



# Buloogh

## FOR BOYS



Lexically, buloogh means: to reach something, to achieve a purpose, to arrive at or to approach a destination (either a place, time or anything else), to get ripe (fruit) and to reach adulthood and maturity. However, as a common terminology, it means the beginning of a natural stage in one's life, in which by appearance and development of sexual instinct and also the appearance of other physical and mental changes one becomes an adult.

Buloogh in fiqh means reaching an age or a stage in which the person is subject to all religious laws.

The importance of buloogh in Islamic jurisprudence and laws is because it is the starting point of being obliged to obey religious laws and perform its duties, thus the "age of buloogh" is also called "age of taklif."

Five key signs are mentioned in jurisprudential sources. By the appearance of any of these signs, one is regarded as baligh (adult). Three of the signs are common between males and females:

## PUBERTY

Between the ages of 13 and 15 hormonal changes will become noticeable physically which includes facial hair, breaking of the voice, and wet dreams.

Buloogh is determined by one of the following:

- Age - fifteen lunar years
- Internal change, the first nocturnal emission
- Physical change - growth of coarse hair on lower part of abdomen.

At buloogh a young man is now responsible for fulfilling his wajibaat.

## HYGEINE

Keeping oneself clean, shaving and smelling good .



## HIJAB

Respectful of actions, behaviours and interaction with the opposite gender.

قُلْ لِلْمُؤْمِنِينَ يَغُضُّوا مِنْ أَبْصَارِهِمْ وَيَحْفَظُوا أَرْوَاحَهُمْ ذَلِكَ أَزْكَى لَهُمْ إِنَّ اللَّهَ خَبِيرٌ بِمَا يَصْنَعُونَ

"Tell the believing men to lower their gaze (being respectful), and protect their private parts (from promiscuity). That is purer for them. Indeed, Allâh is All-Aware of what they do." 24:30

"Lower your eyes and you will see wonders." Prophet Muhammad

## JANAABA

When a man discharges semen, he enters the state of janaaba and ghusl of janaaba becomes wajib.

- The cause of the discharge may have been voluntary or involuntary;
- The discharge may have occurred in the sleep or when awake;
- The amount of discharge may have been a little or a lot.

The semen of human beings and animals whose blood spurts out is considered najis. However, the white seminal fluid, discharged from the penis before ejaculation is not najis.

## GHUSL OF JANAABA

Before the ghusl is performed, it must be ensured that no semen has been left in the urethra by doing istibraa.

## ISTIBRAA

- First pass urine;
- Squeeze forward from the base of the penis to the tip of the penis three times;
- Shake the penis three times.

If a person after the discharge of semen does not pass urine and performs ghusl, his ghusl will be valid. However, when he next passes urine, the residue semen in the urethra will come out and he will become junub again and he will have to re-perform the ghusl. Any seminal fluid discharged after performing istibraa and ghusl, is not najis and does not necessitate another ghusl.

## HOW IS PUBERTY CONFIRMED IN A MALE?

Puberty in males could be confirmed if one of the four signs was present:

1. Completion of fifteen lunar calendar years of age (equal to about 14 years and seven months and fifteen days of the solar calendar).
2. Ejaculation through sexual intercourse, or seminal discharge while awake or asleep.
3. The presence of pubic hair, of the rough type.
4. The presence of hair on the face and above the lips.

Note: The presence of under arm and chest hair and the deepening of the voice are not the signs of puberty in Islamic law.

He should begin performing his religious duties when he attains the age of puberty.

Name .....

I became baligh on ...../...../..... @ age ..... years

### **I WILL NOW:**

- Ensure I follow a mujtahid and know all the rulings to fulfil my waajibaat.
- Focus on my hygiene and shave the hair under my arms and under my abdomen regularly at least every 40 days.
- Keep hijab of my thoughts, actions and behaviours.
- Be respectful in my interaction with the opposite gender in particular.
- Do Ghusl as necessary