A BOOK OF DUAS FOR

Life's Challenges

SELECTED SMALL DUAS





CONTENTS

DUA FARAJ	1
ZIYARA	3
A GIFT FROM IMAM HUSAYN (PBUH)	4
DUA OF IMAM ALI (PBUH)	6
DUA TO RELIEVE EXTREME DIFFICULTY	8
SALAWAT OF SAYYIDA FATIMA (PBUH)	9
DUA FOR FORGIVENESS	10
BETTER THAN ALCHEMY	11
SALATUL LAYL	12
DUA HAZEEN (To be recited after completion of Salatul Witr)	15
AYAAT FROM THE QUR'AN TO BE RECITED WHEN	19
DUAS FROM THE QUR'AN	24
ASMAUL HUSNA	33
ASMAUL HUSNA IN ORDER OF NEED	50



DUA FARAJ

It is reported in the book 'Kumuz ul Najat' by Shaikh Fazil bin Hasan Tabrisi, that a man called Abul Hasan Muhammad bin Abul Laith was at one time hiding in a graveyard in Baghdad out of fear for his life. Imam taught him this duas which saved his life. He said that when the phrase – Ya Sahibuz Zaman was recited – Imam pointed to himself which not only proved his identity but indicated that our minds should be directed towards Imam when we recite it.

In the name of Allah, the Kind, The Merciful O Allah, send blessings on Muhammad and aali Muhammad O Allah, trials are great, fear has increased. the cover has been removed, all hopes have been cut off, the earth has shrunk (with very little to spare for us), the heavens are withholding blessings we call upon You for help, we direct our complain to You, we have total faith in you in times of distress and wellbeing. O Allah, send blessings on Muhammad and aali Muhammad the Ulil Amr - obedience to whom has been made obligatory, through which their high status has been made known.

بِسُمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ ٱڵڷ۠ۿؙۄۜ*ۧ*ڝٙڷۼڶؙٛۼػڡۧۑۊۧٳڸۼٛػڡۧۑ الميى عَظْمَ الْبَلاءُوبَرِحَ الْحَقَاءُ وَانْكَشَفَ الْغِطاءُ وَانْقَطَعَ الرَّجَاءُ وَضَاقَتِ الْأَرْمُ صُ وَمُنَعَتِ السَّمَاءُ وَ أَنْتَ الْمُسْتَعَانُ وَ الْيُكَ الْمُشْتَكِي وَعَلَيْكَ الْمُعَوَّلُ فِي الشِّدَّةِ وَالرَّخَاءِ ٱڵڷۿ_ڴٙڝٙڸٞۼڶؽؙػڝۧۑۊٙٳڸڰٛػڝۧۑ ٱوْلِي الْأَمُرِ النَّذِيْنَ فَرَضْتَ عَلَيْنَا طَاعَتَهُمُ وَعَرَّفَتَنَابِنَ اللَّكَمَنُزِلَّتُهُمُ



Therefore let there be joy after sorrow for us in their name, right away, in the twinkle of an eye more rapidly.

O Muhammad, O Ali, O Ali, O Muhammad

Give me enough because both of you provide sufficiently and help me because both of you help and protect.

O Our Master O the Authority of our time! Help! Help!

Come to my help, Come to my help, Come to my help, in this hour, in this hour, in this hour, Be quick, Be quick, Be quick,

O the most Merciful!
In the name of Muhammad and his pure progeny.

فَفَرِّ جُعَنَّا بِحَقِّهِمُ فَرَجًا عَاجِلاً قَرِيْبًا كَلَمُح الْبَصَرِ أَوْهُوَ أَقْرَبُ يَا كُمَّ مَّ نُهِ يَا عَلِيٌّ يَا عَلِيٌّ يَا كُمَّ مُ إنحفيتاني فالتكما كافيتان وانصراني فَإِنَّكُمَانَاصِرَان يَامَوُلاَنَا يَاصَاحِبَ الزَّمَان ٱلْغَوْثَ ٱلْغَوْثَ ٱلْغَوْثَ آدْرِ كُنِي آدْرِ كُنِي آدْرِ كُنِي أَلَسًاعَةُ السَّاعَةُ السَّاعَةُ السَّاعَةُ الْعَجَلَ الْعَجَلَ الْعَجَلَ يَا أَنْ حَمَ الرَّاحِمِينَ بِعَنِ مُحَمَّدٍ وَاللهِ الطَّاهِرِيْنَ



ZIYARA

اَلسَّلاَمُ عَلَيْكَ يَا رَسُوْلَ اللهِ اَلسَّلاَمُ عَلَيْكَ يَا اَمِيْرَ الْمُؤْمِنِيْن ٱلسَّلاَمُ عَلَيْكِ يَافَاطِمَةَ الرَّهُرَآءِ اَلسَّلاَمُ عَلَيْكِ يَا خَدِيْجَةَ الْكُبُرى اَلسَّلاَمُ عَلَيْكَ يَاحَسَنَ الْمُجْتَبِي اَلسَّلاَهُ عَلَيْكَ يَا اَبَا عَبْدِ اللّهِ الْحُسَيْنِ وَعَلَىٰ تِسْعَةِ الْمُعُصُومِيْنَ مِنْ ذُرِّيَّتِيكَ عَلِيّ بُنِ الْحُسَيْنِ وَكُمَّدِ بُنِ عَلِي وَجَعْفَرِ بُنِ كُمَّدٍ وَمُوْسَى بُنِ جَعْفَرٍ وَعَلِيٌّ بُنِ مُوْسَى وَثُكَمَّ لِ بُنِ عَلِي وَعَلِيّ بُنِ مُحَمَّدٍ وَالْحَسَنِ بُنِ عَلِي وَالْحُجَّةِ بُنِ الْحَسَنِ عَجَّلَ اللَّهُ فَرَجَهُ وَسَهَّلَ اللَّهُ مَخْرَجَهُ وَظُهُوْ مَهُ وَالسَّلاَمُ عَلَيْكُمْ وَىَ خَمَةُ اللهِ وَبَرَكَاتُهُ



A GIFT FROM IMAM HUSAYN (PBUH)

On the day of 'Ashura, when Imam came to bid farewell to his family members, he held the hand of his sick son, Ali ibn al-Husayn (pbuh) and pressed it against his chest. He said,

"O my son! I am teaching you a dua' which you should remember. It was taught by angel Jibrail to my grandfather the messenger of Allah who passed it to my mother Fatima. Whenever you have a special need or are faced with any calamity or crises, or are inflicted with any grief or hardship, then recite it":

In the name of Allah, The Beneficent, the Merciful

O Allah bless Muhammad and his family

By the truth of Yaseen (a title of the Holy Prophet) and the Quran full of wisdom

And for the sake of Taa-haa (another title of the Holy Prophet) and the great Quran

O he Who is able to fulfil the desires of those ask.

O He Who knows what is in the heart.

O He Who banishes sorrow from the sorrowful.

O He Who dispels grief from those who grieve.

O He Who is merciful to old men.

O He Who provides for infants.

بِسُمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ

اللهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَّالِ مُحَمَّدٍ

عِقِّ يَسَ وَ الْقُرُ انِ الْحَكِيْمِ

وَ بِحَقِّ طَلَّهَ وَ الْقُرُ انِ الْحَظِيْمِ

يَا مَنْ يَعُلَمُ مَا فِي الضَّمِيْرِ

يَا مُنْ يَعُلَمُ مَا فِي الضَّمِيْرِ

يَا مُنَ يَعُلَمُ مَا فِي الضَّمِيْرِ

يَا مُفَرِّ جَاعَنِ الْمَكُرُوبِيْنَ

يَا مُفَرِّ جَاعَنِ الْمَكُرُوبِيْنَ

يَا مُفَرِّ جَاعَنِ الْمَكُرُوبِيْنَ

يَا مُفَرِّ جَاعَنِ الْمَعُمُومِيْنَ

يَا مُفَرِّ جَاعَنِ الْمَعُمُومِيْنَ

يَا مَا حِمَ الشَّيْخِ الْكَبِيْرِ

يَا رَازِقَ الطِّفُلِ الصَّغِيْرِ



O He Who needs not to be explained.

Send blessings upon Muhammad and his progeny and fulfil for me... (mention your wishes)

يَامَنُ لَا يَخْتَاجُ إِلَى اتَفْسِيْرِ صَلِّ عَلَى مُحَمَّدٍ وَّ الِ مُحَمَّدٍ وَ افْعَلْ بِيُ



DUA OF IMAM ALI (PBUH)

Recite 7x for 7 days to allievate difficulty

In the name of Allah, The Beneficent, the Merciful O Allah bless Muhammad and his family

And how many bounties of Allah are concealed.

Whose understanding is above the Heavens and the Earth.

And so many comforts have come after the troubles.

By which the sorrow from the sorrowful hearts' problems.
So many things, which brings grief in the morning

but by evening it turns into joy.

If any time the situation troubles you,

then put your trust on the Lord, the One, the Unique.

Take the help of the Prophet because all the problems

by his intercession become easy.

Whenever big calamities befall you do not become restless, as many of Allah's action are concealed.

بشمر الله الرَّحُمٰن الرَّحِيْمِ ٱللَّهُمَّ صَلَّ عَلَى مُعَمَّدِةً المُعَمَّدِ وَكَمْ لِللَّهِ مِنْ لُطُفٍ خَفِيٌّ يَكُتُّ خَفَاهُ عَنُ فَهُمِ الزَّكِيِّ وَكُمْ يُسُرِ أَنَّى مِنْ بَعُدِعُسُرِ فَفَرَّجَ كُرُبَةَ الْقَلْبِ الشَّجِيّ وَكُمْ اَمُرِتَسَاءُبِهِ صَبَاحًا وَتَأْتِيْكَ الْمُسَرَّةُ وِالْعَشِيِّ إذَا ضَاقَتُ بِكَ الْأَحْوَ الْ يَوْمًا فَثِنُ بِالْوَاحِدِ الْفَرْدِ الْعَلِيّ تَوَسَّلُ بِالنَّبِيِّ فَكُلُّ خَطْبٌ يَهُوۡنُ إِذَا تُؤسِّلَ بِٱلنَّبِيِّ وَلاَ يَخُزَعُ إِذَامَانَابَ خَطْبٌ فَكَمُ لِللَّهِ مِنُ لُطُفٍ خَفِيٌّ



O Allah! My Lord always send blessings on the Prophet of Makka and the

on the Prophet of Makka and the guide.

O Ali Murtaza one glance of mercy.

I have come to You afraid of my position.

O my master! Save me from the things, which I am scared of.

O Ali! O Ali! O Ali.

وَصَلَّى اللَّهُ مَّ بِّيُ كُلَّ حِيْنٍ عَلَى الْهَادِى النَّبِيِّ الْاَبَطَحِيِّ يَاعَلِيُّ الْهُرُ تَضَى اُنْظُرُ إِلَيَّ قَدُ التَّيْتُ خَائِفًا مِثَّا لَدَيَّ يَا وَلِيُّ خَتِنِ مِثَّا اَخَافُ يَا وَلِيُّ خَتِنِ مِثَّا اَخَافُ يَا عَلِيُّ يَاعَلِيُّ يَاعَلِيُّ



DUA TO RELIEVE EXTREME DIFFICULTY

A dua to be recited when there is no recourse save that of Divinity....

In the name of Allah, The Beneficent, the Merciful O Allah bless Muhammad and his family

O Allah I ask you in the name of Your messenger, the messenger of mercy

And his ahlulbayt; chosen for their knowledge over the worlds

O Allah, relieve me of this difficulty and its sadness and make it easy for me to endure

For Indeed You are The Forgiver, The Victorious, The Compelling & The Able بِسُمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَّ الِ مُحَمَّد اللَّهُمَّ اِبِّي اَتَوَجَّهُ اِلْيُكَ بِنَبِيِّكَ نَبِي الرَّحْمَةِ

وَ اَهُلِ بَيْتِهِ الَّذِيُ اَخْتَرُهُّمُ عَلَى عِلْمٍ عَلَى الْعَالَمِيْنَ

ٱللَّهُمَّ فَذَلِلَ لِيُّ صُعُوْبَتَهَا وَحَرُّوْ نَتَهَا وَ اكْفِينِي شَرَّهَا

فَإِنَّكَ الْمُعَافِي وَ الْغَالِبُ الْقَاهِرُ الْقَادِمُ



SALAWAT OF SAYYIDA FATIMA (PBUH)

Recite 580 times for any problems

O Allah! Send blessings on Fatima and her father, her husband and her sons, and by the secret installed in her which only is in Your knowledge.

اَللَّهُمَّ صَلِّ عَلَى فَاطِمَةً وَ اَبِيْهَا وَبَعْلِهَا وَ بَنِيْهَا وَسِرِّ الْمُسْتَوْدِعِ فِيْهَا بِعَدَدِ مَا اَحَاطَ بِهِ عِلْمُكَ



DUA FOR FORGIVENESS

In the name of Allah, The Beneficent, the Merciful
O Allah bless Muhammad and his family
O Allah forgive me the many (sins

O Allah forgive me the many (sins) committed against you, and accept from me the meagre (good deeds) in your obedience.
O He who accepts the meagre (good deeds) and excuses the many (sins), accept from me the meagre (good deeds) and forgive my many

Surely You are The Forgiver.

(sins).

O Allah! Have mercy on me for You are forever Merciful.

بِسُمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ

اللهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَّ الِ مُحَمَّد

اللهُمَّ اغْفِرُ لِيَ الْكَثِيرِ مِن مَّعَاصِيْكَ

وَاقْبَلُ مِنِّي الْيُسِيْرِ مِن طَاعَتِكَ

يَامَنُ يَّقْبَلُ الْيُسِيْرِ وَيَعْفُو عَنِ الْكَثِيرِ وَاعْفُ عَنِي الْكَثِيرِ وَاعْمُ وَالْكُولِي وَالْكُولِي وَالْتَكُولُ وَالْكُولُولُ وَالْكُولُ وَالْكُولُولُ وَالْكُولُ وَالْكُولُ وَالْكُولُ وَالْكُولُ وَالْكُولُولُ وَالْكُولُ وَالْكُولُ وَالْكُولُ وَالْكُولُولُ وَالْكُولُولُ وَالْكُولُولُ وَالْكُولُ وَالْكُولُولُ وَالْكُولُ وَالْكُولُولُ وَالْكُولُ وَالْكُولُولُ وَالْكُولُ وَالْكُولُولُ وَالْكُولُ وَالْكُولُ وَالْكُولُولُ وَالْكُولُ وَالْكُولُ وَالْكُولُولُ وَالْكُولُ وَالْكُولُولُ وَالْكُولُولُ وَالْكُولُ وَالْكُولُولُ وَالْكُولُ وَالْكُولُولُ وَالْكُولُ وَالْكُولُولُ وَالْكُولُ ولِي الْكُولُولُ وَالْكُولُ وَالْكُولُولُ وَالْكُولُ وَالْكُولُ ولِي الْكُولُولُ وَالْكُولُولُ وَالْكُولُولُ وَالْكُولُ وَالْكُولُولُ وَالْكُولُ وَالْكُولُولُ وَالْكُولُ وَالْكُولُولُ وَالْكُولُ



BETTER THAN ALCHEMY

An Amal which was taught by Ayatullah Hasanali Ishfahni to Ayatullah Khomeini which can move mountains.

After every wajib salaa, recite:

- Ayatul Kursi (2:255) once
- Tasbee of Sayyida Fatima Zahra (pbuh) once
- Suratul Ikhlas (112) three times
- Salawat three times
- The last part of second aya and the third aya of Suratut Talaq (65:2,3)

And whoever is careful of (his duty to) Allah, He will make for him an outlet,
And give him sustenance from whence he thinks not;
And whoever trusts in Allah, He is sufficient for him;

Surely Allah attains His purpose;

Allah indeed has appointed a measure for everything.

وَمَنُ يُتَّقِ اللَّهَ يَجْعَلُ لَهُ تَخْرَجًا

ۅؘؽۯڗ۠ۊؙڰؙڡؚڹؘػؽؿ۠ڵٳڲؙؾؘڛؚڣ ۅؘڡؘڹؙؾۜۊڴؖڶعٙڶ؞ڶڵڡ۠ڣۿۅؘػۺؽؖڰ

إِنَّ اللَّهَ بَالِخُ آمُرِ هِ

قَىٰجَعَلَ اللَّهُ لِكُلِّ شَيْءٍ قَدْمًا



SALATUL LAYL

It consists of a total of 11 rakat, divided into the following prayers:

1. Nafila of Layl: 8 rakat (4 x 2 rakat)

Salatush Shafa: 2 rakat
 Salat ul Witr: 1 rakat

The time for Salatul Layl begins after midnight until the time for Salatul Fajr (morning prayers). The best time for it is just before Fajr Salaa. Salatul Layl is so important that even if you cannot recite all 11 rakat, then recite only one rakat of Salatul Witr.

Method

1. Nafila of Layl

The 8 rakat of Nafila are divided into four units of two rakat each, just like Salatul Fajr but with the niyya of Salatul Layl. It is recommended to recite Suratul Kafirun after Suratul Fatiha in the first 2 rakat. In the other six recite any small sura or even leave out the sura after Suratul Fatiha. For qunoot you can recite salawat or the recommended duas.

2. Salaa al-Shafa

Two rakat with Suratun Naas in the first rakat after Suratul Fatiha and Suratul Falaq in the second rakat after Suratul Fatiha. There is no qunoot in Salatus Shafa.

3. Salatul Witr

One rakat with Suratul Ikhlas 3x, Suratul Falaq 1x, and Suratun Naas 1x after Suratul Fatiha. Then raise your hands for qunoot and recite: (You can hold a book and/or tasbee in a mustahab salaa)

In the name of Allah, the Beneficient, the Merciful There is no god except Allah, the Forbearing, the Generous





There is no god except Allah, the High the Almighty Glory be to Allah, Rabb of the seven heavens

and Rabb of the seven earths

and whatever is in them, and between them and above them and below them,

Rabb of the Mighty Throne and peace be on the Messengers.

All praise is for Allah Rabb of the worlds.

O Allah bless Muhammad and his pure family.

Recite 70 x

I seek forgiveness of Allah my Rabb and I turn to Him لآالة الآالله العَلِيُّ الْعَظِيمُ سُبُحَانَ اللهِ مَتِ السَّمْوَاتِ السَّبْعِ وَمَتِ الأَمْضِيْنَ السَّبْعِ وَمَا فِيُهِنَّ وَمَا بَيْنَهُنَّ وَمَا فَوْقَهُنَّ وَمَا تَحْتَدُنَّ

ىَبُّ الْعَرُشِ الْعَظِيْمِ وَسَلاَهُ عَلَى الْمُرْسَلِيْنَ وَالْحَمْدُ لِلهِ مَبِّ الْعَالَمِيْنَ وَصَلَّى اللهُ عَلَى مُحَمَّدٍ وَ الدِ الطَّاهِرِيْنَ

ٱسۡتَغۡفِرُ اللّٰهَ رَبِّيوَ ٱتُّوبُ اِلَّيْهِ

Ask for the forgiveness of forty believers who have died or are living, by saying 40x followed by the name of the person:

O' Allah, forgive.....

ٱللّٰهُمَّ اغۡفِرُ لِ

Or say

O Allah forgive all believers, male and female

اَللَّهُمَّ اغْفِرُ لِلْمُؤْمِنِيْنَ وَالْمُؤْمِنَاتِ



Then say:

I seek forgiveness of Allah, He who there is no god but He, the Ever living, the subsisting, from all my oppressions and my sins and my excesses on my soul, and I turn (repentant) to Him

ٱسْتَغُفِرُ اللهَ الَّذِيلَ اللهَ اللَّهُوَ الْحُيُّ الْقَيُّوْمُ لِلمِيْعِ ظُلْمِي وَجُرُمِيْ وَاسْرَافِي عَلَى نَفْسِي وَ أَتُوبُ النِّهِ

Repeat 7x:

This is the position of one who seeks refuge in You from the fire

هٰنَامَقَامُ الْعَآئِذِبِكَ مِنَ النَّامِ

Say 300x

(I ask for Your) pardon

الْعَفْوَ

Then say:

My Rabb, forgive me and have mercy on me, and turn to me Surely You are the Oft-returning, the Merciful

؆ؚۜۺؚٵغٛڣۯڮۣۅؘٲؠٛػۿڹۣۅڗؙڽٛۼڵٙڲٳڵۜڰ ٱنتالتَّوَّابُ الرَّحِيْمُ

Complete the rakat with rukoo, sujood, tashahhud and salaam and recite a tasbee of Sayyida Fatima Zahra (pbuh)



DUA HAZEEN (To be recited after completion of Salatul Witr)

It should be recited softly and sorrowfully

In the name of Allah, The Beneficent, the Merciful

O Allah bless Muhammad and his family

I whisper unto You, O one who is present in every place

so that You may hear my call for surely my sin is excessive and my shame is less

My Master, O my Master

Which of the terrifying states shall I remember and which of them shall I forget for if there was nothing except death it would be enough Then what about after death greater and much worse?

My master O my Master, up to when and till when will I say, I am to blame, again and again,

بِسُمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ

اللهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَالرِّحُمَّدٍ
اللهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَالرِّحُمَّدِ
النَّاجِيْكَ يَامَوُ جُوْدًا فِي كُلِّ مَكَانٍ
الْعَلَّكَ تَسْمَعُ نِلَ آئِي فَقَدُ عَظُمَ جُرُمِي وَ
قَلَّ حَيَائِي

مَوُلاَيَيَامَوُلاَيَ

ٱؿؙۣ۠ٱلاَهُوَالِٱتَنَكَّرُوَٱيُّهَاٱنْسٰىوَلُوۡلَمُ يَكُنۡ إِلاَّالۡمَوۡتُلۡكَفٰى

كَيْفَوَمَابَعُدَ الْمَوْتِ اَعْظَمُ وَ اَدْهَٰى مَوْلاَيَ يَامَوُلاَيَ حَتَّى مَتَى وَ اِلْى مَتَى اَقُولُ لَكَ الْعُتْبِي مَرَّةً بَعُدَ الْخُرِي



but then You do not find any truth or loyalty in me? I call for help and I call for help, O Allah but then You do not find any truth or loyalty in me? I call for help and I call for help, O Allah from desires which have overpowered me and from the enemy which has pounced on me

and from the world which attracts me and from the soul that leads towards evil except that on which my Rabb has mercy (12:53)

My master O my master if You have had mercy on the likes of me then have mercy on me

and if You have accepted from the likes of me then accept from me.

O One who accepts the early morning prayer accept me, O One who, I still know only good from Him,

O One who nourishes me with blessings morning and evening have mercy on me when I come to You alone, my glance fixed on You, my actions carried on my neck. تُمَّ لاَتَجِدُ عِنْدِي صِدُقًا وَلاَ وَفَاءً فَيَا غَوْتَاهُ تُمَّ وَاغَوْتَاهُ بِكَيَا اللهُ

ڡؚڽؙۿۅؗٵۜؾؘۘڎؙۼؘڵڹڹؽۣۅٙڡؚڹؙۼۮ۠ڐؚٟۊٙٮؚٳڶۺؾۘػؙڵ<u>ڹ</u> عَليَّ

وَمِنُ دُنْيَا قَلُ تَزَيَّنَتُ لِي

وَمِنُ نَفُسٍ أَمَّا رَقِإِ بِالسُّوَّءِ الرَّمَا رَحِمَ رَبِّي

مَوْلاَيَ يَامَوُلاَيَ إِنْ كُنْتَ مَ حَمْتَ مِثْلِي فَانْ حَمْنِي

وَ إِنْ كُنْتَ قَبِلْتَ مِثْلِي فَاقْبَلْنِي

يَاقَابِلَ السَّحَرَةِ اقْبَلْنِي

يَامَنُ لَمْ أَزَلُ أَتَعَرَّفُ مِنْهُ الْحُسُنَى

يَامَنُ يُغَذِّيُنِي بِالنِّعَمِ صَبَاحًا وَمَسَاءً

ٳؠؙڂمنني يؤمر اتِيْكَ فَرُدَّا شَاخِصًا اِلْيُكَ

بَصَرِيمُقَلَّدًا عَمَلِي

When all of creation will withdraw away from me. Yes, even my father and mother and those for whom I worked and struggled then if You will not have mercy on me who will have mercy on me who will give me solace from the loneliness of the grave and who will make me speak when I am alone with my deeds and when You will ask me about what You know better than me? Then if I say yes (to my sins) where will be the escape from Your Justice?

And if I say I did not commit it You will say was I not a witness over you?

So (I beseech) Your Forgiveness Your Pardon O my master before the wearing of the clothes of Hell

Your Forgiveness Your Pardon O my Master before the Hell and the Fire قَلُ تَبَرَّأَ جَمِيْعُ الْحَلْقِ مِنِّي نَعَمُ وَ أَبِي وَ أُمِّي وَ مَنْ كَانَ لَهُ كَرِّي وَسَعْيِي

فَاِنْ لَمُ تَرُحَمُنِي فَمَنْ يَرُحَمُنِي وَمَنْ يُؤْنِسُ فِي الْقَابُرِ وَحُشَتِي

وَمَنْ يُنْطِقُ لِسَانِي إِذَا خَلُونُ يُعَمَلِي

وَسَأَلْتَنِيعَمَّا اَنْتَ اَعُلَمُ بِهِمِيِّي

فَإِنْ قُلْتُ نَعَمُ فَأَيْنَ الْمَهْرَبُ مِنْ عَدُلِكَ

وَ إِنْ قُلْتُ لَمْ اَفْعَلُ قُلْتَ الَمْ اَكُنِ الشَّاهِلَ عَلَيْكَ

فَعَفُوْكَ عَفُوْكَ يَامَوُلاَيَ قَبْلَ سَرَابِيْلِ الْقَطِرَانَ

عَفُوْكَ عَفُوْكَ يَامَوُلاَ يَ قَبُلَ جَهَنَّمَ وَ النِّيْرَانِ النِّيْرِانِ



Your Forgiveness Your Forgiveness O my Master before the hands are tied to the necks O the most Merciful and the best of Forgivers.

عَفُوكَ عَفُوكَ يَامَوُلاَ يَ قَبُلَ اَن تُعَلَّ اللهَ يَعَلَ اللهَ يَعَلَّ اللهَ يَعَلَّ اللهَ يَعَلَّ الكَيْدِي إِلَى الْالْعَنَاقِ مِن اللهَ الحِمِينَ وَ خَيْرَ الْعَافِرِيْنَ وَ خَيْرَ الْعَافِرِيْنَ



AYAAT FROM THE QUR'AN TO BE RECITED WHEN...

Emotion	Ayaat
Sad	وَبَشِّرِ الَّذِيْنَ الْمَنْوُا وَعَمِلُوا الصَّلِحْتِ أَنَّ لَهُمْ جَنَّتٍ تَجُرِيُ مِنَ
	تَحْتِهَا الْآنُهُ وُكُلَّمَا مُزِقُوا مِنْهَا مِنْ ثَمَرَةٍ بِرِّزُقًا قَالُوا هٰذَا الَّذِي
	مُزِقُنَا مِنُ قَبُلُ وَ أَتُوا بِهِ مُتَشَابِهًا وَلَهُمُ فِيْهَا أَزُواجٌ مُّطَهَّرَةٌ وَّ
	هُمۡ فِيۡهَا خُلِكُوۡنَ
	But give glad tidings to those who believe and work righteousness, that their portion is Gardens, beneath which rivers flow. Every time they are fed with fruits therefrom, they say: "Why, this is what we were fed with before," for they are given things in similitude; and they have therein companions pure (and holy); and they abide therein (for ever). (2:25)
Made a mistake	قُلْ يَاعِبَادِيَ الَّذِينَ اَسْرَفُو اعَلَى أَنْفُسِهِمُ لِاتَّقُنَطُوُ امِنُ يَحْمَةِ اللهِ
	إِنَّ اللَّهَ يَغْفِرُ النُّنْوبَ جَمِيعًا إِنَّكُهُوَ الْغَفُومُ الرَّحِيْمُ
	Say: "O my Servants who have transgressed against their souls! Despair not of the Mercy of Allah: for Allah forgives all sins: for He is Oft-Forgiving, Most Merciful. 39:53
Wanting peace	يَهُدِيُ بِهِ اللَّهُ مَنِ الَّبَعَ بِضُوَانَهُ سُبُلَ السَّلَامِ وَيُخُرِجُهُمْ مِنَ
	الظُّلُمَاتِ إِلَى النُّوسِ بِإِزْنِهِ وَيَهُلِ يهِمُ إِلَى صِرَاطٍ مُسْتَقِيْمٍ
	Wherewith Allah guideth all who seek His good
	pleasure to ways of peace and safety, and leadeth them out of darkness, by His will, unto the light,-guideth them to a path that is straight 5:16



Emotion	Ayaat
Want a friend	اَللَّهُ وَلِيُّ الَّذِيْنَ الْمَنْوُ الْيُخْرِجُهُمْ مِّنَ الظُّلُمَاتِ إِلَى النُّوْمِ وَ الَّذِيْنَ
	كَفَرُوْ الْوَلِيَا وُهُمُ الطَّاغُوْتُ يُغُرِجُوْ تَكُم مِّنَ النُّوْسِ إِلَى الظُّلْمَاتِ
	Allah is the guardian of those who believe. He brings them out of the darkness into the light; and (as to) those who disbelieve, their guardians are Shaitans who take them out of the light into the darkness; they are the inmates of the fire, in it they shall abide. 2:257
Feel discriminated	إنَّ الْمُسْلِمِينَ وَالْمُسْلِمَاتِ وَالْمُؤْمِنِينَ وَ الْمُؤْمِنَاتِ وَالْقَانِتِينَ
	وَالْقَانِتَاتِ وَالصَّادِقِيْنَ وَالصَّادِقَاتِ وَالصَّابِرِيْنَ وَالصَّابِرَاتِ
	وَالْخَاشِعِينَ وَالْخَاشِعَاتِ وَالْمُتَصَدِّقِينَ وَالْمُتَصَدِّقَاتِ وَالصَّائِمِينَ
	وَالصَّائِمَاتِ وَالْحَافِظِينَ فُرُوجَهُمْ وَالْحَافِظَاتِ وَالنَّاكِرِيْنَ اللَّهَ
	كَثِيرًا وَالذَّا كِرَاتِ أَعَدَّ اللَّهُ لَهُمْ مَغْفِرَةً وَٱجْرًا عَظِيْمًا
	For Muslim men and women,- for believing men and women, for devout men and women, for true men and women, for men and women who are patient and constant, for men and women who humble themselves, for men and women who give in Charity, for men and women who fast (and deny themselves), for men and women who guard their chastity, and for men and women who engage much in Allah's praise,- for them has Allah prepared forgiveness and great reward 33:35



Emotion	Ayaat
Facing racism	يَا أَيُّهَا النَّاسُ إِنَّا حَلَقُمَا كُمْ مِنُ ذَكَرٍ وَأُنتُى وَجَعَلْنَا كُمْ شُعُوْبًا
	وَقَبَائِلَ لِتَعَامَفُوا ۚ إِنَّ ٱكْرَمَكُمْ عِنْدَ اللَّهِ ٱتَّقَاكُمْ ۚ إِنَّ اللَّهَ عَلِيْمٌ
	تحبِيْرُ *
	O mankind! We created you from a single (pair) of a male and a female, and made you into nations and tribes, that ye may know each other (not that ye may despise (each other). Verily the most honoured of you in the sight of Allah is (he who is) the most righteous of you. And Allah has full knowledge and is well acquainted (with all things) 49:13
Seeking love and	وَمِنُ ايَاتِهِ اَنْ حَلَقَ لَكُمْ مِنُ اَنْفُسِكُمْ اَرْوَاجًا لِتَسْكُنُوا اِليَّهَا
tranquillity	وَجَعَلَ بَيْنَكُمْ مَوَدَّةً وَىَ حُمَةً إِنَّ فِي ذَٰلِكَ لَايَاتٍ لِقَوْمٍ يَتَفَكَّرُونَ
	And among His Signs is this, that He created for you mates from among yourselves, that you may dwell in tranquillity with them, and He has put love and mercy between your (hearts): verily in that are Signs for those who reflect. 30:21
Depressed	ٱلَّذِيْنَ امَّنُوْ اوَتَطُمِّئِنُّ قُلُوبُهُمْ بِنِكُرِ اللَّهِ ۖ ٱلَابِذِكُرِ اللهِ
	تَطْمَئِنُّ الْقُلُوْبُ
	Those who believe, and whose hearts find satisfaction in the remembrance of Allah: for without doubt in the remembrance of Allah do hearts find satisfaction 13:28



Emotion	Ayaat
Want a soul mate	وَلَقَلُ خَلَقْنَا الْإِنْسَانَ وَنَعُلَمُ مَا تُوسُوسُ بِهِ نَفُسُهُ وَنَحُنُ ٱقْرَبُ
	اِلَيْهِ مِنْ حَبْلِ الْوَرِيدِ
	It was We Who created man, and We know what dark suggestions his soul makes to him: for We are nearer to him than (his) jugular vein 50:16
Not appreciated	اِنَّ هٰذَا كَانَ لَكُمْ جَزَآءً وَكَانَ سَعْيُكُمْ مَشُكُوْمًا
	"Verily this is a Reward for you, and your Endeavour is accepted and recognised." 76:22
Nothing going right	يَابَنِيَّ اذْهَبُو افْتَحَسَّسُو امِنُ يُوسُفَواً خِيهِ وَلاتَيْأَسُوا مِنُ رَوْحِ
	اللَّهِ ۚ إِنَّهُ لايَيْأَسُ مِنْ مَوْحِ اللَّهِ إِلَّا الْقَوْمُ الْكَافِرُونَ
	"O my sons! go ye and enquire about Joseph and his brother, and never give up hope of Allah's Soothing Mercy: truly no one despairs of Allah's Soothing Mercy, except those who have no faith." 12:87
Under privileged	وَاتَاكُمْ مِنْ كُلِّ مَاسَالَتُمُونُهُ وَإِنْ تَعُلُّوا نِعُمَتَ اللهِ لاَتُحُصُوهَا إِنَّ اللهِ لاَتُحُصُوها إِنَّ
	الْرِنْسَانَ لَظَلُوهُ كَفَّامٌ
	And He giveth you of all that ye ask for. But if ye count the favours of Allah, never will ye be able to number them. Verily, man is given up to injustice and ingratitude. 14:34
Tired of hardships	فَانَّ مَعَ الْعُسُرِ يُسُرًا
	So, verily, with every difficulty, there is relief 94:05



Emotion	Ayaat
Someone picking a fight	إِنَّ الَّذِينَ اٰمَنُوا وَالَّذِينَ هَادُوا وَالنَّصَاءَىٰ وَالصَّابِئِينَ مَنُ اٰمَنَ بِاللَّهِ
with you	وَالْيَوْمِ الْاخِرِ وَعَمِلَ صَالِحًا فَلَهُمْ اَجْرُهُمْ عِنْدَىَ رَبِّهِمْ وَلَا خَوْثُ
	عَلَيْهِمْ وَلاَهُمْ يَحْزَنُونَ
	Those who believe (in the Qur'an), and those who follow the Jewish (scriptures), and the Christians and the Sabians,- any who believe in Allah and the Last Day, and work righteousness, shall have their reward with their Lord; on them shall be no fear, nor shall they grieve.2:62
You want forgiveness	وَالَّذِينَ إِذَافَعَلُوافَاحِشَةً أَوْظَلَمُوا اَنْفُسَهُمْ ذَكَرُوا اللَّهَ
	فَاسْتَغُفَرُو الِذُنْوُبِهِمْ وَمَنَ يَغُفِرُ الذُّنُوْبِ اللَّهِ وَلَمْ يُصِرُّوا عَلَى مَا
	فَعَلُوْ اوَهُمْ يَعُلَمُوْنَ
	And those who, having done something to be ashamed of, or wronged their own souls, earnestly bring Allah to mind, and ask for forgiveness for their sins,- and who can forgive sins except Allah?- and are never obstinate in persisting knowingly in (the wrong) they have done. 3:135
You want assurance	نَبِّئَ عِبَادِي آنِي أَنَا الْعَفُومُ الرَّحِيْمُ
	Tell My servants that I am indeed the Oft-forgiving, Most Merciful 15:49



DUAS FROM THE QUR'AN

Reference	Ayaat
1:6,7	Guidance
Suratul Fatiha	إهُدِنَا الصِّرَاطَ الْمُسْتَقِيْمَ صِرَاطَ النَّذِيْنَ اَنْعَمْتَ عَلَيْهِمْ غَيْرِ
	الْمَغْضُوْبِعَلَيْهِمْ وَلَاالضَّآلِيْنَ
	Guide us on the right path, The path of those upon whom You have bestowed favours, not the path of those upon whom You are angry nor of those who go astray.
7:23	Forgiveness
Suratul A'raaf	Dua recited by Prophet Adam (pbuh) and Sayyida Hawwa (pbuh) after being deceived by Shaytan.
	رَبَّنَا ظَلَمْنَا أَنْفُسَنَا وَإِنْ لَّمُ تَغُفِرُلَّنَا
	وَ تَرْحَمْنَا لَنَكُونَنَّ مِنَ الْحُاسِرِيْنَ
	Our Rabb! We have been unjust to ourselves, and if You do not forgive us and have mercy on us, we shall certainly be of the losers.
23:29	Travelling
Suratul Mu'minun	Dua recited by Prophet Nuh (pbuh) when he boarded the ark.
	ىَتِ ٱنْزِلْنِي مُنْزَلًا مُّبْرَكًا وَّٱنْتَ خَيْرُ الْمُنْزِلِينَ
	My Rabb! Cause me to disembark a blessed landing, and You are the best to cause to land.
54:10	Help against enemies
Suratul Qamar	Dua recited by Prophet Nuh (pbuh) when he was being mocked by the people.
	سَ إِنِّ مَغُلُوْبٌ فَانْتَصِرُ
	Indeed I am overcome, so help me.



Reference	Ayaat
2:127	Offer for acceptance
Suratul Baqara	Dua recited by Prophet Ibraheem & Prophet Ismail (pbuh) after they raised the foundations of the Ka'ba.
	ىَبَنَّا تَقَبَّلُ مِنَّا إِنَّكَ أَنْتَ السَّمِيْعُ الْعَلِيْمُ
	Our Rabb! Accept from us; Indeed You are the Hearing, the Knowing.
14:40	Acceptance of salaa
Suratu Ibraheem	Dua recited by Prophet Ibraheem (pbuh) for establishment of salaa and for his children.
	ىَتِّاجُعَلْنِيُ مُقِيْمَ اصَّلُوةِ وَمِنُ ذُرِّيَّةِيْ ىَبَّنَا وَتَقَبَّلُ دُعَآءِ
	My Rabb! Make me keep up salaa – and from my offspring (too); Our Rabb! And accept my dua
14:41	Forgiveness
Suratu	Dua recited by Prophet Ibraheem (pbuh)
Ibraheem	ىَبَّنَا اغْفِرُ لِي وَلِوَ الِدَيِّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُوْمُ الْحِسَابُ
	Our Rabb! Forgive me and my parents and believers on the day of accounting.
17:24	Parents
Suratu	
Bani Israil	سَ إِن الْمُحَمُّهُ مَا كَمَا مَبَّينِي صَغِيْرًا
	My Rabb! Have mercy on them (parents) just as they
	nourished (cherished & sustained) me when I was
	young.
66:11	Strengthen Eiman
Suratut	Dua recited bySayyidaAasiya (pbuh) when she was
Tahreem	tortured by her husband Firawn for her belief in tawheed.
	رَبِّ ابْنِ لِيُ عِنْدَكَ بَيْتًا فِي الْجُنَّةِ
	Rabb! Build for me a house with You in Janna



Reference	Ayaat
20:25-28	Ease of speech
Suratut Taha	Dua recited by Prophet Musa (pbuh) when he was commanded by Allah to go to Firawn.
	رَبِّ اشْرَحُ لِي صَدُرِي وَيَسِّرُ لِيَ اَمْرِي وَاحْلُلُ عُقُدَةً مِّنُ لِسَانِي السَّانِي السَّانِي
	يَفْقَهُوْاقَوْلِي
	Rabb! Expand my chest for me, make my task easy for me, loosen the knot of my tongue, that they may understand my speech.
28:16	Forgiveness & protection
Suratul Qasas	Dua recited by Prophet Musa (pbuh) when he went to help a man from amongst his people who was being beaten - in the ensuing fight he killed the other man with one blow – he asks for forgiveness and protection.
	يَتِ إِنِّي ۚ ظَلَمْتُ نَفُسِي فَاغُفِرُ لِي فَغَفَرَ لَهُ إِنَّهُ هُوَ الْغَفُومُ الرَّحِيْمُ
	Rabb! Indeed I have done injustice on myself, thus do You protect me; Indeed He is the Forgiving, the Merciful.
28:24	Beginning a new task
Suratul Qasas	Dua recited from Prophet Musa (pbuh) after he had helped the two daughters of Prophet Shuayb (pbuh) obtain water from the well.
	ىَتِ إِنِّي لِمَا ٓ اَنْزَلْتَ إِلَيَّ مِنْ خَيْرٍ فَقِيرٌ
	Rabb! Indeed I need whatever You send down of goodness.



Reference	Ayaat
2:250	Steadfastness
Suratul Baqara	Dua recited by Taalut (Saul) and his people as they marched towards Palestine to fight the Philistines whose commander was Jaalut (Goliath).
	ىَبَّنَا أَفُرِغُ عَلَيْنَاصَبُرًا وَّتَبِّتُ أَقُدَامَنَا وَانْصُرُنَا عَلَى الْقَوْمِ الْكُفِرِيْنَ
	Our Rabb! Pour down upon us patience, and make our steps firm and assist us against the unbelieving people.
27:19	Thanksgiving
Suratun Naml	Dua recited by Prophet Sulayman (pbuh) when marching through the valley of the ants he heard their chief warning the other ants of the coming of Prophet Sulayman (pbuh) and his army.
	ىَّ بِّ اَوْزِعْنِيْ اَنْ اَشُكْرَ نِعُمَتَكَ الَّتِيْ
	اَنْعَمْتَ عَلَيَّ وَ عَلَى وَالِدَيَّ وَ اَنْ اَعْمَلَ صَالِكًا تَرْضُهُ وَاَدْخِلْنِيْ
	بِرَحْمَتِكَ فِي عِبَادِكَ الصَّلِحِينَ
	Rabb! Grant me that I should be thankful to Your favours which You have bestowed upon me and my parents, and that I should do the good deeds which please You and make me be amongst Your righteous 'ibaad through Your Rahma.
21:87	Ayatul Kareema – Appeal
Suratul Ambiya	Dua recited buy Prophet Yunus (pbuh) whilst in the stomach of the fish.
	لَا اِللهَ اِلَّا اَنْتَ سُبُحٰنَكَ اِنِّي كُنْتُ مِنَ الظَّلِمِيْنَ
	There is no god except You, Glory be to You, Indeed I have been unjust to myself.



Reference	Ayaat
18:10	Success
Suratul Kahf	Dua recited by Ashabul Kahf (Companions of the cave) when they took refuge in the cave.
	رَبَّنَا التِنَامِنُ لَكُنْكُ رَحْمَةً وَّ هَيِّئُ لَنَامِنُ اَمُرِنَا رَشَدًا
	Our Rabb! Grant us mercy and help us to get out of this trouble in a righteous way.
20:114	Knowledge
Suratu Taha	رَبِّ زِدْنِي عِلْمًا
	Rabb! Increase for me knowledge
23:109 Suratul Mu'minun	Rahma رَبَّنَا اَمَنَّا فَاغُفِرُ لَنَا وَالرَّحَمُنَا وَالْرَحَمُنَا وَالْرُحَمُنَا وَالْرُحَمُنَا
	تحديرُ الرَّحِمِينَ
	Our Rabb! We believe, so forgive us and have mercy on us, and You are the best of the Merciful ones.
60:4 Suratul Mumtahana	Tawakkul – Trust Dua recited by Prophet Ibraheem (pbuh) when his people including his uncle Azar (father figure) refused to believe in tawheed.
	مَيَّنَا عَلَيْكَ تَوَكَّلْنَا وَالِيُكَ اَنْبُنَا وَالِيْكَ الْمُصِيْرُ
	Our Rabb! On You do we rely, and to You do we turn and to You is the final return.



Reference	Ayaat
66:8	Nur
Suratut	Dua which will be recited by those with the Prophet
Tahreem	(pbuh) on the day of Qiyama – indicating that they will
	seek continued spiritual excellence.
	ى بَنِّنَآ أَثُّمِمُ لِنَا نُؤْمَانَا وَاغْفِرُ لِنَّا ۖ إِنَّكَ
	عَلَى كُلِّ شَيْءٍ قَدِيْرٌ
	Our Rabb! Make perfect for us our nur, and grant us protection, Indeed You have power over all things.
3:8	Strengthen eiman
Suratu Ali	ا ایک ایک اور
Imran	ى بَيَّنَا لاَ تُنزِغُ قُلُوْبَنَا بَعُلَ إِذْ هَلَيْتَنَا وَهَبُ لِنَا مِنُ لَّكُنُكَ
	ى حُمَةً إِنَّاكَ أَنْتَ الْوَهَّابُ
	Our Rabb! Do not deviate our hearts after You have
	guided us, and grant us Rahma from You, for Indeed
	only You are the Bestower.
3:193	To die with eiman
Suratu Ali Imran	ىَ بَّنَا فَاغُفِرُ لِنَا ذُنُوْبَنَا وَكَفِّرُ عَنَّا سَيِّاٰتِنَا وَتَوَفَّنَا مَعَ الْأَبْرَارِ
	Our Rabb! Forgive us our sins and cover our evil deeds
	and make us die with the righteous.
2:201	Seeking goodness
Suratul Baqara	رَبَّنَا اتِنَافِي اللَّانْيَا حَسَنَةً وَّفِي الْأَخِرَةِ حَسَنَةً وَّقِنَا عَنَابَ النَّايِ
	Our Rabb! Grant us good in this world and good in the hereafter, and save us from the punishment of the
	fire.



Reference	Ayaat
2:286	Forgiveness & ease
Suratul Baqara	ى بَّنَالاَتُؤَاخِذُنَا إِنُ نَّسِيْنَا أَوْ أَخْطَأُنَا ى بِّنَا وَلاَتَّكُمِلْ عَلَيْنَا إِصْرًا كَمَا
	حَمَلْتَهُ عَلَى الَّذِيْنَ مِنُ قَبُلِنَا مَبَّنَا وَلاَ ثُحَمِّلْنَا مَالاَطَاقَةَ لَنَابِهِ وَاعْفُ
	عَنَّا وَاغْفِرُ لَنَا
	وَالْ حَمْنَا أَنْتَ مَوُلاَنَا فَانْصُرْنَا عَلَى الْقَوْمِ الْكَفِرِيْنَ
	Our Rabb! Do not punish us if we forget or make a mistake,
	Our Rabb! Do not place on us a burden as You placed a burden on those before us,
	Our Rabb! Do not impose on us that which we have not the strength to bear, and forgive us, grant us
	protection and have Rahma on us; You are our mawla, so help us against the unbelieving people.
3:147 Suratu Aali Imran	Remove hardships
	ىَ بَّنَا اغْفِرُ لَنَا ذُنْوُبَنَا وَالسَرَ افْنَا فِيَّ آمُرِنَا وَتُبِّتُ أَقُدَامَنَا
	وَانْصُرْنَا عَلَى
	وَانْصُرْنَا عَلَى الْقَوْمِ الْكَفِرِيْنَ
	Our Rabb! Forgive us our faults and our excesses in our affairs, and make firm our feet and help us against the unbelieving people.



Reference	Ayaat		
3:191	Creation		
Suratu Aali Imran	رَبَّنَا مَا خَلَقُتَ هٰذَا بَاطِلًا سُبُحٰنَكَ فَقِنَا عَذَابَ النَّارِ		
	Our Rabb! You have not created this (creation) in vain, glory be to You, save us from the punishment of the fire.		
3:194	Safety on Day of Qiyama		
Suratu Aali Imran	ىَّبَنَا وَاتِنَا مَا وَعَدُ تَّنَا عَلَى مُسْلِكَ وَلاَثُخُزِنَا يَوْمَ الْقِيمَةِ ۚ اِنَّكَ		
	لا تُخْلِفُ الْمِيْعَادَ		
	Our Rabb! Grant us what You promised us through Your messengers and do not disgrace us on the day of Qiyama, Indeed You never break Your promise.		
23:118	Rahma		
Suratul	ر سا انجنو براد برد برآنی بر برده الله جریر		
Mu'minun	رَبِّ اغْفِرُ وَ الْهُحَمُ وَ أَنْتَ خَيْرُ الرَّحِمِينَ		
	Rabb! Forgive and have Rahma, Indeed You are the best of the Merciful ones.		
46:15	Thankfulness		
Suratul Ahqaaf	ىَتِ اَوْزِعْنِيَ اَنَ اَشُكُرَ نِعُمَتَكَ الَّتِيَّ اَنْعَمْتَ عَلَيَّ وَعَلَى		
	وَالِدَيَّ وَأَنَ اَعْمَلَ صَالِحًا تَرْضُهُ وَاصْلِحْ لِي فِي ذُرِّيَّتِي ۗ إِنِّي		
	تُبْتُ الْيُكَ وَاتِّي مِنَ الْمُسْلِمِيْنَ		
	Rabb! Grant me that I should be thankful to Your favours which You have bestowed upon me and my parents, and that I should do the good deeds which please You and do good to me in respect of my offspring, Indeed I turn to You and surely I am of those who submit.		



Reference	Ayaat
25:74	The coolness of the eyes
Suratul Furqan	ى بَيَّنَا هَبُ لِنَا مِنُ أَزُوَاجِنَا وَذُرِّيًّا تِنَا قُرَّةً أَعُيْنٍ وَّاجْعَلْنَا
	لِلْمُتَّقِيْنَ إِمَامًا
	" Our Rabb, grant us from our spouses and our children 'the coolness of eyes' and make us guides to those who are God conscious".



ASMAUL HUSNA

Allah in the Qur'an tells us to invoke Him through Asmaul Husna – the most beautiful names (attributes) of Allah. Some of the attributes of Allah found in the Quran are names that consist of a single word, whereas others are a combination of names. The one-worded names total 99 in number. These names have been divided into three: the *Jalal, Jamal* and *Kamal*.

The attributes of Allah that fall under the name of *Jalal* are known to us through His infinite and divine Majesty which are apparent through His creation throughout the universe.

The attributes of *Jamal*, on the other hand, become evident with their plentiful blessings, which we respond to with gratitude.

The *Kamal* names reveal works of art that have been created with perfection and wisdom and invite people to contemplate on this.

And Allah's are the best names, therefore call on Him thereby, and leave alone those who violate the sanctity of His names; they shall be recompensed for what they did.7:180



Name	Meaning	Benefits of recitation
ALLAH		Recite it as many times as possible
علًّا		for fulfilment of hajat.
1. Ar-Rahman	The Merciful	Repeat Ya Rahman 100x after
اَلَوَّ حُم َٰرُ مِي		wajib salaa to develop a good
الر من		memory, keen awareness and be
		freed of a heavy heart.
2. Ar-Rahim	The	Repeat Ya Rahim 100x after Salatul
ٱلرَّحِيْمُ	Compassionat	Fajr for friendship. Recite 100x
الرحييم	е	after every salaa for safety from
3. Al-Malik	The Kine/	calamities.
3. Al-IVIAIIK	The King/ Sovereign	Recite Ya Malik frequently and you may be treated with respect by
اَلْمَلِكُ ا	Sovereign	others. Read after noon for
		abundant wealth. Prophet Khidr
		taught dua "Allahumma atal
		Malikul Haqq. Allazhiy laa ilaaha
		illaa anta. Ya Allahu, Ya Salaamu,
		Ya Shaafiy" followed by Ya
		Shaafiyal Quloob" 3x
4. Al-Quddoos	The Holy	Recite Ya Quddoos at sunset for
اَلْقُدُّ وُسُ		expansion of the heart. Also recite
القداوس		to free heart from thoughts that
		cause trouble, worry and pain.
5. As-Salaam	The Flawless	Recite Ya Salaam 100x to regain
السَّلامُ		health. Recite 160x and blow on
6. Al-Mu'min	The Circust	sick person for shifa.
	The Giver of Faith	Recite Ya Mu'min to be freed from
اَلْمُؤْمِنُ	FdILII	the harm of the ego. Recite 36x when faced with danger and
		hostility. Write on paper and keep
		for safety.
	l	io. saicty.



Name	Meaning	Benefits of recitation
7. Al-Muhaymin	The Guardian	Recite Ya Muhaymin after wudhoo
اَهُهُيَمِنُ اَهُهُيَمِنُ 8. Al-Azeez	The	on a piece of silk and hold it over the smoke of burning amber, musk and sugar and place under pillow to dream of events affecting future. Recite 5000x for 7 days for success. Recite ya 'Azeez for forty days
ٱلْعَزِيْرُ	Incomparable	between wajib salaa, for independence. 115x for acquaintance with the unseen.
9. Al-Jabbar اَ جُبَّارُ	The Compeller	Recite Ya Jabbar 21x each time and you should not be compelled to do anything. Recite for safety against tyrant. If engraved on a ring it will enhance presence in front of others.
10. Al-Mutakabbir ٱلْمُتَكَبِّرُ	The Proud	Begin every act with Ya Mutakkabir for successful completion. Recite 10x before intimacy for a righteous child.
11. Al-Khaliq اَلْحُالِثُ	The Creator	Recite ya Khaliq at night to act for His sake. If recited at night angels will pray till the end of the night.
12. Al-Baari' ٱلْبَارِئُ	The Maker of Perfect Harmony	Recite ya Baari' frequently and hard work should become easy. For conceiving fast for 7 days and break fast with 'Ya Khaaliq, Ya Baari', Ya Musawwiru' 21 times
13. Al-Musawwir ٱلْمُصَوِّرُ	The Shaper of Unique Beauty	Recite Ya Musawwir frequently and hard work should become easy.



Name	Meaning	Benefits of recitation
14. Al-Ghaffar	The Forgiver	Recite to subdue anger. Recite
اَلْغَفَّامُ		100x after Salatul Jumua' for
العقائ		forgiveness of previous week's
		faults.
15. Al-Qahhar	The Subduer	Recite Ya Qahhar 100x after fajr
ٱلْقَطَّامُ		salaa to overcome your enemy.
0 457		Repeat Ya Qahhar frequently, to
		gain inner peace and be freed from being wronged by another.
16. Al-Wahhab	Bestower	Repeat Ya Wahhab 7x at midnight
	Destower	for dua to be answered. If you have
ٱلْوَهَّابُ		a desire, or cannot earn enough,
		repeat Ya Wahhab for three or
		seven nights 100x after a two rakat
		midnight salaa. For hajat, do 3
		sajdas in the courtyard of a masjid
		or your home and repeat Ya
		Wahhab 100x.
17. Ar-Razzaq	Provider	Repeat Ya Razzaq 10x facing qiblah
الرَّرَّاقُ		and then 10x in other 3 directions
۱		to remove poverty. Repeat 545x for increased sustenance. Go into
		seclusion and repeat 1000x to meet
		Prophet Khidr. Write and hang in
		workplace to be successful. Recite
		100x after Salatul Jumua' if
		stressed and depressed.
18. Al-Fattah	Opener	With hands on your chest, repeat
البساء		ya Fattah 70x after Salatul Fajr for
الْفَتَّاحُ		the heart to be free of rust and be
		opened, given victory over the ego
		and be purified.



Name	Meaning	Benefits of recitation
19. Al-'Aleem	Knower	Recite ya 'Aleem 100 times after
(31		every wajib salaa for intuition. For
الْعَلِيْمُ		hidden knowledge, do sijda on
		Friday night and say ya 'Aleem 100
		times. Recite ya 'Aleem for the
		heart to be illuminated. For haajat,
		go outside, pray 2 rakat salaa and
		then recite ya 'Aleem 1000 times.
20. Al-Qabidh	Constrictor	For 4 days write Ya Qabidh on a
1531		piece of bread with your finger and
القابض		eat it to be safe from hunger,
		thirst, pain and the punishment of
		the grave. Recite 903x for safety
		from tyranny.
21. Al-Basit	Expander	Recite frequently for peace of
اَلْيَاسُطُ		mind, freedom from stress, and to
الباسط		gain love and respect.
		Recite Ya Basitu 10x after Salatul
		Fajr with open hands, and pass
		over face for self sufficency. Ism of
		the angel Israfeel.
22. Al-Khafidh	Abaser	Fast for three days and on the
اَ لَحُافِضِ		fourth day, recite Ya Khafidh
الحافظات		70,000 times in a gathering and you
		should be free from harm. Recite
		10x every day for honour.
23. Ar-Rafi'	Exalter	Recite Ya Rafi' 100x on Thursday
الرَّ افِعُ		and Sunday night to attain a higher
الراح		sense of honour, richness and
		merit.
24. Al-Mu'izz	Honourer	Repeat Ya Mu'izz 140 times after
اَ الْعَجَالُ		Maghrib salaa on Sunday and
المجر		Thursday to develop dignity in eyes
		of others and fear no one but God.



Name	Meaning	Benefits of recitation
25. Al-Muzhill	The	Recite Ya Muzhill 75 times when
ٱلْهُذِكُ	Dishonourer	you sense harm from a jealous
المكلِل		person. If you go to sijda and say,
		"Oh God save me from the
		oppression of so and so" and you
		should be safe.
26. As-Sami'	The All	Recite Ya Sami' 500x after Zhuhr
ا ا ا ا	Hearing	salaa for hajat. Recite so that one's
السّمِيْعُ		words have a greater effect
		_
27. Al-Baseer	The All Seeing	100x Ya Allahu, Ya Baseer before
25	_	Salatul Jumua' for success in any
البحِيدُرُ		task. Recite Ya Baseer 100x after
		Salatul Jumua' to raise esteem,
		strength in eyesight and
		illumination of heart
28. Al-Hakam	The Arbiter	Recite Ya Hakam on Thursday night
1.34		in the middle of the night
ٱلْحَكُمُ		frequently to know the hidden
		meanings in things.
29. Al-'Adl	The Just	Write ya 'Adl on a piece of bread
		on Thursday night for obedience.
012 31		an marada, mane ter escarencer
ٱلْعَدُلُ		
30. Al-Lateef	The Subtle	Recite Ya Lateef 129x when
م ب شن		stressed or depressed. Recite
اَللَّطِيْفُ		"Allahu Lateefun bi 'ibaadihi
		yarzuku manyashaau wa huwal
		Qawiyyul 'Azeez" (12:100) 9x daily
		for ease. Recite 133x for
		abundance in sustenance. After 2
		rakaats salaa recite it 11x for
		deliverance from poverty, illness,
		sickness, loneliness and misery.
L	1	



Name	Meaning	Benefits of recitation
31. Al-Khabir	The Aware	Recite Ya Khabir frequently to be
ا أبرور		freed of bad habits. Recite it for 7
ٱلْحَيِيرُ		days to perceive hidden secrets.
32. Al-Haleem	The Forbearer	Recite 88x for subsidence of anger.
. 131		Write Ya Haleem on a piece of
الحَلِيْمُ		paper and place where you plant
		something to preserve it from
		harm. Recite on an apple and give
		to spouse who has fallen out of
		love to restore affection. Recite on
		water for plants for better growth.
33. Al-'Azheem	The	Recite ya 'Azheem frequently to
. 1. 31	Magnificent	develop respect among people.
العَظِيْمُ		Recite 100x for success and
		protection from harm of enemies.
34. Al-Ghafur	The Concealer	Recite Ya Ghafur frequently for
اَلْغَفُومُ	of Faults	headaches, fever or temporary
العفوم		despair and despondency. Recite
		100x after Salatul Jumua' for relief
		from a heavy heart due to sins and
		forgiveness of the sins.
35. Ash-Shakur	The Rewarder	Repeat Ya Shakur 41x on water and
اَلشَّكُوْمُ	of	wash your face to lighten a heavy
الشكوم	Thankfulness	heart and maintain composure.
		Recite 41x for any difficulty.
36. Al-'Ali	The Highest	Constant recitation improves
2 121		conditions – poor becomes richer,
العني		troubled becomes at peace
		If faith is low repeat Ya 'Ali
		frequently. 41x for relief from
		difficulty.



Name	Meaning	Benefits of recitation
37. Al-Kabeer اَلْکَبِیْرُ	The Greatest	If someone has lost his job or been demoted unjustly or has debts which cannot be paid – fast for 7 days and recite – Yaa Kabeeru antallazhee laa tahdil 'uqulu liy wasfi 'azhamatihi 1000x. Recite 232x over food and give to couple having marital problems
38. Al-Hafeezh	The Preserver	Recite Ya Hafeezh 16x a day for protection from calamities.
39. Al-Muqeet	The Maintainer	Recite and write 7x over water – drink from the water during a journey for strength to bear the difficulties of travel. If someone is ill-mannered, repeat Ya Muqeet several times into a glass of water and give it to the person to drink. Recite 7x on water for fulfilment of hajat.
40. Al-Haseeb اَلْحُسِیْب	The Reckoner	Repeat Ya Haseeb 70x on Thursday for seven days and nights and the 71st time say, "Allah al-Haseeb," "God is my Reckoner," and you should be freed from fear of being robbed, or the jealousy of another or being harmed. Write on bottle of colicky child.
41. Al-Jaleel اَجُلِيْلُ	The Majestic	Write Ya Jaleel on a piece of paper with saffron and musk ink. Wash the paper and drink esteem.



Name	Meaning	Benefits of recitation
42. Al-Kareem	The Generous	Recite 270x for freedom from debt.
ٱلْكَدِيْمُ		If recited until one falls asleep then appreciation and help from others. Recite for forgiveness.
43. Ar-Raqeeb اَلرَّ قِیْبُ	The Vigilant	Repeat Ya Raqeeb 7x for yourself, family and property to be under Allah's protection. Recite to find lost thing. Recite 312x to render bad vibes ineffective.
44. Al-Mujeeb اَلُنْجِيْبُ	The Responder to prayer	Recite Ya Mujeeb to continue to have faith. Recite 55x at sunrise after salaa for hajat. Reciting also helps stop gossip and slander.
45. Al-Waasi'	The Vast	Recite Ya Waasi' frequently if you have difficulty earning a living. Recite 137x to cure depression
46. Al-Hakim اَلْحُكِيْمُ	The Wise	Recite Ya Hakim continuously to overcome difficulties in work and for knowledge and wisdom.
47. Al-Wadud	The Loving	If there has been a quarrel between two people and one of the two repeats Ya Wadud 1000x over food and gives the food to the other to eat, the disagreement may be resolved.
48. Al-Majeed ٱلْمَجِيْدُ	The Glorious	Recite ya Majeed 100x at iftar on the 13th, 14th & 15th of the Lunar month to cure sickness especially psoriasis, heart disease and depression.



Name 49. Al-Ba'ith اَلْبَاعِثُ	Meaning The Resurrector	Recite Ya Bai'th 100x and to gain taqwa and wisdom. Recite frequently with hand on chest at bedtime. Recite 7070x to clear name if wrongly accused.
50. Ash-Shaheed ٱلشَّهِيْدُ	The Witness	Repeat Ya Shaheed 21x with your hand on the forehead of a rebellious child to calm him down. Assists in controlling one's own disobedience.
51. Al-Haqq	The Truth	Recite to find lost thing. For sustenance recite 100x <i>La llaha Malikul Haqqul Mubeen</i> every day.
52. Al-Wakeel ٱلْوَكِيْلُ	The Trustee	If you are afraid of drowning, being burned in a fire, repeat Ya Wakeel for protection.
53. Al-Qawiy	The Strong	Recite Ya Qawiy for safety from an enemy. Recite 116x for strength to do ibada.
54. Al-Mateen	The Firm	Recite Ya Mateen for your troubles to disappear. To increase breast milk write on a cup and drink water from it. Recite 500x to eliminate tyranny and negativity from oneself.
55. Al-Waliy ٱلْوَلِيُّ	The Friend	Recite Ya Waliy frequently to become a Friend of God. Recite in the presence of a spouse who is ill of character.



Nome	Magning	Benefits of recitation
Name 56. Al-Hameed	Meaning The Praised	
56. Al-Hailleeu	The Praised	Repeat Ya Hameed be loved and
اَلْحَمِيْدُ		praised. Write on a cup and drink
		from it for refined speech.
57. Al-Muhsi	The Appraiser	Recite Ya Muhsi 100x for ease on
<u>ٱ</u> مُّحُصِيُ		the Day of Judgement. Recite 148x
		to assist in understanding and
		memorisation. Also gives courage
FO Al Navis di	The Desire	for self-criticism.
58. Al-Mubdi'	The Beginner	Repeat Ya Mubdi' and breathe
اَلْمُبُدِئُ		towards someone who is about to
٥٩٩٠٠		lose something and that person
		should become free of danger. Recite to make decisions when
		undecisive. If a pregnant woman
		fears a miscarriage then place right hand on the stomach and recite Ya
		Mubdi' 99x.
59. Al-Mu'eed	The Restorer	Repeat Ya Mu'eed 70x for the safe
	The Restorer	return of a family member who is
اَلَّهُ عِيْلُ		away.
60. Al-Muhyi	The Life Giver	·
	The Life Giver	If you are weighed down with a heavy burden repeat Ya Muhyi 7x
ٱ لْمُحُمِّينِ		daily. Recite 68x after every salaa
J		to cure a chronic illness.
61. Al-Mumeet	The Life Taker	Recite Ya Mumeet frequently with
•	THE LITE TAKEL	your hands on your chest on falling
المُمِيْثُ		asleep to control your passions and
		destroy your enemy.
62. Al-Hayy	The Living	Recite Ya Hayy frequently for a long
•		life and to cure sickness. Recite
اَ حُ یُّ ا		500x before sunrise for peace.
-		Write with musk and rose water on
		a bowl; wash and drink for shifa
		from any illness.
	1	



Name	Meaning	Benefits of recitation
63. Al-Qayyum	The Self	Recite Ya Qayyum at the time of
اَلْقَيْوُمُ	Existing	Fajr salaa for friendship. Recite 16x
الحيوم		daily for memorisation help. Recite
		it in seclusion for affluence. To
		remove lethargy and laziness recite Al Hayyu and Al Qayyum after Fajr
		salaa.
		Salaa.
64. Al-Waajid	The	Repeat Ya Waajid with every
2 1-31	Resourceful	morsel of food to become
اَلْوَاجِدُ		resourceful.
65. Al-Maajid	The Noble	Recite Ya Maajid 465x morning and
ِ الْمَاجِدُ		night to be understood by others.
		Recite also to understand the language of other creation e.g.
		animals etc
66. Al-Waahid	The Unique	Repeat Ya Waahid 1000x when you
0 135	·	are alone and in a dark place to be
ألوًاحِنُ		free of fear and delusions.
67. Al-Ahad	The One	1000x for unification of nafs. For
ٱلْآحَكُ		pious children keep ism on self.
	The Fire of	Daniel Ve Consel 4000
68. As-Samad	The Eternal	Repeat Ya Samad 1000x to know
اَلصَّمَٰنُ		the hidden meanings of things. Recite Ya Samad 115x at dawn or at
		midnight while in sajda, to be safe
		from oppression. Recite to improve
		character.
69. Al-Qaadir	The Able	Recite Ya Qaadir while washing
اَلْقَادِرُ		each limb during the wudhoo and
العارات		no enemy should harm you. If you
		face a difficulty recite Ya Qadir 41x to be free from difficulty. Recite
		305x when love not responded to.
		303x when love hot responded to.



Name	Meaning	Benefits of recitation
70. Al-Muqtadir	The Powerful	Repeat Ya Muqtadir frequently to
الْهُ مِينَ		become aware of the Truth. Recite
اَلَمُقُتَكِيْ		744x to sharpen the memory.
71. Al-Muqaddim	The Promoter	Repeat Ya Muqaddim on the
اَلْمُقَانِّ		battlefield or when you are afraid
المُقْلِمُ		of being alone in a frightening
		place. Recite to present things in
70 41 44 / 1111	TI 5 .	their right places.
72. Al-Mu'akhkhir	The Postponer	Recite Ya Mu'akhkhir 100 times for
اَلْمُؤَ خِّرُ		tawba to be accepted. Recite 1446x
		before sunrise for 7 days to prevent
73. Al-Awwal	The First	tyrant from gaining power. Recite Ya Awwal 40 times on
75. Al-Awwai	THE FIIST	Thursday night for fulfilment of
اَلْأَوَّلُ ا		needs. Recite 1000 times for 40
		Fridays for an overwhelming
		problem and for safe return from
		journey.
74. Al-Aakhir	The Last	Those who recite Ya Aakhir
2.131		frequently should lead a good life
الْأُخِرُ		and have a good end at the time of
		death. Recite 1000 times on Friday
		for increased sustenance. Kaffara
		for sins.
75. Azh-Zhahir	The Manifest	Recite Ya Zhaahir 500x for divine
ٱلظَّاهِرُ		Light to enter your heart.
76. Al-Baatin	The Hidden	Recite Ya Baatin 22x to see the
الْبَاطِنُ		truth in things. Recite 33x for
ا الله الله		enlightenment. For hajat pray 2
		rakats salaa after which recite "Huwal Awwalu wal Aakhiru wazh
		Zhaahiru wal Baatin; wa huwa 'alaa
		kulli shayin Qadeer"



Name	Meaning	Benefits of recitation
77. Al-Waali	The Governor	Repeat Ya Waali in your home to
<u>الْوَالِيّ</u>		be free from danger. Recite 11x to
		subdue another's anger.
78. Al-Muta'aali	The Exalted	Repeat Ya Muta'ali to ease
اَلْمُتَعَالِي		difficulties. Recommend for women
		tor recite during menstruation to relieve ailments. If demoted recite
		540x to be restored to honour. Also
		effective for interviews.
79. Al-Barr	The Source of	Repeat Ya Barr frequently to be
ٱلْيَوُ	Goodness	blessed and be free from
الكر		misfortune. Recite 7x daily to
		create aversion to bad habits. If
		recite 7x on an newborn baby it will
		give the child protection from calamities.
80. At-Tawwab	The Acceptor	Repeat Ya Tawwab many times for
ا استان	of Tawba	acceptance of tawba. Recite
اَلَّوَّابِ		frequently for accomplishment of a
		task. Recite 10x in front of a tyrant
		to be free from oppression.
81. Al-Muntaqim	The Avenger	Repeat Ya Muntaqim to be
ٱلْمُنْتَقِمُ		victorious against your enemy. To remove a tyrant from power, recite
		Ya Muntagimu and Ya Qahhaar
		1000x.
82. Al-Afw	The Pardoner	Repeat Ya 'Afw frequently for
اَلْعَقْقِ ا		forgiveness
83. Ar-Ra'uf	The Clement	Repeat Ya Ra'uf frequently to be
اَلوَّ وُفُ		blessed. Recite also to gain
الحروب		affection of creation.



Name	Meaning	Benefits of recitation
84. Malik al Mulk	The King of	Recite Ya Malik al Mulk to gain
مَالِكَ الْمُلْكِ	the Kingdom	esteem and change doubts into
مرک ۱۳۰۰		reassurance. Recite 212x daily to gain sustenance from unexpected
		means.
85. Dhul Jalaal wal	The Lord of	Repeat Ya Dhul Jalaal wal Ikraam to
Ikraam	Majesty &	develop self esteem.
ذُوا الْجِلَالِ وَ الْإِكْرَامِ	Generosity	
86. A-Muqsit	The Equitable	Repeat Ya Muqsit 100x to be free
اَلْمُقُسطُ		from the harm of your idol/ego and
1200		you should attain your purpose. Recite 700x for hajat. If the mind
		wanders in salaa recite 239x before
		salaa. Also recite for anger and
		depression.
87. Al-Jaami'	The Gatherer	Repeat Ya Jaami' to find lost things
اَلِحُامِعُ اَلْجَامِعُ		or be reconciled with someone
ا بدری		who has separated. Do ghusl at Zhuhr and lifting gaze towards
		heavens recite Ya Jaami' 10x
		closing each finger as you do so to
		reconcile dispersed family.
88. Al-Ghaniy	The Rich	Repeat Ya Ghani frequently for
الْغَ خَالَ		contentment. Recite 70x daily for
ا ق		abundance in rizq. Recite and blow over body for shifaa from illness.
		over body for simaa from filless.



Name	Meaning	Benefits of recitation
89. Al-Mughni	The Enricher	Recite Ya Mughni 1000 x every
2. 3.11		Friday to become self-sufficient.
المُغْنِيِّ		Recite 1121x every Friday for 10
		Fridays to eliminate nervous
		tension. Recite on hands and pass
		over afflicted part of body to
		recover. For spiritual and material
		wealth, recite 11x Salawat, followed by 1111x Ya Mughni and
		end with 11x Salawat and Suratul
		Muzzammil.
90. Al-Maani'	The Protector	Repeat Ya Maani' to have a good
اَلْمَانِعُ اَلْمَانِعُ		family life. Recite 20x to subside
المالغ		anger. Recite 161x to help relieve
		pain and fear. Recite for safety
		during journeys. Recite silently to
		rekindle affection between
91. Adh-Dharr	The Punisher	Repeat Ya Dharr 100x on Thursday
	The Pullisher	nights to grow closer to Allah.
اَلضَّاسُّ		Recite for safety from tyranny.
92. An-Nafi'	The Beneficial	Recite Ya Nafi' for 4 days to avoid
2000		harm. Recite 41x for completion of
اَلتَّافِعُ		task. Provides safety on a journey.
		Recite before intimacy for pious
		children.
93. An-Nur	The Light	Recite Ya Nur 700 times on
اَلَيْوِي مِ		Thursday night for receive inner
\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \		light. Recite Surah Nur 7 times and
		Ya Nur 1000 times to gain light in your heart.
94. Al-Haadi	The Guide	Repeat Ya Haadi frequently to gain
		spiritual knowledge.
اَلْهَادِي		
1	ı.	



Name	Meaning	Benefits of recitation
95. Al-Badi' اَلْبُویُعُ	The Originator	Repeat Ya Badi' 1000 x by saying, "Ya Badi' as-samawati' wa 'l-ardh," for troubles. Relieves depression and stress. Recite before sleeping for guidance on feasibility of task. For accomplishment of a task recite 1200x Ya Badi' al ajaaib bil khayr. Ya Badi' for 12 days.
96. Al-Baaqi ٱلْبَاقِ	The Everlasting	Recite Ya Baaqi on Thursday night to be free of difficulties. Recite frequently for acceptance of duas.
97. Al-Waarith	The Inheritor	Recite Ya Waarith 100x at sunrise to be free of difficulties. Recite it often to fulfil a task. To remove worries recite 1000x between Maghrib and Isha salaa.
98. Ar-Rasheed اَلرَّ شِیْنُ	The Right in Guidance	Repeat Ya Rasheed, 1000x between Maghrib and Isha Salaa to remove troubles, and for financial progress. Recite also to make words effective.
99. As-Sabur اَلصَّبُوْسُ	The Patient	Repeat Ya Sabur 33x for relief from troubles, difficulties and sorrow. Recite 100x before sunrise for safety from calamities and 'tying' the enemy's tongue. Repeat 298x for physical pain. Repeat frequently if unjustly accused. In difficulty recite 1020x.



ASMAUL HUSNA IN ORDER OF NEED

NEED	ISM	
ANGER	Ya 'Ali	
To subside		
APPEAL	Ya Mujeeb, Ya 'Aleem, Ya Mutakabbir, Ya	
Answered	Samee', Ya Wahhaab.	
AWARENESS	Ya Rahmaan	
To create		
BAD HABITS	Ya Khabeer	
Freedom from		
CALAMITIES	Ya Hafeezh	
Protection from		
CHILDREN	Ya Ahad, Ya Mutakabbir, Ya Naafi'	
For pious children	Ya Barr 7x on newborn for protection	
CHILDREN	Ya Shaheed	
Rebelliousness		
COMPELLED	Ya Jabbaar	
To do something against		
your will		
COMPOSURE	Ya Shakoor	
To maintain		
CONTENTMENT	Ya Ghaniy	
DESPAIR, DEPRESSION	Ya Ghafoor, Ya Razzaaq, Ya Waasi	
Relief from		
DIFFICULTIES	Ya Rasheed, Ya Badi', Ya Muta'aali, Ya	
To be free from	Mateen, Ya Hakeem, Ya Qaadir, Ya Baaqi,	
	Ya Waarith, Ya Shakoor	
DIGNITY & ESTEEM	Ya Mu'izz, Ya Dhul Jalaal wal Ikraam, Ya	
To attain	Baseer, Ya Kareem,	
	Ya Kabeer, Ya Maalikal Mulk	
EARNING A LIVING	Ya Waasi'	
Difficulty of		



NEED	ISM
ENEMY'S HARM	Ya Qaadir, Ya Wahhaab, Ya Qawi, Ya
Free from	Mumeet, Ya Qahhaar,
	Ya Muntagim.
EYESIGHT	Ya Baseer
FAMILY LIFE	Ya Maani', Ya Raqeeb
Safety of	
FEAR	Ya Waahid, Ya Mu'izz, Ya Muzhill
To overcome	
FEVER	Ya Ghafoor
To cure	
FRIENDSHIP	Ya Raheem, Ya Qayyoom
HARDSHIP	Ya Jabbaar
HEADACHE	Ya Ghafoor
HEART	Ya Shakoor
Heaviness	
HEART	Ya Maajid
Enlightenment	
HEART	Ya Quddoos
Expand	
HIDDEN MEANINGS	Ya Samad, Ya Hakam, Ya 'Aleem
Revealed	
HOME	Ya Waali
Free from danger	
INTUITION	Ya 'Aleem
To receive	
JEALOUSY	Ya Muzhill, Ya Waasi
To be free from	
KHIDR	Ya Razzaaq
Meet	
KNOWLEDGE & WISDOM	Ya Baa'ith
LONG LIFE	Үа Науу
LONELINESS	Ya Lateef, Ya Muqaddim
LOST	Ya Mubdi', Ya Jaami', Ya Haqq
Things or people	



NEED	ISM	
LOVE	Ya Haleem, Ya Wahhaab. Ya Wadood,	
MANNERS	Ya Muqeet, Ya Waali	
Developing good	·	
MARITAL PROBLEMS	Ya Haleem, Ya Kabeer	
MEMORISATION	Ya Rahmaan, Ya Muqtadir, Ya Qayyoom	
MISFORTUNE	Ya Barr	
TO be free from		
NEEDS FULFILLED	Ya 'Azeez, Ya Awwal, Ya Mujeeb	
OPPRESSION	Ya Samad, Ya Muzhill, Ya Muakhir	
Free from		
PAIN	Ya Saboor	
POVERTY	Ya Lateef, Ya Razzaaq	
TO be free from		
PROTECTION	Ya Hafeezh	
REPENTANCE	Ya Tawwaab	
RESPECT	Ya Kabeer, Ya Malik, Ya Jaleel	
SELF SUFFICIENCY	Ya Mughni, Ya Baasit	
SICKNESS	Ya Salaam, Ya Hayy, Ya Lateef, Ya Ghaniy,	
	Ya Majeed	
SORROWS	Al 'Afw	
SPEECH	Ya Hameed, Ya Maajid, Ya Samee'	
To refine & be understood		
SUSTENANCE, WEALTH	Ya Aakhir, Ya Ghaniy, Ya Malik, YA	
	Quddoos, Ya Razzaaq	
TRAVEL SAFETY	Ya Mu'idh	
TROUBLES	Al 'Afw, Ya Mateen	
WORK	Ya Waarith, Ya Musawwir, Ya Baari', Ya	
To make it easier	Badi', Ya Hakeem	
WRONGED BY ANOTHER	Ya Qahhaar, Ya Haseeb	



