

# Preschool Workbook



3.5-5 years





# Preface

This workbook is designed for students aged between 3.5 and 5 years, to support and enhance their classroom learning through an entire academic year. The worksheets and activities cover all the subjects taught in class.

Please visit [www.qfatima.com](http://www.qfatima.com) for further resources.







## My Prophet Muhammad (pbuh)

---

When he spoke he would smile and he would always rise to greet others.



## Me

---

When I meet someone I...



How are you going to make someone smile today?



I shared my toys  
with my brother.





# Eid e Zahra (pbuh)

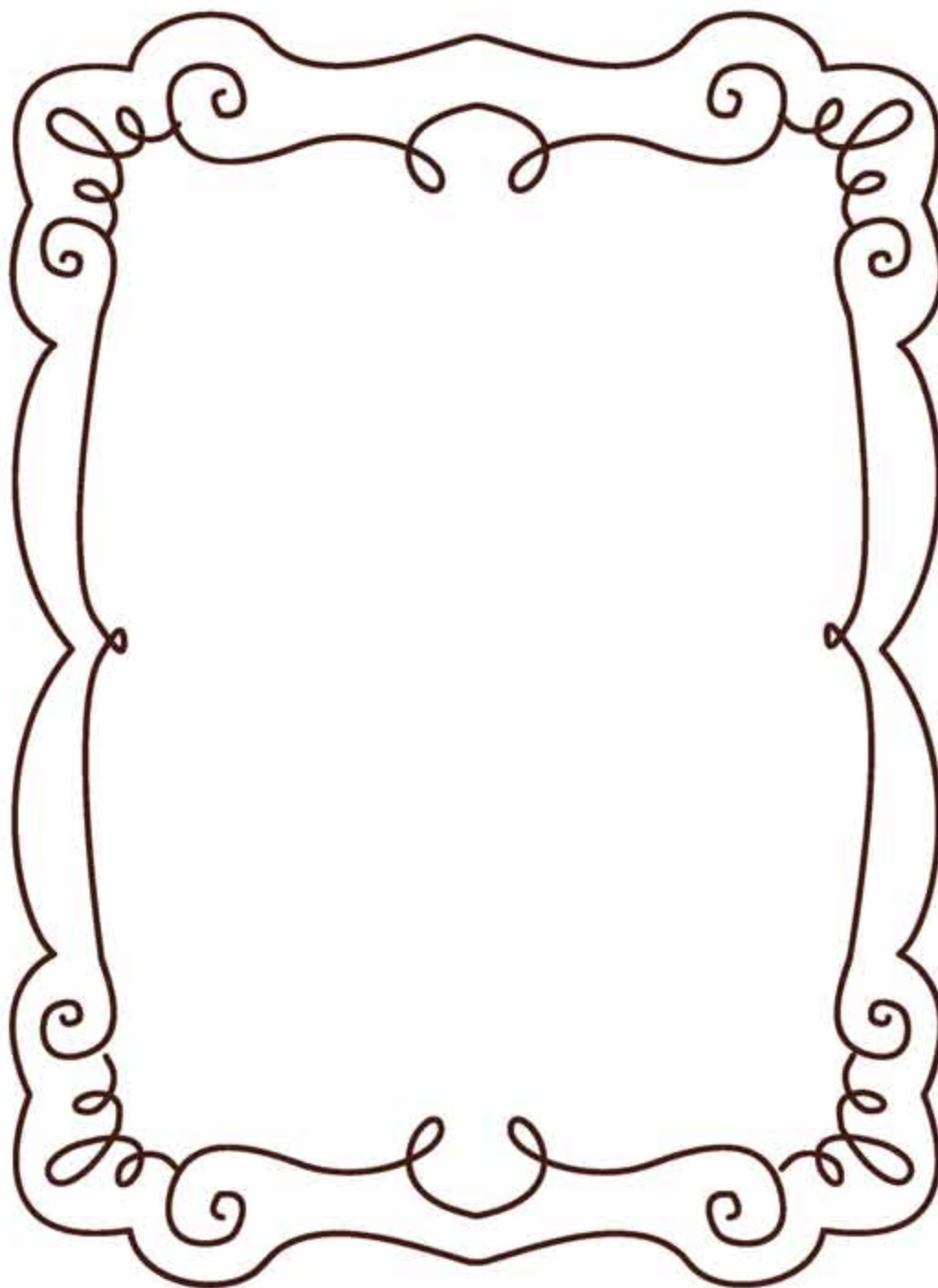


Draw in the smiles on the faces below.





Colour and decorate the picture frame below. Draw or stick in a photo of your smiling face.





# Wiladat Prophet Muhammad & Imam Al Sadiq (pbuh)



Fill in the Prophet's (pbuh) family tree below.



# Wiladat Prophet Muhammad & Imam Al Sadiq (pbuh)



Stick a photo or draw your family member on the tree and write their name below them.





# Wiladat Prophet Muhammad & Imam Al Sadiq (pbuh)



## BORN IN MAKKA

Born in Makka, near the Ka'aba,  
Into the arms of Amana,  
Was Muhammad, the final Prophet,  
The mercy to mankind.

Ya Muhammad, Ya Muhammad, Ya Muhammad Mustafa,  
Ya Muhammad, Ya Muhammad, the final Messenger.

Abdul Muttalib was his grandfather,  
Abdullah was his father,  
Abu Talib was his uncle,  
Amana was his mother.

Ya Muhammad...

Come to Islam, come to Islam,  
Come and submit to the will of God,  
Come to eiman, come to eiman,  
And have faith in the Ahlulbayt.



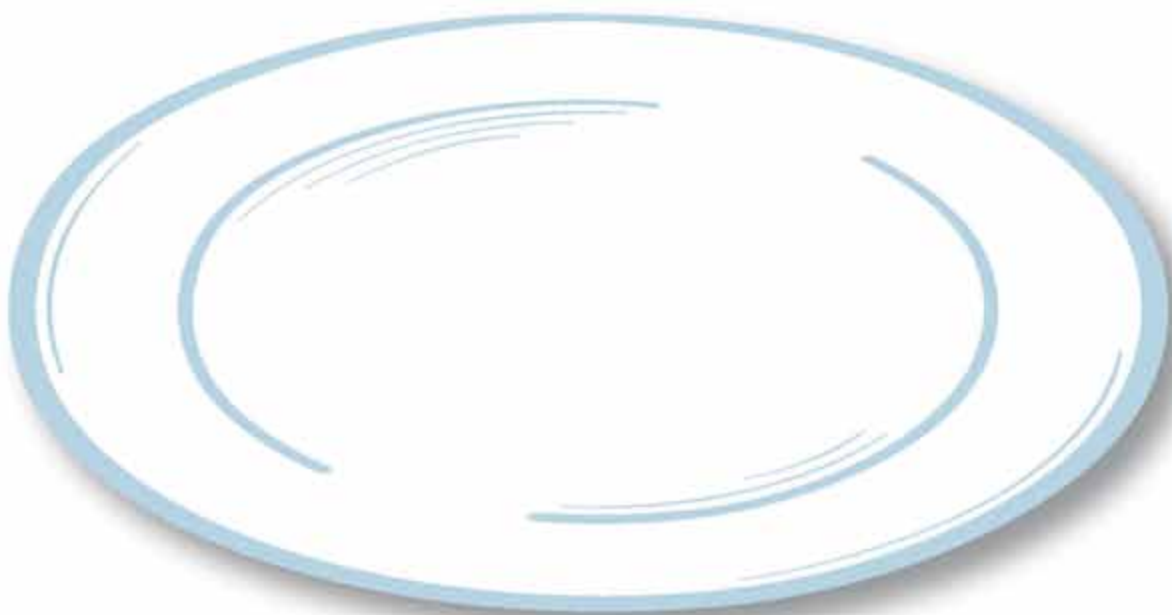
# Wiladat Prophet Muhammad & Imam Al Sadiq (pbuh)



The plate below shows the food that the prophet (pbuh) used to like.



On the plate below draw the food that you enjoy eating.



# Wiladat Prophet Muhammad & Imam Al Sadiq (pbuh)



## DATES

"Eat dates on an empty stomach and they will kill bad bacteria"  
Prophet Muhammad (pbuh)

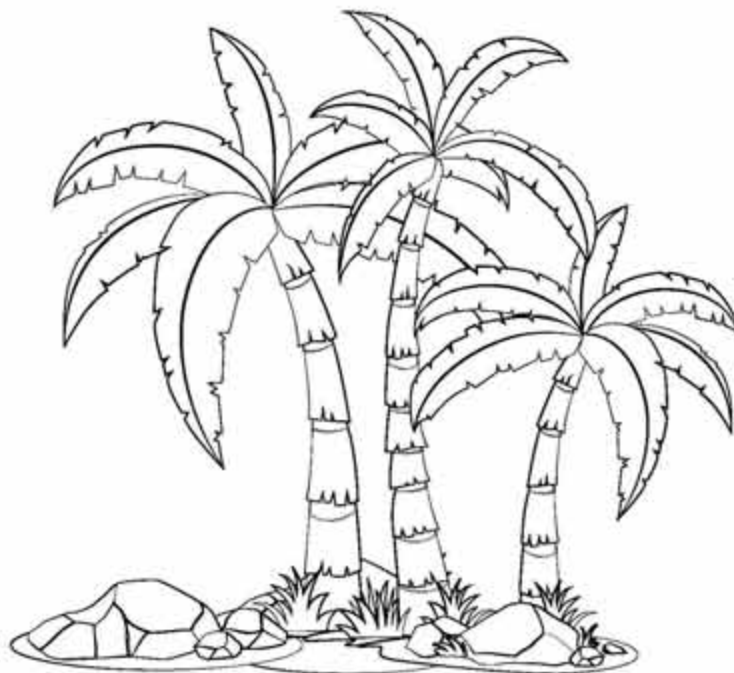
"Begin your breakfast with dates" Prophet Muhammad (pbuh)



Dates give you instant energy (especially recommended for those suffering from low blood pressure)

Dates are also good for the heart as they reduce bad cholesterol.

Draw dates on the palm trees below and colour in the picture.





# Wiladat Prophet Muhammad & Imam Al Sadiq (pbuh)



## MILK

Milk good for  
the bones.



Milk is an  
excellent  
source of  
vitamins  
and  
minerals.

Connect the dots and colour it in.





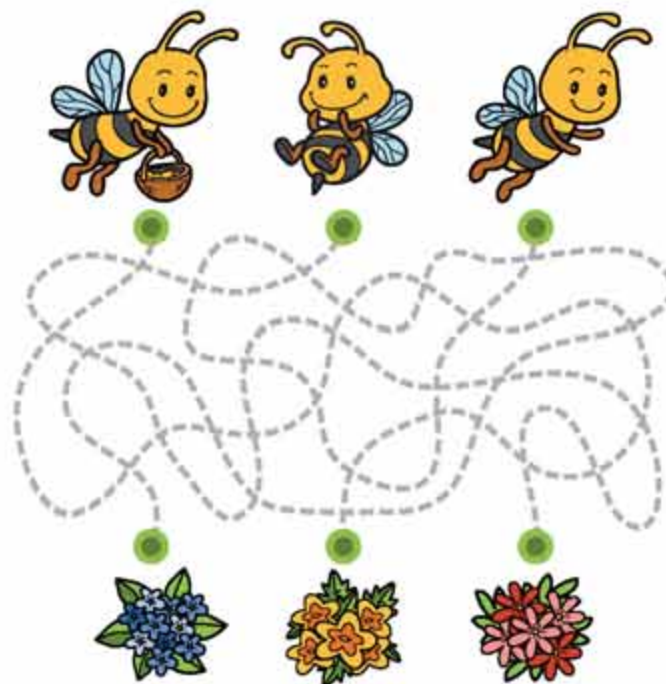
# Wiladat Prophet Muhammad & Imam Al Sadiq (pbuh)



## HONEY



Help the bees to find their way to the flowers.



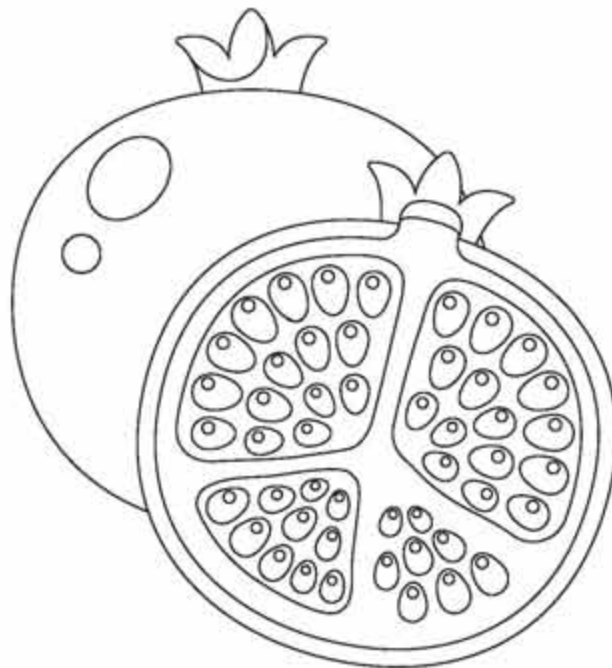


## POMEGRANATE

Pomegranate helps digestion and if eaten first thing in the morning on Friday it provides enlightenment.



Colour in the picture below.



# Wiladat Prophet Muhammad & Imam Al Sadiq (pbuh)



## OLIVE OIL

"I enjoin olive oil on you for eating and massaging yourself. It will prevent 70 diseases."  
Prophet Muhammad (pbuh)

A cure for food poisoning.



Massaging the body.

Use it as for dipping in bread.

The leaves of the olive tree have been recommended for eczema, and other skin ailments.

Colour in the picture below.



# Wiladat Prophet Muhammad & Imam Al Sadiq (pbuh)



## RED GRAPES

"The best of foods is bread and the best of fruits are grapes"  
Prophet Muhammad (pbuh)

Prophet Noah complained of grief and was told to eat grapes.



Good for reducing the effects of ageing, kidney disorders, asthma, migraines & constipation, also good for memory and eyes

Can you draw 21 red grapes and add them to the bowl below?





# Wiladat Prophet Muhammad & Imam Al Sadiq (pbuh)



## MY ACTS OF KINDNESS:

You will need:



Empty jar



Qi



Act of kindness tokens template

## INSTRUCTIONS

Just like the Prophet showed kindness to the lady who threw rubbish - can you do some acts to help others?

Each time you do something draw/ write what you did and pop it into your jar of kindness. How many acts will you do in a month?

### Ideas for acts of kindness:

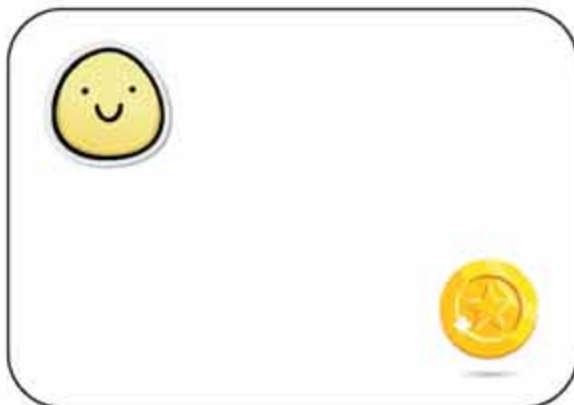
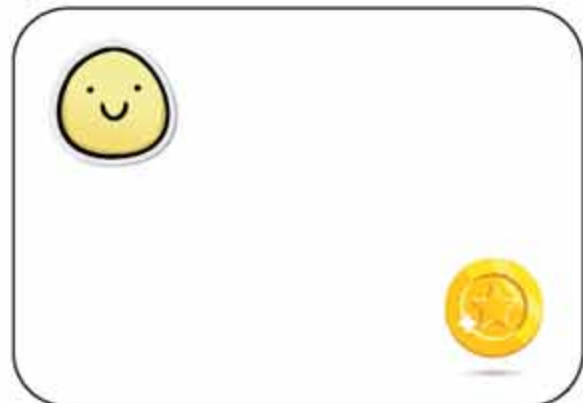
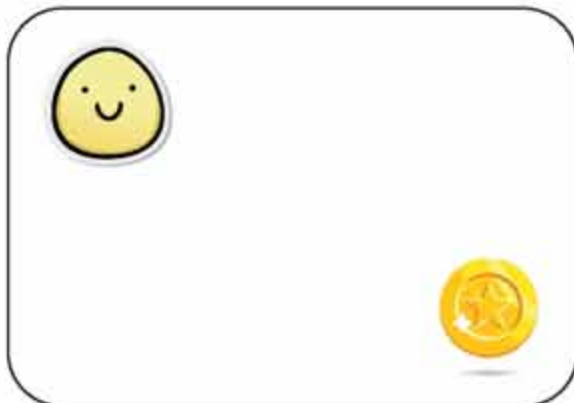
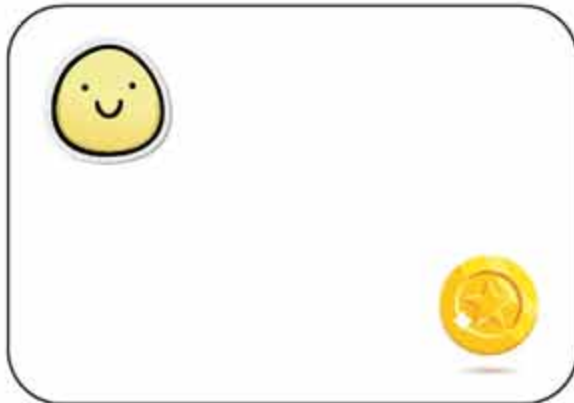
- Helping a parent
- Being caring to a sibling
- Respecting the earth - e.g. recycling
- Treating animals with care
- Remembering neighbours - even with a dua
- Helping an elderly person
- Remembering those who have less than us
- Respecting our teachers



# Wiladat Prophet Muhammad & Imam Al Sadiq (pbuh)



Cut out Qi and write your name before sticking it on the jar along with your good deed tokens. See appendix page for Qi and tokens to cut out.





# Wiladat Prophet Muhammad & Imam Al Sadiq (pbuh)



## ONE GOOD DEED A DAY ONLY FOR ALLAH

In your diary below write or draw a good deed that you would do each day.

**Monday**

Blank space for writing or drawing a good deed.

**Tuesday**

Blank space for writing or drawing a good deed.

**Wednesday**

Blank space for writing or drawing a good deed.

**Thursday**

Blank space for writing or drawing a good deed.

**Friday**

Blank space for writing or drawing a good deed.

**Saturday**

Blank space for writing or drawing a good deed.

**Sunday**

Blank space for writing or drawing a good deed.



# Wiladat Imam Hasan Al Askery (pbuh)



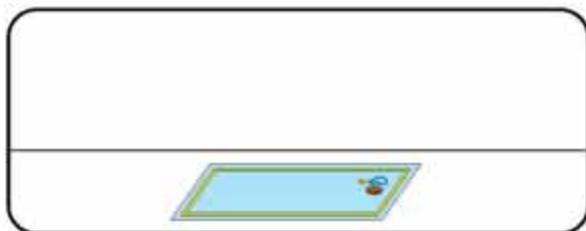
Imam Hasan Askery (pbuh) says the signs of a Mu'min (believer) include:



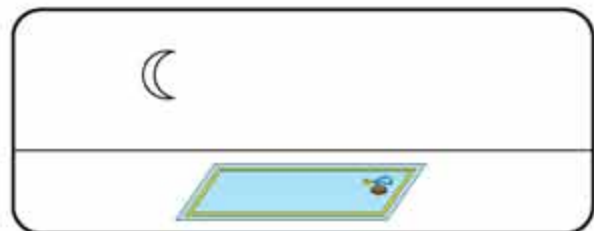
**1. Sajda on Turbatul Husayn (pbuh)**  
Draw the sajdagah/ turba



**2. Wear aqeeq Ring on the right hand**  
Draw an aqeeq ring on a person praying



**3. Dhuhr Salaa before the sun starts to go down**  
Draw an image of the sun to remember to pray your Dhuhr salaa before the sun goes down



**4. Fajr Salaa before the stars disappear**  
Draw a few stars to remember to pray your Fajr salaa before the stars disappear



**5. Qunoot in Salaa**  
Draw a person's hand doing a Qunoot



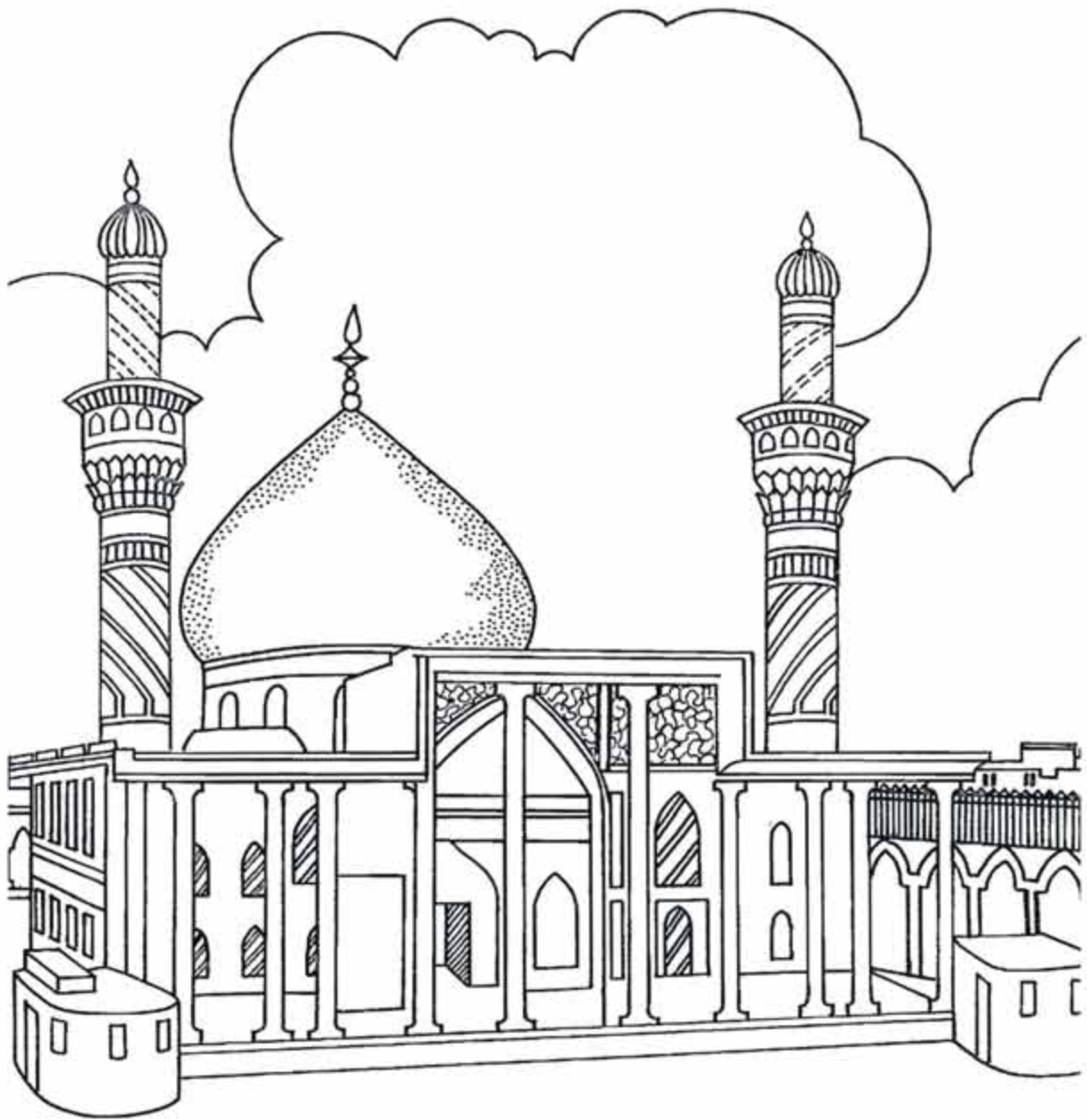
**6. Recite Bismillah... loudly in salaa**  
Complete the rest of the above



# Wiladat Imam Hasan Al Askery (pbuh)



Colour in the mosque of Samarra below.



# Importance of water in our lives



## Etiquettes of drinking

- To drink water by sipping.
- To drink water during the day whilst standing.
- To drink sitting down when drinking at night time.
- To say Bismillah before drinking water
- To say Alhamdulillah after drinking water.
- To drink water in 3 gulps.
- To remember Imam Husayn (pbuh) and say As Salamu Alaika Ya Aba Abdillah.
- To ask Allah to withdraw His Mercy on the enemies of Aba Abdillah (pbuh)





# Importance of water in our lives



Things that are discouraged when drinking:



Drink a lot of water.



Drink water after eating fatty food.



Drink water at night whilst standing.





## SALAAMS ON IMAM HUSAYN (PBUH)

السَّلَامُ عَلَيْكَ يَا أَبَا عَبْدِ اللَّهِ وَ عَلَى الْأَمْوَاحِ الَّتِي حَلَّتْ بِفِتْنَائِكَ  
عَلَيْكَ مَيِّ سَلَامُ اللَّهِ أَبَدًا مَا بَقِيَتْ وَبَقِيَ اللَّيْلُ وَ النَّهَارُ  
وَلَا جَعَلَهُ اللَّهُ آخِرَ الْعَهْدِ مَيِّ لِزِيَارَتِكُمْ  
السَّلَامُ عَلَى الْحُسَيْنِ وَ عَلَى عَلِيِّ بْنِ الْحُسَيْنِ  
وَ عَلَى أَوْلَادِ الْحُسَيْنِ وَ عَلَى أَصْحَابِ الْحُسَيْنِ

Salaams upon you, Ya Aba Abdillah  
And on those who were on your side putting themselves at  
your disposal  
I ask Allah to send His blessings on all of you for all the  
remaining days and nights of my life  
May Allah not make this the last promise of my association  
with you  
Salaams upon Husayn, and on Ali ibn Husayn, and on the  
children of Husayn and on the companions of Husayn.



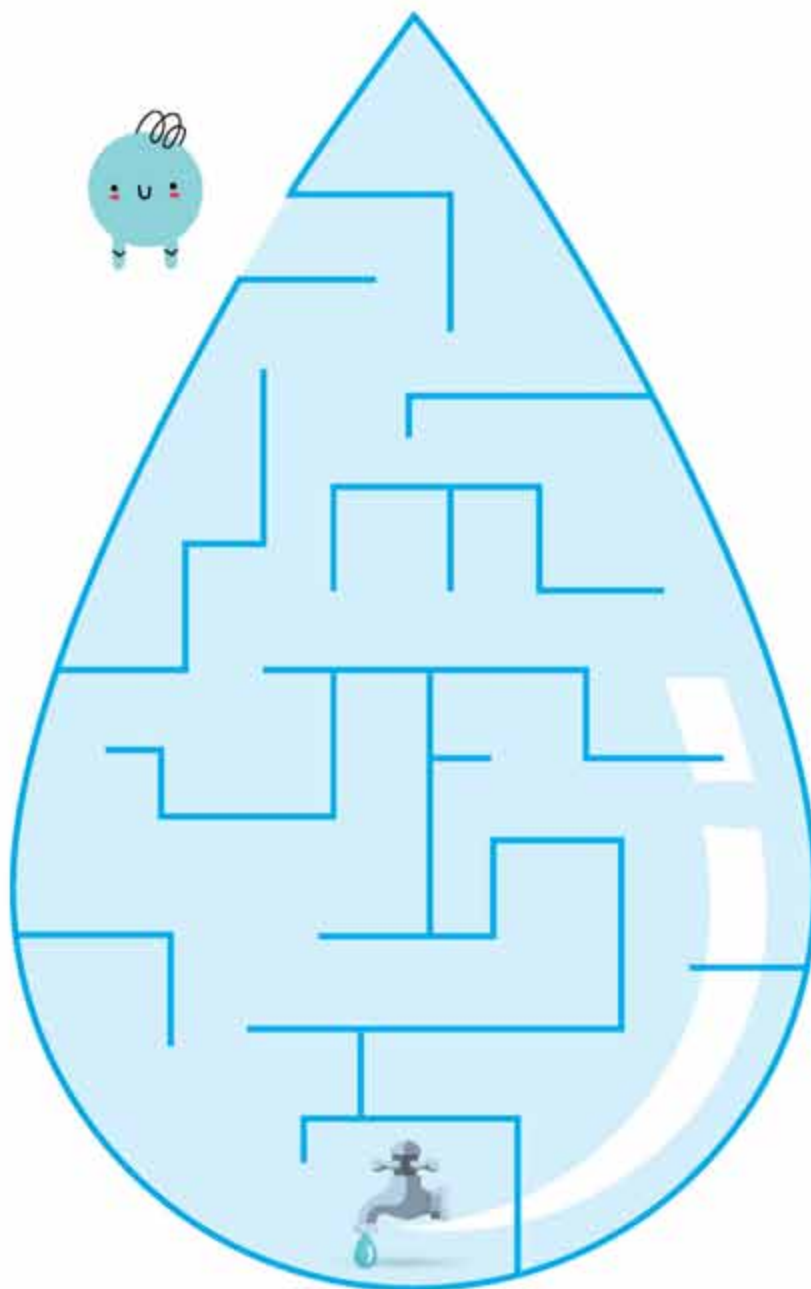


# Importance of water in our lives



We have to save water because we need water to continue living. We can help to save water by making sure that the tap is off and not leaking.

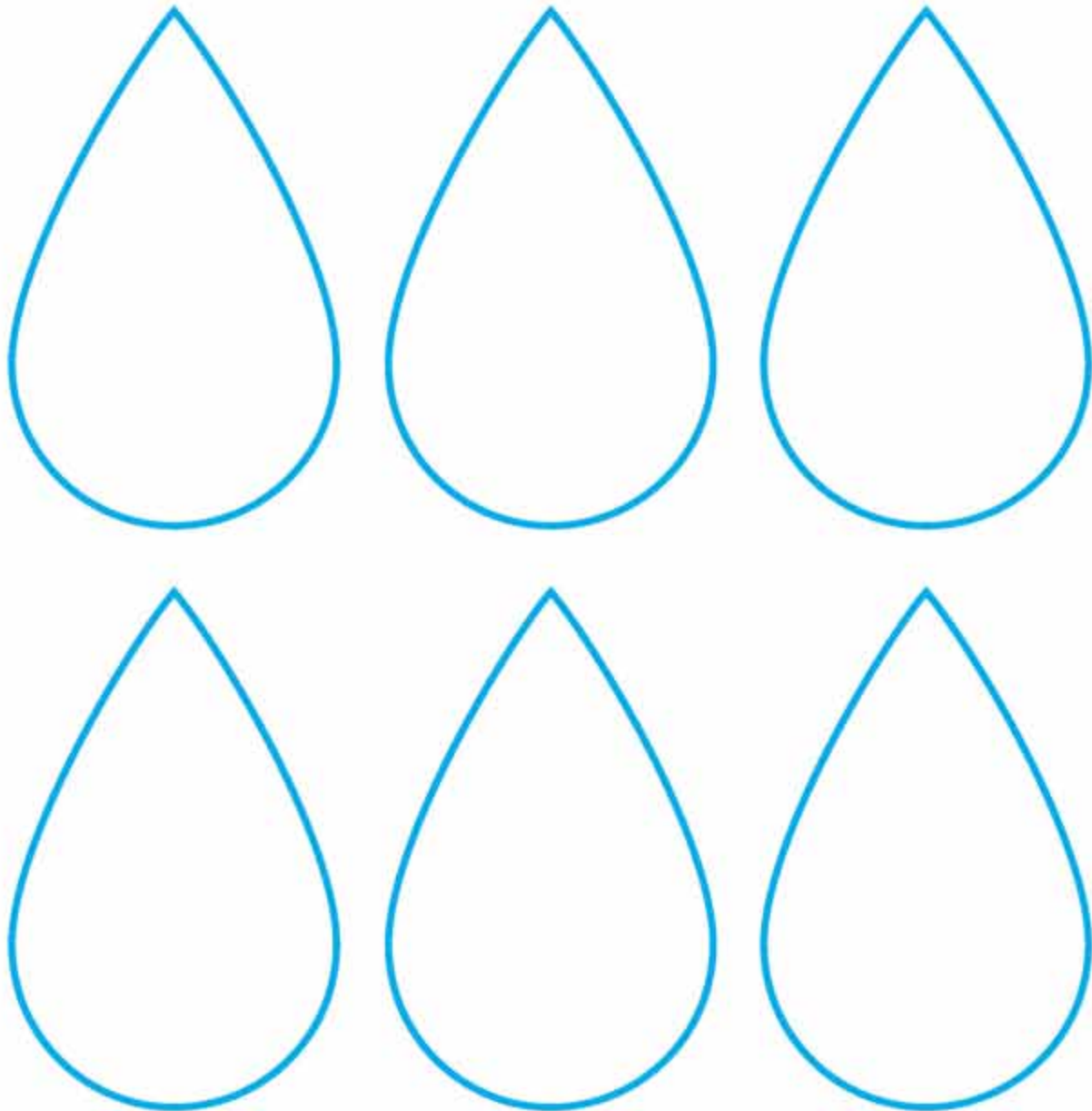
Guide Aqua to turn off the leaky tap.



# Importance of water in our lives



In the droplets below, draw and colour in what you use water for in your everyday life.



# Importance of water in our lives



In the droplets below write down the different ways we can save water.



# Importance and usage of trees



## Usefulness of trees

FUN

FACT

1. They mark the seasons



2. Trees give us food



3. Trees provide wood for building



4. They provide shelter for insects, birds and other animals



5. They provide papers



6. They are very beautiful



# Importance and usage of trees



## Gratitude tree

Write a few words on each leaf to say what you are thankful for.





# Importance and usage of trees



Collect leaves and do some leaf rubbing or stick on the leaves to complete the tree.





# Remembering Allah always in our life



## Bismillah...

When you start something say Bismillah...

When you start something say Bismillah.

When you start anything, start in the name of Allah

Insha'Allah all will be well

When you say Achoo, say Alhamdulillah

When you say Achoo say Alhamdulillah

When you say Achoo say praise be to Allah

Insha'Allah He will bless you

When someone else sneezes say Yarhamukallah

When someone else sneezes say Yarhamukallah

When someone sneezes say, may God have mercy on you

Insha'Allah He will bless them



# Remembering Allah always in our life



Choose the correct word and complete the sentences below.



I wake up in the morning and say .....



Before I eat I say .....



When I finish eating I say .....



When I look in the mirror I say .....

Bismillah | Alhamdulillah | Alhamdulillah wallahu Akber |  
Mashallah | Jazakallah | Subhanallah | Fiamanillah | Yarhamukallah



# Remembering Allah always in our life



Choose the correct word and complete the sentences below.



When I walk to school I say .....  
..... when I see  
the trees birds flowers and sun!



When I sneeze I say .....  
.....



When I say goodnight or bye bye  
to someone I say .....



When someone is kind to me I say .....  
.....

Bismillah | Alhamdulillah | Alhamdulillah wallahu Akber |  
Mashallah | Jazakallah | Subhanallah | Fiamanillah | Yarhamukallah

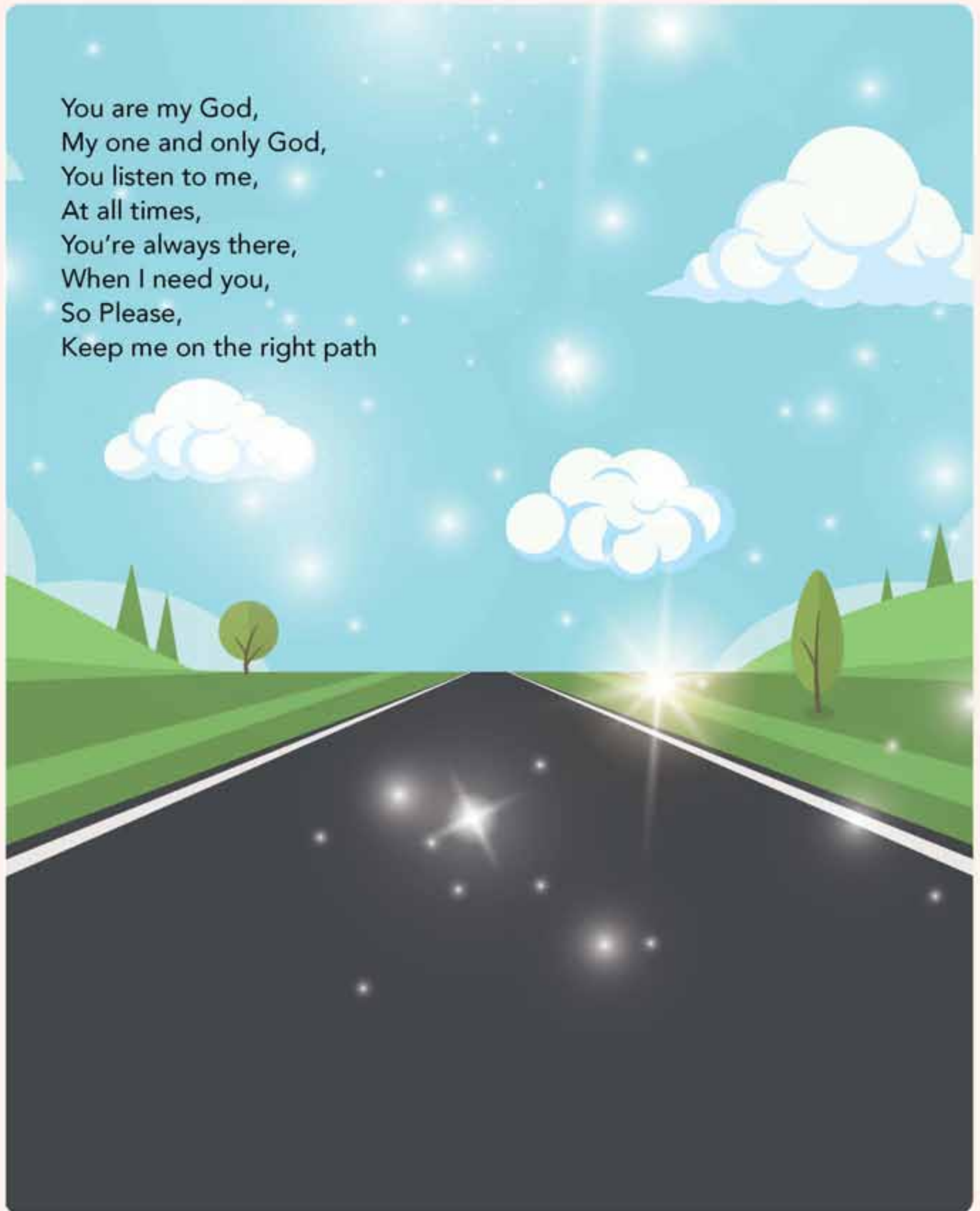




# You are my God



You are my God,  
My one and only God,  
You listen to me,  
At all times,  
You're always there,  
When I need you,  
So Please,  
Keep me on the right path





You are my God



There is only one of me

There is only one Allah - AHAD

There is no number before or after AHAD

There is no plural of AHAD



You are my God



Say he Allah is the only One x 2

He has no parents no daughter no son x 2

We need all Him and He needs no one x 2

No one is like Him and He is like no one x 2

*By Anonymous*



# Wiladat Sayyida Zaynab (pbuh)



Colour the top and bottom slices in yellow and recite Salawat.  
Then write in the correct ayaat number from the picture below which  
shows what you are talking to Allah about.



My Rabb! Have mercy on them (parents) just as they nourished (cherished & sustained) me when I was young. 17:24



Rabb! Increase for me knowledge. 23:109

... رَبِّ زِدْنِي عِلْمًا

# Wiladat Sayyida Zaynab (pbuh)



Colour the top and bottom slices in yellow and recite Salawat.  
Then write in the correct ayaat number from the picture below which  
shows what you are talking to Allah about.



رَبِّ اشْرَحْ لِي صَدْرِي وَيَسِّرْ لِي أَمْرِي وَاحْلُلْ عُقْدَةً مِنْ لِسَانِي يَفْقَهُوا قَوْلِي  
Rabb! Expand my chest for me, make my task easy  
for me, loosen the knot of my tongue, that they may  
understand my speech. 20:25-28



إِهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ  
Guide us on the right path, The path of those upon whom  
You have bestowed favours, not the path of those upon  
whom You are angry nor of those who go astray. 1:6,7







## MY SIBLING (BROTHER/ SISTER)

Use this worksheet to share more about your relationship with your sibling.



Things I like about my sibling.

1 .....

2 .....

3 .....

4 .....



Things I don't like about my sibling.

1 .....

2 .....

3 .....

4 .....

To be a better sibling to me, my brother/ sister could....

.....

.....

To be a better sibling to my brother/ sister, I could....

.....

.....

.....





## "1 Heart & 2 Lovers?"

The little girl's eyes lit up when she saw her father. He asked her, "Zaynab! Do you love me?"

"Yes! Of course I love you" she replied.

"Do you love Allah?" he continued.

"Indeed I love Allah," she replied.

Imam Ali (pbuh) then asked his daughter,  
"Zaynab! How can one heart have two loves?"

Sayyida Zaynab (pbuh) replied,  
"O father! It is because I love Allah that I love you".

**It shows the understanding from a young age the concept of Tawheed. The pinnacle of Tawheed is love for the sake of Allah and hate for the sake of Allah.**





## GOOD WORDS



Think of some nice words that we can say everyday and write them in the bubbles below.



# Wafat Sayyida Fatima (pbuh)



Fill in the circles where you would say Allahu Akbar.



Draw pictures of everything that you are thankful for - Alhamdulillah.



When you see a creation of Allah that makes you think 'Wow' we should say Subhanallah. Draw what is "wow" for you.





# Wafat Sayyida Fatima (pbuh)

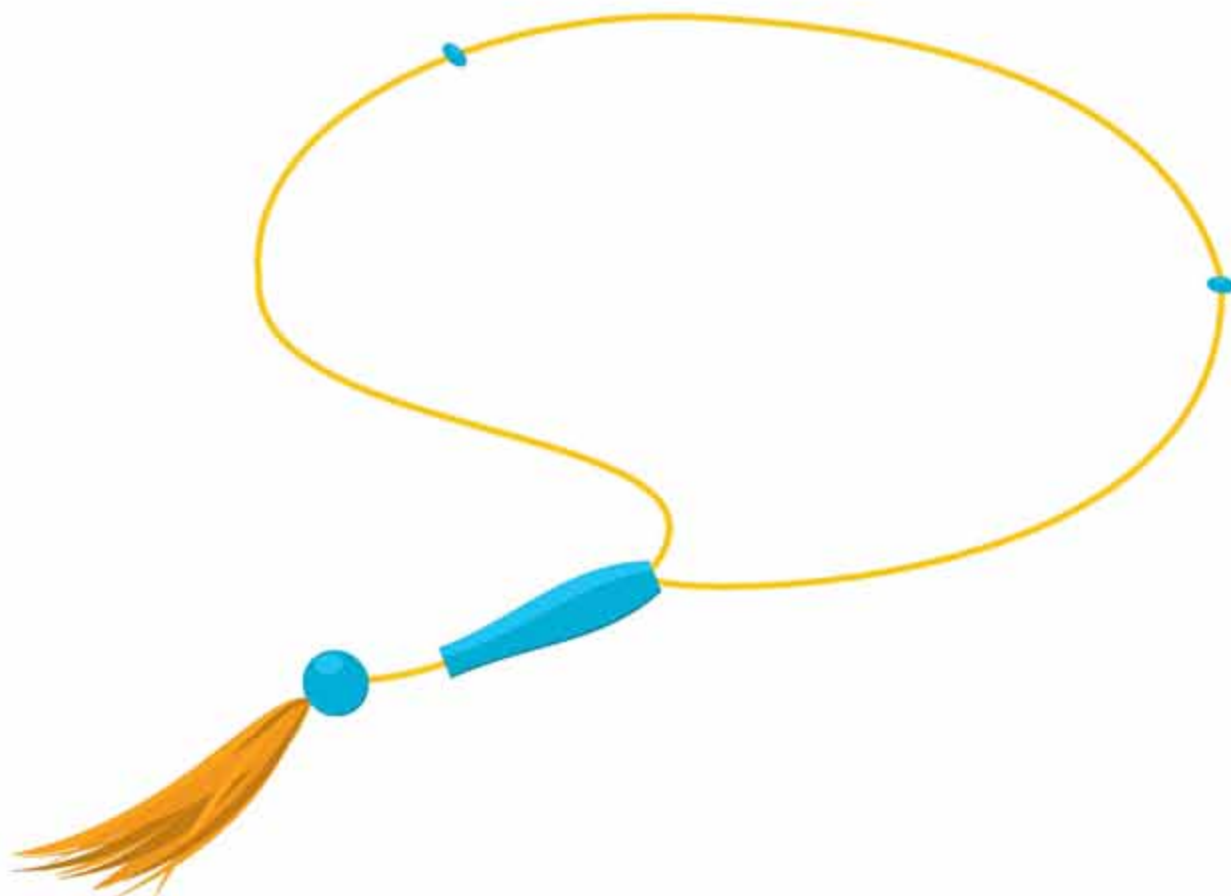


Tasbee of Bibi Fatima Zahra (pbuh). Draw the following:

34 beads for 'Allahu Akber'

33 beads for 'Alhamdulillah'

33 beads for 'Subhanallah'



## Dua for parents



رَبِّ أَرْحَمْهُمَا كَمَا رَبَّيَّانِي صَغِيرًا

O my Lord! Have mercy on both my parents as they took care of me when I was young! 17:24



# Respect of parents



Be kind to your parents.

"Allah has advised people to be kind to their parents so that they can avoid displeasing Him." Sayyida Fatima (pbuh)



List 5 things that you can do to help your parents:



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_

# Respect of parents



Write down below how would you respect your parents.





# Wiladat Sayyida Fatima (pbuh)



## I LOVE MY MUMMY BECAUSE...



She makes me feel .....



She always says .....



She tells me .....



She always .....



She never .....



She is .....

Thank you mummy





## ALL ABOUT MY MUMMY...

The best thing about  
my mummy is...



I love my mummy  
because...



Her job is:

My mum's name is:

Her favourite  
food is:

She is really  
good at:

Her birthday is on:

Her favourite  
colour is:

My mummy likes:

She is

.....  
years old.

My mum  
does not like:



# Wiladat Sayyida Fatima (pbuh)



Sayyida Fatima (pbuh) is known for her qualities of generosity and kindness. Write or draw 5 ways of being generous.



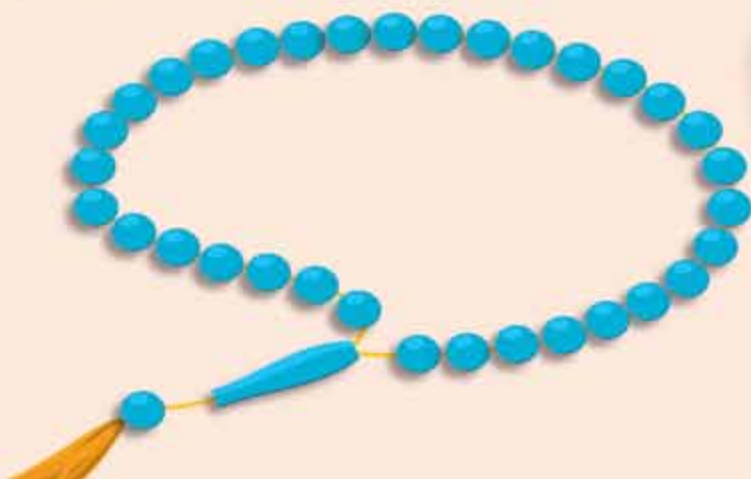
# Wiladat Sayyida Fatima (pbuh)



Come and join our celebrations,  
It's a very special day,  
Born today, born today,  
The Lady of Light,  
Bibi Fatima Zahra.

Daughter of the Prophet,  
Mother of Hasnayn,  
Wife of Imam Ali.

Come and join our celebration,  
It's a very special day,  
Born today, born today,  
The Lady of Light,  
Bibi Fatima Zahra.





# Wiladat Imam Muhammad Al Baqir (pbuh)



How do you increase your knowledge? Circle the answers.



Madrasa



School



Watching TV



Qur'an Classes



Parties



Majalis



Reading good books



Reciting Qur'an



Teaching



Observing others



Computer games



Shopping



Fighting



Discussing



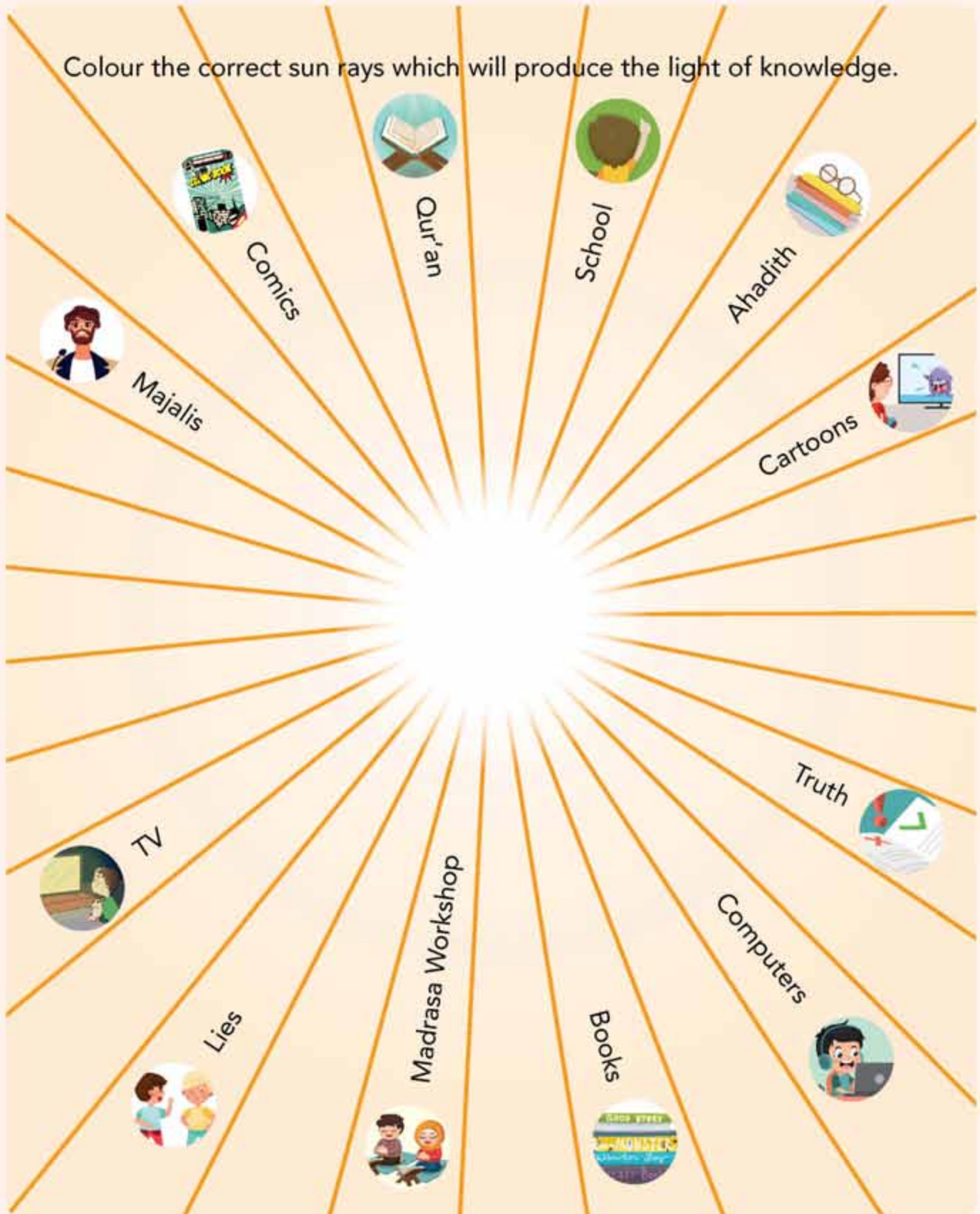
Sleeping



# Wiladat Imam Muhammad Al Baqir (pbuh)



Colour the correct sun rays which will produce the light of knowledge.





# Wiladat Imam Al Kadhim & Al Taqi (pbuh)



In describing those who will go to Janna, Allah says in the Qur'an: "...and those who swallow their anger and forgive people; and Allah loves those who do good (to others)." Suratu Ali Imran 3:134

When someone hurts our feelings without it being our fault it makes us angry and sometimes we say and do things which we regret later.

Imam Ali (pbuh) has said that when you get angry, you must first sit down if you are standing and lie down if you are sitting. Take ten deep breaths and go and do wudhu, for the Prophet (pbuh) has said: "Indeed anger is from Shaytan and Shaytan is made from fire. Fire is extinguished with water. So whenever you are angry do wudhu."

Think about what happened. If it is your fault then see the positive side and try to change yourself. If it is not your fault then have faith that the truth will always win and when the time comes you can explain.



Imam Ali (pbuh) has said: "Anger begins in madness and ends in regret."

Imam Ali Zaynul Abideen (pbuh) had a slave who once dropped a bowl of hot soup on him whilst she was serving food. She saw that Imam was in a lot of pain. She thought that Imam would get angry and started to recite the above aya of Qur'an.

When she recited - and those who swallow their anger - Imam told her he was not angry with her. Finally, when she recited - and Allah loves those who do good (to others) - Imam set her free.

**Imam not only swallowed his anger but forgave the girl and set her free. As the followers of Imam the least we can do is to swallow our anger when a friend, relative or another Muslim says or does something which hurts us.**



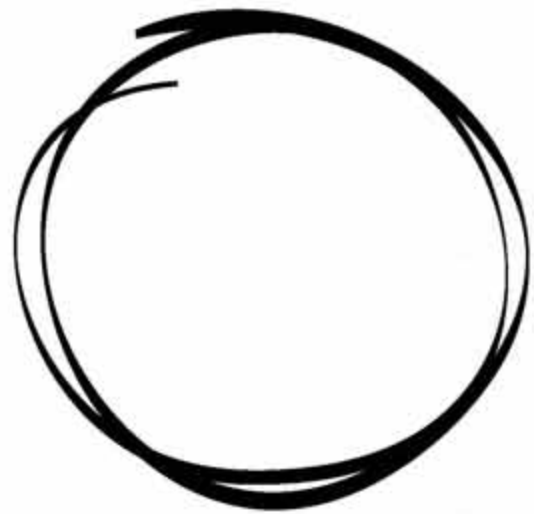
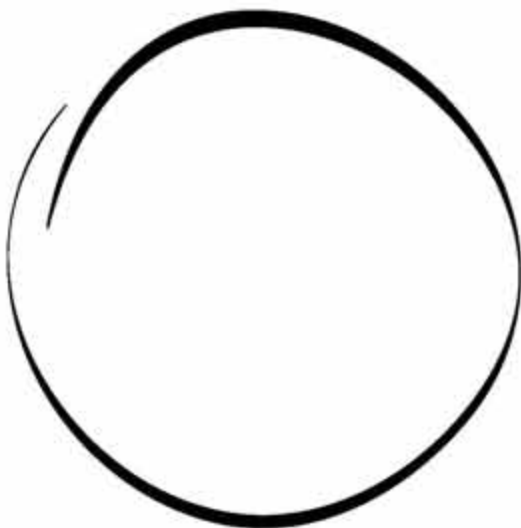
# Wiladat Imam Al Kadhim & Al Taqi (pbuh)



Al-Kadhim means the one who swallows anger.  
Draw a cross on the one who is angry.



Draw a happy face and an angry face in the circles below.





# Wiladat Imam Al Kadhim & Al Taqi (pbuh)



Circle what you would do to calm down?

Drink water



Listen to Qur'an



Read a book



Count to 10



Go to a place that makes you feel calm



Focus on deep breathing



Pray



Paint or draw



Talk to someone about how you feel



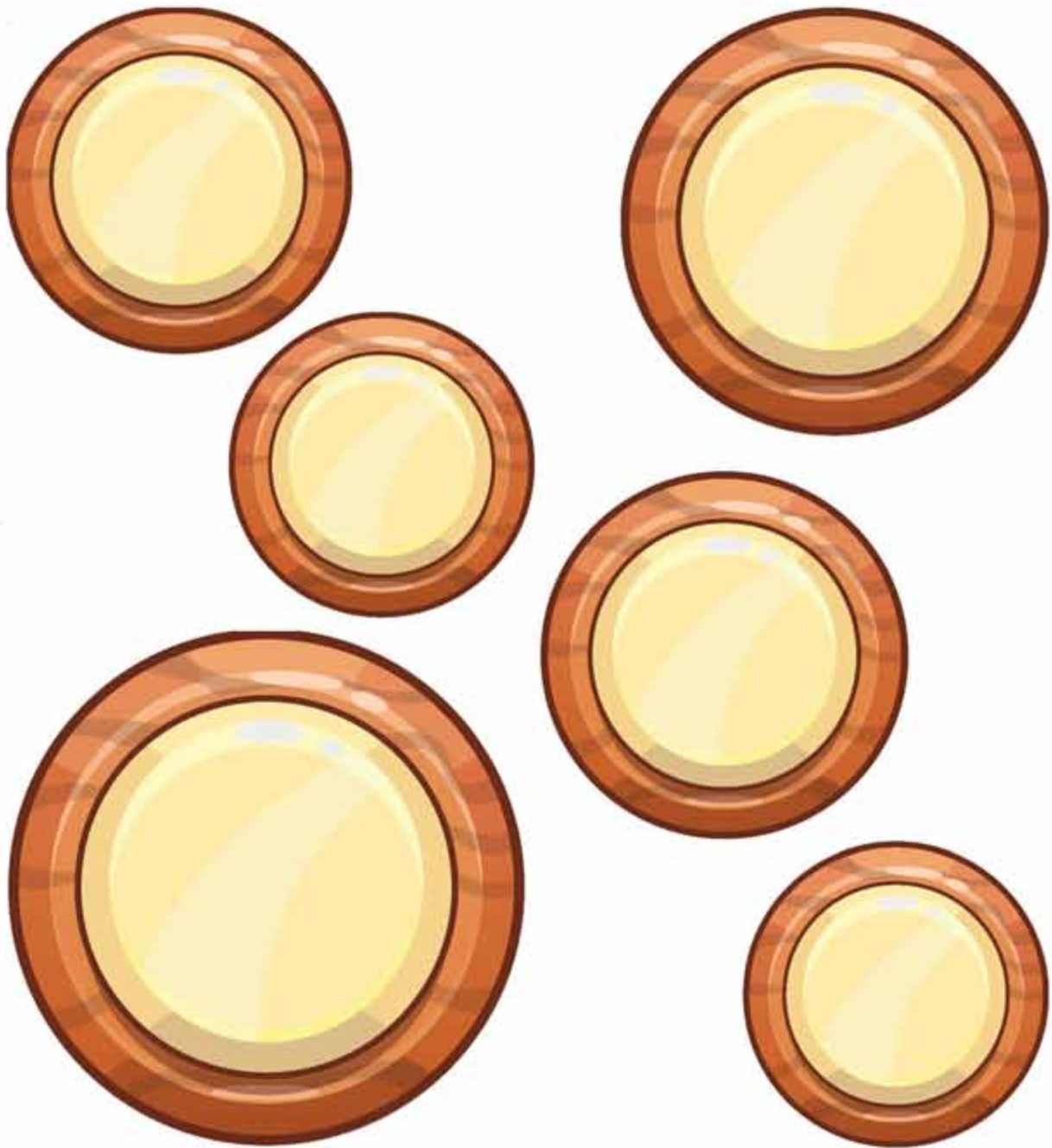
Go for a run





## MY ANGER BUTTONS

In the button below, draw what makes you angry. These are the things or situations that "push your buttons."



# Wiladat Imam Al Kadhim & Al Taqi (pbuh)



You can use mindfulness to help you with anger. You can use your breath to control your anger.

1. What happens when you feel angry?

.....

.....

2. How can you control anger?

.....

.....

Take three deep breaths. Inhale deeply from your stomach and exhale fully, letting go of your anger.



3. How do you feel?

.....

.....

4. What have you learned today?

.....

.....

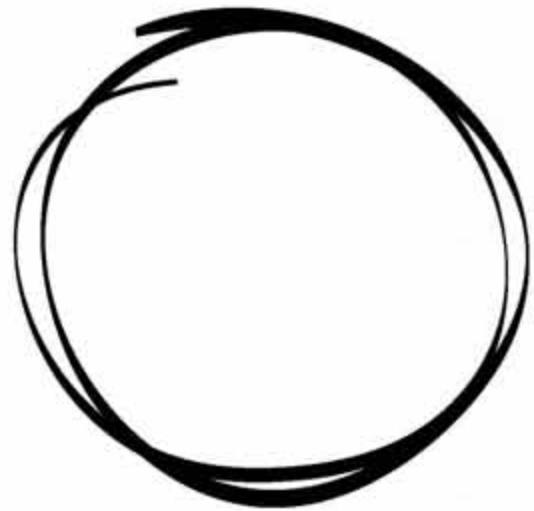
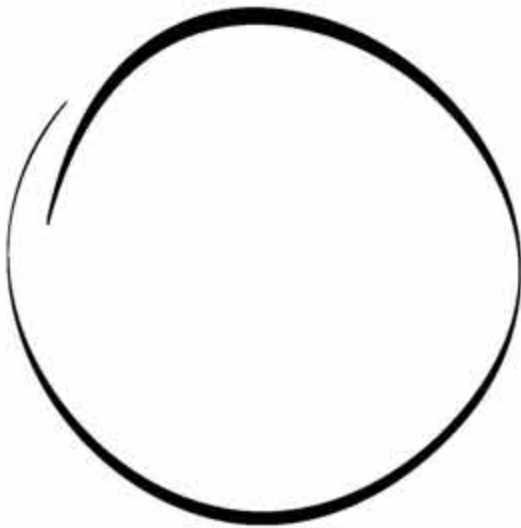




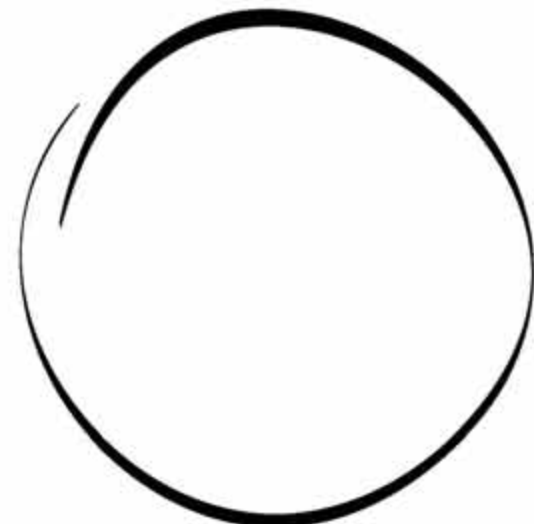
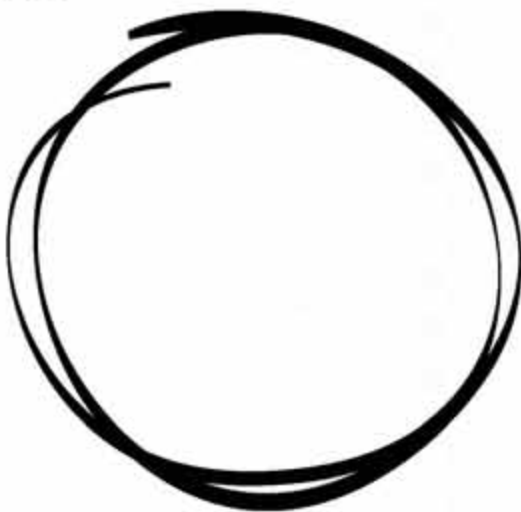
# Wiladat Imam Al Kadhim & Al Taqi (pbuh)



Cut and stick or draw the emoji that describes your best for each box.  
How does it make you feel when your parents are pleased with you?



How does it make you feel when your parents are sad or upset with you?



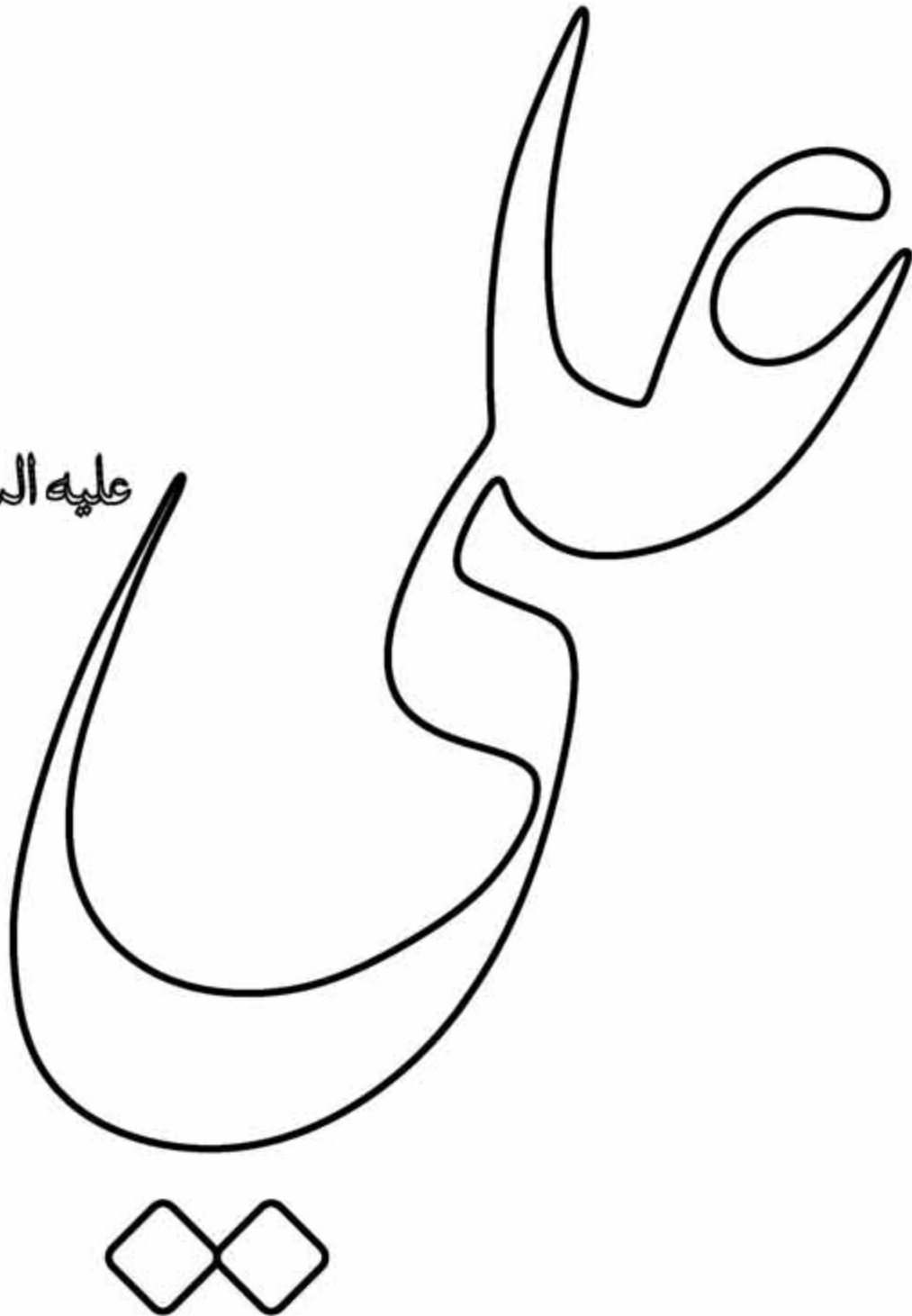


# Wiladat Imam Ali (pbuh)



Colour in and decorate Imam Ali's (pbuh) name below.

عليه السلام



## Wiladat Imam Ali (pbuh)



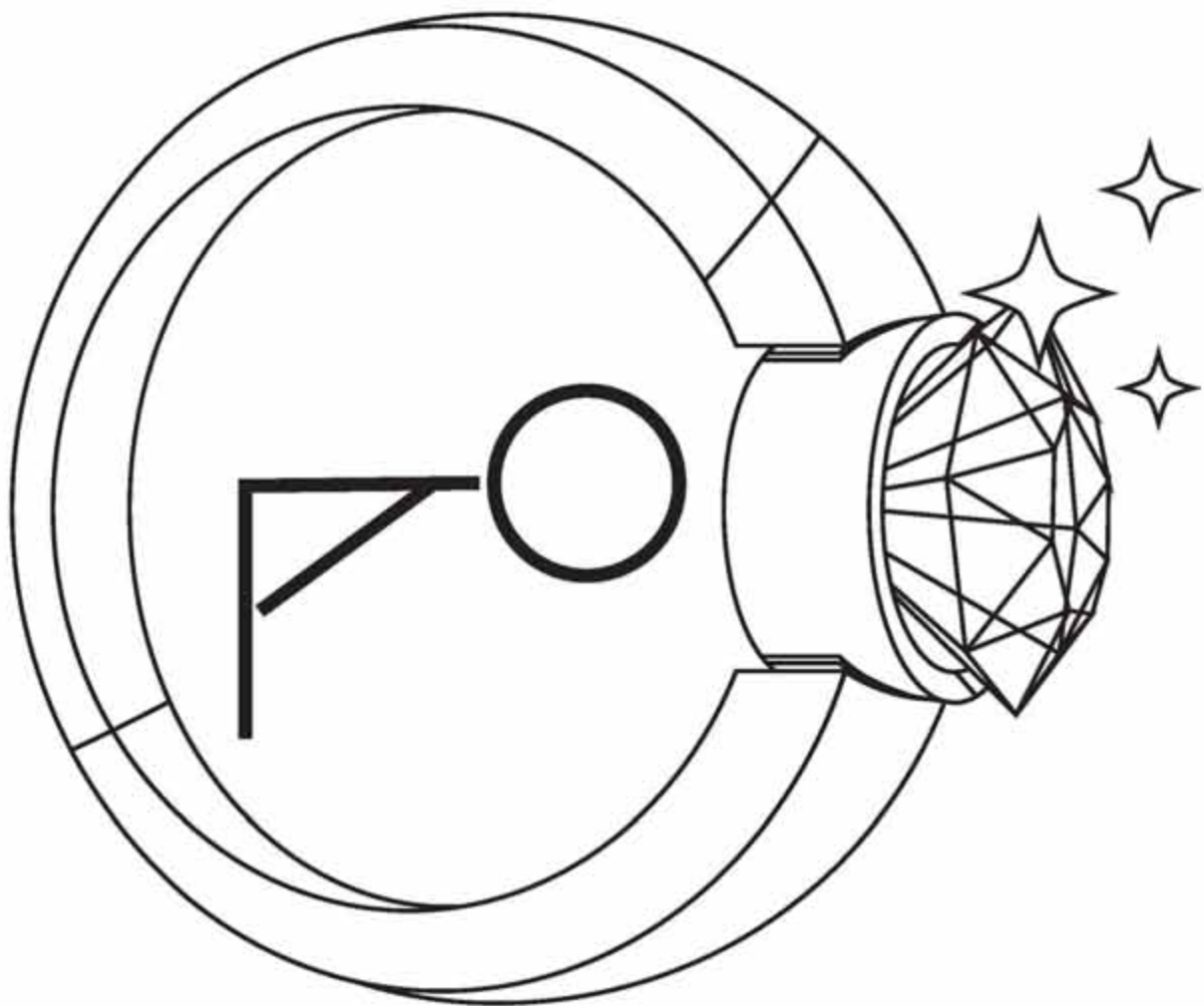
Colour in the cake and candles below. A clue the number of candles will tell you the date was Imam Ali pbuh was born on, but what is the month .....





"Only Allah is your Wali and His Apostle and those who believe, those who keep up prayers and pay the poor-rate while they bow." 5:5

Colour in the picture below.



# Wiladat Imam Ali (pbuh)



Born in Makka  
In the Ka'ba  
On the 13th of Rajab  
Was Ali, our first Imam  
The perfect student of Rasulullah



Saved the Prophet's life  
By sleeping in his bed  
On the Hijra to Madina  
Laylatul Mabeet in Quran  
Sura 2 Aya 207



Gave a ring in rukoo  
To a person in need  
Ayatul Wilaya revealed  
Sura 5 Aya 55



Married to Fatima  
The Prophet's daughter  
Had 5 children  
Imamayn Hasanayn their sons  
Mentioned in Suratul Dahr



In Ghadeer E Khum  
The prophet raised his hand  
And declared him as Imam  
Ayatul Kaamila revealed  
Sura 5 aya 3







## A LETTER TO MY PARENTS



Dear Mum & Dad,  
Assalamu Alaykum

I have learnt to say the best or keep quiet so  
I would like to say the best of words to you  
today. It is a dua for you from  
Sahifa As-Sajjadiyya by  
Imam Ali Zaynul Abedeen(pbuh)

"O Allah!  
Thank them for bringing me up,  
Reward them for honouring me,  
And look after them as they looked after me  
when I was little.....

Lots and Lots of Love and Duas





## ALL ABOUT MY DADDY...

The best thing about  
my daddy is...



I love my daddy  
because...



His job is:

My dad's name is:

His favourite  
food is:

He is really  
good at:

His birthday is on:

His favourite  
colour is:

My daddy likes:

He is

.....  
years old.

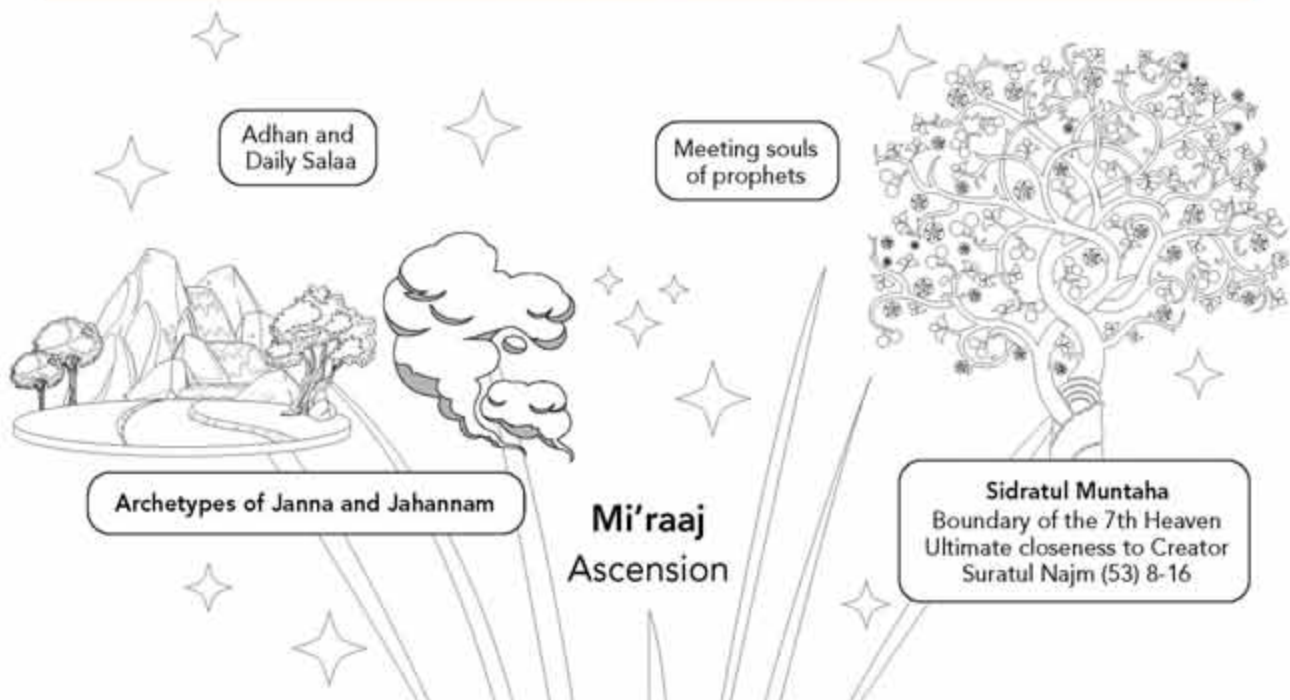
My dad  
does not like:



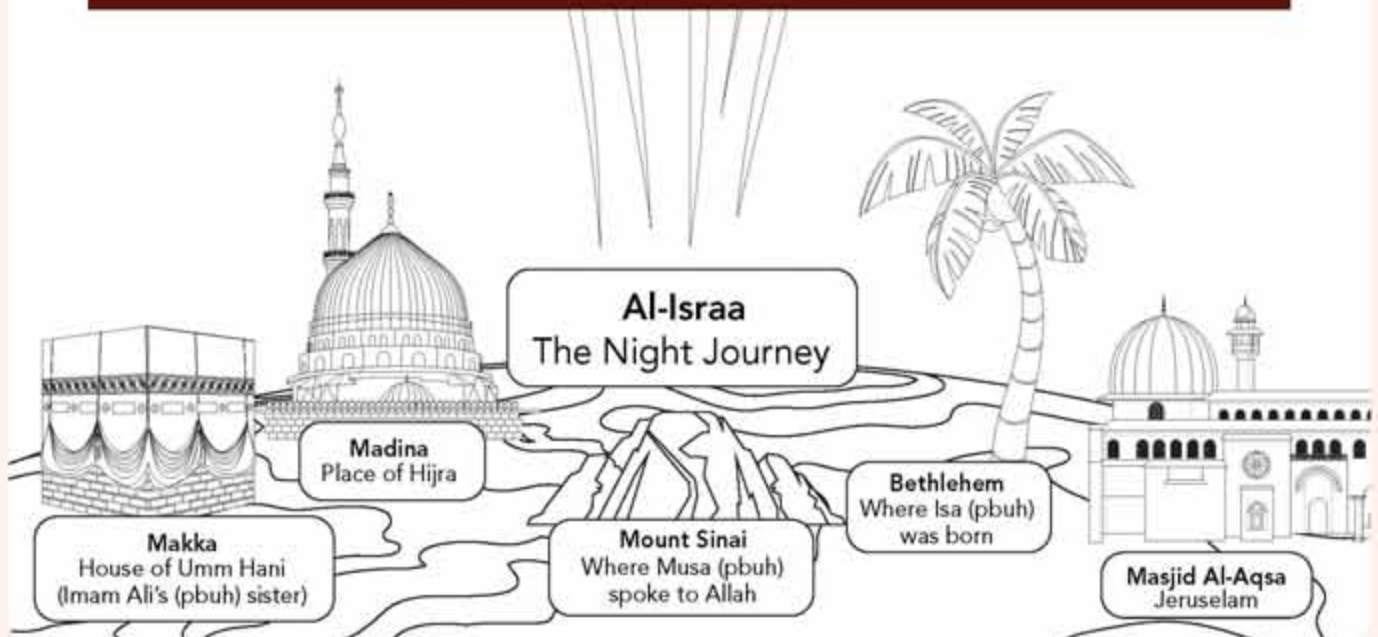


Colour in the picture below.

## AL ISRAA AND MI'RAAJ



## MODE OF TRANSPORT - BURQA - FROM BARQ ENERGY OF A LIGHTNING BOLT





When the Prophet (pbuh) went for Me'raaj he saw the places of blessings and the places of punishment.

Connect the bad deeds with the place of punishment and the good deeds with the place of blessing.



Salaa (Namaz)



Sawm (Fasting)



Being rude



Lying



Reciting Qur'an



Learning



Naughty



Fighting



Learning







## STORY OF FITRUS

On the day he was born, Allah told the angel Jibrail to go and congratulate the Prophet (pbuh), Imam Ali (pbuh) and Sayyida Fatima Az-Zahra (pbuh).

On the way down from the heavens, Jibrail passed an island where the angel Fitrus was banished to (as a punishment for taking too long in doing something Allah had ordered him to do). His wings had also been taken away. "Where are you going, Jibrail?" Fitrus asked. Jibrail told him he was going to congratulate the Prophet (pbuh) and his family on the birth of Imam Husayn (pbuh) "Can I come with you?" Fitrus asked. With Allah's permission, Jibrail took Fitrus with him. They congratulated the Prophet (pbuh). The Prophet (pbuh) asked Fitrus to touch the cradle of Imam Husayn (pbuh).

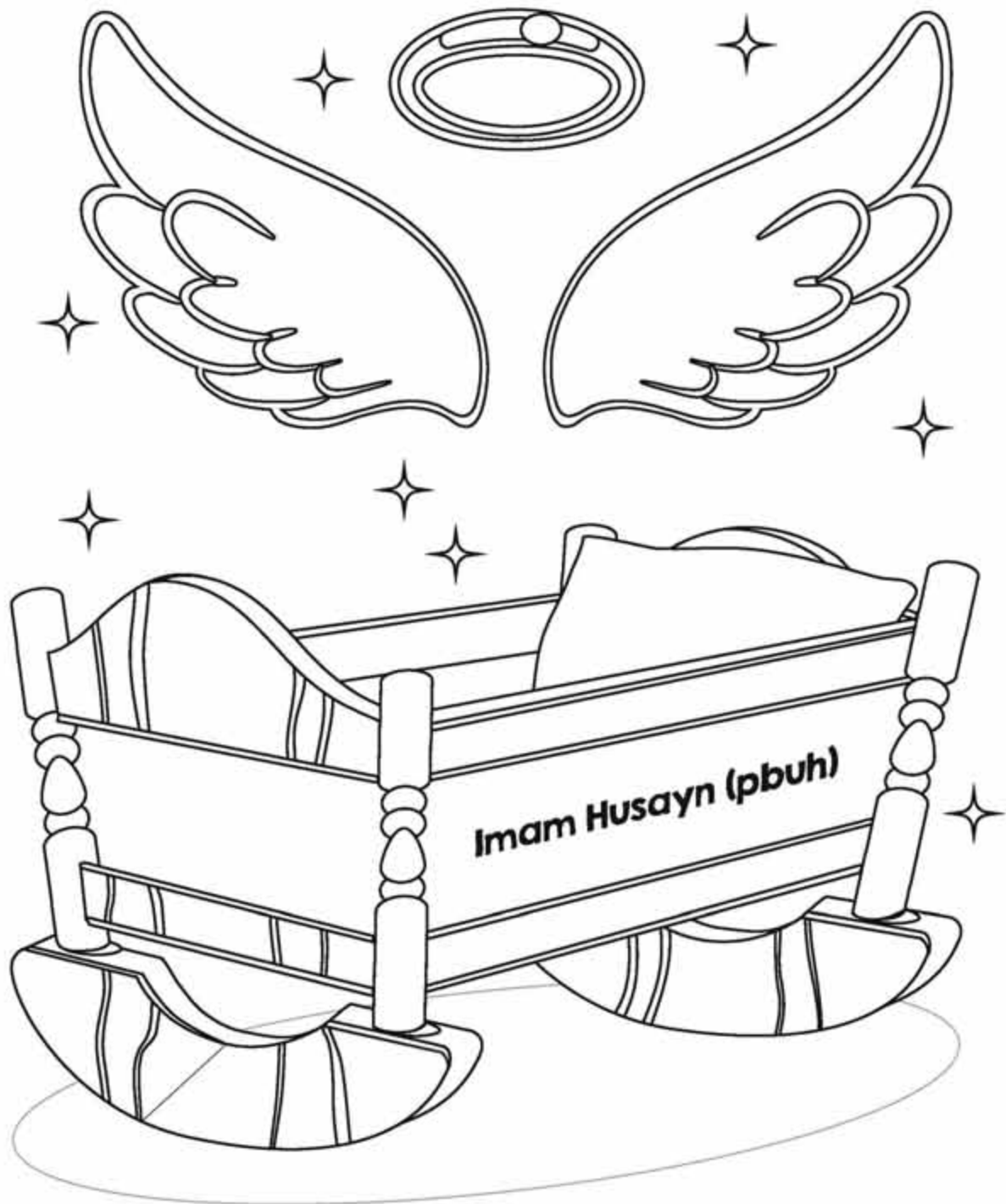
As soon as he touched the cradle, with the permission of Allah his wings were restored. He thanked the Prophet (pbuh). When Fitrus returned to the heavens; all the other angels asked him what perfume he had used because there was a fragrance coming from him. Fitrus replied: "I am the lucky one who has touched the cradle of Imam Husayn (pbuh)." Prophet Muhammad (pbuh) loved Imam Husayn (pbuh) and he said that there would come a day when Imam Husayn (pbuh) would save Islam.



# Wiladat Imam Husayn & Hazrat Abbas (pbuh)



Colour in the picture below.



# Wiladat Imam Husayn & Hazrat Abbas (pbuh)



## IMAM HASAN & HUSAYN (PBUH) SHOW US HOW TO TEACH

One day in Madina, an old man was performing his wudhu getting ready to say his prayers. By chance, both Imam Hasan (pbuh) and Imam Husayn (pbuh) who was also there, and they noticed that the old man was not performing the wudhoo correctly.

Allah has asked us to correct people if they are not doing things correctly according to Islam. This duty is called "Amr bil Ma'ruf". The Imams knew that they had to guide the old man about his mistakes.

However, the Imams were only young at the time, and they felt that the old man would be ashamed if he was corrected by young children.

Then the Imams had a wonderful idea on how to teach the man. They pretended to argue with one another. Imam Hasan (pbuh) said to his brother Imam Husayn (pbuh), "I think my wudhoo is more correct than yours. Imam Husayn (pbuh) replied, "No, I think my wudhoo is more correct than yours."

The old man was listening to their argument. Imam Hasan (pbuh) turned to him and said, "Dear sir, will you judge between my brother and I to see whose Wudhoo is more correct?"

The old man agreed.





## Wiladat Imam Husayn & Hazrat Abbas (pbuh)



The two Imams both performed the wudhoo, one after the other. The old man watched closely, and realized they were exactly the same! He also realised that he was not performing the wudhoo correctly himself. He knew that the children were trying to correct him in a very polite way.

He liked the children's good manners very much. He said, "My dear children, it is I who have been performing the wudhoo incorrectly. Thank you so much for the nice way in which you guided me!"

### Moral:

It is our duty to correct someone who is not doing something right. We must not just ignore them. However, when we guide them. We must not be rude or mean. We must do it in a friendly and polite manner, so they listen to us and are not upset.





# Wiladat Imam Husayn & Hazrat Abbas (pbuh)



**Do the following activities:**

1. Do you know how to perform the wudhoo correctly? (Ask your parents to check your wudhoo for you.)
2. Taha is trying to do wudhoo but he has all the actions mixed up. Put numbers in the circles besides each action in order that he can do his wudhoo correctly.



# Wiladat Imam Zaynul Abideen (pbuh)



You have raised your hands in Dua, write or draw what you would like to ask from Allah.

DO NOT FORGET TO RUB YOUR HANDS OVER YOUR FACE, HEART AND BODY BECAUSE ALLAH'S MERCY IS IN THOSE HANDS.



My dua to Allah .....

.....

.....

.....

.....





## WHEN THINGS GO WRONG

When things go wrong,  
As they sometimes will,  
Call Imam Mahdi,  
When you want to smile,  
But you have to sigh,  
Call Imam Mahdi.

When the road you're treading seems uphill,  
And worries press you downhill,  
Call Imam Mahdi.  
Rest if you must but don't you quit,  
Call Imam Mahdi.

Success is failure inside out,  
You never know how close you are,  
So call Imam Mahdi,  
Stick to the fight when you're hardest hit,  
And call Imam Mahdi.



# Wiladat Imam Mahdi (pbuh)



## I'M LOOKING FOR YOU

Son of Ahmed, son of Ali,  
O my Imam Al-Mahdi,  
I'm looking for you, I'm waiting for you

The waiting is too long,  
It's breaking my heart,  
I'm looking for you, I'm waiting for you

I'm knocking at your door,  
When will you reply,  
I'm looking for you, I'm waiting for you

I call upon you daily,  
I write to you so often,  
I'm looking for you, I'm waiting for you





# Wiladat Imam Mahdi (pbuh)



Complete the letter below to Imam Mahdi (pbuh). Please see appendix to cut out letter and post to Imam Mahdi (pbuh).

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
Bismillahir Rahmanir Raheem

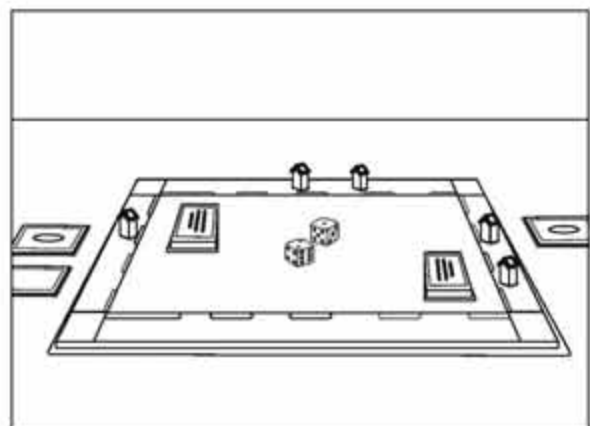
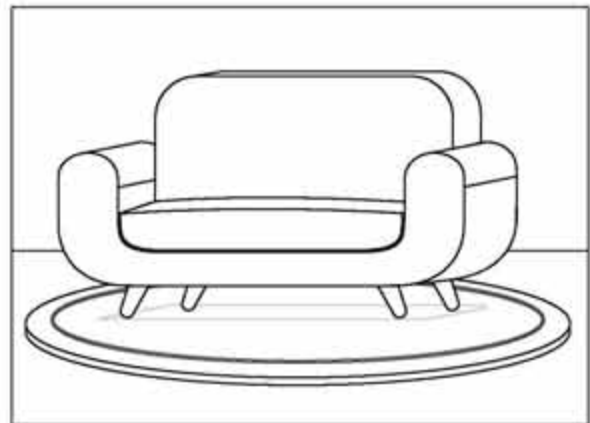
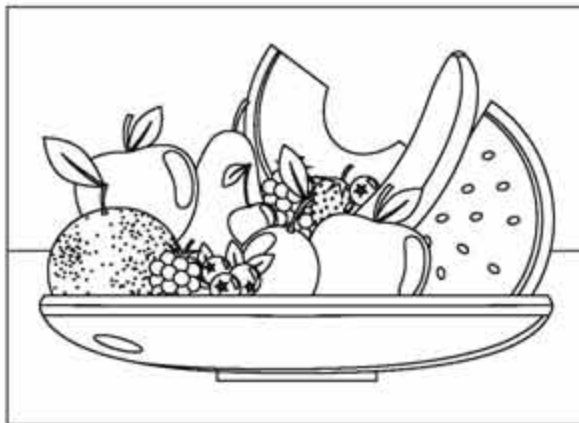
My dearest Imam, Salaam Alaikum

All my love and duas

# Month of Ramadhan



Month of Ramadhan invites you to be the guest of Allah. Imagine that you have invited some guests at your home. Colour the pictures that you would do to make your guests happy and comfortable.





Welcome O Month  
of Ramadhan

Dear month of Ramadhan, I like you because...



.....

.....

.....

.....

.....

.....

.....

From





## Farewell O Month of Ramadhan

Dear month of Ramadhan, I will miss you because...



.....

.....

.....

.....

.....

.....

.....





# Wafat Sayyida Khadija (pbuh)



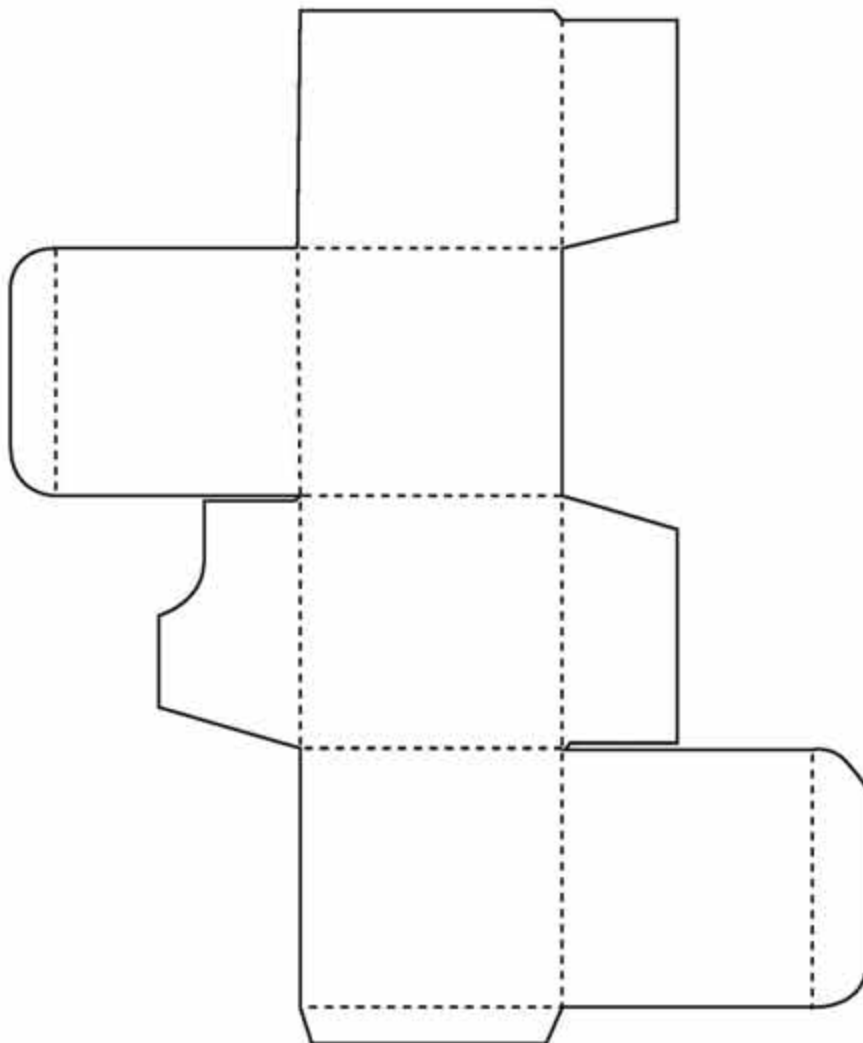
## How to make a SADQA box

You will need:

- Card / manilla paper
- A pair of scissors
- Pritt stick/ glue
- Colour pencils



See Appendix for template.





The month of Ramadhan was your guest and it is now departing. It left with wonderful gifts and you also gave it beautiful gifts. Colour in the picture below and complete the table.



Gifts that Month of Ramadhan gave me	Gifts that I gave to Month of Ramadhan

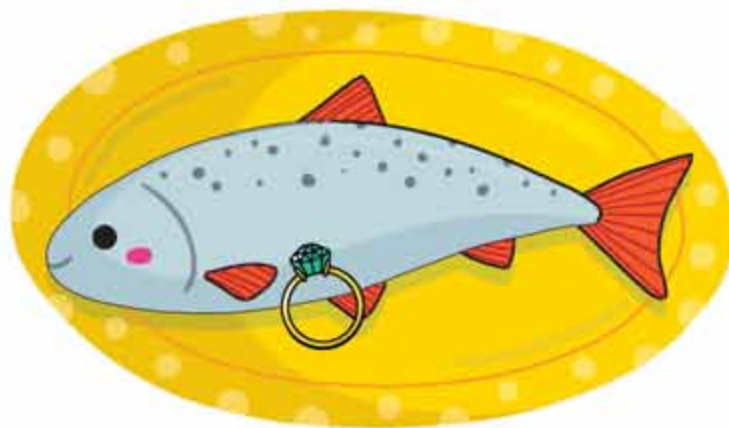


There was once a lady who always said Bismillahirrahmaanir-raheem (I begin in the name of Allah, the Kind, the Merciful) before she did anything. She knew that Allah would then always be with her.

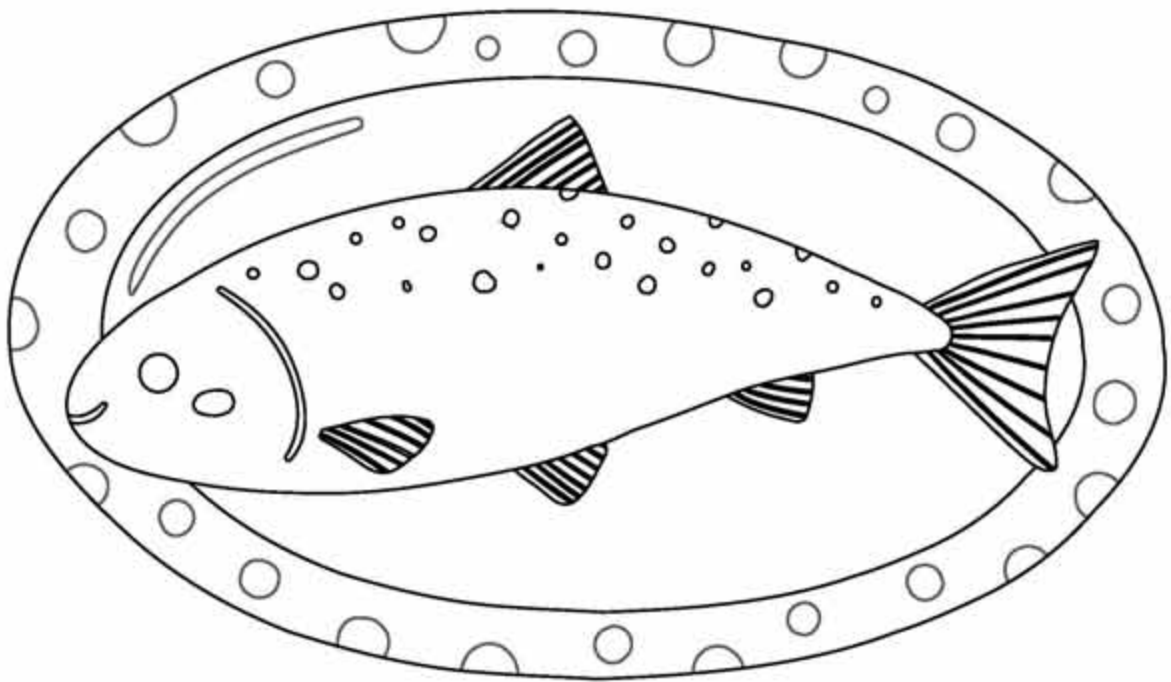
One day, she put her ring in the cupboard and as usual she said Bismillahirrahmaanirraheem (I begin in the name of Allah, the Kind, the Merciful) before she put it away. She knew that it would be safe. Her husband took the ring and threw it in the river. He wanted to prove to her that only saying Bismillahirrahmaanirraheem (I begin in the name of Allah, the Kind, the Merciful) would not keep it safe. He thought that in the evening he would ask her where the ring was and it would not be there.

Later that morning, the lady went to the market to buy some fish. When she was cleaning the fish at home she found her ring inside the stomach of the fish. She wondered how it got there but then put it back in its place in the cupboard saying Bismillahirrahmaanirraheem (I begin in the name of Allah, the Kind, the Merciful)

When her husband came back from work, he asked her where the ring was. She brought it from the cupboard. He was so surprised! He told her what he had done and apologised to her. He also truly believed that Allah is with the person who says Bismilla-hirrahmaanirraheem (I begin in the name of Allah, the Kind, the Merciful) before he/she does anything.



Colour in the fish and draw a ring inside his belly.





When Shaytan was ordered out of heaven by Allah, he asked three questions:

Where will I live?  
Where will I eat?  
Where will I sleep?

Allah told him that he, Shaytan would live with the person who did not say Bismillahir Rahmanir Raheem (I begin in the name of Allah, the Kind, the Merciful) before he/she entered his/her house.



Shaytan would eat with the person who did not say Bismillahir Rahmanir Raheem (I begin in the name of Allah, the Kind, the Merciful) before he/she started to eat.



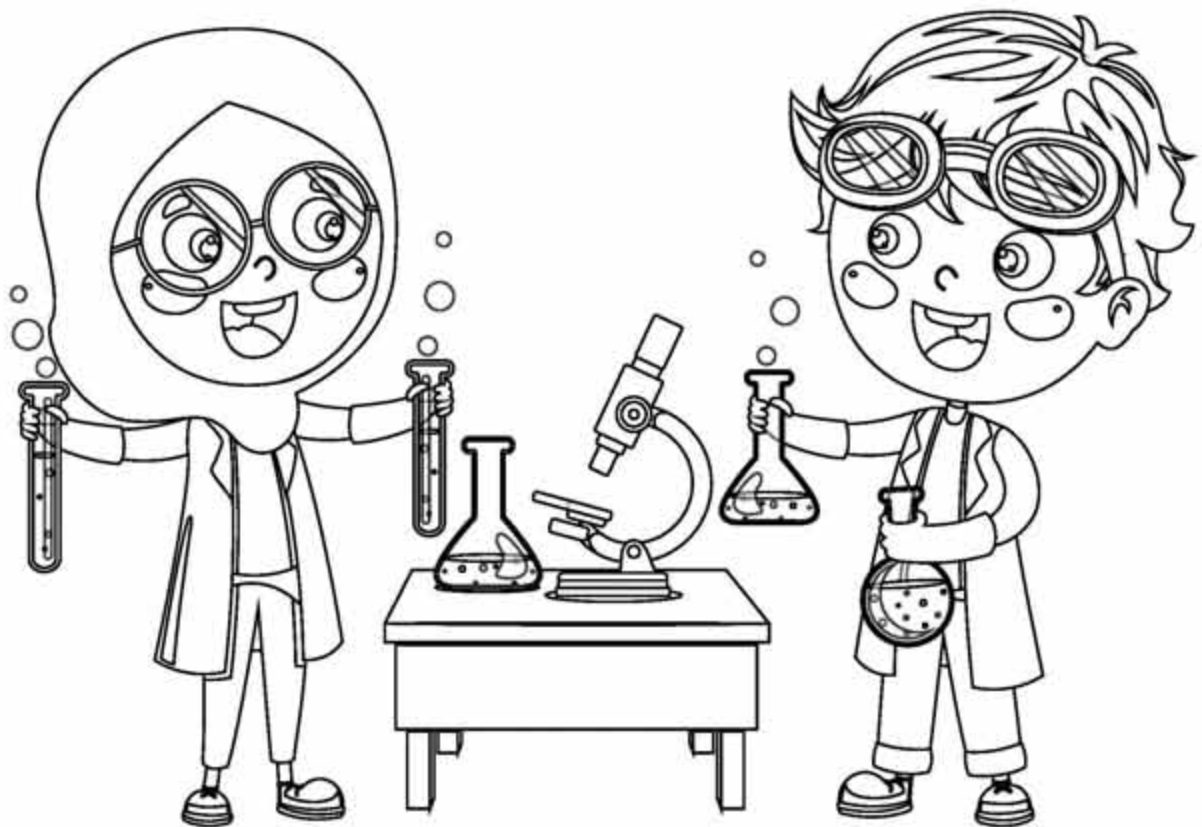
Shaytan would sleep with the person who did not say Bismillahir Rahmanir Raheem (I begin in the name of Allah, the Kind, the Merciful) before he/she went to sleep.



# Wafat Imam Ja'fer Al Sadiq (pbuh)



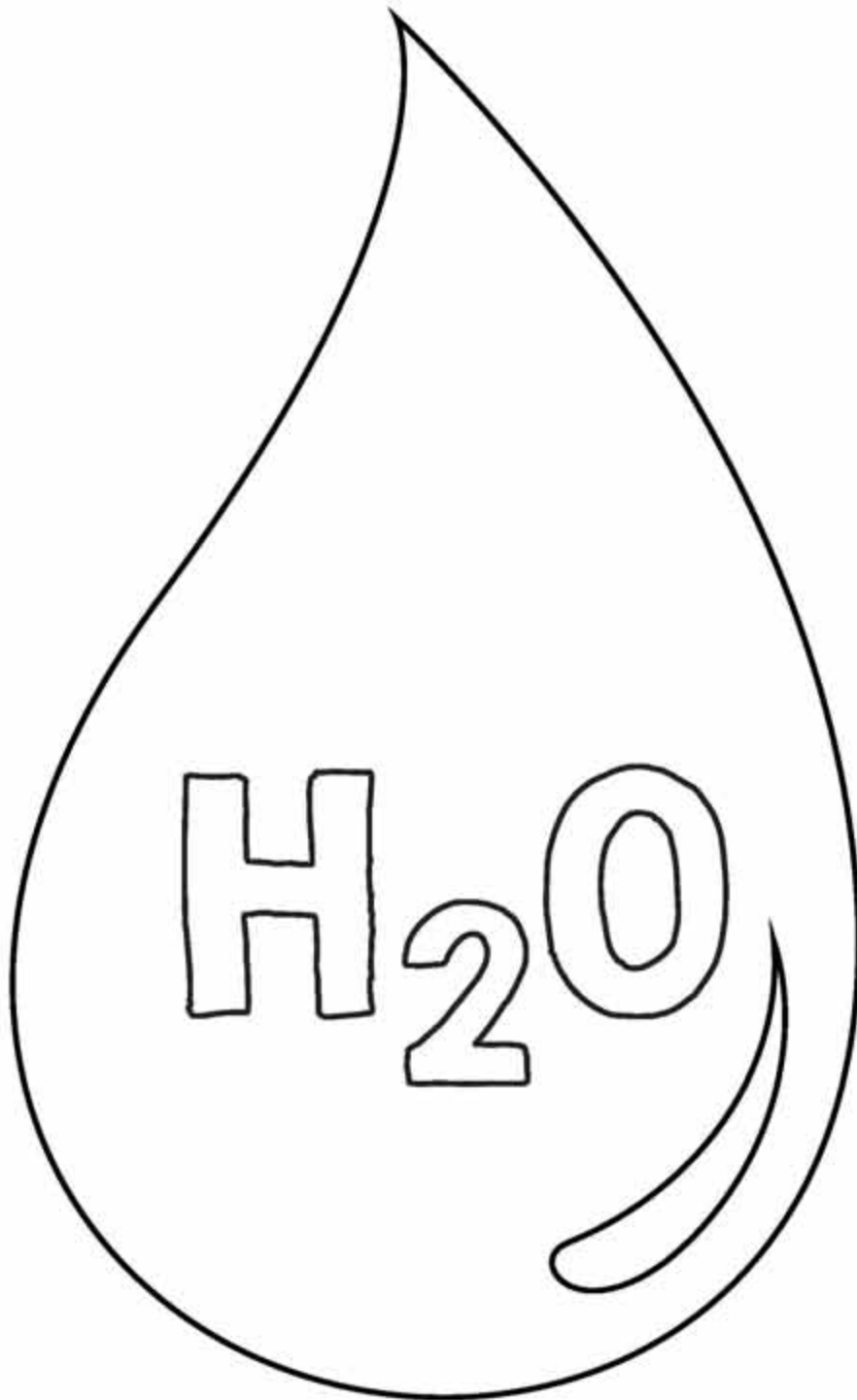
Jabir Ibn Hayyan (known as Geber) who is the Father of Chemistry learnt from Imam Ja'fer Al-Sadiq (pbuh).



# Wafat Imam Ja'fer Al Sadiq (pbuh)



H<sub>2</sub>O is the chemical formula name for water. Who do we remember when we drink H<sub>2</sub>O?



# Prophet Ibraheem (pbuh)



They picked up the heavy stones one by one. The angel Jibrail showed them where to put each stone.

Soon the Ka'ba was nearly finished. Jibrail also showed them where to put the special black stone.

Prophet Ibraheem (pbuh) and his son Prophet Ismail (pbuh) worked very hard. Prophet Ibraheem (pbuh) used to stand on a stone. The stone moulded his footprints. Today it still stands near the Ka'ba and is known as Maqame Ibraheem.



When they finished building the Ka'ba, father and son raised their hands and prayed:

رَبَّنَا تَقَبَّلْ مِنَّا إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

"...O our Lord! Accept this from us. Indeed You are the All-hearing and the All-Knowing." 2:127

Prophet Ismail (pbuh) settled in Makka and lived there all his life. His mother Bibi Hajra (pbuh) is buried next to the Ka'ba.





# Toilet Manners



I close the door of the toilet and fill the water jug with water.



Then I sit on the toilet. A Muslim never uses the toilet standing.



When I finish, I wash myself with my left hand making sure I am clean. If I have done a wee wee, I make sure that I pour water three times.



If I have done poo, then I wash myself with my left hand until I am clean.



I flush the toilet and wash my hands.



I thank Allah for having made the water which cleans me. I say: Alhamdulillah (All praise is for Allah)



# Eating manners



Before I start eating I always wash my hands. I say:  
Bismillahirrahmaanirraheem

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
(I begin in the name of Allah, the Kind, the Merciful)



I always eat with my right hand.



I start my meals with a tiny pinch of salt. I take small bites and I chew my food properly with my mouth closed.



I never talk with my mouth full. I do not eat very hot food. I never blow on my food. I wait for it to cool down if it is hot.



I always finish all the food on my plate. When I finish, I thank Allah for the food saying: Alhamdu lillah  
الْحَمْدُ لِلَّهِ  
(All praise is for Allah)



I wait for everyone on the table to finish before I get up. I rinse my mouth, wash my hands and dry them with a clean towel.





To the hunter with the deer,  
Said my Imam "Have no fear",

"Let her feed her kids,  
She'll return to you after seeing to their needs",

"I'll stand in her place,  
I promise you'll not lose face",

The deer returned as promised by Imam,  
Safely to the hunter who became calm.

Imam is the surety  
To ward off calamity.





# Bathroom manners



First I brush my teeth. Imam Muhammad Al-Baqir (pbuh) has said: "The thawabs for praying 2 rakaat salaa after brushing teeth is more than the thawabs of seventy rakaats salaa without brushing teeth."



Then I have a shower.



If it is Friday, I ask mum to help me do ghusl of Jumu'a. There are a lot of thawabs for doing ghusl of Jumu'a. This is how I do ghusl: First I do niyya – I have to know why and for whom I am doing ghusl, so I may say: I am doing ghusl of Jumu'a Qurbatan ilallah (In obedience to Allah and to get closer to Him). Then I wash my whole head down to the neck running my fingers through my hair. After that I wash the whole right side of my body from the shoulders to the feet. Finally, I wash the whole of the left side of my body from the shoulder to the feet.



If it is Thursday or Friday, I also cut my nails. I comb my hair and then do wudhoo.



If the time or Fajr salaa is coming to an end then I pray first and shower after praying salaa.





# Bedroom Routine



Before I go to sleep, I have a wash and change into my night clothes.



I visit the toilet and brush my teeth.



Then I do wudhoo.



I go to my mummy and pappa and the rest of the family and say: Fiyamaanillah (May Allah keep you safe) I give them a hug and a kiss.



I get into bed and recite Kalima, suras from the Qur'an that I know by heart, and a tasbeeh of Sayyida Fatma Zahra (pbuh).



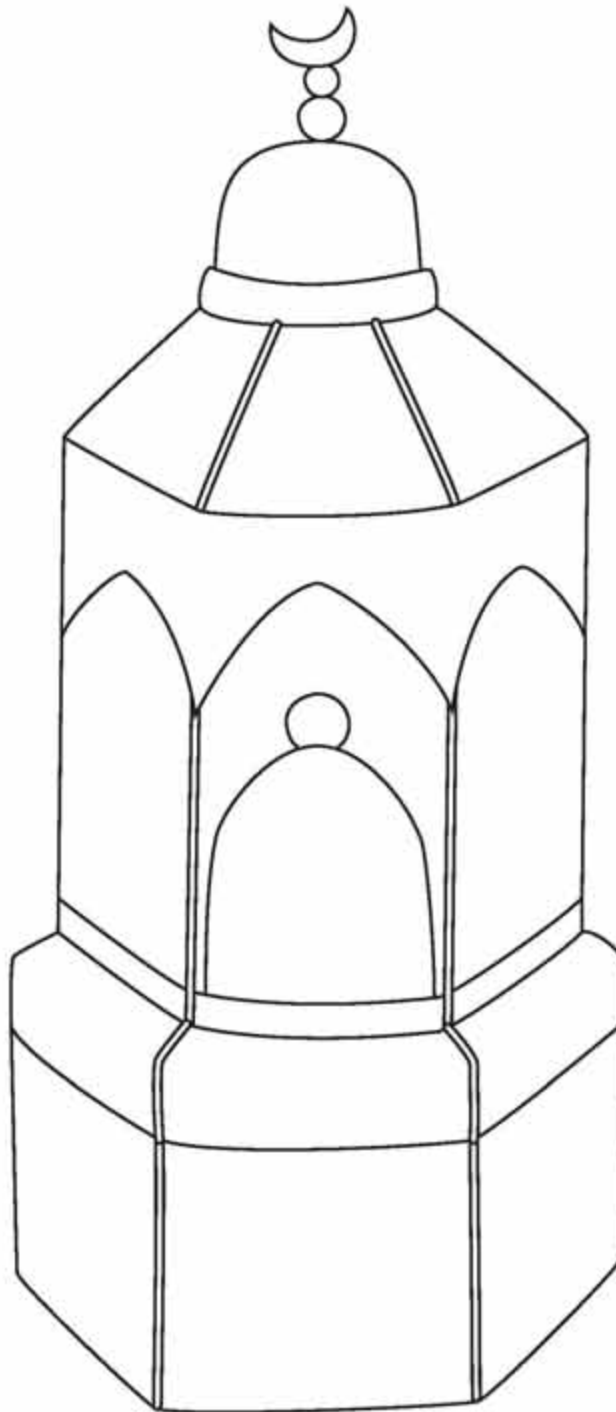
I never sleep on my tummy because that is how Shaytan sleeps. Prophet Muhammad (pbuh) used to sleep on his right side with his hand under his cheek. I never sleep in total darkness. My mummy leaves a night light on for me – sometimes the light from the hall or the street shines through.



# Prophet Ibraheem (pbuh)



Colour and complete Maqam Ibraheem by drawing in Prophet Ibraheem's (pbuh) footprints at the door.



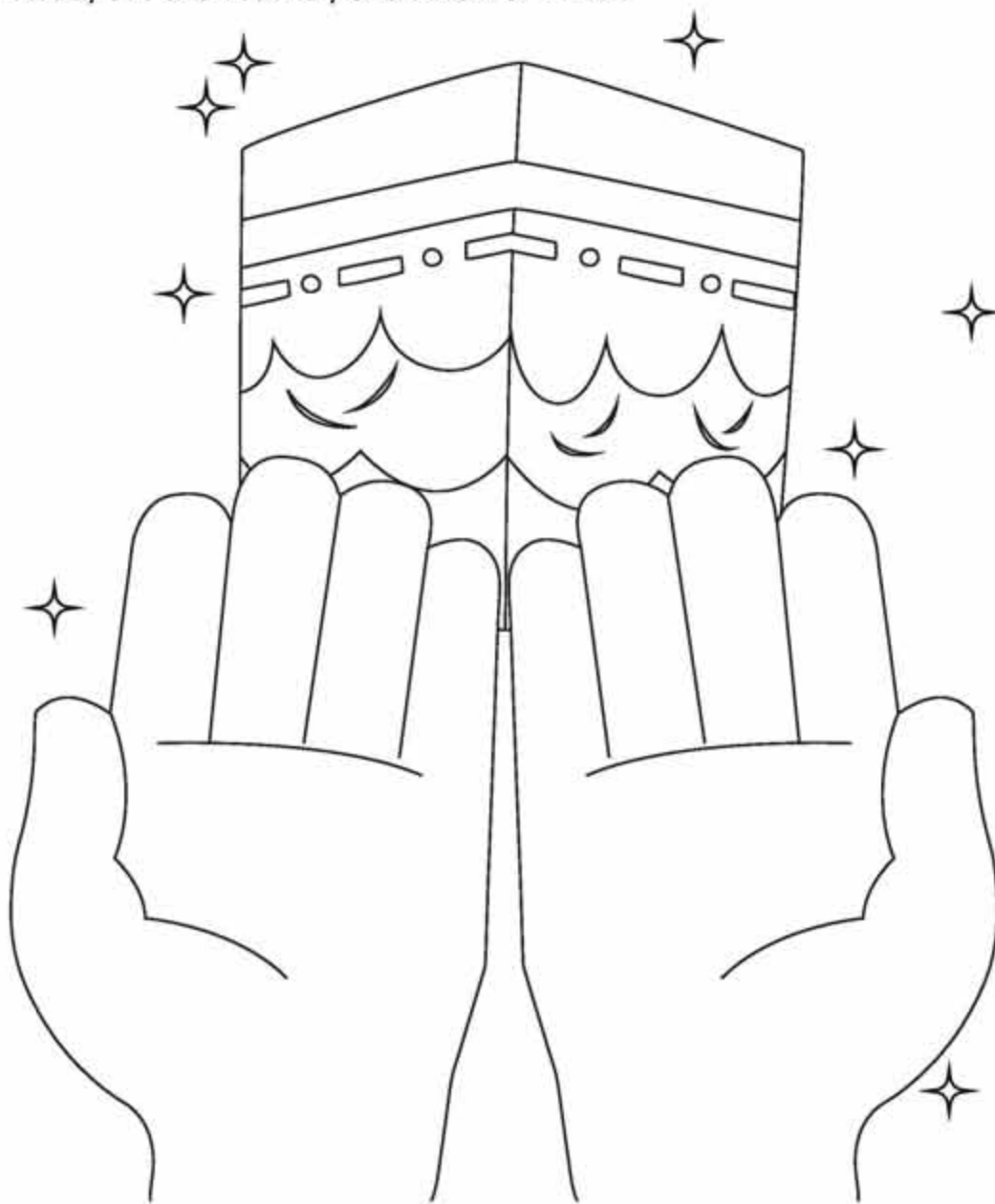
# Prophet Ibraheem (pbuh)



Colour in the Ka'ba and write in the dua of Prophet Ibraheem (pbuh) in the hands.

وَإِذْ يَرْفَعُ إِبْرَاهِيمُ الْقَوَاعِدَ مِنَ الْبَيْتِ وَإِسْمَاعِيلُ رَبَّنَا تَقَبَّلْ مِنَّا إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

And when Abraham and Ishmael were raising the foundations of the House, (Abraham prayed): Our Lord! Accept from us (this duty). Thou, only Thou, art the Hearer, the Knower. 2:127





## PROPHET ISMAIL (PBUH)



Prophet Ibraheem (pbuh) was an old man when Allah granted him a son called Ismail (pbuh). He too was a prophet. The mother of Prophet Ismail (pbuh) was Sayyida Hajra (pbuh). She was a very good lady.

Prophet Ibraheem (pbuh) took Sayyida Hajra (pbuh) and his son Prophet Ismail (pbuh) to a place which is today called Makka. He left them there as Allah had ordered him to do and went away.

Soon Sayyida Hajra (pbuh) found that all their food and water had finished. She went to look for water. There were two mountains called Safa and Marwa in Makka. She climbed up on the mountain of Safa first and looked around. She saw water and ran towards it until she reached the mountain of Marwa. Then she looked back and saw water again. She ran towards it until she reached Safa. She was seeing a mirage. But she did not give up! She ran back and forth seven times.

As she ran backwards and forwards, she used to glance towards her baby son Ismail to keep an eye on him. Suddenly she saw her baby son Ismail (pbuh) with a spring of water near his feet. The spring is still there today and it is called Zam Zam which means - Stop! Stop! (As this is what Sayyida Hajra said when she saw the water for she feared that her baby would drown). It may also mean 'lots of water'.

Because of the spring of Zam Zam many people came to live there and soon Makka became the central town of Arabia.





## PROPHET ISMAIL (PBUH)



Draw two mountains apart from each other and a fountain of water coming out of the ground in the centre.



# Prophet Nuh (pbuh)



1. How many giraffes are there?
2. Draw a circle round the monkeys.
3. Where is Prophet Nuh (pbuh)?
4. What colour are the Zebra's?



# Prophet Nuh (pbuh)



Who made the ark?  
Prophet Nuh (pbuh) made the ark.

In come the animals two by two,  
The monkey and the kangaroo.  
Who made the ark?

In come the animals four by four,  
Two through the window and two through the door.  
Who made the ark?

In come the animals eight by eight,  
Some come early, some come late.  
Who made the ark?

"Close the doors" he says,  
"It's pouring outside,  
Come inside, God will keep you safe.  
Who made the ark?

His ark is like the Ahlulbayt (pbuh),  
Hold on tight and you'll be safe.  
Who made the ark?



# Prophet Nuh (pbuh)



Cut out the animals which are in pairs and stick them on the ark below.  
See Appendix for template.





# My Aspirations



- Be God conscious
- Put your affairs right
- Maintain good relations amongst yourselves
- Be mindful of your prayers
- Be kind to your neighbours
- Take care of orphans and refugees



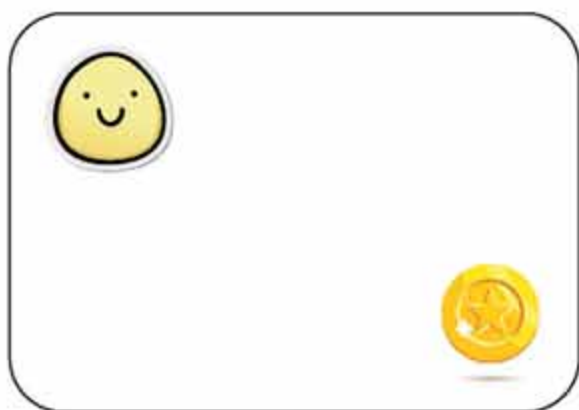
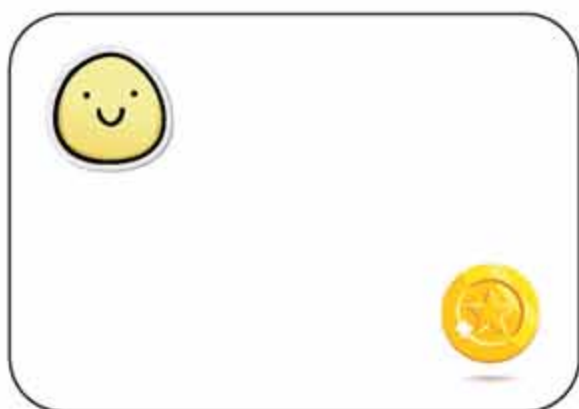
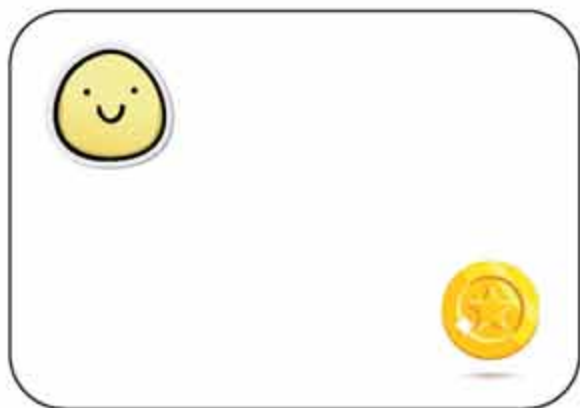
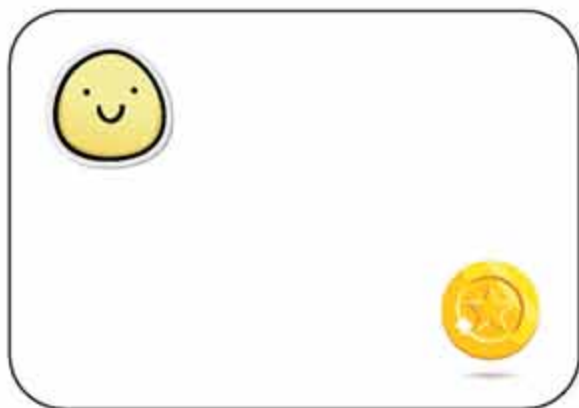
**As taught by Prophet Muhammad (pbuh)**

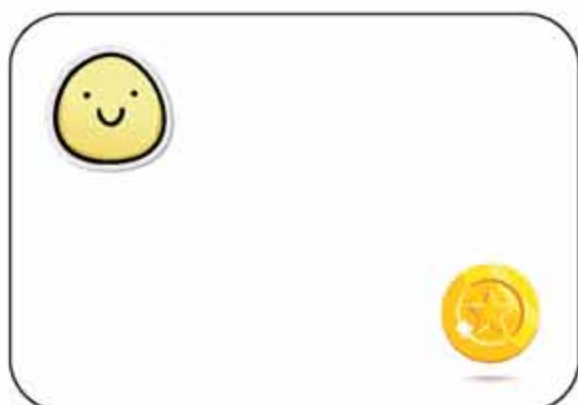
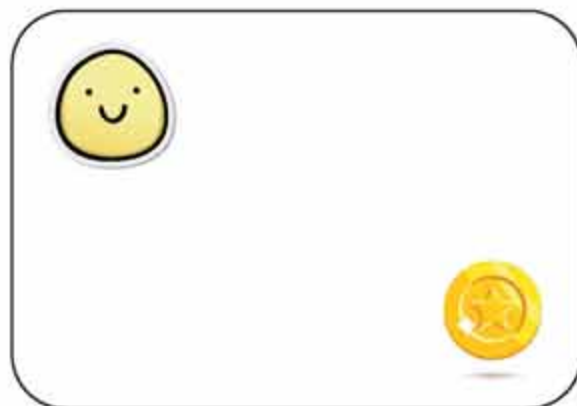
My Thoughts...

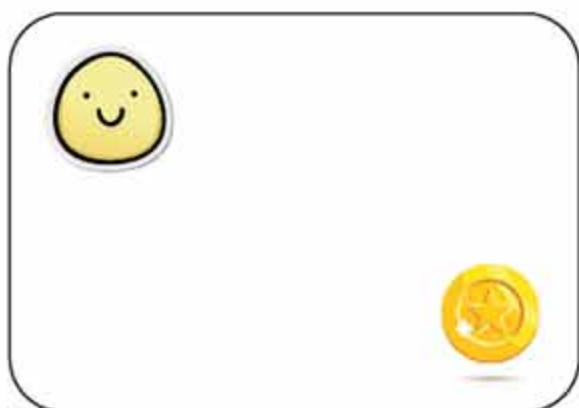
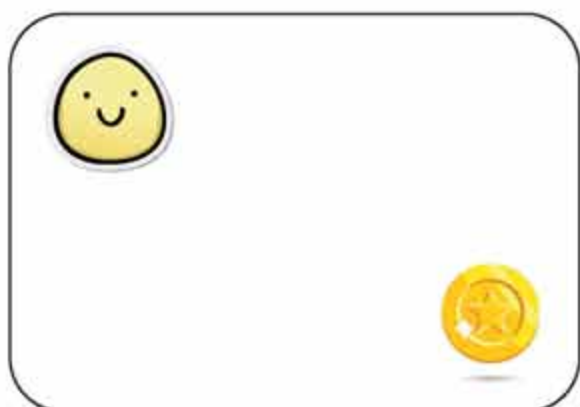
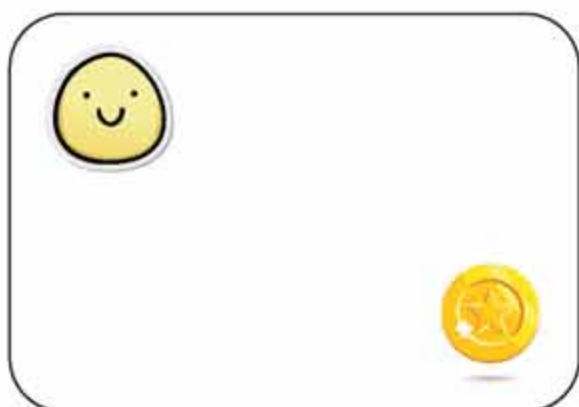
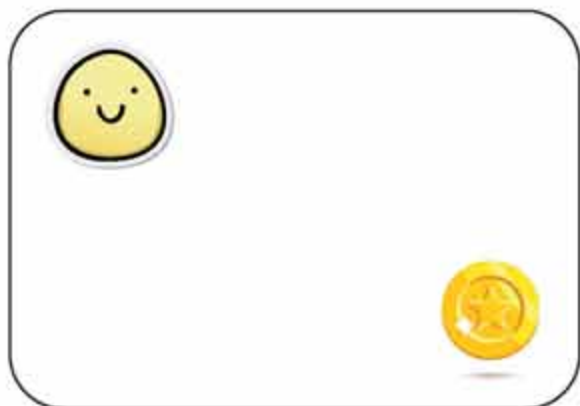
I would like the world to be a better place. I can do this by:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

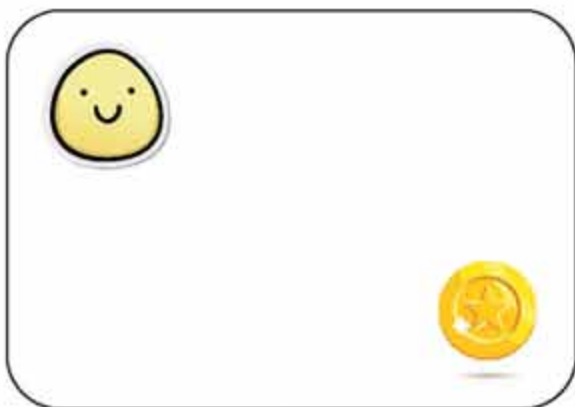
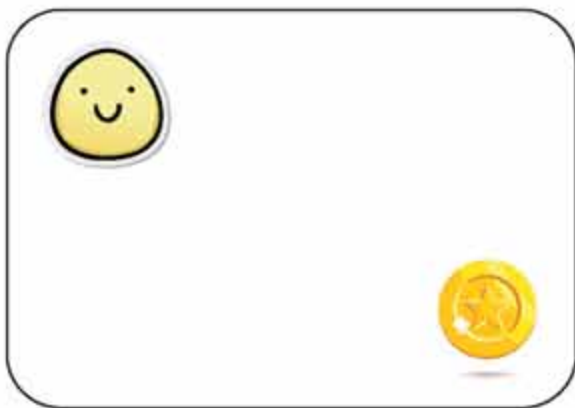














بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillahir Rahmanir Raheem

My dearest Imam, Salaam Alaikum

All my love and duas



