

# ETIQUETTES OF EATING

---

Mustahab Acts Whilst Eating  
Ruling 2653



# Q JURISPRUDENCE LESSON PLAN

<b>Q JURISPRUDENCE LESSON PLAN</b> <small>THEMATIC TEACHING LINKING THE CORE SUBJECTS AIMING TOWARDS A POSITIVE BEHAVIOURAL CHANGE</small>	
<b>CLASS &amp; DATE</b>	
<b>SUBJECT</b>	Dietary Laws – Mustahab acts whilst eating & drinking
<b>KEY QUESTION</b>	Should we hold the knife in our right hand and the fork in our left? Is the glass placed on the right or the left? Which cutlery should we start with, they look so confusing!
<b>PREPARATION</b> <small>(RESOURCES YOU WILL NEED TO PREPARE THE LESSON)</small>	A <a href="#">Risala</a> , PPT – Etiquettes of eating (mustahab acts) Crocery & cutlery A <a href="#">3 course</a> meal
<b>KEY OBJECTIVE &amp; OUTCOME</b>	To inculcate mustahab habits whilst eating and drinking
<b>INTRODUCTION</b> <small>(INTRODUCE THE KEY OBJECTIVE TO THE STUDENTS. A MAXIMUM OF 3 KEY POINTS)</small>	<ul style="list-style-type: none"> <li>- Role play (comparing eating casually and eating with Islamic Etiquettes).</li> <li>- Lay a 4-place seating with a 3-course meal.</li> </ul>
<b>KEY VOCABULARY</b>	
<b>THE LESSON/MAIN ACTIVITY</b> <small>(WRITE THE KEY POINTS AND HOW YOU WILL RELATE IT. WHETHER YOU WILL USE A DRAWING, PICTURES, VIDEO, OR A PLAY. MAKE IT SUPER INTERESTING. HELP THE STUDENTS UNDERSTAND HOW THE LESSON APPLIES TO LIFE)</small>	<ul style="list-style-type: none"> <li>- Ask the opening question.</li> <li>- Do the Role Play</li> <li>- Look at the PPT Etiquettes of eating- mustahab acts.</li> <li>- Compare the normal eating and drinking etiquettes and the Islamic eating etiquettes.</li> </ul>
<b>PRACTICAL ACTIVITIES</b> <small>(WORKSHEETS, CRAFTS, ARTWORK, RHYMES... OR ANY ACTIVITIES THAT WILL HELP UNDERSTAND THE SUBJECT. THESE MUST HELP)</small>	<p>In pairs students to answer the Think, Tac, Toe questions from the Power Point Presentation.</p> <p>In pairs students to look up Dietary Law 2653 &amp; 2655 from the <a href="#">Risala</a>, and discuss them.</p>
<b>ASSESS</b> <small>(REPEAT THE KEY THEME. HAVE A QUIZ OR A DISCUSSION ABOUT THE LESSON)</small>	Students to lay out a banquette and to share a small meal together keeping in mind the points learnt in today's lesson.
<b>CONCLUSION</b>	End with <a href="#">dua</a> to assist leaning "RABBI ZIDNEE ILMAN" and Sura <a href="#">Fateha</a> for <a href="#">Machumeen</a> .

www.qfatima.com

# RULING 2653



Wash both hands



Start by saying...

# RULING 2653



Start and end the  
meal with salt



Eat with your right hand

# RULING 2653



Eat small morsels



Chew your food properly

# RULING 2653

Gather and eat the crumbs that have fallen on the tablecloth.



# RULING 2653



Praise Allah at the end  
of your meal



Use a toothpick after  
your meal

# RULING 2653

Wash both hands after eating and dry them with a piece of cloth.







# Etiquettes of Drinking

RULING 2655

# ETIQUETTES OF DRINKING

- To drink water by sipping.
- To drink water during the day whilst standing.
- To say Bismillah before drinking water
- To say Alhamdulillah after drinking water.
- To drink water in 3 gulps.
- To remember Imam Husayn (pbuh) and say As Salamu Alaika Ya Aba Abdillah.
- To curse the killers of Aba Abdillah (pbuh).



# ASSESSMENT THINK, TAC, TOE

Answer 3 of the 9 questions, you must go through the center rectangle.

With which food should we start our meal?	How many meals are we recommended to eat during a day?	Who should commence the meal, the host or the guest?
Is it better to go for a walk after your meal or to lie down on your back?	What are the 10 mustahab etiquettes of eating in Islam	With which food should we end our meal?
Which 2 Asma ul Husna should we recite before we start our meal?	Who should end the meal the host or the guest?	List 5 etiquettes of drinking water