

# AL-INSHIRAAH - EXPANSION, RELIEF



DIVINE RELIEF TO THE PROPHET FOR THE HARDSHIPS IN CONVEYING THE PROPHETIC MESSAGE WHICH COULD AFFORD NO COMPLACENCY EASES FOLLOW DIFFICULTY

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## THREE RESPONSIBILITIES

1. To recognise every difficulty is accompanied by ease
2. After completing a task, strive towards another
3. Make your Rabb the exclusive object of desire.



Ayaat 5-8

## THREE QUESTIONS

1. Did We not expand your chest?  
(Did we not strengthen you for this task?)
2. And ease your burden that was breaking your back?
3. And elevate the dignity of the message of the Qur'an? (The Prophets only longing was for the message of the Qur'an to be elevated and spread wide)



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Ayaat 1-4

## 094. Al-Inshiraah ~ Expansion, Relief 8 Ayaat (Makki)

### FOCUS

DIVINE RELIEF TO THE PROPHET FOR THE HARDSHIPS IN CONVEYING THE PROPHETIC MESSAGE WHICH COULD AFFORD NO COMPLACENCY EASES FOLLOW DIFFICULTY

### DID YOU KNOW?

THE SURAH IS ALSO CALLED AL SHARH (TO CLARIFY SOMETHING)

THE EXPANSION OF THE CHEST IS A PHRASE USED TO CONNOTE BREATHING EASILY UPON SEEING ONE'S BELOVED. HERE IT IS TO BREATHE EASILY AND INHALE THE FRAGRANCE OF DIVINE TRUTH IN TOTALITY.

### SELECTED AYAAT

- 94:1-3 Did we not expand your chest? And ease the burden that was breaking your back.
- 94:5-6 Indeed hardship is co-joined with ease Indeed hardship is co-joined with ease.
- 94:8 Make your Rabb your exclusive object of desire.

### NARRATIVE

THE CHAPTER IS A CONTINUATION OF SURAH AL DHUHAA (93) AND BEGINS WITH A REMINDER OF THE BLESSING THAT ALLAH HAS BESTOWED UPON THE PROPHET OF STRENGTHENING HIM SPIRITUALLY TO BE ABLE TO UNDERTAKE THE MAMMOTH TASK OF CONVEYING THE DIVINE MESSAGE.

THIS IS FOLLOWED BY THE REASSURANCE THAT EVERY DIFFICULTY IS CO JOINED WITH TWO EASES AND THE COMMAND TO CONTINUALLY STRIVE IN HIS WAY TOWARDS ONE'S FULL POTENTIAL.