

# Qur'an City



## Sura Al 'Asr Workbook

103 Qasam Place  
94103100

8-12  
years





# Suratul 'Asr

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

وَالْعَصْرِ 1

إِنَّ الْإِنْسَانَ لَفِي خُسْرٍ 2

إِلَّا الَّذِينَ آمَنُوا وَعَمِلُوا 3

الصَّالِحَاتِ وَتَوَاصَوْا بِالْحَقِّ

وَتَوَاصَوْا بِالصَّبْرِ



# Benefits Suratul 'Asr

3 ayaat in 1 Ruku

Benefits of recitation:

- 1) Recite 10x for stomach ailments
- 2) Recite to reduce fever
- 3) Increase in eiman and 'nur' on Qiyama
- 4) Recite in Eisha salaa for safety from tyranny.



# Key Concepts

'Asr' literally means to squeeze. Here it is used to describe the concept of time – in the sense of it meaning the squeezing of the past unfolding as the future. The sura points out that human beings are at loss unless they:

1. Believe
2. Do good deeds
3. Advise each other to truth
4. Advise each other to patience



# Suratul 'Asr

The sura begins with Time and ends with sabr (Patience). Sabr is the shrinking of time e.g. if we want to eat a fruit which is not yet ripe, we know we have to wait for it to ripen and we agree to do so. What we are doing is shrinking the time into "zero time".

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

In the name of Allah, the Most Kind, the Most Merciful.

۱  
وَ الْعَصْرِ

I swear by Time!

'Asr' literally means squeezing. It has been used for Time - in the sense of it's meaning the squeezing of the past unfolding as future.

It may refer to the era of the Prophet (S.A.W.) or the time of Asr on Ashura; or as per a hadith of our 6th Imam - the era of Imam Al-Mahdi (A.S.) Time is the most valuable commodity which man has... If you look at the lives of great people there is one thing in common that we all have with them. We all have only 24 hrs in a day. The way they have used their time has made the difference.



إِنَّ الْإِنْسَانَ لِفِي خُسْرٍ

Most certainly the human being is in a state of loss ;  
Man's lower nature is to be at a loss. Man's basic nature is to be confused and dissatisfied without any calm and peace. Man fluctuates from one thought to another, one idea to the other ... No sooner is one situation under control then he must move to another which is chaotic...

إِلَّا الَّذِينَ آمَنُوا وَعَمِلُوا الصَّالِحَاتِ وَتَوَّاصَوْا بِالْحَقِّ  
وَتَوَّاصَوْا بِالصَّبْرِ

Except those who believe, and do good deeds, and advise each other to truth, and advise each other to patience.

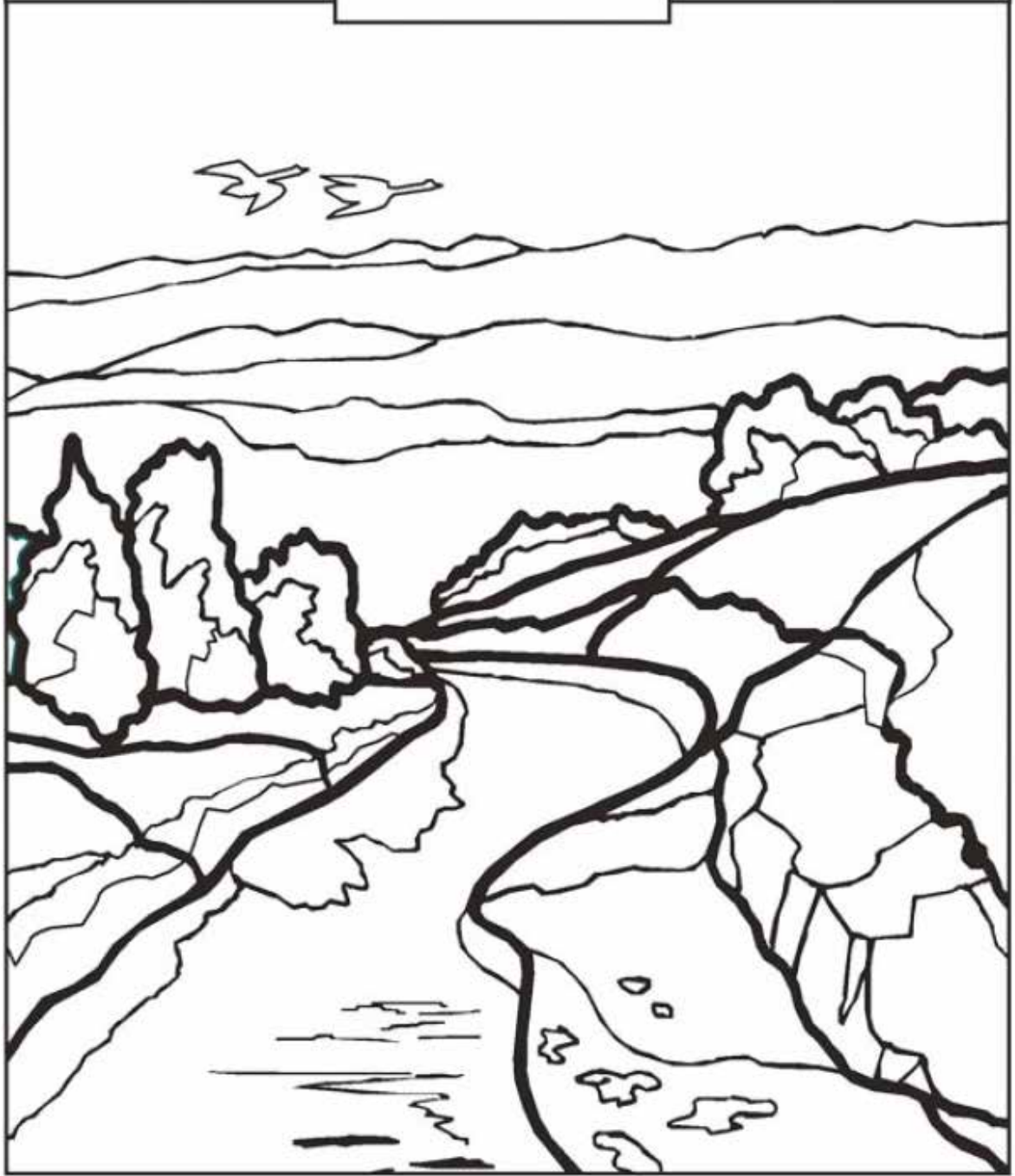
Advising each other to truth and to patience is 'Amr bil Ma'ruf ' and 'Nahyi anil Munkar '. The highest degree of patience is that which is exercised when one keeps away from 'haram'.



al-'Asr

سورة العصر

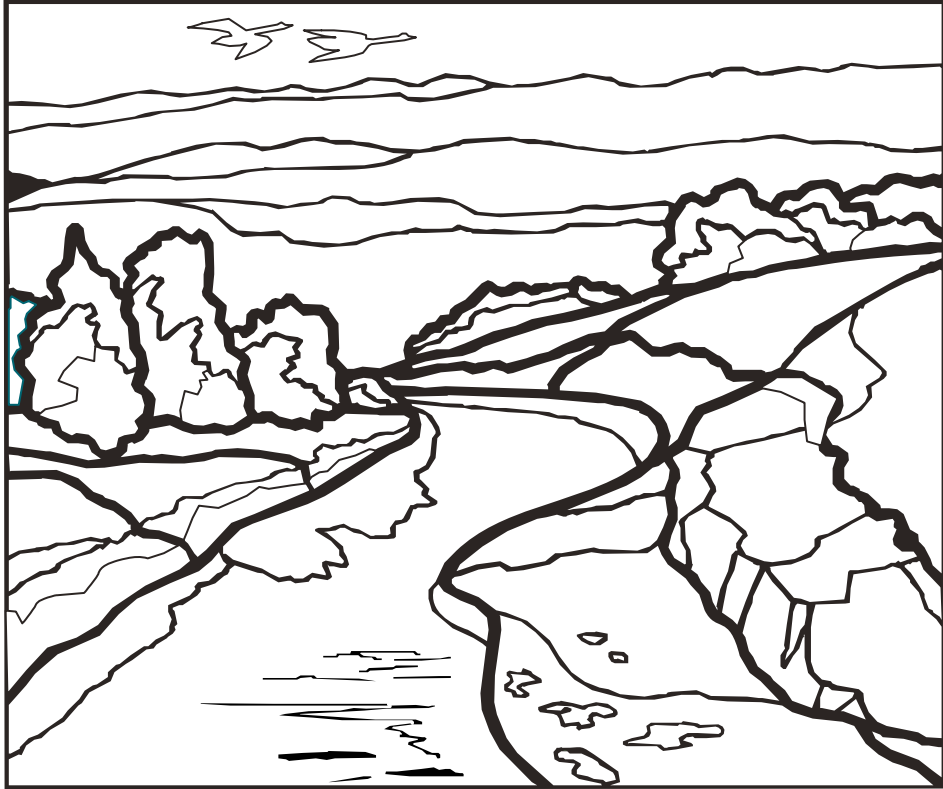
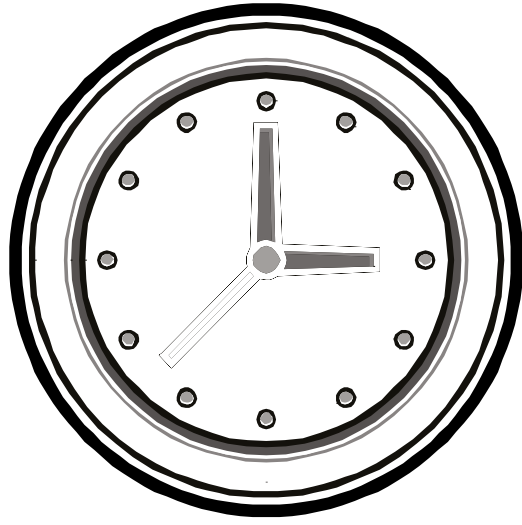
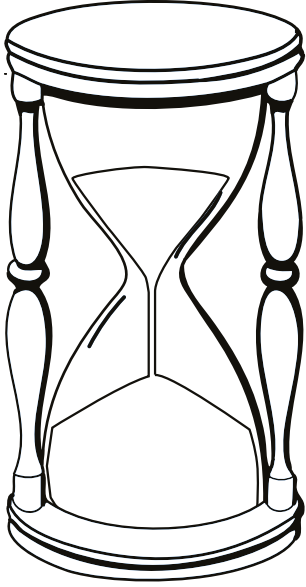
Afternoon



'Asr is the time of the day when the day is 'squeezed' into the night.  
'Asr means time.



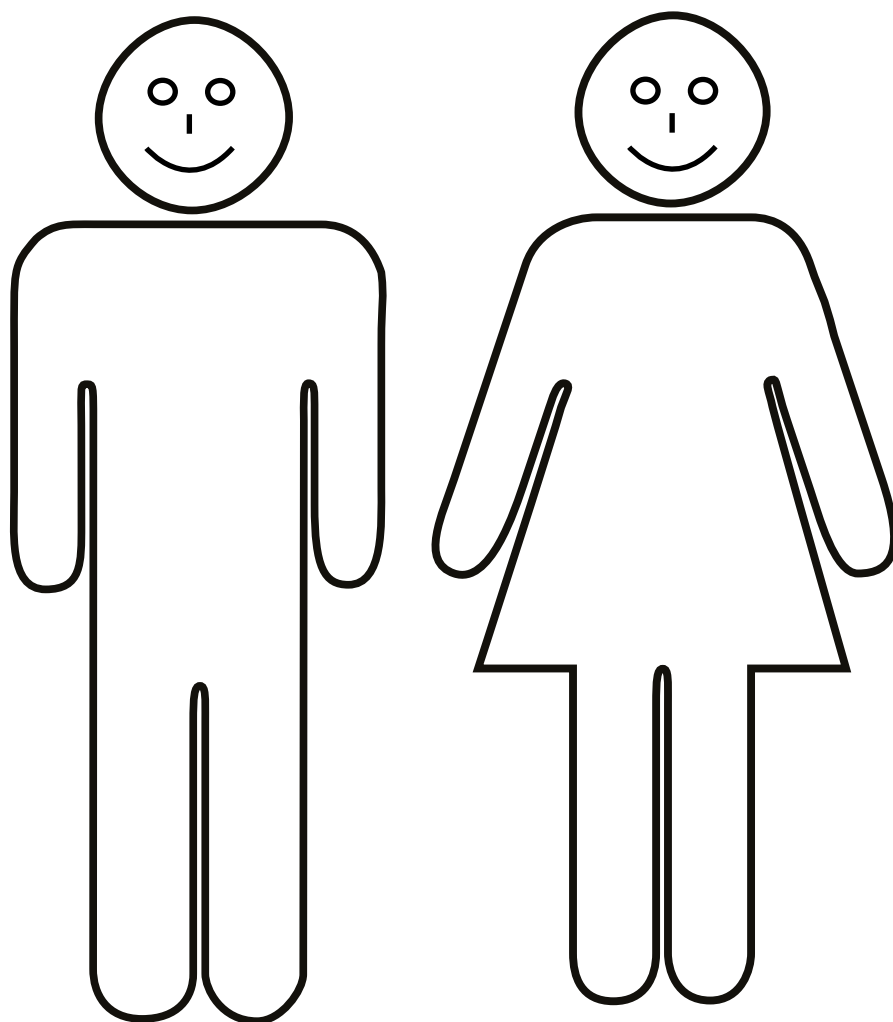




وَالْعَصْرِ

I swear by time





إِنَّ الْإِنْسَانَ لَفِي خُسْرٍ

Most certainly the human  
being is in a state of loss



Label the 10 branches

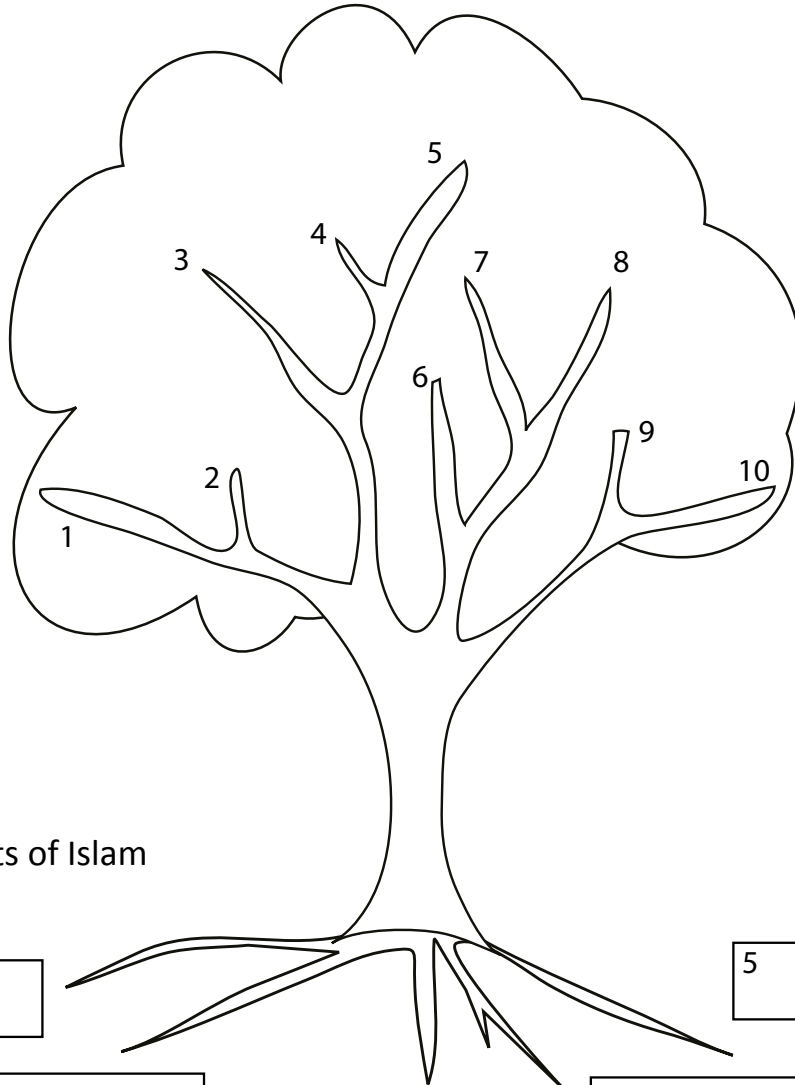
1

2

3

4

5



6

7

8

9

10

Label the 5 roots of Islam

1

2

3

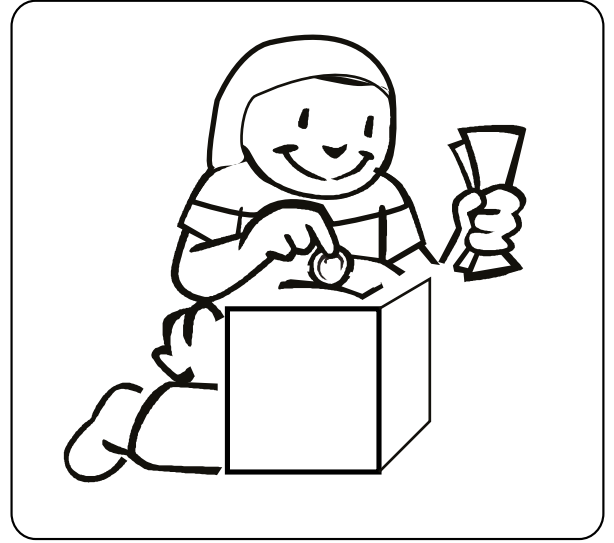
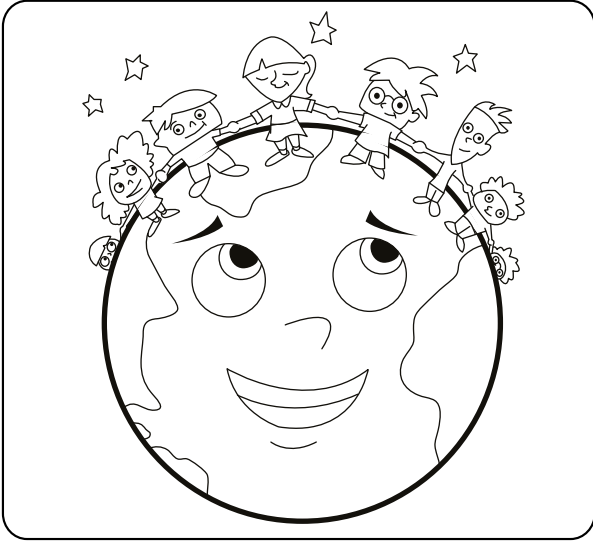
4

5

إِلَّا الَّذِينَ آمَنُوا

Except those who believe

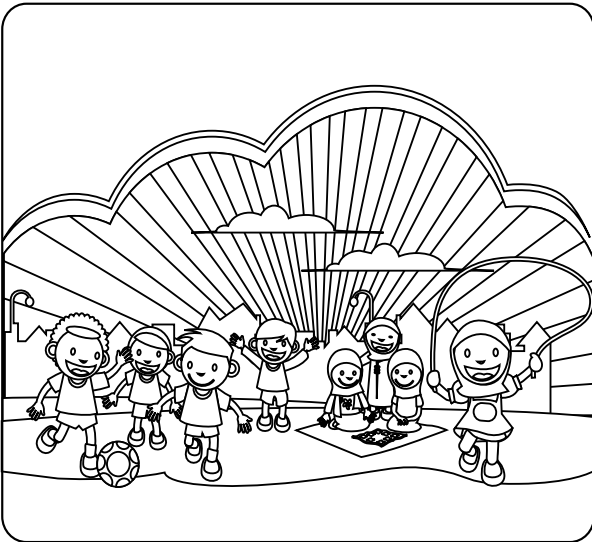
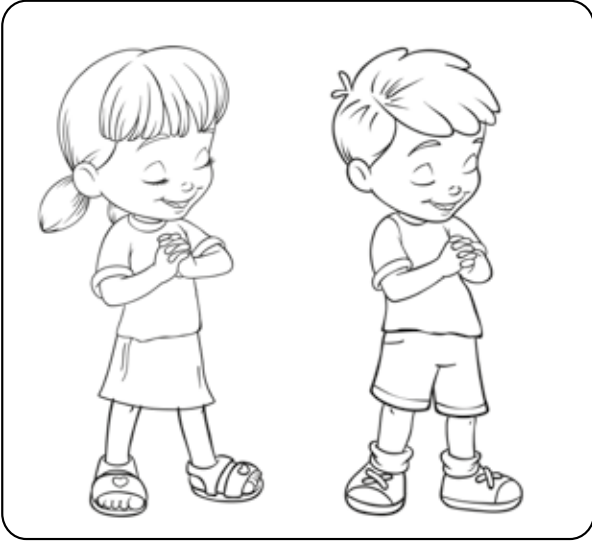




وَعَمِلُوا الصَّالِحَاتِ

And do good deeds

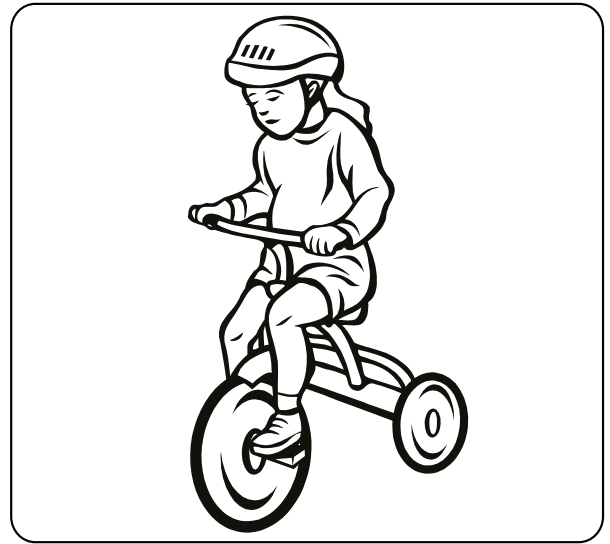
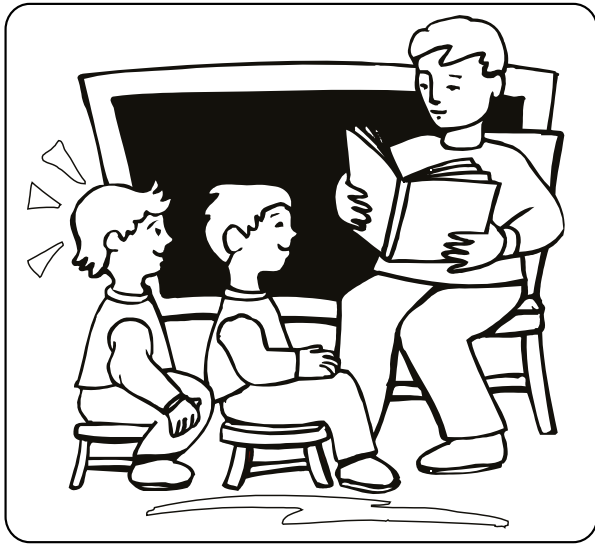
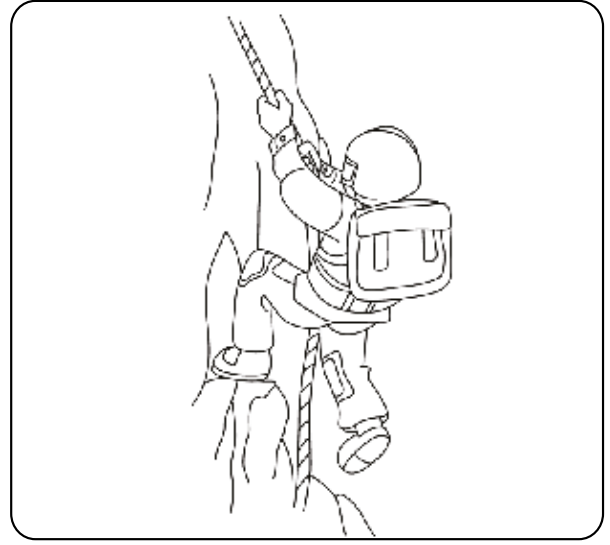




وَتَوَاصَوْا بِالْحَقِّ

And advise each other  
to truth





وَتَوَاصَوْا بِالصَّبْرِ

And advise each other to  
patience

(Patience means to try your best and  
then trust on God)



## INDEX

وَ	I swear by
عَصْرٌ	time
إِنْسَانٍ	human being
لَفِيٍّ	In
خُسْرٍ	loss
إِلَّا	except
أَمَنُوا	(those) who believe
عَمَلُوا	Deeds
صَالِحَاتٍ	Good
تَوَا صَوًّا	they enjoin upon one another
حَقًّا	truth
صَبْرًا	patience



# NOTES





# NOTES



# NOTES





