUR'AN	INTRO TO QU'RAN	Introduce the Qur'an as the final testament that God revealed. The Prophet (pbuh) said the Qur'an was to be:  1. Read 2. Memorised 3. Understood 4. Applied 5. Teach	The 5 Golden Steps for reading the Qur'an  Discuss the difference between mere recitation and understanding. The Qur'an was sent as a guide for humankind. Have a Fishbowl discussion as to how we as Muslims have paid lip service to the book.
2	INTRO TO QUR'AN CITY	INTRO TO QU'RAN CITY	<ul> <li>19 suburbs around a city centre</li> <li>114 buildings</li> <li>Difference between Makki &amp; Madani Suwer</li> <li>Sura Al Fajr is a Makki Sura</li> <li>Qasam Place</li> </ul>	<ul><li>Who am I?</li><li>Recite Sura Al Fajr</li></ul>
3	INTRO TO SURA AL FAJR	INTRO TO SUR AL FAJR	<ul> <li>Discuss the building of Suratul Shams</li> <li>5 Sections and 30 verses</li> <li>Theme of the Sura         <ul> <li>Human being tested with blessings &amp; constraints. Regret of those who reject Divinity. Depiction of ultimate success.</li> </ul> </li> <li>Benefits of Sura Al Fajr</li> </ul>	My Sura Al Fajr Building
4	ALLAH TAKING AN OATH	SECTION 1 Aya 1	Allah takes an oath on the Dawn- a beginning of wakefulness	<ul><li>When light spreads darkness departs</li><li>Everything has a beginning</li></ul>



NO.	TOPIC	REFERENCE	LEARNING OBJECTIVES	SUGGESTED ACTIVITIES
5	THE TEN NIGHTS	SECTION 1 Aya 2	<ul> <li>Allah swears by the 10 nights</li> <li>10 nights of DhulHijja</li> <li>Last 10 nights of Ramadhan</li> <li>First 10 nights of Muharram</li> </ul>	• The ten nights
6	EVEN AND ODD	SECTION 1 Aya 3	Allah swears by the odd and even. All creation hinges on duality but rely on ONE reality.  • Salatul Tahajjud  • Daily salaa odd & even number of units	<ul><li>Existence is based on opposites.</li><li>Salatul Tahajjud quiz.</li><li>A nature trail</li></ul>
7	THE NIGHT WHEN IT DEPARTS	SECTION 1 Aya 4	Darkness is frightening when it becomes fixed and immobile, but when there is movement unto the light, it becomes valuable.	Movement makes things happen.
8	REFLECTION ON THESE OATHS	SECTION 1 Aya 5	There are 5 awakening oaths in the beginning of the sura. Are these not enough evidence, enough signs for the people who have intellect?	5 Awakening Oaths.
9	THE THREE STRONG NATIONS THE PEOPLE OF AAD, THAMOOD AND FIRAWN	SECTION 2 Ayah 6-8	The proud people of Aad, who built lofty buildings, the like of which were not seen before.	<ul> <li>Story Board (1) people of Aad</li> <li>Story Board (2) people of Aad</li> </ul>



NO.	TOPIC	REFERENCE	LEARNING OBJECTIVES	SUGGESTED ACTIVITIES
10	THE THREE STRONG NATIONS THE PEOPLE OF AAD, THAMOOD AND FIRAWN	SECTION 2 Aya 9	The people of Thamood, who carved out the rocks in the valley. They were blessed with wealth & bounty but were idol worshippers. Prophet Salih (pbuh) preached and guided them but they were proud & stubborn and rejected Divinity.	People of Thamood.  The she camel of Prophet Salih (pbuh)
11	THE THREE STRONG NATIONS THE PEOPLE OF AAD, THAMOOD AND FIRAWN	SECTION 2 Ayah 10-13	<ul> <li>Firawn – powerful and an oppressor.</li> <li>Prophet Musa (pbuh) was sent to guide him and the people of Bani Israel.</li> </ul>	Wordsearch – story of Prophet Musa (pbuh) and Firawn.
12	THE THREE STRONG NATIONS THE PEOPLE OF AAD, THAMOOD AND FIRAWN	SECTION 2 Ayah 6-13	Summing the three powerful nations and the common thread running in all of them.	The three powerful nations.
13	ALLAH IS WATCHING	SECTION 2 Aya 14	When Allah gives allows time and opportunities to any tyrant, it doesn't mean that HE is has lost control over him; He is waiting & He is watching.	<ul><li>Be God Conscience</li><li>Look out! You are being watched</li></ul>
14	TRIALS OF THE HUMANBEING	SECTION 3 Ayah 15-16	The purpose of existence is to refine and develop the human being. Trials are sometimes given through blessings and sometimes through calamities.	<ul> <li>HE gives and HE takes</li> <li>Trials, trials everywhere</li> </ul>



NO.	TOPIC	REFERENCE	LEARNING OBJECTIVES	SUGGESTED ACTIVITIES
15	4 TRAITS OF THOSE AT LOSS	SECTION 3 Aya 17	They do not honour the orphans	<ul><li>Life of an orphan</li><li>Islam and orphans</li></ul>
16	4 TRAITS OF THOSE AT LOSS	SECTION 3 Aya 18	They do not urge others to feed the poor	<ul><li>Wealth and Poverty</li><li>What kind of a giver are you?</li></ul>
17	4 TRAITS OF THOSE AT LOSS	SECTION 3 Aya 19	Eating the inheritance of others with greed	• G is for Greedy
18	4 TRAITS OF THOSE AT LOSS	SECTION 3 Aya 20	Loving wealth with excessive love	• Need or Want
19	REGRET OF THE DEFIANT REJECTORS OF DIVINITY ONB QIYAMA	SECTION 4 Ayah 21-22	The day of Resurrection	
20	REGRET OF THE DEFIANT REJECTORS OF DIVINITY ONB QIYAMA	SECTION 4 Aya 23	Man will see the reality of life	<ul> <li>How do you look at life?</li> <li>How we shape our lives here for the hereafter</li> </ul>
21	REGRET OF THE DEFIANT REJECTORS OF DIVINITY ONB QIYAMA	SECTION 4 Aya 24	Regret – I wish I had sent before for (this) my life	• I wish I had
22	REGRET OF THE DEFIANT REJECTORS OF DIVINITY ONB QIYAMA	SECTION 4 Ayah 25- 26	On that day no one will be held responsible for anyone else's actions	• Every action has a reaction



NO.	TOPIC	REFERENCE	LEARNING OBJECTIVES	SUGGESTED ACTIVITIES
23	ULTIMATE SUCCESS THE TRANQUIL SOUL	SECTION 5	<ul><li>The Commanding Nafs</li><li>The Knocking Nafs</li><li>The Content Nafs</li></ul>	The Three Nafs
24	ULTIMATE SUCCESS THE TRANQUIL SOUL	SECTION 5 Ayah 27-30	<ul> <li>The tranquil nafs is the nafs that is in Tawheed</li> </ul>	<ul><li>The tranquil nafs</li><li>Contentment</li></ul>
25	ASSESSMENTS	Entire Sura	An open book assessment of Sura Al Fajr	<ul> <li>Have a fishbowl discussion on "What I learnt from 089".</li> <li>Take the challengeattempt the Think, Tac, Toe</li> </ul>



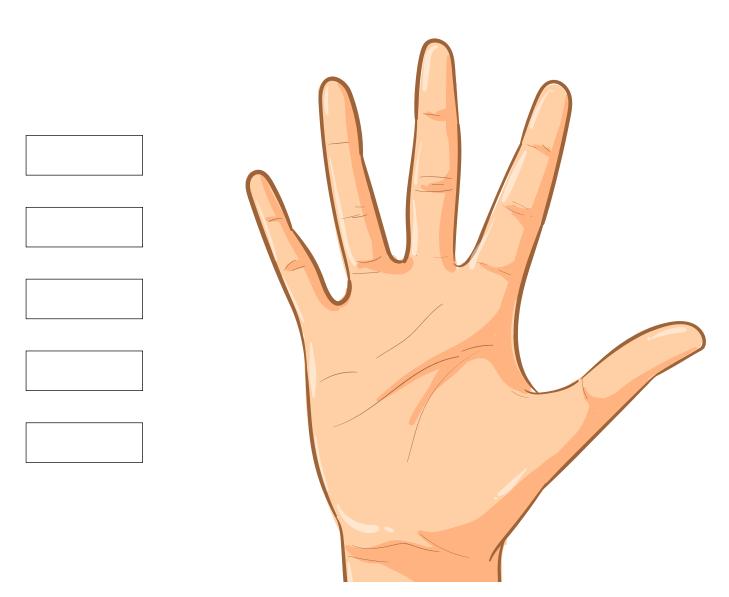
# 5 GOLDEN STEPS FOR READING THE QUR'AN

The Holy Prophet (pbuh) said the Qur'an was to be:

- Read
- Memorise
- Understand
- Apply
- Teach

### **ACTIVITY:**

Write the 5 golden steps on the labels below. Cut the labels and stick them on the palm below.





# WHO AM I?

My name means "to tear something apart, to let light in."  I live in the Qasam Place. I have a yellow roof and 5 sections in my building. I share the Qasam Place with 16 neighbours and all of them have a yellow roof. Rasulullah (pbuh) says that Allah will forgive the mistakes of whoever recites me on the "ten nights". Imam Sadiq (pbuh) has named me the Sura of Imam Husayn (pbuh). I contain 4 oaths in my first section. 3 powerful nations in building and in might are mentioned and their plight. I contain "the tranquil soul" which will return to its Lord well pleased. My last verse is associated with Imam Husayn (pbuh)
Who am I? My House Number is:
Write 3 of my neighbours and their house numbers:
What are the 4 oaths mentioned in section 1?
What do you think "ten nights" could mean?

Draw and decorate my building.



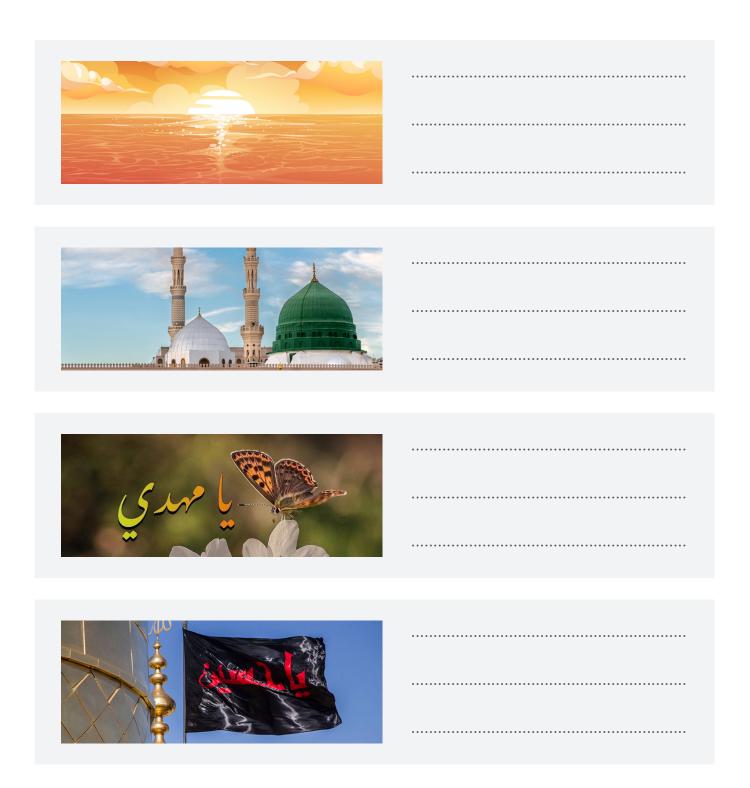
# MY SURA AL FAJR BUILDING (089)

- 1. Draw the sections.
- 2. Write the number of verses in each section
- 3. Label the sections.



## WHEN LIGHT SPREADS DARKNESS DEPARTS

From the box below choose the correct (darkness) to match the pictures of "FAJR".



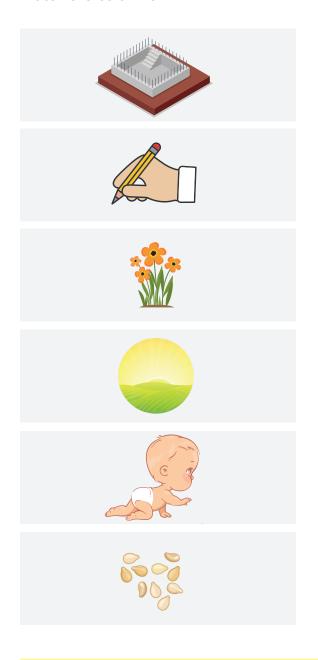
Ignorance Materialism Injustice Corruption
Burying daughters
Fragmented Islam

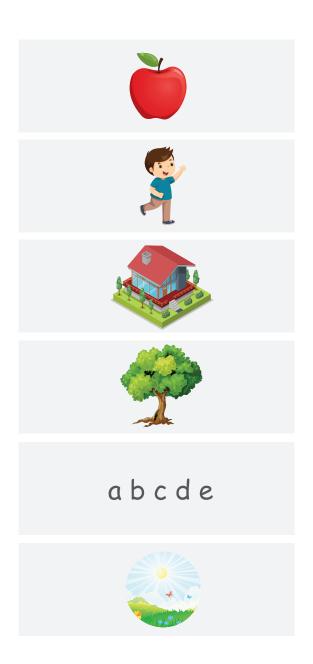
Sleep Disbelief Moon & stars Darkness Muslims in name Racism



# EVERYTHING HAS A BEGINNING ....

#### Match the columns.





### **CHALLENGING QUESTION**

What is the beginning of knowledge?	



# THE TEN NIGHTS

The ten nights could be any of these. Draw the events that happen in each of these ten nights.

WRITE THE 10 THINGS THAT YOU WOULD DO IN HAJJ

WRITE 10 THINGS YOU WOULD TELL ALLAH IF YOU WERE TALKING TO HIM ON MOUNT SINAI



WRITE 10 THINGS THAT YOU WOULD DO ON LAYLATUL QADR

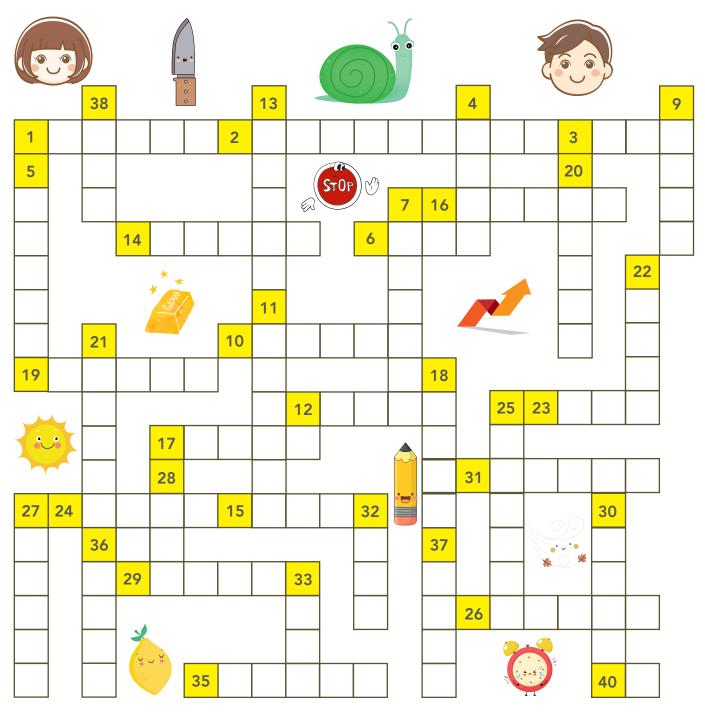
WRITE THE NAMES OF 10 MARTYRS OF KARBALA



## **EXISTANCE IS BASED ON DUALITY OPPOSITES CROSSWORD**

### Write the opposite of:

1. large	2. ugly	3. in	4. slow	5. dirty	6. dry	7. summer	8. white
9. give	10. long	11. gold	12. soft	13. sharp	14. old	15. go	16. stop
17. die	18. up	19. above	20. left	21. full	22. warm	23. new	24. whisper
25. round	26. late	27. sunny	28. high	29. strong	30. windy	31. noisy	32. slim
33. king	34. end	35. sour	36. sad	37. lie	38. woman	39. girl	40. yes





# SHORT QUIZ ON SALATUL LAYL

1.	Salatul Layl is mentioned in the Qur'an in chapter verse					
	A. 18:79	B. 17:79	C. 71:79	D. 81:79		
2.	The time for Salatul La					
	A. After Salatul Maghr	_				
	B. Before Salatul Subh					
	C. Between Salatul Zol	hr and Salatul Asr.				
	D. After midnight until	time for Salatul Fajr				
3.	Salatul Layl brightens	ones:				
	A. Hands	B. Arms	C. Smile	D. Face		
4.	Salatul Layl consists of	11 units as follows:				
	A. 6:2:3	B. 2:2:4:2:1	C. 2:2:2:2:1	D. 10:1		
5.	Salatush Shafa has 2 u	nits and	_ number of Qunoot.			
	A. 2	B. 1	C. 0	D. 4		
6.	Salatul Witr is made up	o of how many units?				
	A. 1	B. 2	C. 4	D. 8		
7.	Write the simplest form of reading Salatul Witr, some steps are done for you:					
	A. Niyyah (intention)					
	В.					
	C.					
	D.					
	E. Qunoot					
	F.					
	G. Rukoo					
	H. 2 Sajda					
	I.					
	J. Salaam					
8.	Salatul Layl is also kno	wn as				
	A. Salatul Tahajjud	B. Salatul Ayaat	C. Salatul Tashahud	D. Salatul Hadiya		



## A NATURE TRAIL - ODD AND EVEN IN NATURE

- 1. You may do this activity with your family or friends.
- 2. Take a walk in the garden or a park and look at nature. It can be in the form of leaves, flowers, fruits, cones, butterflies .....
- 3. Look closely at the features of the leaves and petals try and see if there are any odd or even features in them.
- 4. Complete the nature walk sheet below:

DRAW A PICTURE OF THE OBJECT(S)	COUNTABLE TRAITS OF THE OBJECT	DO THEY COME IN EVEN OR ODD?
	7 lines/veins on each leaf 4 leaves	Lines on leaf are ODD  Number of leaves is EVEN



# MOVEMENT MAKES THINGS HAPPEN

All creation is in continuous motion and motion brings a change.

From the box below choose the correct words and write them in the appropriate columns. One is done for you.

Muscles Wave Energy Earth Rotates Seasons Mind/thoughts Circulation Sailing Yachts Awareness / intelligence Earth Revolves Wind / Kinetic Energy Lungs inflate/deflate Heart Air Day and Night Oceans and Seas Respiration Windmill Strength

Ocean and Seas + movement	Wave Energy



# THE FIVE AWAKENING OATHS

Is this not enough evidence for people who have intellect / understanding? Draw/ write in the spaces provided – the five oaths and what they symbolise?

**FAJR TEN NIGHTS ROCK - UNDERSTANDING EVEN & ODD NIGHT WHEN IT DEPARTS** 



## THE PEOPLE OF AAD

#### Complete the story board.

 The people of Aad lived in Ahqaaf, in Yemen at the shores of the Sea of Oman.



2. The people of Aad were strong, powerful and arrogant.

3. They built lofty buildings with tall towers.



4. They were idol worshippers.

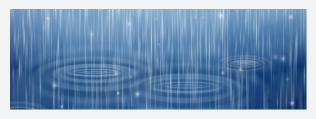
5. Prophet Hud (pbuh) spent a long time preaching them about ONE God Allah.

6. People of Aad were stubborn, refused to listen to him. They mocked and beat him.



7. Allah punished the people of Aad by sending them drought. All trees dried up.

8. When hardships became great, they came to Prophet Hud (pbuh)'s house and asked him to pray for rain.





## THE PEOPLE OF AAD

Complete the story board.

- 9. Everything turned lush and green again but the people of Aad did not change in their ways.
- 10. The people of Aad defied Prophet Hud (pbuh) to bring the punishment that he had said Allah would send.

11. Soon they saw a cloud coming towards them.



12. Thinking it was rain they gathered underneath it.

13. Rather it was a blast of strong, violent wind and it killed the people of Aad.



14. Prophet Hud (pbuh) and a few believers were saved. It is said Prophet Hud (pbuh) moved to Hadhramaut (YEMEN). It is said that he died there and is buried there too.





# PEOPLE OF THAMOOD

People of Thamood, who carved their homes out of huge rocks.

Illustrate the story and write a couple of sentences from the words given next to each part of the story.

Idol worshipers, Thamood, rocks, mountains, wealth, bounty.
Prophet Salih, 1 God, worship, mountain, sacrifice.
Thamood, Prophet Salih, sign, she camel.



Camel, water, spring, alternate, days.
Prophet Salih, harm, camel, God, punishment.
Thamood, proud, stubborn, killed, camel.
Thamood, threaten, punishment, Prophet Salih.



	P. Salih, 3 days, mocked, Thamood, forgiveness.
	4th day, thunderbolt, sky, earthquake, death.
Moral of the story:	

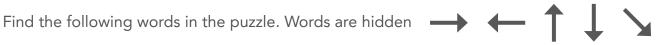


# THE SHE CAMEL OF PROPHET SALEH (PBUH)





# WORDSEARCH PUZZLE - PROPHET MUSA AND FIRAWN



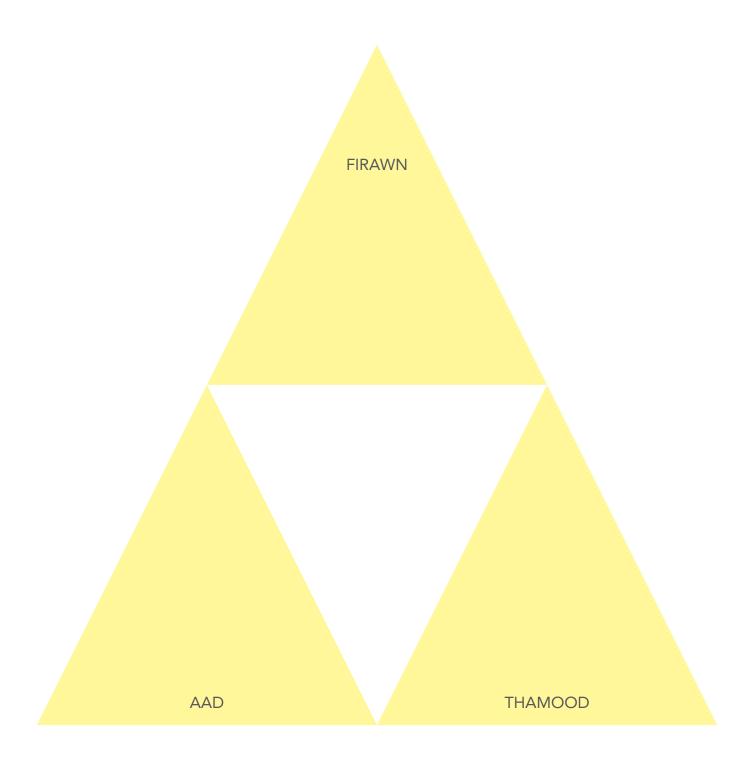
Т	Υ	R	Α	Ν	Т	Υ	В	В	Ε	Κ	Α	Ν	S	L	В	Υ	Α	U	Н	S	U	W
Е	Р	Q	G	L	0	С	U	S	Т	S	G	Ν	Υ	D	Ν	W	0	R	D	Κ	S	Α
М	Α	R	L	G	М	1	С	М	V	S	С	Q	D	Α	Н	D	1	S	R	Z	Ν	Z
W	В	W	0	Т	R	F	F	Т	М	Т	Α	W	R	Α	Т	1	М	Ν	Е	С	Н	Z
U	Р	0	Т	Р	Е	Υ	М	0	U	Ν	Τ	S	1	Ν	Α	1	Q	Α	Μ	М	В	0
0	С	Κ	Χ	Α	Н	K	S	Ε	S	Α	Н	S	U	Υ	V	Н	R	I	Н	М	W	F
V	Χ	F	Q	Н	D	Ε	Т	Υ	Α	Χ	Ν	U	R	Α	Н	S	V	С	Т	В	S	V
F	Α	J	М	Ε	I	U	Т	Ν	U	W	0	Н	Χ	С	S	U	U	I	G	F	Α	0
R	D	J	Т	В	L	1	Α	R	S	I	I	Ν	Α	В	Е	В	Z	G	0	F	F	С
Υ	R	Ν	W	Α	R	I	F	Р	0	W	Ε	R	F	U	L	G	D	Α	W	Α	U	Υ
Т	Е	Α	С	Α	W	Υ	Ε	D	L	0	G	Υ	С	Р	1	Ν	G	М	J	Т	R	М
R	Н	R	Υ	S	Ε	0	Ν	Q	0	D	Ν	М	D	D	Ν	1	Е	0	Z	S	Α	1
0	Р	Ε	G	1	Е	Ν	-1	Т	S	Ε	L	Α	Р	М	М	Ν	Е	R	G	Χ	Μ	Α
F	Е	G	М	Υ	В	F	L	Α	С	-1	R	I	М	Α	S	R	R	С	W	Χ	Т	K
В	Н	Χ	G	Α	L	0	-1	В	Ε	Е	U	G	Α	L	Р	U	I	В	R	Ν	Κ	Н
R	S	Ν	I	Α	D	Α	М	Т	Р	Υ	G	Ε	S	R	М	В	F	Н	0	Α	S	U

AASIYA	FIRAWN	MOUNT SINAI	SAMIRI
AWTAD	FIRE	MUSA	SHEPHERD
BANI ISRAIL	FORTY	NILE	SHUAYB
BOX	GOLD	PALESTINE	SNAKE
BURNING BUSH	HARUN	PLAGUE	STAFF
CALF	LOCUSTS	POWERFUL	TAWRAT
DROWN	MADAIN	PROPHET	TYRANT
EGYPT	MAGICIANS	SAFURA	YUSHA



# THE THREE POWERFUL NATIONS

- 1. Write down the characteristics of each nation in the appropriate triangle.
- 2. In the centre triangle write down ONE common thing that you found between them be it what they were or what became of them.





# ALLAH IS WATCHING US ALL THE TIME; SO BE GOD CONSCIENCE

Answer the questions in each section.

Conscience is strengthened by discussions with our parents, religious leaders and teachers.	Conscience is strengthened through our relationship with Allah in our salaa and dua.
This means	This means
Conscience is strengthened by studying and following the teachings of our Aimma (pbuh).	Conscience is formed through reading, understanding and applying the Qur'an in our lives.
and following the teachings of our	understanding and applying the Qur'an
and following the teachings of our Aimma (pbuh).	understanding and applying the Qur'an in our lives.
and following the teachings of our Aimma (pbuh).  This means	understanding and applying the Qur'an in our lives.  This means
and following the teachings of our Aimma (pbuh).  This means	understanding and applying the Qur'an in our lives.  This means
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and following the teachings of our Aimma (pbuh).  This means	understanding and applying the Qur'an in our lives.  This means



### LOOK OUT, YOU ARE BEING WATCHED!

Below is a page from the diary of a teenager, underline the events which you feel are morally wrong.



Sunday: Super day, spent with my friends and watched a late-night horror movie.

**Monday:** Couldn't get up for salaa, was too tired. Switched off the alarm and went to sleep. Told mum I had prayed and ticked my salaa chart. A new girl (Sarah) came to class, she looks cool made friends with her.

**Tuesday:** A boring day at school. I hate history, it was fun playing a prank on the history teacher (poor soul fell for it!) lol. It is 2 for Tuesday today ordered pizza (buy 1 get 1 free) and a side (spicy chicken wings) made sure mum didn't see them... halal / haram.

**Wednesday:** Bad day, broke mum's crystal vase by mistake. Didn't tell her but put it right at the back of the cupboard, where she will never find it (fingers crossed).

**Thursday:** Went to the mall after school with Sarah, didn't ask mum. Was back late and mum was worried and angry. Wasn't enough time to complete the homework so will make some excuse, after all it's rarely that I don't do my homework.

**Friday:** TGIF, Love Fridays. Did Friday ghusl in the morning – makes mum happy! Interesting day at school a science experiment and a quiz afternoon (won! What would I do without google)?

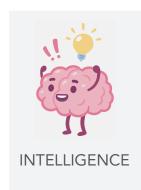
**Saturday:** Workshop now on zoom, sad can't meet my mosque friends. Helped mum, played with siblings. Had a late-night chatting with friends, missed both my Maghrib and Eisha salaa. Will pray gadha tomorrow ...

en your views / comments on the above diary entries:	
	•••••
	•••••
	• • • • • • • • • •



# HE GIVES AND HE TAKES

Jameel has had some good and bad things in life (below):











HAPPY MOMENTS

**SICKNESS** 

LOTS OF FOOD

LOST HIS WALLET

Did these happen to him because:

- 1. He deserved them?
- 2. Allah is very kind to him?
- 3. Allah is upset with him?
- 4. Allah is testing him?

Write down your thoughts on how he should react in each situation.



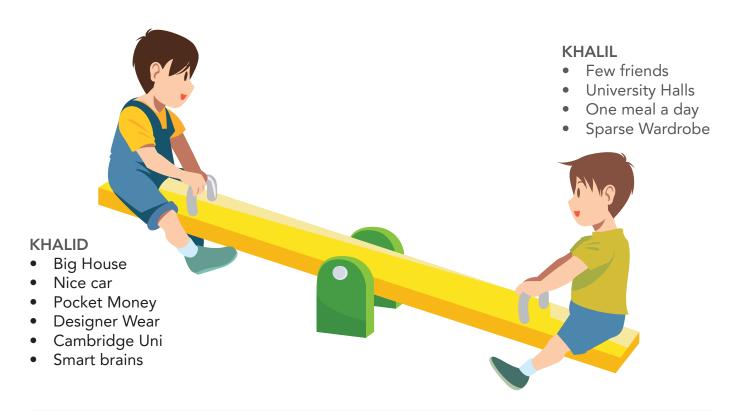




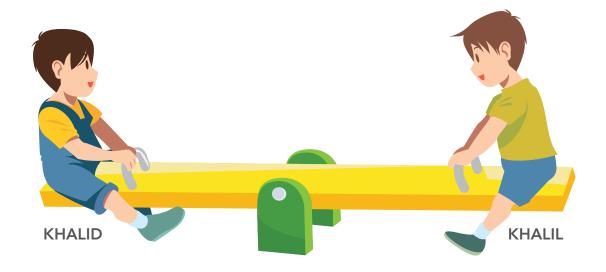




# TRIALS, TRIALS EVERYWHERE ...



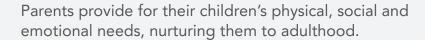
Khalil should	• • •
Khalid should	••
To make the see saw balanced so that both of them can enjoy the ride.	





## LIFE OF AN ORPHAN

#### THE FAMILY





#### AN ORPHANED CHILD

Losing one or both parents can be devastating and traumatic.

This loss leaves the child without protection or stability, wherever he/she may be living in the world.

An estimated 145 million children in the world today are orphaned by one or both parents. This may be due to sickness, war, natural disasters, poverty and malnutrition

Look up the following words and write down their meanings:						
Traumatic	Stability					
Malnutrition	Nurturing					
Write down what orphan children experience and what dangers they may face.						



### ISLAM AND ORPHANS

#### **DID YOU KNOW?**

The word "orphan" is mentioned in the more than 20 times in the Qur'an.

The Holy Prophet Muhammad (pbuh) has said: "if a person looks after an orphan and meets his/her expenses; he/she will be my companion in Janna and will sit by my side".

In the space below write down how you can help the orphans in your country.

SOCIAL	EMOTIONAL	ECONOMICAL	PSYCHOLOGICAL

How will you raise awareness of the plight of orphans through social media? How can we make life better for them.



# WEALTH AND POVERTY

Write down reasons under each heading:	
People are rich because	People are poor because
Look at each option below and write your view.  Whose responsibility is it to help the poor?  THE GOVERNMENT  CHARITIES  RELIGIOUS PEOPLE  TOP 10 RICHEST PEOPLE  POOR PEOPLE NEED TO HELP THEMSEL  ME	



# WHICH KIND OF A GIVER ARE YOU?

FLINT
To get anything out of a flint you must hammer it; and then only you get chips and sparks. What kind of a giver would this be?
SPONGE
To get anything out of a sponge you have to squeeze it. The more pressure you use the more you will get. What kind of a giver would this be?
HONEYCOMB
To get honey out of a honeycomb; you don't have to do anything, it just overflows with its own sweetness.  What kind of a giver would this be?
vould like to be aecause



# G IS FOR GREEDY

1. Have you ever been greedy?
2. What was it that you were greedy about?
3. Were there other people there that you didn't share with and why?
4. How do you feel about it now?
5. Would you like to do something about it?

6. Draw or write how we can make G is for Generous.



# NEED OR WANT?

Make a list of 5 things that you NEED and 5 things that you WANT.



### WANT - IF YOU DIDN'T HAVE IT NEED - IF YOU DIDN'T HAVE IT YOU WOULD NOT BE IN YOU WOULD BE IN POVERTY/ **POVERTY/ HARDSHIP HARDSHIP** 1. 1. 2. 2. 3. 3. 4. 4. 5. 5.

Go through all your cupboards, drawers, diary and savings and write down how you can make a difference to someone's life with your time and money (possessions).



### HOW DO YOU LOOK AT LIFE





You're only here once, right? Make the most of every moment and enjoy yourself. Life is too short so fill it with lots of fun and laughs as you can!!!





You could sit for hours trying to work out the meaning of life, but at the end of the day, science says that our existence is just a happy accident.





Life is all about living in the fast lane and you have to work for it! I work hard to get the money to pay for my luxuries and it makes me feel proud of myself and what I do.





Life is what you make it! I try to be the as good as I possibly can be. When I die, I would want to know that I'd made a positive impact on the world and that people thought good things about me because you are only here once.





Life is all about give and take & supporting each other, because you never know, there might be a time when you need to lean on a friend. Besides, it always gives you a feel-good factor knowing that you've made somebody else's day a little easier.

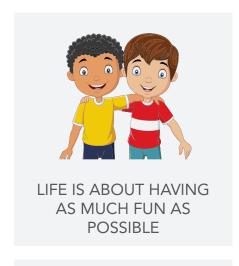


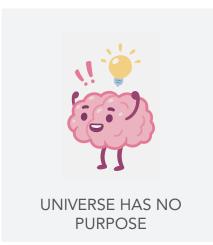
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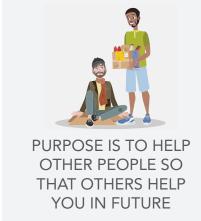


## HOW WE SHAPE OUR LIVES HERE FOR THE HEREAFTER











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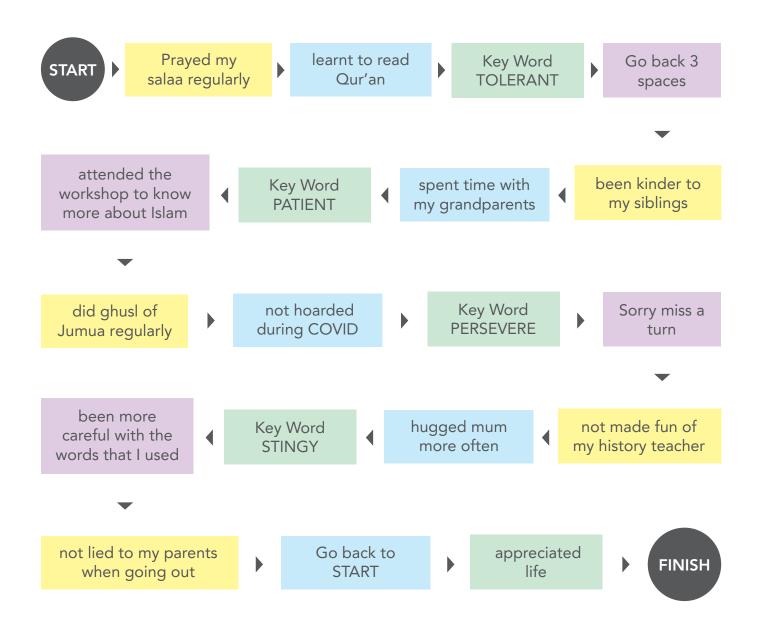
How does the way we look at life shape our?
Jobs
Houses
Hobbies
Friendship
Actions
Hereafter



# I WISH I HAD ...

#### **RULES**

- 1. Roll a 6 to START
- 2. Define Key Words when you land on them.
- 3. How would you appreciate life?





# EVERY ACTION HAS A REACTION

Your world is the result of your own thoughts and actions.

Complete the table below:

	ACTION	REACTION
Yummy All mine Munch Munch		
My 2 favourite keys	Copy Paste	
Faster faster ZOOM		
Did you hear?		
That was just a tiny lie		



### THE THREE NAFS

The Commanding Self, The Blaming Self and The Content Self.

Below are acts that we sometimes do or don't do. Colour each act below as:
Colour all commanding acts RED – **Nafsul Ammara**Colour all blaming acts YELLOW – **Nafsul Lawwama**Colour all content acts GREEN – **Nafs-al-Mutma'inna** 

There is hardly any room to sit I better sit cross legged & keep space for comfort.

I am so pleased I visited her.

If I him with the maths homework he will get cleverer than me.

I should have listened to. Mum and not gone on my own.

I will give her the recipe but will miss out an important ingredient.

If only I had picked that banana peel from the path,

I could have carried her heavy basket.

I will take all the credit for it.

It was great fun sorting clothes for the refugees.

I could have stopped the fight.

I am so happy for Hawra, have an awesome wedding!





# THE TRANQUIL NAFS

What did imam Husayn (pbuh) have with him when he came to Karbala?
What did Imam Husayn (pbuh) give away in Karbala?
What did Imam Husayn (pbuh) achieve?
How does the world look at him today?
Where is the final abode of Imam Husayn (pbuh)?
What did I learn from Imam Husayn (pbuh)?
C C



# CONTENTMENT

What makes us buy things that we don't need.

Spontaneous buying	Now that we have extra things, we will have a problem of storage so we will put it all in
1	1
2	2
3	3
What did we achieve?	
How do we feel?	
What did we lose?	
How can we achieve contentment in life?	



# THINK, TACK, TOE

- 1. The assessment is made up of 25 questions in  $5 \times 5$  grid.
- 2. You MUST answer ONLY 5 of the 25 questions.
- 3. You can ONLY answer the 5 questions either vertically, horizontally or diagonally in the grid.
- 4. There are Bonus points if you go THROUGH the YELLOW CENTRE SQUARE.

There are 2 types of Fajr. Name them and describe them.	Explain the 2 phrases below: "What you reap is what you sow". "every action has a reaction"	When man receives lots of blessings, he thinks Allah has honoured him – true or false. Explain.	Where did the people of Thamood live and what are they famous for?	Where would you find Sura Al Fajr in the Qur'an City and why?
What is the meaning of awtaad and what do they symbolise?	Name 5 things odd and even that you would find in nature.	The flint, sponge & honeycomb are 3 types of givers. Explain.	Name 6 things that are in continuous motion in nature.	Name the Prophets that came to the 3 strong nations mentioned in Sura Al Fajr.
What is the difference between need and want?	What is the first stage of Qiyama as described in Sura Al Fajr?	What is the theme of Sura Al Fajr?	What 3 things does an orphan not have which he needs the most?	Name and explain the 5 golden steps of reading the Qur'an.
What great lesson can we learn from the Prophet's companions in the Battle of Moota.	Who are the 3 strong nations mentioned in Sura Al Fajr.	How many sections & verses does Sura Al Fajr have?	What are the 5 oaths in Sura Al Fajr?	How does Allah test us by constraint and what should be our reaction?
Salatul Tahajjud has 11 units what are these made up of?	What is a tranquil nafs and how does one achieve it?	Where did the people of Aad live and what are they famous for?	What does the phrase "where is Allah" mean & in what context is it used by the young slave?	Name the 3 possible versions of the 10 nights mentioned in Sura al Fajr.

