

SUGGESTED LESSON PLAN FOR TEACHING

Ayatul Birr 2:177

ALLAH'S VIEW
TRUTHFULNESS & GOD CONSCIOUS

INTRODUCTION

Continuing with the manifestation of BELIEF in our behaviours....

THE FINAL HUMAN BEING THAT EMERGES IS ONE WHO IS TRUE TO HIMSELF AND IS GOD CONSCIOUS

أُولَئِكَ الَّذِينَ صَدَقُوا وَأُولَئِكَ هُمُ الْمُتَّقُونَ

In essence it means being at peace with oneself.



ELABORATE

All the combined qualities learnt from Ayatul Birr results in a person who doesn't worry about pleasing people or living by anyone's standards except Allah's.

It is said that one who is true to himself is impeccable with his words, speaks with integrity and says what he means. He does not speak against others and used his words in the direction of truth and love.

DISCUSS

Discuss being authentic to oneself by using the phrase.

"I mean what I say and I say what I mean"

IMAM ALI PBUH ON TAQWA

Qualities of one with taqwa (God consciousness)
Extracts from Sermon 193 of Nahjul Balagha

1. Their speech is to the point and indecent speech is far from them. Their words are lenient, and they do not call anyone bad names.
2. Their dress is moderate
3. Their walk is humble.
4. They keep their eyes closed to what Allah has made unlawful for them,
5. They put their ears to that knowledge which is beneficial to them.
6. Their attitude in trial and comfort is the same – dignified during calamities, patient in distress and thankful in ease.
7. They are prepared for death.
8. Their needs are few.
9. Their meals are small and simple.

10. At night they recite Qur'an seeking through it a cure for their ailments – if they come across an aya of Janna they incline towards it as though they see it and when they come across an aya of Jahannam they go into sajda to seek deliverance from it.
11. During the day they are hardworking, learned, and virtuous.
12. They are not satisfied with their few good acts, and do not regard their major acts as great. They always blame themselves and are afraid of their deeds.
13. When anyone of them is spoken of highly, he says: "I know myself better than others, and my Lord knows me better than I know. O' Allah do not deal with me according to what they say and make me better than they think of me and forgive me what they do not know."
14. They forgive those who are unjust to them – they behave well with those who have behaved badly with them and give to those who deprive them.
15. You only expect good from them.
16. He admits truth before evidence is brought against him.
17. They do not feel happy at others misfortunes.