

In the name of Allah, the Beneficent, the Merciful

There is no power nor strength except with Allah – the Most High the Most Great

And nothing can benefit one save Allah

Only Allah's will prevails and only He dispels evil

Allah is enough for He created me and guides me

And it is He who feeds me and quenches my thirst

And when I am ill it is He who heals me

And We reveal of the Quran that which is a healing and a mercy to the believers

O Allah! Grant us good health and do not separate us from good health

O He Who created good health

With Your Mercy O the Most Merciful

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

وَلَا يَنْفَعُ شَيْءٌ إِلَّا اللَّهُ

مَا شَاءَ اللَّهُ وَلَا يَصْرِفُ الشُّوءَ إِلَّا اللَّهُ

حَسْبِيَ اللَّهُ الَّذِي خَلَقَنِي فَهُوَ يَهْدِينِي وَالَّذِي

هُوَ يُطْعِمُنِي وَيَسْقِينِي

وَإِذَا مَرِضْتُ فَهُوَ يَشْفِينِي

وَنَزَّلَ مِنَ الْقُرْآنِ مَا هُوَ شِفَاءٌ وَرَحْمَةٌ لِّلْمُؤْمِنِينَ

اللَّهُمَّ ارْزُقْنَا الْعَافِيَةَ وَلَا تَفَرِّقْ بَيْنَنَا وَبَيْنَ الْعَافِيَةِ

يَا خَالِقَ الْعَافِيَةِ

بِرَحْمَتِكَ يَا أَرْحَمَ الرَّاحِمِينَ

Recommended

QUR'ANIC AYAAT AND DUAS

In times of serious sickness



اللَّهُمَّ إِنِّي لَا أَسْأَلُكَ رَدَّ الْقَضَاءِ وَلَا كَيْنُ أَسْأَلُكَ لُطْفًا فِيهِ

O Allah I do not ask You to reverse Your decision, but I ask You to show me the leniency in it.

SALAWAT OF SAYYIDA FATIMA (PBUH)

Recite 535 times in one sitting

O Allah, bless Fatima and her father, her husband, and her sons, and by the hidden energy (secret) in them whose count is only in Your knowledge.

اللَّهُمَّ صَلِّ عَلَى فَاطِمَةَ وَآبِهَا وَبَعْلِهَا

وَبَنِيهَا وَسِرِّ الْمُسْتَوْدَعِ فِيهَا بَعْدَ مَا

أَخَاطُ بِهِ عِلْمُكَ

DUA FOR PROTECTION

These five are enough for me to remove my difficulty and extinguish the fire of calamities. The Prophet (Mustafa), Imam Ali (Murtaza) and their sons (the 11 Imams) and Fatima (pbuh)

لِي خَمْسَةٌ أَطْفِئُ بِهَا حَرَّ الْوَبَاءِ الْخَاطِمَةِ

الْمُصْطَفَى وَ الْمُرْتَضَى وَ آبَهُمَا وَ الْفَاطِمَةَ

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|--|---|--|---|---|
| <p>And We reveal of the Quran that which is a healing and a mercy to the believers, and it adds only to the loss of the unjust. 17:82</p> | <p>وَنَزَّلُ مِنَ الْقُرْآنِ مَا هُوَ شِفَاءٌ وَرَحْمَةٌ لِّلْمُؤْمِنِينَ وَلَا يَزِيدُ الظَّالِمِينَ إِلَّا خَسَارًا</p> | <p>Therefore he called upon his Lord: I am overcome, so come to help. 54:10</p> | <p>فَدَعَا رَبَّهُ أَنِّي مَغْلُوبٌ فَانْتَصِرْ</p> | <p>أَلَيْسَ اللَّهُ بِكَافٍ عَبْدَهُ Is not Allah sufficient for His servant? 39:36</p> |
| <p>And when I am sick, then He restores me to health. 26:80</p> | <p>وَإِذَا مَرِضْتُ فَهُوَ يَشْفِينِ</p> | <p>There is no god but You, glory be to You; surely I am of those who make themselves to suffer loss. 21:87</p> | <p>لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ</p> | <p>هُوَ مَوْلَاكُمْ فَنِعْمَ الْمَوْلَىٰ وَنِعْمَ النَّصِيرُ He is your Guardian; how excellent the Guardian and how excellent the Helper! 22:78</p> |
| <p>And say: O my Lord! forgive and have mercy, and You are the best of the Merciful ones. 23:118</p> | <p>وَقُلْ رَبِّ اغْفِرْ وَارْحَمْ وَأَنْتَ خَيْرُ الرَّاحِمِينَ</p> | <p>So we responded to him and delivered him from the grief and thus do We deliver the believers. 21:88</p> | <p>فَاسْتَجَبْنَا لَهُ وَجَجَّيْنَاهُ مِنَ الْعَمِّ وَكَذَلِكَ نُنْجِي الْمُؤْمِنِينَ</p> | <p>الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ All praise is due to Allah, the Lord of the Worlds. 1:2</p> |
| <p>Or, Who answers the distressed one when he calls upon Him and removes the evil. 27:62</p> | <p>أَمَّن يُجِيبُ الْمُضْطَرَّ إِذَا دَعَاهُ وَيَكْشِفُ السُّوءَ</p> | <p>Surely my Lord is the Preserver of all things. 11:57</p> | <p>إِنَّ رَبِّي عَلَىٰ كُلِّ شَيْءٍ حَفِيظٌ</p> | <p>نِعْمَ الْمَوْلَىٰ وَنِعْمَ النَّصِيرُ Most excellent is the Patron and most excellent the Helper. 8:40</p> |
| <p>We said: O fire! be a comfort and peace to Ibrahim. 21:69</p> | <p>قُلْنَا يَا نَارُ كُونِي بَرْدًا وَسَلَامًا عَلَىٰ إِبْرَاهِيمَ</p> | <p>Allah is sufficient for us and most excellent is the Protector. 3:173</p> | <p>حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ</p> | <p>فَتَبَارَكَ اللَّهُ أَحْسَنُ الْخَالِقِينَ So blessed be Allah, the best of the creators. 23:14</p> |
| <p>And Ayub, when he cried to his Lord, (saying). Harm has afflicted me, and You are the most Merciful of the merciful. 21:83</p> | <p>وَأَيُّوبَ إِذْ نَادَىٰ رَبَّهُ أَنِّي مَسَّنِيَ الضُّرُّ وَأَنْتَ أَرْحَمُ الرَّاحِمِينَ</p> | <p>And rely on Allah; and Allah is sufficient for a Protector. 33:3</p> | <p>وَتَوَكَّلْ عَلَى اللَّهِ وَكَفَىٰ بِاللَّهِ وَكِيلًا</p> | <p>لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ There is no power nor strength except with Allah – the Most High the Most Greats.</p> |