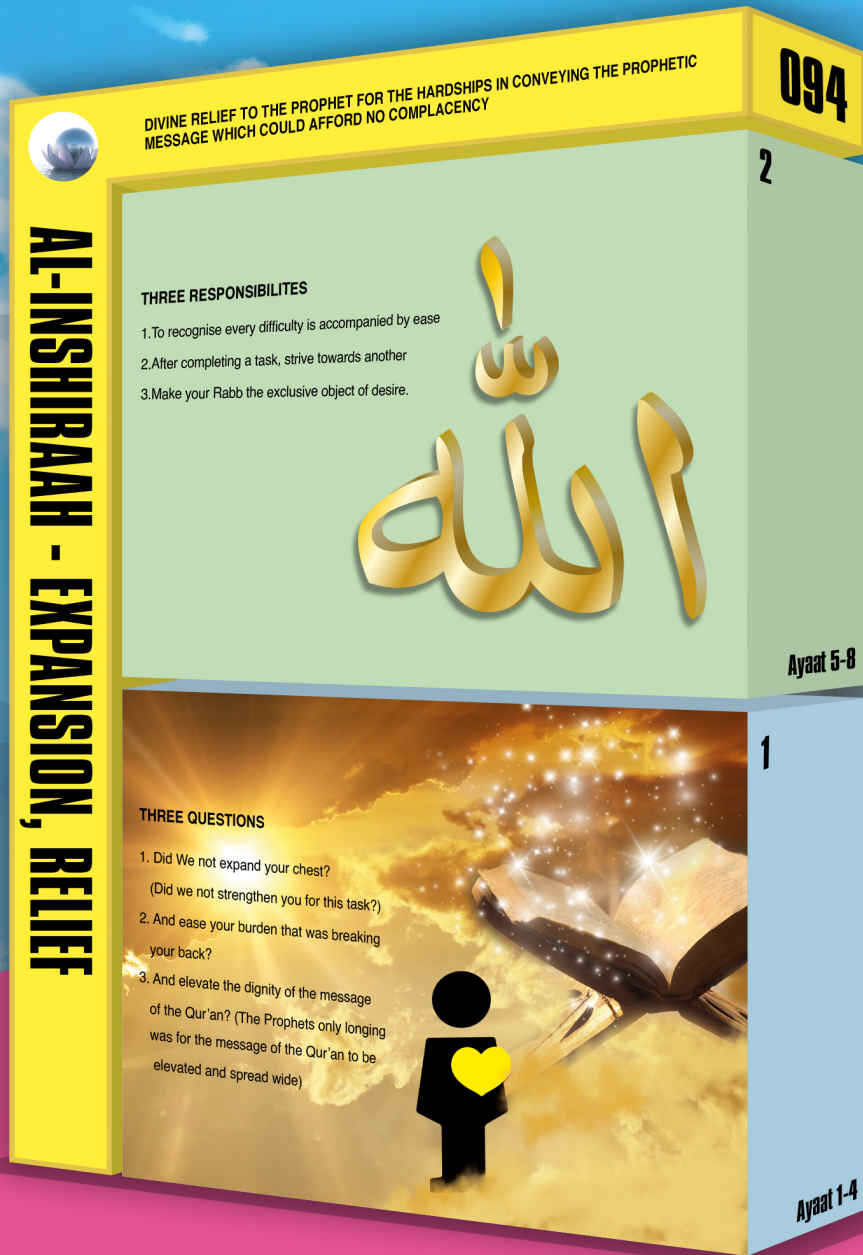


SURA AL INSHIRAAH

8 AYAAT - MAKKI



FOCUS



DIVINE RELIEF TO THE PROPHET FOR THE
HARDSHIPS IN CONVEYING THE PROPHETIC
MESSAGE WHICH COULD AFFORD NO
COMPLACENCY



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DID YOU KNOW?



The sura is also called Al Sharh (to clarify something)

The expansion of the chest is a phrase used to connote breathing easily upon seeing one's beloved. Here it is to breathe easily and inhale the fragrance of divine truth in totality.



BENEFITS OF RECITATION



- Water – Kidney and heart ailments
- 3x on boils
- Relieves chest pains
- Yaqeen in deen



SECTION 1 AYAAT 1 - 4



THREE QUESTIONS

Did We not expand your chest? (Did we not strengthen you for this task?)

And ease your burden that was breaking your back?

And elevate the dignity of the message of the Qur'an? (The Prophets only longing was for the message of the Qur'an to be elevated and spread wide)



SECTION 2 AYAAT 5 - 8



THREE RESPONSIBILITIES

Know that every difficulty is accompanied by ease (Adversity, pain and suffering will always reap benefit)

After completing a task, strive towards another

Make your Rabb the exclusive object of desire.



SECTION 1 AYAAT 1 - 4



THREE QUESTIONS

Did We not expand your chest? (Did we not strengthen you for this task?)

And ease your burden that was breaking your back?

And elevate the dignity of the message of the Qur'an? (The Prophets only longing was for the message of the Qur'an to be elevated and spread wide)



SECTION 1 AYA 1

أَلَمْ نَشْرَحْ لَكَ صَدْرَكَ

Have We not expanded for you your breast,

Did we not expand for you (note laka)

15:97 - Sharh- Expand on something that was difficult. To clarify something.

20:25 - RABBISHRAHLIY SADRIY

6:125 - FAMAN YURIDILLAHU YASHRAH SADRAHU LIL ISLAM.....

39:22 -FAMAN SHARAHALLAHU SADRAHU LIL ISLAM FAHUWA ALAA NURIM MIR RABBIHI

To be able to take criticism

To carry the 'heavy' Quran 73:5 - a heavy word 59:21 - mountain 26:194 -revealed upon your heart



SECTION 1 AYA 2

وَوَضَعْنَا عَنْكَ وِزْرَكَ

And alleviated your burden for you,

Wadhha - something taken from a higher place and put down.

Wizr - a great burden - something so heavy it might crush you.



SECTION 1 AYA 3

الَّذِي أَنْقَضَ ظَهْرَكَ

Which weighed down your back

Naqadha - to break or untie a contract.

Anqadha - to place a burden on something that it's about to crack.

Searching for truth 93:7

Society

Pause in revelation

Insults 15:97

Being final messenger - you are only a reminder 88:21

Salatul Layl



SECTION 1 AYA 4

وَرَفَعْنَا لَكَ ذِكْرَكَ

And raised up for you your reputation?

The Prophets name is mentioned along with Allahs name.
Rafa'a- raised high
Dhikr - 2 things
Remembrance on tongue
Remembrance in the heart
Elevation through adhan through the time zones of the world
Also Salazar
Nidaa - loving beautiful names. In comparison to other Prophets -



SECTION 2 AYAAT 5 - 8



THREE RESPONSIBILITIES

Know that every difficulty is accompanied by ease (Adversity, pain and suffering will always reap benefit)

After completing a task, strive towards another

Make your Rabb the exclusive object of desire.



SECTION 2 AYA 5

فَإِنَّ مَعَ الْعُسْرِ يُسْرًا

Surely with every difficulty there is ease.

FA - so

Ma'a - combine two things together

Usr - difficult thing or difficult situation.

Yusran - easy - without effort.

The Al signifies one difficulty

Yusran - amazing ease



SECTION 2 AYA 6

إِنَّ مَعَ الْعُسْرِ يُسْرًا

Surely with every difficulty there is ease.



SECTION 2 AYA 7

فَإِذَا فَرَغْتَ فَانصَبْ

So when you are free, still strive hard

Nasaba - peg yourself down



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SECTION 2 AYA 8

وَإِلَىٰ رَبِّكَ فَأَرْغَبْ

And to your Rabb turn all your attention (longing).

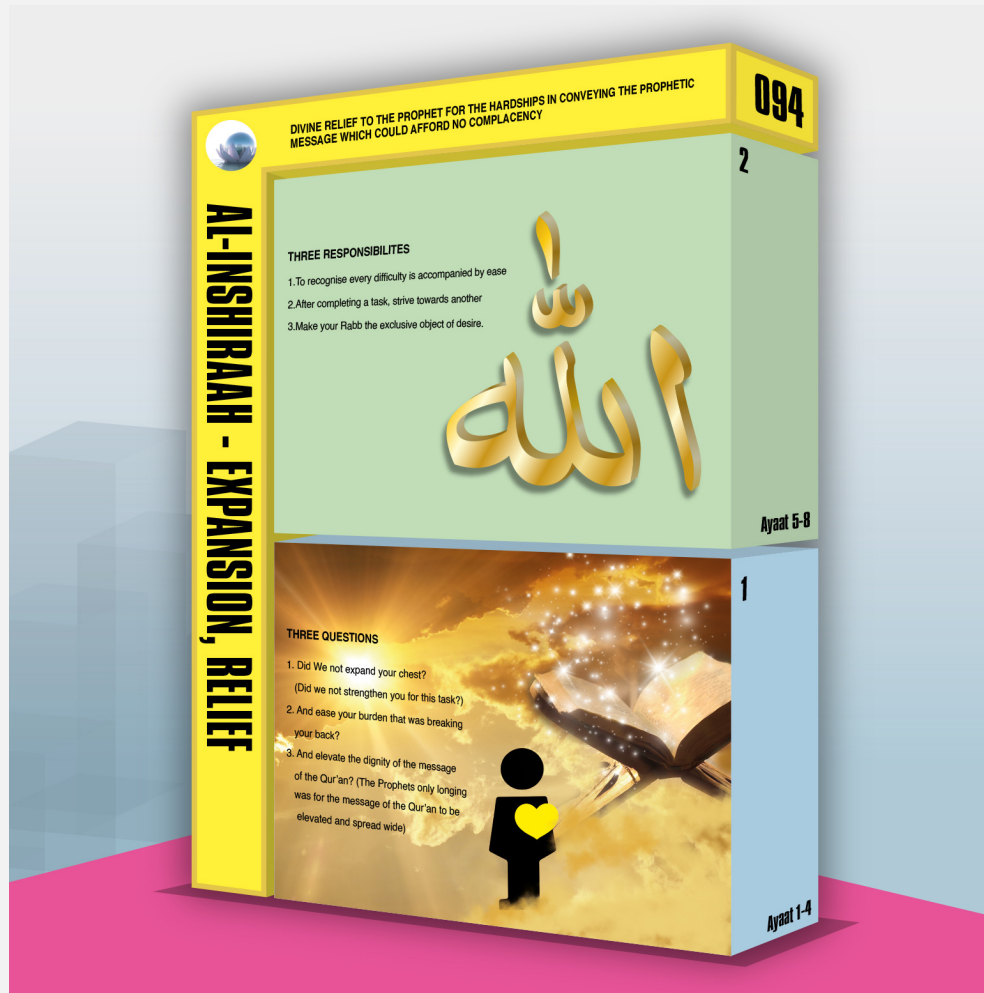
Ragiiba - to be relieved of a task

During the day talk to people - MUDDATHHIR

During the night talk to Divinity – MUZZAMMIL



NARRATIVE



The chapter is a continuation of Sura Al Dhuhaa (93) and begins with a reminder of the blessing that Allah has bestowed upon the Prophet of strengthening him spiritually to be able to undertake the mammoth task of conveying the Divine message.

This is followed by the reassurance that every difficulty is co joined with two eases and the command to continually strive in His way towards one's full potential.



SELECTED AYAAT



- 94:1-3** Did we not expand you chest? And ease the burden that was breaking your back.
- 94:5-6** Indeed hardship is co-joined with ease. Indeed hardship is co-joined with ease.
- 94:8** Make your Rabb your exclusive object of desire.

