

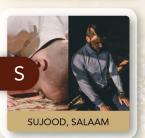
THE A-Z OF



CONTEMPLATION



KHUSHU' – SUBMISSIVENESS





В

D

BUTUN, THE SECRETS OF SALAA

DUA, DEVOTION

LAYL, NIGHT



Е

EYES

MASJID



NIYYA, INTENTION

Mindfulness

VIGILANCE, VALUE



ORIENTATION

WATER, WUDHOO

Η

Ρ

HEART

Presence.

PRESENCE

Mustahabat

XTRA: MUSTAHABAT

ISTIA'DHA, REFUGE



QUR'AN, QIYAM, QU'OOD, QUNOOT

YOU



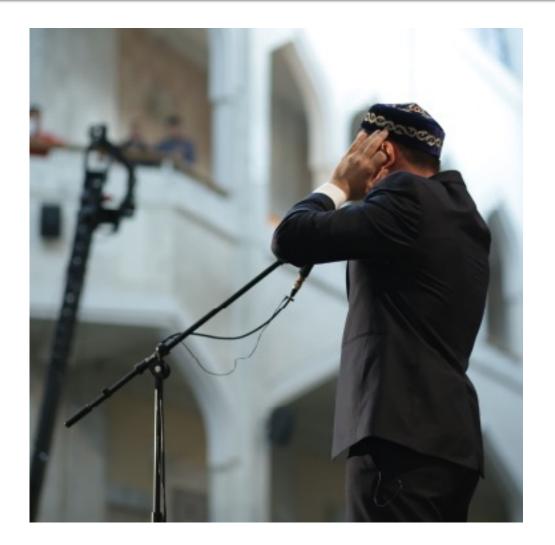


ZHIKR, TA'QIBAT



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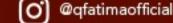
A – ACCEPTANCE, ADHAN

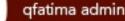


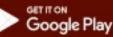
"If salaa is accepted, other deeds would be accepted; and if it was rejected, other deeds would be rejected too."

Prophet Muhammad (pbuh)









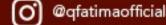


B – BUTUN, THE SECRETS OF SALAA



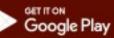
There are 7 butun to the Qur'an taking one from absolute visibility to absolute ghayb.







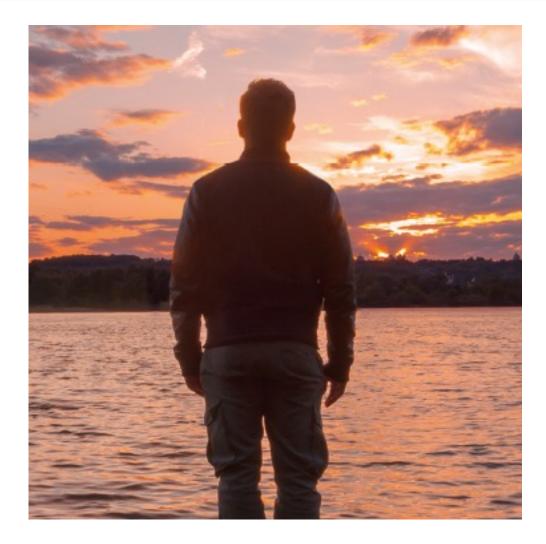
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C – CONTEMPLATION

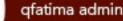


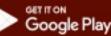
"Two rak'ats of salaa with contemplation are better than worshipping a whole night with a negligent heart."

Prophet Muhammad (pbuh)











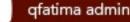
D – DUA, DEVOTION



"O Allah! Grant me complete devotion to You". Munajat Shabaniyya









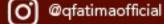


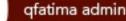
E - EYES



"Worship Allah as if you see Him. If you do not see Him, know that He sees you." Prophet Muhammad (pbuh)











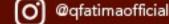
F – FORGIVENESS

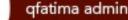


"Sometimes my heart is enveloped by a cover of dust and for this I ask Allah's forgiveness 70 x daily."

Prophet Muhammad (pbuh)











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G – GRATITUDE

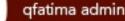


"Let each of you have an invoking tongue and a thankful heart

Prophet Muhammad (pbuh)



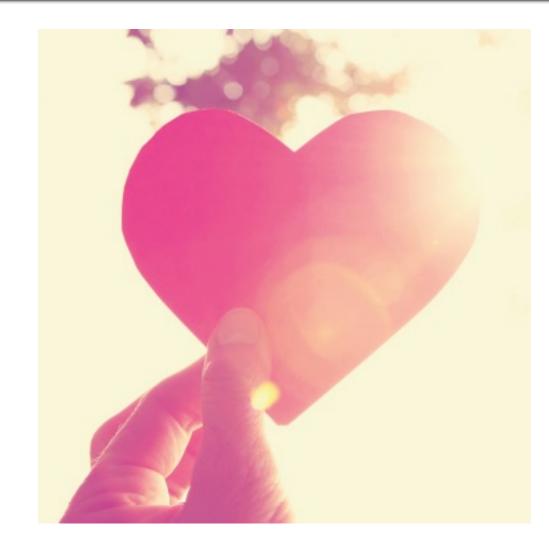








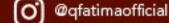
H – HEART

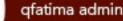


"Make your heart a qibla for your tongue and do not move it except by a sign from the heart."

Imam Sadiq (pbuh)











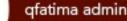
I – ISTIA'DHA, REFUGE



"And when you recite the Qur'an, take refuge from the outcast Shaytan." 16:98











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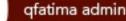
J – JAMAA', CONGREGATION



"One rakat in Jama'a better than giving 100,000 dinar in charity and one sajdah in Jama'a better than freeing 1000 slaves......"



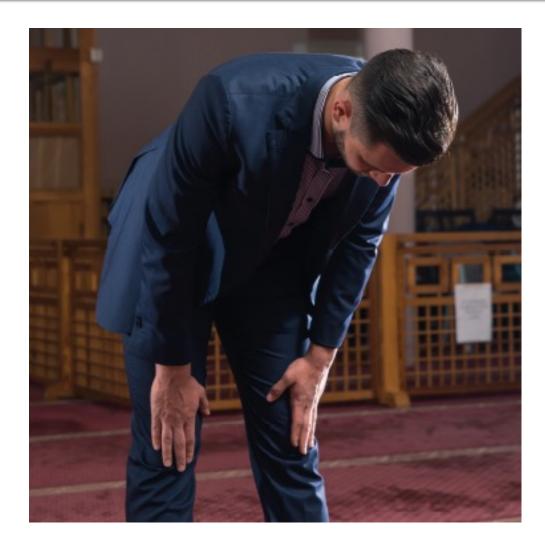








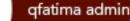
K – KHUSHU', SUBMISSIVENESS



"Successful are the mu'mineen who are submissive in their salaa" 40:1-2





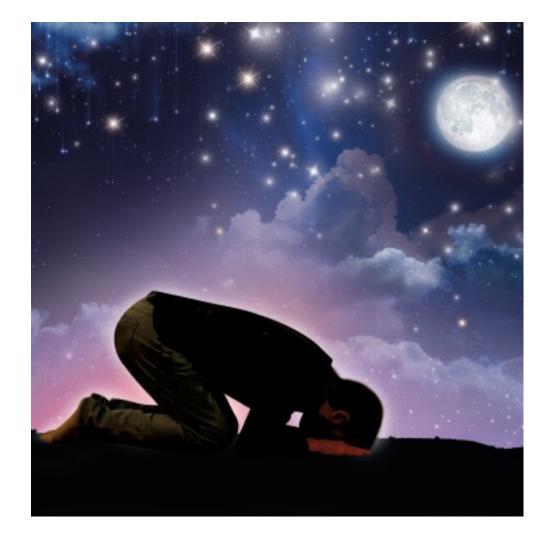






App Store

L – LAYL, NIGHT



"Salatul Layl erases the sins committed in daytime" Imam Sadiq (pbuh)











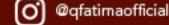
M – MASJID

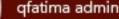


"When you arrive at the door of the mosque know that you have come to the door of a great king.....Confess to His Presence your inability, shortcomings, humility and poverty.... Expose to Him your secrets....empty your heart.....for He says "Who answers the distressed one, when he calls upon Him and removes his evil?......"

Imam Sadiq (pbuh)



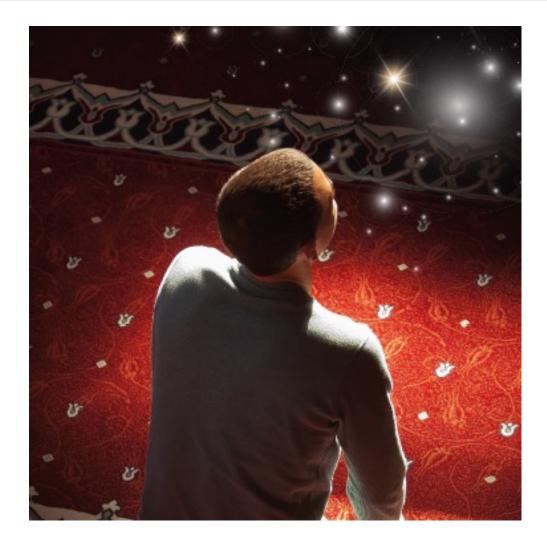








N - NIYYA, INTENTION

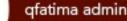


"It is the soul's decision on performing an act after conceiving it and then acknowledging it's advantage and judging its necessity"

Imam Khumayni (A.R.)











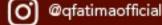
O - ORIENTATION



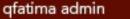
"When you face the qibla.....empty the heart of whatever takes your attention away from Allah. Remember you are standing before Him.....on the foot of fear and hope."

Imam Sadiq (pbuh)













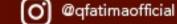
P – PRESENCE

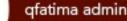


"Whoever performs a 2 rakat salaa without paying attention to worldly matters; Allah will forgive him his sins."

Prophet Muhammad (pbuh)



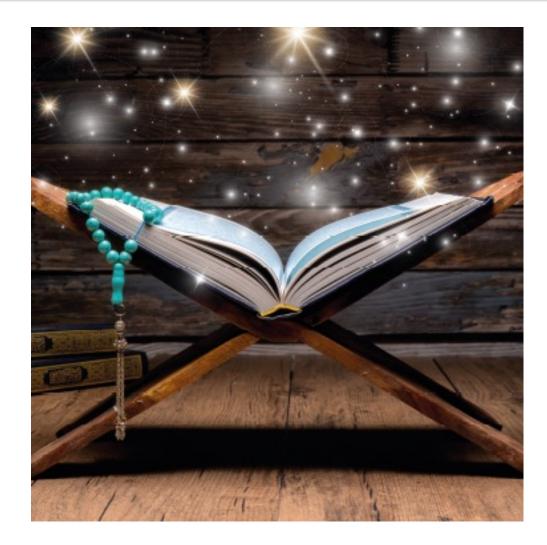








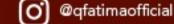
Q – QUR'AN, QIR'AT

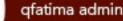


Essence of Salaa Sura Al Faatiha – Totality of the message of the Qur'an

"Allah will not punish the heart which internalises the Qur'an." Imam Ali (pbuh)



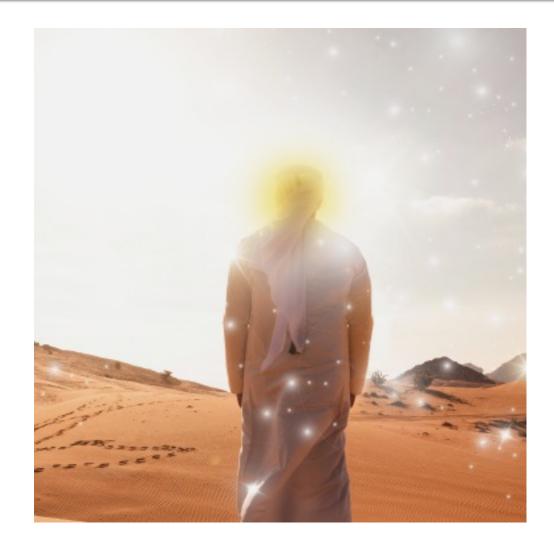








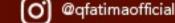
Q – QIYAM, QU'OOD

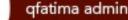


"My father said that when Ali ibn Husayn (pbuh) used to stand for salaa (qiyam); he looked like a trunk of a tree, nothing of which would move unless the wind would move it."

Imam Sadiq (pbuh)







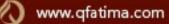




Q - QUNOOT



When you raise your hands, Allah never returns it empty.







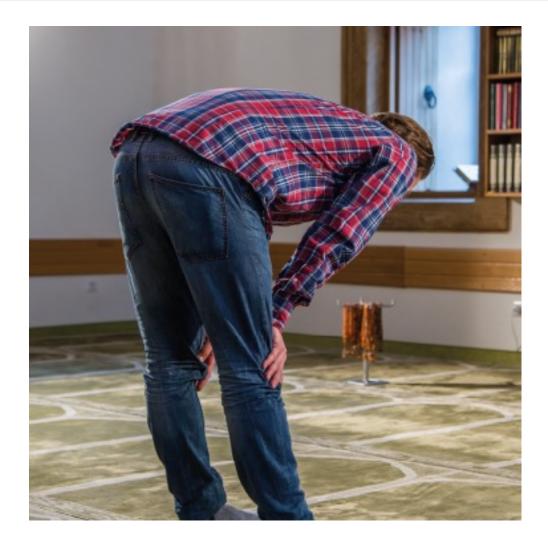
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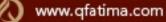


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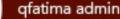
R – RUKOO



"No 'abd bows in rukoo for Allah, in a true way unless Allah adorns him with the light of His brilliance and shades him with His majesty and clothes him with the gown of his chosen ones. Prophet Muhammad (pbuh)



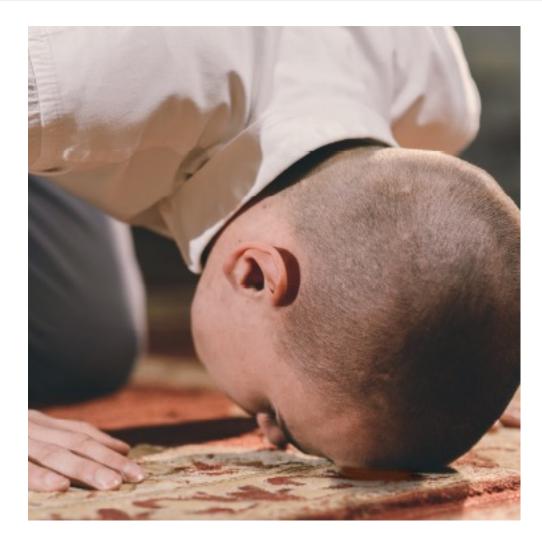








S – SUJOOD

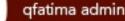


"I swear by Allah that the one who performs the sujood as it should be even for a single time in his life will not be a loser..."

Imam Sadiq (pbuh)



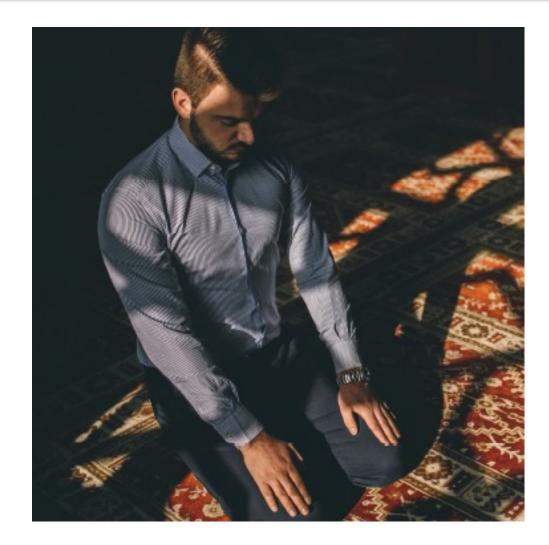








S – SALAAM

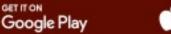


Safety from satanic intrusions Al Salaam – Attribute of Divinity



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GET IT ON





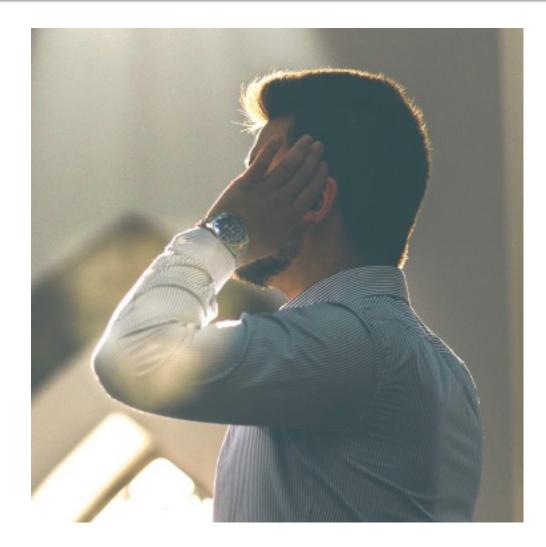
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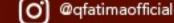
T – TAKBEER

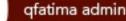


"Through the four takbeers, one announces the Greatness of Allah to the dwellers of the visible and invisible worlds of the inward and outward kingdoms"

Imam Khumayni (A.R.)











T – TASHAHHUD



Come to wakefulness through Tashahhud and Salaam.



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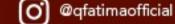


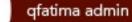
U – 'URUJ – ASCENSION



"Salaa is the mi'raj (Ascension) of the mu'min"









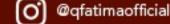


V – VIGILANCE, VALUE



Be mindful of your Rabb in all your movements and times of stillness, at every moment, with every blink of the eye, with every thought, wish or any other state. Feel His nearness to you...











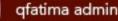
W – WATER, WUDHOO



"A sincere mu'min is like water" Purify your heart with taqwa and yaqeen as you cleanse your body with water."











X – XTRA: MUSTAHABAT



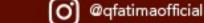
That which enhances Salaa.

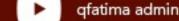




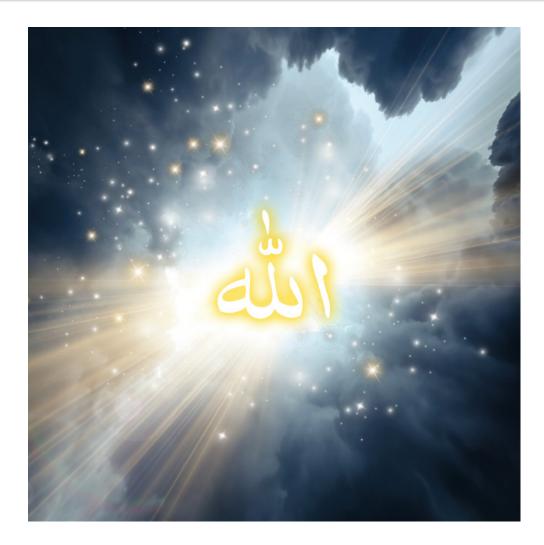








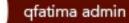
Y – YOU



"And in the middle of my chaos, there was YOU"



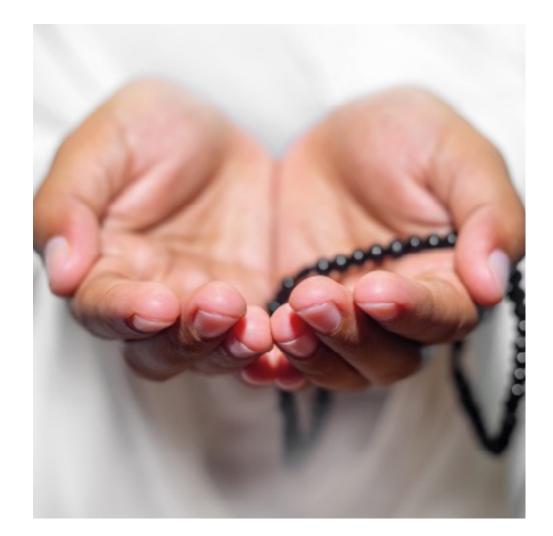








Z - ZHIKR, TA'QIBAT



"O you who believe! Remember Allah, remembering frequently and glorify Him morning and evening." 33:41-42



