



INTRODUCTION

Continuing with the manifestation of BELIEF in our behaviours....

Recap that the first manifestation is ethical.

The second manifestation of belief in our behaviours which is religious

**WA AQAAMAS SALAA WA AATAZ ZAKAA -
THE FOCUS IS ESTABLISHING SALAA**



ELABORATE

The aim is to instil a love of salaa by understanding its importance.

Discuss the difference between praying salaa and establishing salaa in one's daily life. Establishing salaa denotes the concept of one's commitment to be regular, constant and paying attention to the detail and understanding of Salaa regardless of all odds.

ACTIVITY

Ask the students to write out the A-Z of SALAA as they see it. An aspect for every letter of the alphabet.

An example for your reference is attached.

DISCUSS

Some ahadith that could be used as a point of discussion.

"Know that every deed of yours is performed According to your salaa." Imam Ali (pbuh)

"The first thing that Allah made wajib upon my Ummah was the five prayers; and the first thing from their acts of worship that shall be taken up will be the five prayers; and the first thing that they will be questioned about will be the five prayers."

"Salaa is the symbol (identity) of Islam. Whosoever loves salaa, and observes its rules, timings and methods, is a true believer."

"If the worshipper knew to what extent His (Allah's) Mercy surrounded him during Salaa, he would never raise his head from the state of sajda." Imam 'Ali (pbuh)



A-Z OF SALAA

A ACCEPTANCE	"If salaa is accepted, other deeds would be accepted; and if it was rejected, other deeds would be rejected too." Rasulullah (pbuh)
B BUTUN – Interiority	There are 7 butun to the Qur'an taking one from absolute visibility to absolute ghayb.
C CONTEMPLATION	Rasulullah (pbuh): "Two rak'ats of salaa with contemplation are better than a whole night with a negligent heart."
D DUA, DEVOTION	"O Allah! Grant me complete devotion to You". Munajat Shabaniyya
E Eyes	Rasulullah (pbuh) "Worship Allah as if you see Him. If you do not see Him, He does see you.
F FORGIVENESS - Istighfar	"Sometimes my heart is enveloped by a cover of dust and I ask Allah's forgiveness 70 times every day." Rasulullah (pbuh)
G GRATITUDE	"Let each of you have an invoking tongue and a thankful heart" Rasulullah (pbuh)
H HEART	"Make your heart a qiblah for your tongue and do not move it except by a sign from the heart." ImamSadiq (pbuh)
I ISTIA'DHA	"And when you recite the Qur'an, take refuge from the outcast Shaytan." 16:98
J JAMAA'	"One rakat in Jama'a better than giving 100,000 dinar in charity and one sajdah in Jama'a better than freeing 1000 slaves....."
K KHUSHU' – Submissiveness	"Successful are the mu'mineen who are submissive in their salaa" 40:1-2
L LAYL	"Salatul Layl erases the sins committed in daytime" Imam Sadiq (pbuh)
M MOSQUE	"When you arrive at the door of the mosque know that you have come to the door of a great king..... Confess to His Presence your inability, shortcomings, humility and poverty.... Expose to Him your secrets... empty your heart.....for He says "Who answers the distressed one, when he calls upon Him and removes his evil?....." Imam Sadiq (pbuh)
N NIYYA	"It is the soul's decision on performing an act after conceiving it and then acknowledging it's advantage and judging its necessity" Imam Khumayni
O ORIENTATION – Qibla	"When you face the qiblah.....empty the heart of whatever takes your attention away form Allah. Remember you are standing before Him.....on the foot of fear and hope." Imam Sadiq (pbuh)
P PRESENCE	"Whoever performs a 2 rakat salaa without paying attention to worldly matters; Allah will forgive him his sins." Rasulullah (pbuh)
Q QIYAM, QU'OOD, QUR'AN, QUNOOT	"My father said that when Ali ibn Husayn (pbuh) used to stand for salaa (qiyam); he looked like a trunk of a tree, nothing of which would move unless the wind would move it." Imam Sadiq (pbuh)
R RUKOO	"No 'abd bows in rukoo for Allah, in a true way unless Allah adorns him with the light of His brilliance and shades him with His majesty and clothes him with the gown of his chosen ones. Rasulullah (pbuh)
S SUJOOD, SALAAM	"I swear by Allah that the one who performs the sujood as it should be even for a single time in his life will not be a loser..." Imam Sadiq (pbuh)
T TAKBEER, TASHAHHUD, TA'QIBAT, TAYAMMUM	"Through the four takbeers, one announces the Greatness of Allah to the dwellers of the visible and invisible worlds of the inward and outward kingdoms" Imam Khumayni
U 'URUJ – Ascension	"Salaa is the mi'raj (Ascension) of the mu'min"
V VIGILANCE	Be mindful of your Rabb in all your movements and times of stillness, at every moment, with every blink of the eye, with every thought, wish or any other state. Feel His nearness to you.....
W WATER, WUDHOO	"A sincere mu'min is like water" Purify your heart with taqwa and yaqeen as you cleanse your body with water."
X XTRA – Mustahabat	
Y YAQEEN – Certainty	"Those who strive in Us, We shall surely guide them to Our ways." 29:69
Z ZHIKR	"O you who believe! Remember Allah, remembering frequently and glorify Him morning and evening." 33:41-42