

# Laylatul Qadr





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## LAYLATUL QADR THE NIGHT OF MEASURE/DECREE

إِنَّا أَنْزَلْنَاهُ فِي لَيْلَةِ الْقَدْرِ

“Certainly We sent it (The Qur’an) down on the night of Qadr”

**97:1**

The night is also called:

SAYYIDUL LAYAALIY (The chief of nights)

QALBUSH SHAHR RAMADHAN (Heart of the month of Ramadhan)

AWWALUS SANAA' (Beginning of the spiritual year)

RA'SUS SANAA (Head of the year)

It is the night of the inauguration of the revelation of the Qur’an when a speck of Divinity came down on the earth. The Qur’an was revealed as a whole on Laylatul Qadr to the Prophet (pbuh) and then piecemeal as the occasion demanded and as ordered by Allah to the people.

It is the climax of the month of Ramadhan. As His guests He offers us hunger and thirst in order to reach a state of Godconsciousness so we may be more receptive to understand the book which will take us to our full potential. In his hospitality offers us hunger and thirst in order to reach a state of taqwa. The Prophet used to do ‘ittikaaf’ (stay in the mosque) for the last 10 nights of the month of Ramadhan for in them lies the night of Qadr.

The angelic forces on the night bring limitless opportunities. The heart opens to Divine Light according to its capacity. Each is accorded a measure (decree) which with action leads to one’s destiny.

It is reported that in the night an announcement is made: “Who is there amongst humankind to seek tonight the grace and forgiveness of the Rabb and receive it?”

It is a night when ‘everyone’s timetable’ for the year is planned.



## PROPHET MUSA'S CONVERSATION WITH GOD

Prophet Musa (pbuh) once addressed Allah saying: "Lord! I desire to be near to You." Allah said: "Whoever desires nearness to Me is one who remains **awake** during **Laylatul Qadr** (doing **ibada**)."

Prophet Musa (pbuh) said: "Lord! I wish to earn Your mercy." Allah replied: "My mercy is granted to anyone who is **merciful to the underprivileged** during **Laylatul Qadr**."

Prophet Musa (pbuh) said: "Lord! I wish to pass on the right path." Allah replied: "This is granted to anyone who gives **sadaqa** during **Laylatul Qadr**."

Prophet Musa (pbuh) said: "Lord! I wish to enjoy the trees and fruits of Janna!" Allah replied: "This is granted to anyone who **praises Me** during **Laylatul Qadr**."

Prophet Musa (pbuh) said: "Lord! I wish to achieve salvation from the fire!" Allah replied: "This is granted to anyone who seeks **forgiveness** during **Laylatul Qadr**."

Prophet Musa (pbuh) said: "Lord! I wish to achieve Your pleasure!" Allah replied: "I shall be pleased with anyone who prays two (mustahab) rak'ats **salaa** during **Laylatul Qadr**."



## WHEN IS LAYLATUL QADR?

شَهْرُ رَمَضَانَ الَّذِي أُنزِلَ فِيهِ الْقُرْآنُ...

“The month of Ramadhan is that in which the Qur’an was revealed...”

**2:185**

The night of Qadr is said to be one of the odd nights in the last ten days of the month of Ramadhan out of which the emphasis is on the 23rd of Ramadhan (Laylatul Qadr Al Kubra).

### SUPPORTING AHADITH

#### Hadith Al Juhni

Juhni lived far from Madina and had to bring his family and all his livestock when he came to visit the Prophet (pbuh). He asked the Prophet to tell him which was the most important night of the year so he could come annually. The Prophet whispered into his ear and the companions noticed that after that he would always come on the 23rd night of the month of Ramadhan.

Imam Ali (pbuh) narrates that the Prophet (pbuh) saw a dream that it was raining, and it was the night of Qadr. That year it only rained on the night of the 23rd of Ramadhan.

Imam Sadiq (pbuh) has also said: “The twenty-third night of the month of Ramadan is the one when every weighty matter is decided, when trials, tribulations, deaths, and means of sustenance and other matters are determined, and so will whatever Allah decrees to take place for the entire next year; so, congratulations to anyone who remains awake during it bowing, prostrating, contemplating upon his sins, weeping on their account, for if you do all of that, God willing, you will never be disappointed.”

The nights of the 19th and the 21st of Ramadhan prepare for the 23rd night. There are 3 stages in the decision-making process:

1. 19th - Budget set - taqdeer (decided)
2. 21st - Distribute - Qadha
3. 23rd - Approved – Ibraam





# AL-QADR - THE MEASURE/DECREE

## AWESOMENESS OF THE NIGHT OF THE DESCENT OF THE QUR'AN

097

4

### PEACE

When?

Any odd night in the last 10 days.  
A greater emphasis on 19, 21 & 23

19 - APPORTIONED

21 - CONSOLIDATION

23 - VALIDATION

Most spiritual work is done in the night until Fajr (meaning to crack, break open) the peace is the realisation that success is peace and balance in reaching one's full potential in the world and hereafter.

Ayaat 51-57

### LIMITLESS OPPORTUNITIES

The angelic forces on this night bring limitless opportunities.

The heart opens according to each person's capacity.



3

Ayaat 34-42

### BETTER THAN A LIFETIME

1000 months is approximately 83 years - one night of reflection and connection to the truth is better than a lifetime of directional existence.

1000

2

Ayaat 17-33

### NIGHT OF REVELATION

The night when the Qur'an was revealed as a whole to the heart of the Prophet (pbuh) 26:193-194 and then piecemeal as the occasion demanded.



1

Ayaat 1-8



# 097. Al – Qadr – The Measure / Decree

## 5 Ayaat (Makki)

### FOCUS

AWESOMENESS OF THE NIGHT OF THE DESCENT OF THE QUR'AN

### DID YOU KNOW?

THE WORD QADR CONNOTES TWO MEANINGS IN THE QUR'AN;  
QUANTITY & QUALITY.

WHAT IS SENT DOWN ON THE NIGHT OF QADR IS BASED UPON MEASURE IN  
PROPORTION TO THE CAPACITY AND ASPIRATION OF EACH PERSON.

### SELECTED AYAAT

- 97:1. Indeed We sent it down on the night of Qadr  
97:2 What will explain to you what the night of Qadr is?  
97:3 The night of Qadr is better than a thousand months  
97:4 The angels and the spirit descend in it with the permission of  
their Rabb with all the commands  
97:5 (There is) peace (that night) until he break of dawn.

### NARRATIVE

The sura focuses on the night of Qadr which is the inauguration of the revelation of the Qur'an when a speck of Divinity came down to the earth.

The magnitude of the Message, the Messenger and the Time of the message is immeasurable. The Qur'an was revealed on the night of Qadr as a whole to the Prophets heart (26:193,194) and then piecemeal over the next 23 years as the occasion demanded.

The night is described to be better than an 1000 months which is figuratively better than a lifetime.

The angelic forces bring limitless opportunities with the heart of the human being opening according to his capacity and his aspirations to reach his full potential. All affairs for the year are decreed on that night and there is peace (a realisation of safety and serenity in both the worlds) on this night until daybreak.

It is said to be any odd night in the last 10 days of Ramadhan, with greater emphasis on the 23rd night.

## RECITATION OF SURA AL QADR

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the Kind, the Most Merciful.

إِنَّا أَنْزَلْنَاهُ فِي لَيْلَةِ الْقَدْرِ

Indeed We sent it (the Qur'an) down on the night of Qadr.

وَمَا أَدْرَاكَ مَا لَيْلَةُ الْقَدْرِ

And what will make you know what the night of Qadr is?

لَيْلَةُ الْقَدْرِ خَيْرٌ مِّنْ أَلْفِ شَهْرٍ

The night of Qadr is better than a thousand months.

تَنْزِيلُ الْمَلَائِكَةِ وَالرُّوحِ فِيهَا بِإِذْنِ رَبِّهِمْ مِنْ كُلِّ أَمْرٍ

The angel and the spirit descend in it with the permission of their Rabb; with all the commands.

سَلَامٌ هِيَ حَتَّىٰ مَطَلَعِ الْفَجْرِ

Peace! It is until the break of dawn.

**Recite Sura Al Qadr as many times as possible on the night of Qadr**



**Imam Ali (pbuh) has said:**

Everything has a fruit, and the fruit of the Qur'an is Sura Al Qadr

Everything has a treasure, and the treasure that removes poverty is Sura Al Qadr.

For everything there is a means whereby it can be attained, and the means of the weak is Sura Al Qadr."

For every hardship there is ease, and the ease of those suffering from hardship is Sura Al Qadr.

There is a shield against every evil, and the shield of the believers is Sura Al Qadr.

For everything there is guidance, and the guidance of the righteous is Sura Al Qadr.

There is excellence for everything, and the excellence of knowledge is Sura Al Qadr.

There is a adornment for everything, and the adornment of the Qur'an is Sura Al Qadr.

There is a shelter for everything, and the shelter of the faithful is Sura Al Qadr.

There is a glad tiding for everything, and the glad tiding of the innocent is Sura Al Qadr.

There is a Proof (Hujja) for everything, and the Hujja after the Prophet (pbuh) is Sura Al Qadr, **therefore, believe in it."**



## PLANNING FOR LAYLATUL QADR

The first step in preparation for Laylatul Qadr is to work out a direction (a goal to focus on).

“And everyone has a direction to which he turns, so hurry to the best of works; wherever you are, Allah will bring you all together; surely Allah has power over all things.” 2:148

By definition, if you are facing the right direction, all you need to do is to keep walking... or running...

Qadr is about thinking about the directions; Physical, Mental, Emotional & Spiritual.

He gives what is asked for ... (14:34)

A word of caution – Divinity does not read in between the lines, has no sense of humour – is very clear cut and straight and does not take kindly to ditherers... So, make sure YOU know where YOU want to go and what YOU want....

Laylatul Qadr is all about formulating a plan of how to leave a legacy for that in essence is the purpose of life.

“We have created death and life so that we may test which of you does the best of works...” Sura Al Mulk 67:2

1. Start making a list of your aspirations – Physical, mental, emotional and spiritual....
2. Decide on what legacy you want to leave. In essence the only thing you can take with you is what you leave behind. The most basic is memories - which others can revisit again and again...
3. Formulate a mission statement for yourself. It must be no more than a single sentence, easily understood and be able to be recited from memory even at gunpoint...



## NOTES

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## PRACTICAL TO DO'S

1. Please have a light iftar
2. Make sure your dua book & Qur'an is ready – Make short notes about each of the Ma'sumeen so you can connect with them during the A'maal. They are those who lived the Qur'an – use the night to understand them to find your direction. Aspire to meet the Imam of our time.  
For the 23rd night mark relevant ayaat in the 3 suwer ('Ankabut, Rum & Dukhan); and the relevant verses in Dua Tawba and Makarimul Akhlaq.
3. Sadaqa before tonight with the niyya of Qadr so it gets there in time. It is a practical manifestation of closeness to Divinity...
4. "One hour's reflection is better than 70 years worship" The Prophet said in normal day. On Laylatul Qadr it is better than  $83 \times 70 = 5810$  years (Laylatul Qadr better than 1000 months). Get your thinking, pondering, reflection caps on and make paradigm shifts in your lives....
5. Salaa – Use the night to understand its greatness
6. Dua – Rather than a ritualistic recitation – make it a conversation with divinity. Indulge in talking to Him asking for guidance... The Prophet (pbuh) when asked what one should ask Allah for during these nights, said: "Ask for your safety (here and in the hereafter)".
7. Do something extra ordinary for the ones you love; especially your parents and the ones who have captured your soul
8. Ask for forgiveness from as many as possible. Forgive those who have hurt you. Release yourself from their prison...
9. Say loads of "I LOVE YOU'S" to those you have taken for granted and cherish them.



10. Make your life plans – Make resolutions. List micro and macro goals and ask HIM to help execute.... List three things to aim for Physically, Mentally, Emotionally & Spiritually...
11. Write your will if you haven't yet done so...this is the time to leave your words of wisdom as a legacy (Take tips from Letter 31 of Nahjul Balagha).
12. And strive for your full potential so that when the angel of death comes and says "Time Up" – You can say "I DID MY BEST"
13. Strive for Janna – do NOT settle for anything less

**A HADITH TO THINK ABOUT**

**"You would not be seeking ME unless you had already found ME"**



# LAYLATUL QADR

## 1. Aspirations

ASPIRATIONS  
GOALS  
PLANNING



## 2. Sadaqa

SADAQA TO  
REACH  
IT'S RIGHTFUL  
PLACE



## 5. Iftar

SURA AL QADR

Ask for hajat  
at the time of  
iftar, doors of heavens  
open (veils removed)



## 6. Salaa Of Laylatul Qadr

- 2 Rakats Salaa
- Al-Fatiha & 7x Al Ikhlas in each.
- 70x Astaghfirullah Wa Atubullayh



## 9. 3 Qur'anic chapters

SURA AL ANKABUT (29)

Belief tested  
Fragility of the human being & his eco system.

SURA AL RUM (30)

Reflections. Sabr & Self-esteem.

SURA AL DUKHAN (44)

Qur'an revealed on a blessed night. Warnings.

## 10. Qur'an & Ma'sumeen

ACKNOWLEDGING  
AWESOMENESS OF  
QUR'AN

(Placing on head)  
Verbalising names of  
the talking Qur'an  
(Ma'sumeen)



## 13. Salat Layl

TAHAJJUD

NAMAZ - E - SHAB



## 14. Salaatul Fajr





# TIME MANAGEMENT

## 3. Ghusl



## 4. Salatul Maghrib & Isha



## 7. Dua Tawba

- 1) Acknowledge sins
- 2) Remorse
- 3) U Turn
- 4) Need help not to return to sinning
- 5) Make this ultimate repentance



## 8. Dua Makarimul Akhlaq

- 1) Complete Eiman (Trust)
- 2) Prioritise that connected to Aakhira
- 3) No arrogance
- 4) Long life but righteous
- 5) Relationship with others based on Rahma
- 6) Resort to dua in time of need



## 11. Ziyara and Duas

ZIYARA OF IMAM HUSAYN (PBUH)  
DUA ABU HAMZA THUMALI  
DUA JAWSHAN KABEER



## 12. Sehri

SURA AL QADR



PEACE

ALL AFFAIRS OF THE YEAR RATIFIED



[www.qfatima.com](http://www.qfatima.com)

## A'MAAL FOR THE 19th, 21st & 23rd NIGHT OF RAMADHAN

The aspirations of the 19th are set as goals on the 21st to be ratified on the 23rd of Ramadhan....

Laylatul Qadr is the climax of the month and the birthday we have all been preparing for...The birthday of the book that if revealed on a mountain would have shattered it (Sura Al Hashr).

1. Ghusl at the beginning and the end of the night. Allama Majlisi says, "It is better to do ghusl before sunset so that the night prayers may be performed after it"
2. Pray two rakaats of salaa, in every rakaa recite Sura Al Fatiha and Sura Al Ikhlhas 7x, and after finishing the salaa 70 x recite:

أَسْتَغْفِرُ اللَّهَ وَأَتُوبُ إِلَيْهِ

I seek pardon from God and return to Him.

3. Recite 100x

أَسْتَغْفِرُ اللَّهَ رَبِّي وَأَتُوبُ إِلَيْهِ

I seek pardon from God, My Rabb, and return to Him.

4. On the 19th and 21st night recite 100x

اللَّهُمَّ الْعَنْ قَتْلَةَ أَمِيرِ الْمُؤْمِنِينَ

*O Allah withdraw Your Mercy from he who killed Imam Ali*

La'n is a dua to withdraw Divine Mercy.

It is simply a way to show rejection from the path that is unjust and rejecting all the people who are unjust.

It is an expression of Tabarra - to run away from imperfection towards perfection



5. The Qur'an should be opened and placed in front, then one should recite,

اللَّهُمَّ إِنِّي أَسْأَلُكَ بِكِتَابِكَ الْمُنزَّلِ وَمَا فِيهِ وَفِيهِ  
اسْمُكَ الْأَكْبَرُ وَ أَسْمَاؤُكَ الْحُسْنَى وَمَا يُخَافُ  
وَيُرْجَى أَنْ تَجْعَلَنِي مِنْ عِتْقَائِكَ مِنَ النَّارِ

*O Allah! I ask You for the sake of Your revealed book, and what is in it, and in it is Your greatest name and (all) Your beautiful names, and what is feared and hoped for. Make me amongst those whom You have saved from the fire.*

SALAWAT

Ask for Hajaat.

6. Place the Qur'an on your head and say'

اللَّهُمَّ بِحَقِّ هَذَا الْقُرْآنِ وَبِحَقِّ مَنْ أَرْسَلْتَهُ بِهِ  
وَبِحَقِّ كُلِّ مُؤْمِنٍ مَدَحْتَهُ فِيهِ وَبِحَقِّكَ عَلَيْهِمْ فَلَا  
أَحَدَ أَعْرَفُ بِحَقِّكَ مِنْكَ

*O Allah! For the sake of this Qur'an, and for the sake of the one You sent with it. For the sake of every believer You have praised in it, and for the sake of Your right over them. For none is more aware of Your right over them than Yourself.*

SALAWAT



(Repeat 10 times each):

For your sake O Allah

بِكَ يَا اللَّهُ

For the sake of Muhammad (pbuh)

بِمُحَمَّدٍ

For the sake of Ali (pbuh)

بِعَلِيِّ

For the sake of Fatima (pbuh)

بِفَاطِمَةَ

For the sake of Hasan (pbuh)

بِالْحَسَنِ

For the sake of Husayn (pbuh)

بِالْحُسَيْنِ

For the sake of Ali bin (son of) Husayn (pbuh)

بِعَلِيِّ بْنِ الْحُسَيْنِ

For the sake of Muhammad bin Ali (pbuh)

بِمُحَمَّدِ بْنِ عَلِيٍّ

For the sake of Ja'fer bin Muhammad (pbuh)

بِجَعْفَرِ بْنِ مُحَمَّدٍ

For the sake of Musa bin Ja'fer (pbuh)

بِمُوسَى بْنِ جَعْفَرٍ

For the sake Ali bin Musa (pbuh)

بِعَلِيِّ بْنِ مُوسَى

For the sake of Muhammad bin Ali (pbuh)

بِمُحَمَّدِ بْنِ عَلِيٍّ

For the sake of Ali bin Muhammad (pbuh)

بِعَلِيِّ بْنِ مُحَمَّدٍ

For the sake of Hasan bin Ali (pbuh)

بِالْحَسَنِ بْنِ عَلِيٍّ

For the sake of Al Hujjat (the proof) (pbuh)

بِالْحُجَّةِ عَلَيْهِ السَّلَامُ

7. Then recite the following three duas:

1 اللَّهُمَّ إِنِّي أَمْسَيْتُ ...

2 يَا ذَا الَّذِي كَانَ قَبْلَ كُلِّ شَيْءٍ ...

3 اللَّهُمَّ اجْعَلْ فِيمَا تَقْضِي ...

8. Recite the Ziyara of Imam Husayn (pbuh).

9. Recite Munajat of Imam Ali (pbuh) on the 19th and 21st night -  
When you recite it ponder over the comparison between Creator & created and reflect.

10. On the 23rd night recite Dua Makarimul Akhlaq & Dua Tawba

11. On the 23rd night recite Sura Al Ankabut (29); Sura Al Rum (30);  
and Sura Al Dukhan (44) - Qur'an recited on Qadr changes destiny  
- focus on reciting Sura Al 'Ankabut & Sura Alr Rum "Whoever  
recites both Sura Al 'Ankabut and Sura Alr Rum on the 23rd night  
of Ramadhan will certainly be among the residents of Paradise  
without any exception, adding, "... and I do not fear that Allah  
will record a sin against me for giving such a status for these two  
Chapters."

12. Recite 100 rakaats salaa if possible, with Sura Al Ikhlas after Sura  
Al Fatiha in each rakaat.



13. Recite 100 times:

أَسْتَغْفِرُ اللَّهَ رَبِّي وَأَتُوبُ إِلَيْهِ

*I seek pardon from God and return to Him.*

14. Recite Jawshan Kabeer.

15. Pray Salatul Layl at the end of the night.



## NOTES

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# 14 MA'SUMEEN

## PROPHET MUHAMMAD (PBUH)

63 yrs

Parents: Abdullah/ Amina



-  17 Rabi ul Awwal - Makka
-  28 Safar - Madina

TRUSTWORTHY  
TRUTHFUL  
MERCY TO THE WORLDS

## SAYYIDA FATIMA ZAHRA (PBUH)

18/  
28 yrs

Parents: P. Muhammad/ Khadija



-  20 Jamad ul Akher - Makka
-  14 Jamad ul Awwal - Madina

MOTHER OF HER FATHER, AWESOME WIFE,  
MUM, TEACHER, UPHOLDER OF RIGHTS

## IMAM HUSAYN (PBUH)

57 yrs

Parents: Imam Ali/ Sayyida Fatima



-  3 Sha'ban - Madina
-  10 Muharram - Karbala

EVERY DAY IS 'ASHURA,  
EVERY LAND IS KARBALA

## IMAM ALI ZAYNUL ABIDEEN (PBUH)

57 yrs

Parents: Imam Husayn/Shahrbanu



-  5 Sha'ban - Madina
-  25 Muharram - Madina

SAHIFATUS SAJJADIYYA  
MAJALIS

## IMAM MUSA KADHIM (PBUH)

55 yrs

Parents: Imam Sadiq/ Hamida Berberiyya



-  Safar - Abwa
-  25 Rajab - Kadhmayn

RESEMBLED PROPHET MUSA  
UNSHAKEABLE PATIENCE

## IMAM ALI RIDHA (PBUH)

55 yrs

Parents: Imam Kadhim/ Suttana

-  11 Dhulqa'da - Madina
-  29 Safar - Mash-had (Toos)

TRANSFORMED IRAN INTO A CENTRE OF  
KNOWLEDGE

## IMAM HASAN ASKERY (PBUH)

28 yrs

Parents: Imam Hadi/ Sulail

-  10 Rabi ul Akher - Madina
-  8 Rabi ul Awwal - Samarra


PREPARATION FOR GHAYBA




### IMAM ALI (PBUH)

63  
yrs

Parents: Abu Talib/ Fatima  
bint Asad

 13 Rajab - Makka

 21 Ramadhan - Najaf

**PERFECT STUDENT OF THE PROPHET  
SUCCESSOR TO THE PROPHET**

### IMAM HASAN (PBUH)

47  
yrs

Parents: Imam Ali/ Sayyida  
Fatima

 15 Ramadhan - Madina


 7 Safar - Madina

**LAI D DOWN THE FOUNDATION FOR IMAM  
HUSAYN'S REVOLUTION**

### IMAM MUHAMMAD BAQIR (PBUH)

63  
yrs

Parents: Imam Sajjad/ Fatima bint Hasan

 1 Rajab - Madina


 7 Dhulhijja - Madina

**MADE LEARNING EASY  
(SPLIT OPEN KNOWLEDGE)**

### IMAM JA'FER SADIQ (PBUH)

65  
yrs

Parents: Imam Baqir/UmmFarwa

 17 Rabi ul Awwal - Madina

 25 Shawwal - Madina


**MADE MASJIDUN NABI A UNIVERSITY  
4000 STUDENTS**

### IMAM MUHAMMAD TAQI (PBUH)

25  
yrs

Parents: Imam Ridha/ Sabika

 10 Rajab - Madina

 29 Dhulqa'da - Kadhmayn


**INITIATED PREPARATION FOR GHAYBA\*  
\*OCCULTATION OF IMAM MAHDI**

### IMAM ALI NAQI (PBUH)

42  
yrs

Parents: Imam Jawad/ Sumana


 15 Dhulhijja - Madina

 3 Rajab - Samarra

**INITIATED PREPARATION FOR GHAYBA\*  
\*OCCULTATION OF IMAM MAHDI**

### IMAM MUHAMMAD MAHDI (PBUH) 1186 yrs (2020)

Parents: Imam Hasan Askery/Narjis

 15 Sha'ban - Samarra

**THE AWAITED SAVIOUR**





# AL-'ANKABUT - THE SPIDER

BELIEF TESTED PHYSICALLY, EMOTIONALLY AND SOCIALLY  
FRAGILITY OF THE HUMAN BEING AND HIS ECO SYSTEM  
ESTABLISH SALAA AND FOLLOW DIVINE GUIDANCE  
SUSTENANCE & PROTECTION ONLY FROM DIVINITY

029

SUSTENANCE & SAFETY FROM DIVINITY GUIDANCE FOR THOSE  
WHO STRIVE IN HIS WAY

8

Ayaat 60-69



INEVITABILITY OF DEATH DIVINE SUCCESS DEFINED

7

Ayaat 56-59

THE DEFIANTLY DISOBEDIENT MOCK THE PROPHET AND DENY  
ACCOUNTABILITY

6

Ayaat 53-55



INTERACTION WITH THE PEOPLE OF THE BOOK TO  
BE ON COMMON GROUNDS

5

Ayaat 46-52



QUR'AN, SALAA & REMEMBRANCE OF ALLAH  
GIVE INNER STRENGTH TO GET THROUGH TRIALS

4

Ayaat 45

PARABLE OF THE SPIDERS WEB DEMONSTRATING  
THE FRAGILITY OF THE HUMAN BEING AND HIS  
ECO SYSTEM



3

Ayaat 41-44

HISTORICAL EXAMPLES OF TRIALS OF THE PAST PROPHETS

2



NUH  
LUT  
HUD  
MUSA  
IBRAHEEM  
SHUAYB  
SALIH

Ayaat 14-40

BELIEF TESTED  
PHYSICAL, EMOTIONAL AND SOCIAL  
PERSECUTION FOR THE MUSLIMS

1

Ayaat 1-13

# 029. Al-'Ankabut ~ The Spider

## 69 Ayaat (Makki)

### FOCUS

BELIEF TESTED PHYSICALLY, EMOTIONALLY AND SOCIALLY  
FRAGILITY OF THE HUMAN BEING AND HIS ECO SYSTEM  
ESTABLISH SALAA AND FOLLOW DIVINE GUIDANCE  
SUSTENANCE & PROTECTION ONLY FROM DIVINITY

### DID YOU KNOW?

IT WAS AS A RESULT OF THE PERSECUTION MENTIONED IN THIS CHAPTER WHICH RESULTED IN THE MIGRATIONS TO ABYSSINIA AND THE PROPHET LEAVING MAKKA FOR MADINA (HIJRA)

### SELECTED AYAAT

- 29:6 Striving only for oneself
- 29:8 Parents
- 29:41 The Spider's web
- 29:45 Salaa
- 29:57 Death
- 29:69 Striving and guidance

### NARRATIVE

Revealed at a time of extreme persecution shortly before the migration (hijra) of many of the companions to Abyssinia.

The sura begins by stating that faith will be tested as it was for the Prophets of the past citing examples.

The central theme of the sura is the metaphor of the frailty of the spider's web built with the strongest of materials. The human being builds his world without being aware of the Awesomeness of the Creator and the inevitability of death and the hereafter, thus taking the weakest of positions. He is often heedless of his own fragility. (The COVID19 virus of 2020 is a vivid example of this)

Strength to be able to succeed through the trials of life acquired through following the guidance of the Qur'an, establishing Salaa and remembering Divinity at all times.

The sura also respond to the objections of those who covered up the truth addressing their beliefs.

It concludes assuring those who believe that by being grateful and striving in His way, they will be rightly guided.



# AL RUM - THE ROMANS

**SUPERPOWERS • ABUNDANCE OF REFLECTIONS ON THE SIGNS OF ALLA  
NO EXCUSES ACCEPTED ON THE DAY OF QIYAMA • SABR (PERSEVERANCE & PATIENCE)  
SELF-ESTEEM - DON'T UNDERESTIMATE THE STRENGTH OF BELIEF**

**030**

**PATIENCE, PERSEVERANCE & SELF ESTEEM**  
Don't underestimate the strength of belief

**6**

**Aya 60**

**NO EXCUSES ACCEPTED ON THE DAY OF JUDGEMENT**

- Inevitability of accountability
- All examples given in this Qur'an



**5**

**Ayaat 55-59**

**REFLECTIONS ON THE SIGNS OF NATURE**

- Winds, rain, travel - ships, airships
- Rain, life to earth
- If after all these signs - still deaf and blind - then cannot be guided
- Circle of life - weakness to strength and then back to weakness



**4**

**Ayaat 46-54**

**REFLECTION ON RELATIONSHIP OF THE HUMAN BEING WITH HIS CREATOR**

- Relationship with own servants
- Human being preprogrammed with goodness (human values)
- In times of trouble turn to Divinity - when mercy shown turn back
- Sustenance from Him - directive to share with family, needy, refugees and zakaa
- Ribaa (to charge more than is owed - increase without effort, exploitation)
- Be mindful of the Day of Judgement



**3**

**Ayaat 28-45**

**REFLECTION ON THE EVIDENCE OF DIVINITY IN HUMAN SOCIETY**

- Those who came before
- Declare His perfection in busy times, and praise and gratitude in resting times (18)
- Life and death
- Created from dust
- Compassion and mercy in a relationship
- Diversity in languages and colours
- Sleep at night/ working during the day
- Lightning, rain, life to dead earth
- Heavens and earth
- Origin of creation



**2**

**Ayaat 8-27**

**PREDICTION OF VICTORY**

Promise of victory to the Romans (Byzantines) over the Persians (Sassanids)  
Victory Predicted 9 years before the event when the Persians were in control.  
Alludes to the victory of the Battle of Badr - at the same time the  
Romans won over the Persians



v



**1**

**Ayaat 1-7**

# 030. Al-Rum - The Romans

## 60 Ayaat (Makki)

### FOCUS

#### SUPERPOWERS

**ABUNDANCE OF REFLECTIONS ON THE SIGNS OF ALLAH**

**NO EXCUSES ACCEPTED ON THE DAY OF QIYAMA**

**SABR (PERSEVERANCE & PATIENCE)**

**SELF-ESTEEM - DON'T UNDERESTIMATE THE STRENGTH OF BELIEF**

### DID YOU KNOW?

*"Whoever recites both Sura Al 'Ankabut and Sura Al Rum on the 23rd night of Ramadhan will certainly be among the residents of Janna without any exception, adding, "... and I do not fear that Allah will record a sin against me for giving such a status for these two Chapters." Imam Sadiq (pbuh)*

### SELECTED AYAAT

- 30:17 Glorification times (salaat)
- 30:21 Concept of marriage
- 30:22 Diversity of colour and language
- 30:30 Nature of human beings based on divine nature
- 30:41 Corruption on earth caused by human beings
- 30:44 Ownership of one's own actions
- 30:54 Life cycle of human being
- 30:58 Every example in the Qur'an

### NARRATIVE

The sura begins with the prediction of the victory of the Romans over the Persians 9 years before the event. It is also indicative to the victory at Badr.

This leads to the central theme of the sura, which is the abundance of the signs of divinity in society, within oneself and in nature alluding that the rise and fall of nations is nothing compared to the signs of divinity all around us.

The inability of many human beings not to be able to recognise Divinity even with these signs is a result of their following their own whims.

The human being is pre-programmed with 'fitra' - an operating system which is Allah's design for human values - gratitude humility humanity mercy love justice. It is revelation which activates these human values into practical manifestation and an inclination that truth is good (30:30).

There is a challenge to those who cover up the truth to substantiate their claims and the inevitability of accountability where no excuses will be accepted.

The sura ends with a directive not to underestimate the strength of belief.

# AL DUKHAN - THE SMOKE



**QUR'AN REVEALED ON A BLESSED NIGHT IN WHICH ALL AFFAIRS DECREED  
WARNING TO THOSE WHO DEFIANTLY MOCK REVELATION AND COMMIT INJUSTICE  
COMPARISON OF JAHANNAM AND JANNA**

**044**

## **WAIT IN ANTICIPATION**

The Prophet instructed to wait for the Makkans to believe in guidance  
They were waiting for the Prophets defeat

**8**

**Aya 59**

## **QUR'AN EASY ON THE TONGUE**

Memorise and apply to reach one's full potential



**7**

**Aya 58**

## **GRAPHIC DEPICTION OF JANNA**

Bliss for the God conscious



**6**

**Ayaat 51-57**

## **GRAPHIC DEPICTION OF JAHANNAM**

Terrifying imagery as a warning to one who is unjust

**5**

**Ayaat 43-50**

## **DEFIANCE IN DENYING RESURRECTION & INEVITABILITY OF THE DAY OF JUDGEMENT**

The earth and heavens not created for sport  
No friendships on the day of judgement



**4**

**Ayaat 34-42**

## **FIRAWN'S ARROGANCE, EXTRAVAGANCE AND EXPLOITATION OF THE BANI ISRAIL**

Prophet Musa sent as a messenger  
Firawn drowned and the Bani Israil saved his  
assets all left behind



**3**

**Ayaat 17-33**

## **WARNING OF THE COMING OF THE DAY OF JUDGEMENT TO THOSE WHO MOCK REVELATION**

Dukhan - Dark textured smoke on the day of judgement (famine and drought)



**2**

**Ayaat 9-16**

## **QUR'AN REVEALED ON A BLESSED NIGHT IN WHICH ALL DECISIONS ABOUT LIFE ARE MADE**

Baraka - Benefits beyond expectation and awakens  
dormant good within oneself



**1**

**Ayaat 1-8**

# 044. Al Dukhan - The Smoke

## 59 Ayaat (Makki)

### FOCUS

QUR'AN REVEALED ON A BLESSED NIGHT IN WHICH ALL AFFAIRS DECREED  
WARNING TO THOSE WHO DEFIANTLY MOCK REVELATION AND  
COMMIT INJUSTICE  
COMPARISON OF JAHANNAM AND JANNA

### DID YOU KNOW?

It is part of the Hawameem group of chapters (40-46) revealed in sequence  
*"I have been given Hawameem as a gift"* Prophet (pbuh)  
The powerful kings of Tubba from Yemen mentioned in aya 37 - they submitted to  
Divinity and left behind their representative in Madina, whose progeny years  
later gave refuge to the Prophet when he migrated from Makka

### SELECTED AYAAT

- 44:3 Qur'an revealed on blessed night  
44:10 Dukhan (Evident smoke)  
44:38 The heavens and the earth are not created for sport  
44:58 Qur'an made easy on the tongue

### NARRATIVE

The sura opens with an oath upon the Qur'an and its revelation on a blessed night in which there are benefits beyond expectation and the awakening of the good dormant in every human being.

A warning to those who deny Divinity and mock the Prophet is followed by historical example of the account of Firawn who rejected Prophet Musa (pbuh). The subsequent deliverance of the Bani Israil and drowning of Firawn leaving behind all his extravagance.

The inevitability of the Day of Judgement and a graphic description of both Jahannam and Janna follow.

It ends with a reminder that the Qur'an is easy on the tongue for remembrance and an order to wait for the victory of the mission of the Prophet.

## REFLECTING ON THE WORDS OF IMAM ALI (PBUH)

“When a word comes from the heart, it falls onto the heart; but when it comes from the tongue, it will go no further than the ears.”

“The intelligent person seeks perfection whilst the ignorant person seeks possession.”

“Silence that puts the garment of dignity on you is better than words that bring you remorse.”

“There is no good in worship without pondering upon its meaning, and no good in reading the Quran without reflection.”

“Your remedy is within you — but you do not sense it. Your sickness is within you — but you do not perceive it. You presume that you are a small entity – whereas within you is concealed the vast world. You are indeed that magnificent book – by whose alphabet the hidden becomes evident. Therefore, you have no needs beyond yourself Your essence and secrets are in you — if only you can reflect.”





## MUNAJAT IMAM ALI (PBUH) ALSO KNOWN AS MUNAJAT MASJID KUFA

Munajat comes from najwa meaning a whispered secret intimate conversation. It is often confused with the Urdu word Munajat which means a recital or Qasida.

Allah in the Qur'an says: *There is no (najwa) secret conversation between three people except that he is the fourth of them nor (between) five but He is the sixth of them, nor less than that nor more but He is with them wheresoever they are: then He will inform them of what they did on the Day of resurrection: surely Allah is aware of all things. 58:7*

The Munajat is divided into two parts:

The **first part** asks for refuge on the Day of Qiyama vividly describing it from the Qur'an. A day when no excuses will be accepted, when wealth and children will not avail, when the human being will sacrifice his nearest and dearest to save himself from the fire and each will be occupied with himself... The only one accepted will be the one with Qalb Saleem (A wholesome healthy heart)

The **second part** alludes to the relationship between Divinity and the human being using Asmaul Husna (the attributes of Allah) 22 names are referred to.

The Prophet (pbuh) has said: *"No one will ever be grieved if he asks Allah by every Name that belongs to Him, that He has called Himself by, or has brought down in His book, or has taught to any of His creation."*

This means that Allah's Names and Attributes are far greater in power than we know or can relate to. All the Attributes are like facets of one Divine cosmic principle. The all-encompassing Name of this essence is Allah, and every facet reflects its own special colour and relates to other attributes closest to it. Each Name can be used as a dua to restore the soul to proper balance for a healthy heart. For example, when one is sick the Name to call upon is Al Shafi (the Healer).



## DUA JAWSHAN\* KABEER

\*JAWSHAN is an armour (in this case a spiritual force field of protection)

Imam Ali Zaynul Aabideen (pbuh) narrated this dua from his father who learnt it from his father and the Prophet to whom Jibrail brought the dua during one of the battles.

The Prophet perceived the armour he was wearing as heavy, and so Jibrail brought this dua as a protection.

Imam Sajjad (pbuh) narrated from his father: *“My father `Ali ibn Abi Talib had told to me that I should memorise and protect this dua, write it on the kafan, teach it to my family members and he highly encouraged me to read this dua as it contains 1,000 names of Allah and within these names is the Greatest Name of Allah (Isme A’dham).”*

Whoever recites Jawshan Kabeer three times during Ramadhan, Allah will make Jahannam haram on him and Janna wajib for him. He will be in Allah’s protection for the rest of his life.



## **DUA MAKARIMUL AKHLAQ (20\*) AND DUA AL TAWBA (31\*)**

\*SAHIFATUS SAJJADIYYA - A collection of duas (supplications) composed by Imam Ali Zaynul Aabideen (pbuh).

In the recommended duas for Laylatul Qadr, Allama Majlisi recommends these two duas from Sahifatus Sajjadiyya.

To start with Tawba (repentance) and then to focus on achieving the best of behaviours.

### **DUA AL TAWBA**

The dua is an acknowledgement of the sins one has committed and asserts that forgiveness is only with Divinity through His Mercy.

Imam teaches us how to attain forgiveness by admitting and acknowledging our sins, feeling remorse and changing for the better. This is done by correcting our behaviour and turning to Allah, seeking a complete U turn.

*"There is no one more beloved to Allah than one who does tawba (turns back to Allah in repentance)"* Prophet (pbuh)

### **DUA MAKARIMUL AKHLAQ**

The dua concentrates on changing behaviours by overcoming negative traits and cultivating positive and noble qualities.

Imam identifies these qualities.

There is also the habit of turning to Allah for protection and assistance.

The dua is a complete lesson in Qur'anic Ethics.

*"The most complete in faith among the believers is he who has the best manners."* Prophet (pbuh)



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# REFLECTIONS

## MEMO FROM GOD

Effective immediately, please be aware that there are changes YOU need to make in YOUR life. These changes need to be completed in order that I may fulfil My promises to you to grant you peace, joy and happiness in this life. I apologize for any inconvenience, but after all that I am doing, this seems very little to ask of you. Please, follow these 10 guidelines

- 1. QUIT WORRYING:** Life has dealt you a blow and all you do is sit and worry. Have you forgotten that I am here to take all your burdens and carry them for you? Or do you just enjoy fretting over every little thing that comes your way?
- 2. PUT IT ON THE LIST:** Something needs done or taken care of. Put it on the list. No, not YOUR list. Put it on MY to-do-list. Let ME be the one to take care of the problem. I can't help you until you turn it over to Me. And although My to-do-list is long, I am after all... God. I can take care of anything you put into My hands. In fact, if the truth were ever really known, I take care of a lot of things for you that you never even realize.
- 3. TRUST ME:** Once you've given your burdens to Me, quit trying to take them back. Trust in Me. Have the faith that I will take care of all your needs, your problems and your trials. Problems with the kids? Put them on My list. Problem with finances? Put it on My list. Problems with your emotional roller coaster? For My sake, put it on My list. I want to help you. All you have to do is ask.



- 4. LEAVE IT ALONE:** Don't wake up one morning and say, "Well, I'm feeling much stronger now, I think I can handle it from here." Why do you think you are feeling stronger now? It's simple. You gave Me your burdens and I'm taking care of them. I also renew your strength and cover you in my peace. Don't you know that if I give you these problems back, you will be right back where you started? Leave them with Me and forget about them. Just let Me do my job.
- 5. TALK TO ME:** I want you to forget a lot of things. Forget what was making you crazy. Forget the worry and the fretting because you know I'm in control. But there's one thing I pray you never forget. Please, don't forget to talk to Me - OFTEN! I love YOU! I want to hear your voice. I want you to include Me in on the things going on in your life. I want to hear you talk about your friends and family. Prayer is simply you having a conversation with Me. I want to be your friend.
- 6. HAVE FAITH:** I see a lot of things from up here that you can't see from where you are. Have faith in Me that I know what I'm doing. Trust Me; you wouldn't want the view from My eyes. I will continue to care for you, watch over you, and meet your needs. You only have to trust Me. Although I have a much bigger task than you, it seems as if you have so much trouble just doing your simple part. How hard can trust be?
- 7. SHARE:** You were taught to share when you were only two years old. When did you forget? That rule still applies. Share with those who are less fortunate than you. Share your joy with those who need encouragement. Share your laughter with those who haven't heard any in such a long time. Share your tears with those who have forgotten how to cry. Share your faith with those who have none.





- 8. BE PATIENT:** I managed to fix it so in just one lifetime you could have so many diverse experiences. You grow from a child to an adult, have children, change jobs many times, learn many trades, travel to so many places, meet thousands of people, and experience so much. How can you be so impatient then when it takes Me a little longer than you expect to handle something on My to-do-list? Trust in My timing, for My timing is perfect. Just because I created the entire universe in only six days, everyone thinks I should always rush, rush, rush.
- 9. BE KIND:** Be kind to others, for I love them just as much as I love you. They may not dress like you, or talk like you, or live the same way you do, but I still love you all. Please try to get along, for My sake. I created each of you different in some way. It would be too boring if you were all identical. Please, know I love each of your differences.
- 10. LOVE YOURSELF:** As much as I love you, how can you not love yourself? You were created by me for one reason only -- to be loved, and to love in return. I am an Allah of Love. Love Me. Love your neighbours. But also love yourself. It makes My heart ache when I see you so angry with yourself when things go wrong. You are very precious to me. Don't ever forget.....



## ONE NIGHT OF QADR...

One day I dug a little hole and put my hurt inside,  
Thinking I could forget it, I put it there to hide.

But then the hurt began to grow,  
And I had to cover it up each day.  
I couldn't let it show so that was the price I had to pay.  
My joy was gone, my heart was sad, pain was I all I knew.  
Wounded pride surrounded me and living was hard to do.

One night of Qadr, I stood beside the hole and cried to my Rabb,  
I need your help, Ya Rabb, I cannot cope anymore, My Rabb.  
I asked in the name of Husayn (pbuh).

In a flash Al-Muhayminu was there,  
His embrace so warm and safe.  
Tears flowed from my hurting heart,  
As He helped to dig the hurt out,  
I dug down deep, brushing all the dirt away,  
And gave it in His hands.

I told Him all about it – every single word – every single part.  
As-Sameeu listened to every distasteful detail,  
As I promised to do my best to change.  
He took the blackness from my nafs,  
And let me free from my prison of sins.

Then something began to grow where the hurt used to be,  
Out of all the tears and pain,  
I see His love, His care, His Rububiyya.....



## RELATIONSHIPS

Each person who enters our life has a unique lesson to teach us. And it is only through these lessons that we learn about life, people, relationships and God.

When someone lies to you it teaches you that things are not always as they seem. The truth is often far beneath the surface. Look beyond the masks people wear if you want to know their heart. And remove your own masks to let people know yours.

When someone steals from you it teaches you that nothing is forever. Always appreciate what you have, for you never know when you might lose it. And never, ever take your friends and family for granted because today is the only guarantee you have.

When someone inflicts an injury upon you it teaches you that the human state is a fragile one. Protect and take care of your body as best as you can, it's the only thing you are sure to have here on earth.

When someone mocks you it teaches you that no two people are alike. When you encounter people who are different from you, don't judge them by how they look or act; instead base your opinion on the contents of their heart.

When someone breaks your heart it teaches you that loving someone does not always mean that person will love you back. But don't turn your back on love because when you find the right person, the joy that one person brings will make up for all the past hurts put together.



When someone holds a grudge against you it teaches you that everyone makes mistakes. When you are wronged, the most virtuous thing you can do is forgive the offender without pretence. Forgiving those who have hurt us is the most difficult and courageous thing a human being can do.

When a loved one is unfaithful to you it teaches you that resisting temptation is the human being's greatest challenge. Be vigilant in your resistance against all temptation. By doing so you will be rewarded with an enduring sense of satisfaction far greater than the temporary pleasure by which you were tempted.

When someone cheats you, it teaches you that greed is the root of all evil. Aspire to make your dreams come true, no matter how lofty they may be. Do not feel guilty about your success, but never let an obsession with achieving your goals lead you to engage in malevolent activities.

When someone ridicules you it teaches you that nobody is perfect. Accept people for their merits and be tolerant of their flaws. Do not ever reject someone for imperfections over which they have no control.

When you enter someone's life, whether by plan, chance or coincidence, consider what your lesson will be. Will you teach love or a harsh lesson of reality? When you die will your life have resulted in more loving or hurting? More comfort or pain? More joy or sadness? Each one of us has power over the balance of love in the world. Use it wisely. Don't miss an opportunity to nudge the world's scale in the right direction.



# FORGIVENESS

We all make mistakes. Everyone has grumpy days. Most people say things they don't mean now and then. We all need to forgive and to be forgiven. No relationship can be sustained over a long period of time without forgiveness. Even though some people may find it difficult to apologize, forgiveness is crucial in marriage.

People who hold on to old hurts, disappointments, petty annoyances, betrayals, insensitivity, and anger are wasting both time and energy. Lack of forgiveness can wear a person down. Additionally, it is not good for both physical and mental wellbeing. Nursing a perceived hurt can eventually make it into something more - hate and extreme bitterness.

## **How to Forgive or Ask for Forgiveness:**

- Be open.
- To forgive takes a decision.
- Don't throw an error back in someone's face at a later date. Don't use it as ammunition in an argument.
- Don't seek revenge or retribution. It will only extend the pain.
- Try and understand the reason for the transgression.
- Remember that forgiveness doesn't mean you condone the hurtful behaviour.
- Show true remorse for the pain that you've caused.
- Be willing to make a commitment to not hurt your spouse in the same way again.
- Accept the consequences of the action that created the hurt.
- Be open to making amends.
- Be patient. Being able to forgive often takes time.



## YA RABBIY...

My Lord, once again You heard me,  
And indeed, Your arrival is very timely.  
At a time when my heart was restless,  
From the flimsiness of my faith, and my focus was lost,  
As I was dazed with this entertaining world.

Often, I would not remember You as I should have had.  
I had forgotten the reality of sujood once again,  
Busy with the thoughts of this world and its occupations,  
Even my prayers were polluted with thoughts of other than You.  
Patience, and goodly behaviours were all snatched away from me.  
Sleeping as a child at the times of Fajr, You would still visit me.

Qur'an wasn't my sweet companion anymore,  
It had neglected me, as I neglected it, and so it would not give me the  
glad tidings of meeting You.

My prayers and duas were short, and without any effect.  
Nor were the tears of joy of talking to You embracing my face.

In short, my faith was flimsy and without soul.  
And I was restless and sad as a child who had lost the mother.  
I knew I had a disease and a pain, but I had no idea of its cause.  
I was unaware that it was the disease of being out of touch with  
You, my Lord.

And no one knew of my pain and suffering  
Nor did I know means of communicating it to anyone, or with You  
Though, You Beloved, You knew it all.  
You knew the suffering of a soul without Your friendship.

One dawn, I went to His door, knocking with hope of it opening,  
So that I shall make a promise with Him,  
And make Him make a promise to me.



I pleaded:

*My Lord, I ask You one thing from all the comforts and gifts that You bestow upon humanity; I ask for faith.*

I asked Him:

*Please bind my feet with the chains of Your Love, Give a new life to this dead heart with the Light of Your Love, If You choose to burn me in Jahannam for my sins, Please don't burn me in the fire of Your separation. And if You choose to grant me a glance of Janna,*

**HE WHISPERED: "You remembered Me, I shall remember you, Indeed I am the most Faithful Friend, and the best of the promise."**



## BENEFITS OF ASMAUL HUSNA

Name	Meaning	Benefits of recitation
ALLAH الله		Recite it as many times as possible for fulfilment of hajat.
Ar-Rahman 1 الرَّحْمَنُ	The Merciful	Repeat Ya Rahman 100x after wajib salaa to develop a good memory, keen awareness and be freed of a heavy heart.
Ar-Rahim 2 الرَّحِيمُ	The Compassionate	Repeat Ya Rahim 100x after Salatul Fajr for friendship. Recite 100x after every salaa for safety from calamities.
Al-Malik 3 الْمَلِكُ	The King/ Sovereign	Recite Ya Malik frequently and you may be treated with respect by others. Read after noon for abundant wealth. Prophet Khidr taught dua "Allahumma atal Malikul Haqq. Allazhiy laa ilaaha illaa anta. Ya Allahu, Ya Salaamu, Ya Shaafiy" followed by Ya Shaafiyal Quloob" 3x





Name	Meaning	Benefits of recitation
Al-Quddoos 4 الْقُدُّوسُ	The Holy	Recite Ya Quddoos at sunset for expansion of the heart. Also recite to free heart from thoughts that cause trouble, worry and pain.
As-Salaam 5 السَّلَامُ	The Flawless	Recite Ya Salaam 100x to regain health. Recite 160x and blow on sick person for shifa.
Al-Mu'min 6 الْمُؤْمِنُ	The Giver of Faith	Recite Ya Mu'min to be freed from the harm of the ego. Recite 36x when faced with danger and hostility. Write on paper and keep for safety.
Al-Muhaymin 7 الْمُهَيِّمِ	The Guardian	Recite Ya Muhaymin after wudhoo 115x for inner illumination. Recite 5000x for 7 days for success.



Name	Meaning	Benefits of recitation
Al-Azeez 8 الْعَزِيزُ	The Incomparable	Recite ya 'Azeez for forty days between wajib salaa, for independence. Recite 115x for acquaintance with the unseen.
Al-Jabbar 9 الْجَبَّارُ	The Compeller	Recite Ya Jabbar 21x each time and you should not be compelled to do anything. Recite for safety against tyrant. If engraved on a ring it will enhance presence in front of others.
Al-Mutakabbir 10 الْمُتَكَبِّرُ	The Proud	Begin every act with Ya Mutakkabir for successful completion. Recite 10x before intimacy for a righteous child.
Al-Khaliq 11 الْخَالِقُ	The Creator	Recite ya Khaliq at night to act for His sake. If recited at night angels will pray till the end of the night.



Name	Meaning	Benefits of recitation
Al-Baari' 12 الْبَارِئِ	The Maker of Perfect Harmony	Recite ya Baari' frequently and hard work should become easy. For conceiving fast for 7 days and break fast with 'Ya Khaaliq, Ya Baari', Ya Musawwiru' 21 times
Al- Musawwir 13 الْمُصَوِّرِ	The Shaper of Unique Beauty	Recite Ya Musawwir frequently and hard work should become easy.
Al-Ghaffar 14 الْغَفَّارِ	The Forgiver	Recite to subdue anger. Recite 100x after Salatul Jumua' for forgiveness of previous week's faults.
Al-Qahhar 15 الْقَهَّارِ	The Subduer	Recite Ya Qahhar 100x after fajr salaa to overcome your enemy. Repeat Ya Qahhar frequently, to gain inner peace and be freed from being wronged by another.



Name	Meaning	Benefits of recitation
<p>Al-Wahhab 16</p> <p>الْوَهَّابُ</p>	<p>Bestower</p>	<p>Repeat Ya Wahhab 7x at midnight for dua to be answered.</p> <p>If you have a desire, or cannot earn enough, repeat Ya Wahhab for three or seven nights 100x after a two rakat midnight salaa.</p> <p>For hajat, do 3 sajdahs in the courtyard of a masjid or your home and repeat Ya Wahhab 100x.</p>
<p>Ar-Razzaq 17</p> <p>الرَّزَّاقُ</p>	<p>Provider</p>	<p>Repeat Ya Razaq 10x facing qiblah and then 10x in other 3 directions to remove poverty.</p> <p>Repeat 545x for increased sustenance.</p> <p>Go into seclusion and repeat 1000x to meet Prophet Khidr.</p> <p>Write and hang in workplace to be successful.</p> <p>Recite 100x after Salatul Jumua' if stressed and depressed.</p>



Name	Meaning	Benefits of recitation
Al-Fattah 18 الْفَاتِح	Opener	With hands on your chest, repeat ya Fattah 70x after Salatul Fajr for the heart to be free of rust and be opened, given victory over the ego and be purified.
Al-'Aleem 19 الْعَلِيمُ	Knower	Recite ya 'Aleem 100 times after every wajib salaa for intuition. For hidden knowledge, do sijda on Friday night and say ya 'Aleem 100 times. Recite ya 'Aleem for the heart to be illuminated. For haajat, go outside, pray 2 rakat salaa and then recite ya 'Aleem 1000 times.
Al-Qabidh 20 الْقَابِضُ	Constrictor	For 4 days write Ya Qabidh on a piece of bread with your finger and eat it to be safe from hunger, thirst, pain and the punishment of the grave. Recite 903x for safety from tyranny.



Name	Meaning	Benefits of recitation
Al-Basit 21 الْبَاسِطُ	Expander	Recite frequently for peace of mind, freedom from stress, and to gain love and respect. Recite ya Basitu 10x after Salatul Fajr with open hands, and pass over face for self sufficiency. Ism of the angel Israfeel.
Al-Khafidh 22 الْخَافِضُ	Abaser	Fast for three days and on the fourth day, recite Ya Khafidh 70,000 times in a gathering and you should be free from harm. Recite 10x every day for honour.
Ar-Rafi' 23 الرَّافِعُ	Exalter	Recite Ya Rafi' 100x on Thursday and Sunday night to attain a higher sense of honour, richness and merit.
Al-Mu'izz 24 الْمُعِزُّ	Honourer	Repeat Ya Mu'izz 140 x after Maghrib salaa on Sunday and Thursday to develop dignity in eyes of others and fear no one but God.



Name	Meaning	Benefits of recitation
Al-Muzhill 25 الْمُذِلُّ	The Dishonourer	Recite Ya Muzhill 75 times when you sense harm from a jealous person. If you go to sijda and say, "Oh God save me from the oppression of so and so..." and you should be safe.
As-Sami' 26 السَّمِيعُ	The All Hearing	Recite Ya Sami' 500x after Zhuhr salaa for hajat. Recite so that one's words have a greater effect
Al-Baseer 27 الْبَصِيرُ	The All Seeing	Recite 100x Ya Allahu, Ya Baseer before Salatul Jumua' for success in any task. Recite Ya Baseer 100x after Salatul Jumua' to raise esteem, strength in eyesight and illumination of heart
Al-Hakam 28 الْحَكَمُ	The Arbiter	Recite Ya Hakam on Thursday night in the middle of the night frequently to know the hidden meanings in things.
Al-'Adl 29 الْعَدْلُ	The Just	Write ya 'Adl on a piece of bread on Thursday night for obedience.



Name	Meaning	Benefits of recitation
Al-Lateef 30 اللَّطِيفُ	The Subtle	Recite Ya Lateef 129x when stressed or depressed. Recite "Allahu Lateefun bi 'ibaadihi yarzuku manyashaau wa huwal Qawiyyul 'Azeez" (12:100) 9x daily for ease. Recite 133x for abundance in sustenance. After 2 rakaats salaa recite it 11x for deliverance from poverty, illness, sickness, loneliness and misery.
Al-Khabir 31 الْخَبِيرُ	The Aware	Recite Ya Khabir frequently to be freed of bad habits. Recite it for 7 days to perceive hidden secrets.
Al-Haleem 32 الْحَلِيمُ	The Forbearer	Recite 88x for subsidence of anger. Write ya Haleem on a piece of paper and place where you plant something to preserve it from harm. Recite on an apple and give to spouse who has fallen out of love to restore affection. Recite on water for plants for better growth.





Name	Meaning	Benefits of recitation
Al-'Azheem 33 الْعَظِيمُ	The Magnificent	Recite ya 'Azheem frequently to develop respect among people. Recite 100x for success and protection from harm of enemies.
Al-Ghafur 34 الْغَفُورُ	The Concealer of Faults	Recite Ya Ghafur frequently for headaches, fever or temporary despair and despondency. Recite 100x after Salatul Jumua' for relief from a heavy heart due to sins and forgiveness of the sins.
Ash-Shakur 35 الشَّكُورُ	The Rewarder of Thankfulness	Repeat Ya Shakur 41x on water and wash your face to lighten a heavy heart and maintain composure. Recite 41x for any difficulty.
Al-'Ali 36 الْعَلِيُّ	The Highest	Constant recitation improves conditions – poor becomes richer, troubled becomes at peace..... If faith is low repeat Ya 'Ali frequently. 41x for relief from difficulty.



Name	Meaning	Benefits of recitation
Al-Kabeer 37 الْكَبِيرُ	The Greatest	If someone has lost his job or been demoted unjustly or has debts which cannot be paid – fast for 7 days and recite – Yaa Kabeeru antallazhee laa tahdil ‘uqulu liy wasfi ‘azhamatihi 1000x. Recite 232x over food and give to couple having marital problems
Al-Hafeezh 38 الْحَفِيزُ	The Preserver	Recite ya Hafeezh 16x a day for protection from calamities.
Al-Muqet 39 الْمُقِيتُ	The Maintainer	Recite and write 7x over water –drink from the water during a journey for strength to bear the difficulties of travel. If someone is ill-mannered, repeat Ya Muqet several times into a glass of water and give it to the person to drink. Recite 7x on water for fulfilment of hajjat.



Name	Meaning	Benefits of recitation
Al-Haseeb 40 الْحَسِيبُ	The Reckoner	Repeat ya Haseeb 70x on Thursday for seven days and nights and the 71st time say, "Allah al-Haseeb," "God is my Reckoner," and you should be freed from fear of being robbed, or the jealousy of another or being harmed. Write on bottle of colicky child.
Al-Jaleel 41 الْجَلِيلُ	The Majestic	Write Ya Jaleel on a piece of paper with saffron and musk ink. Wash the paper and drink self esteem.
Al-Kareem 42 الْكَرِيمُ	The Generous	Recite 270x for freedom from debt. If recited until one falls asleep then appreciation and help from others. Recite for forgiveness.
Ar-Raqeeb 43 الرَّقِيبُ	The Vigilant	Repeat Ya Raqeeb 7x for yourself, family and property to be under Allah's protection. Recite to find lost thing. Recite 312x to render bad vibes ineffective.



Name	Meaning	Benefits of recitation
Al-Mujeeb 44 المُجِيبُ	The Responder to prayer	Recite Ya Mujeeb to continue to have faith. Recite 55x at sunrise after salaah for hajat. Reciting also helps stop gossip and slander.
Al-Waasi' 45 الْوَاسِعُ	The Vast	Recite Ya Waasi' frequently if you have difficulty earning a living. Recite 137x to cure depression
Al-Hakim 46 الْحَكِيمُ	The Wise	Recite Ya Hakim continuously to overcome difficulties in work and for knowledge and wisdom.
Al-Wadud 47 الْوَدُودُ	The Loving	If there has been a quarrel between two people and one of the two repeats Ya Wadud 1000x over food and gives the food to the other to eat, the disagreement may be resolved.
Al-Majeed 48 الْمَجِيدُ	The Glorious	Recite ya Majeed 100x at iftar on the 13th, 14th & 15th of the Lunar month to cure sickness especially psoriasis, heart disease and depression.



Name	Meaning	Benefits of recitation
Al-Ba'ith 49 الْبَائِثُ	The Resurrector	Recite Ya Bai'th 100x and to gain taqwa and wisdom. Recite frequently with hand on chest at bedtime. Recite 7070x to clear name if wrongly accused.
Ash-Shaheed 50 الشَّهِيدُ	The Witness	Repeat Ya Shaheed 21x with your hand on the forehead of a rebellious child to calm him down. Assists in controlling one's own disobedience.
Al-Haqq 51 الْحَقُّ	The Truth	Recite to find lost thing. For sustenance recite 100x <i>La Ilaha Malikul Haqqul Mubeen</i> every day.
Al-Wakeel 52 الْوَكِيلُ	The Trustee	If you are afraid of drowning, being burned in a fire, repeat Ya Wakeel for protection.
Al-Qawiy 53 الْقَوِيُّ	The Strong	Recite Ya Qawiy for safety from an enemy. Recite 116x for strength to do ibada.



Name	Meaning	Benefits of recitation
Al-Mateen 54 الْمَتِينُ	The Firm	Recite Ya Mateen for your troubles to disappear. To increase breast milk write on a cup and drink water from it. Recite 500x to eliminate tyranny and negativity from oneself.
Al-Waliy 55 الْوَالِيُّ	The Friend	Recite Ya Waliy frequently to become a Friend of God. Recite in the presence of a spouse who is ill of character.
Al-Hameed 56 الْحَمِيدُ	The Praised	Repeat Ya Hameed be loved and praised. Write on a cup and drink from it for refined speech.
Al-Muhsi 57 الْمُحْصِي	The Appraiser	Recite Ya Muhsi 100x for ease on the Day of Judgement. Recite 148x to assist in understanding and memorisation. Also gives courage for self-criticism.



Name	Meaning	Benefits of recitation
Al-Mubdi' 58 أَلْمُبْدِي	The Beginner	Repeat Ya Mubdi' and breathe towards someone who is about to lose something and that person should become free of danger. Recite to make decisions when undecided. If a pregnant woman fears a miscarriage then place right hand on the stomach and recite Ya Mubdi' 99x.
Al-Mu'eed 59 أَلْمُعِيدُ	The Restorer	Repeat Ya Mu'eed 70x for the safe return of a family member who is away.
Al-Muhyi 60 أَلْمُحْيِي	The Life Giver	If you are weighed down with a heavy burden repeat Ya Muhyi 7x daily. Recite 68x after every salaa to cure a chronic illness.
Al-Mumeet 61 أَلْمُمَيْتُ	The Life Taker	Recite Ya Mumeet frequently with your hands on your chest on falling asleep to control your passions and destroy your enemy.



Name	Meaning	Benefits of recitation
Al-Hayy 62 الْحَيُّ	The Living	Recite Ya Hayy frequently for a long life and to cure sickness. Recite 500x before sunrise for peace. Write with musk and rose water on a bowl; wash and drink for shifa from any illness.
Al-Qayyum 63 الْقَيُّومُ	The Self Existing	Recite Ya Qayyum at the time of Fajr salaa for friendship. Recite 16x daily for memorisation help. Recite it in seclusion for affluence. To remove lethargy and laziness recite Al Hayyu and Al Qayyum after Fajr salaa.
Al-Waajid 64 الْوَّاجِدُ	The Resourceful	Repeat Ya Waajid with every morsel of food to become resourceful.
Al-Maajid 65 الْمَاجِدُ	The Noble	Recite Ya Maajid 465x morning and night to be understood by others. Recite also to understand the language of other creation e.g. animals etc....





Name	Meaning	Benefits of recitation
Al-Waahid 66 الْوَّاحِدُ	The Unique	Repeat Ya Waahid 1000x when you are alone and in a dark place to be free of fear and delusions.
Al-Ahad 67 الْأَحَدُ	The One	1000x for unification of nafs. Recite regularly for pious children.
As-Samad 68 الصَّمَدُ	The Eternal	Repeat Ya Samad 1000x to know the hidden meanings of things. Recite Ya Samad 115x at dawn or at midnight while in sajda, to be safe from oppression. Recite to improve character.
Al-Qaadir 69 الْقَادِرُ	The Able	Recite Ya Qaadir while washing each limb during the wudhoo and no enemy should harm you. If you face a difficulty recite Ya Qadir 41x to be free from difficulty. Recite 305x when love not responded to.



Name	Meaning	Benefits of recitation
Al-Muqtadir 70 الْمُقْتَدِرُ	The Powerful	Repeat Ya Muqtadir frequently to become aware of the truth. Recite 744x to sharpen the memory.
Al-Muqaddim 71 الْمُقَدِّمُ	The Promoter	Repeat Ya Muqaddim on the battlefield or when you are afraid of being alone in a frightening place. Recite to present things in their right places.
Al-Mu'akhkhir 72 الْمُؤَخِّرُ	The Postponer	Recite Ya Mu'akhkhir 100 times for tawba to be accepted. Recite 1446x before sunrise for 7 days to prevent tyrant from gaining power.
Al-Awwal 73 الْأَوَّلُ	The First	Recite Ya Awwal 40 times on Thursday night for fulfilment of needs. Recite 1000 times for 40 Fridays for an overwhelming problem and for safe return from journey.



Name	Meaning	Benefits of recitation
Al-Aakhir 74 الْآخِرُ	The Last	Those who recite Ya Aakhir frequently should lead a good life and have a good end at the time of death. Recite 1000 times on Friday for increased sustenance. Recite frequently as a kaffara for sins.
Azh-Zahir 75 الظَّاهِرُ	The Manifest	Recite Ya Zhaahir 500x for divine light to enter your heart.
Al-Baatin 76 الْبَاطِنُ	The Hidden	Recite Ya Baatin 22x to see the truth in things. Recite 33x for enlightenment. For hajat pray 2 rakats salaa after which recite “Huwal Awwalu wal Aakhiru wazh Zhaahiru wal Baatin; wa huwa ‘alaa kulli shayin Qadeer”
Al-Waali 77 الْوَالِي	The Governor	Repeat Ya Waali in your home to be free from danger. Recite 11x to subdue another’s anger.



Name	Meaning	Benefits of recitation
Al-Muta'aali 78 الْمُتَعَالَى	The Exalted	Repeat Ya Muta'ali to ease difficulties. Recommend for women to recite during menstruation to relieve ailments. If demoted recite 540x to be restored to honour. Also effective for interviews.
Al-Barr 79 الْبَرُّ	The Source of Goodness	Repeat Ya Barr frequently to be blessed and be free from misfortune. Recite 7x daily to create aversion to bad habits. If recite 7x on a newborn baby it will give the child protection from calamities.
At-Tawwab 80 التَّوَّابُ	The Acceptor of Tawba	Repeat Ya Tawwab many times for acceptance of tawba. Recite frequently for accomplishment of a task. Recite 10x in front of a tyrant to be free from oppression.
Al-Muntaqim 81 الْمُنْتَقِمُ	The Avenger	Repeat Ya Muntaqim to be victorious against your enemy. To remove a tyrant from power, recite Ya Muntaqimu and Ya Qahhaar 1000x.



Name	Meaning	Benefits of recitation
Al-Afw 82 الْعَفْوُ	The Pardoner	Repeat Ya 'Afw frequently for forgiveness.
Ar-Ra'uf 83 الرَّؤُوفُ	The Clement	Repeat Ya Ra'uf frequently to be blessed. Recite also to gain affection of creation.
Malik al Mulk 84 مَالِكِ الْمَلِكِ	The King of the Kingdom	Recite Ya Malik al Mulk to gain esteem and change doubts into reassurance. Recite 212x daily to gain sustenance from unexpected means.
Dhul Jalaal wal Ikraam 85 ذُو الْجَلَالِ وَالْإِكْرَامِ	The Lord of Majesty & Generosity	Repeat Ya Dhul jalaal wal ikraam to develop self esteem.



Name	Meaning	Benefits of recitation
A-Muqsit 86 الْمُقْسِطُ	The Equitable	Repeat Ya Muqsit 100x to be free from the harm of your idol/ego and you should attain your purpose. Recite 700x for hajjat. If the mind wanders in salaa recite 239x before salaa. Also recite for anger and depression.
Al-Jaami' 87 الْجَامِعُ	The Gatherer	Repeat Ya Jaami' to find lost things or be reconciled with someone who has separated. Do ghusl at Zhuhr and lifting gaze towards heavens recite Ya Jaami' 10x closing each finger as you do so to reconcile dispersed family.
Al-Ghaniy 88 الْغَنِيُّ	The Rich	Repeat Ya Ghani frequently for contentment. Recite 70x daily for abundance in rizq. Recite and blow over body for shifaa from illness.



Name	Meaning	Benefits of recitation
Al-Mughni 89 الْمُغْنِي	The Enricher	Recite Ya Mughni 1000 x every Friday to become self-sufficient. Recite 1121x every Friday for 10 Fridays to eliminate nervous tension. Recite on hands and pass over afflicted part of body to recover. For spiritual and material wealth, recite 11x Salawat, followed by 1111x Ya Mughni and end with 11x Salawat and Suratul Muzzammil.
Al-Maani' 90 الْمَانِع	The Protector	Repeat Ya Maani' to have a good family life. Recite 20x to subside anger. Recite 161x to help relieve pain and fear. Recite for safety during journeys. Recite silently to rekindle affection between spouses.
Adh-Dharr 91 الضَّار	The Punisher	Repeat Ya Dharr 100x on Thursday nights to grow closer to Allah. Recite for safety from tyranny.



Name	Meaning	Benefits of recitation
An-Nafi' 92 النَّافِعُ	The Beneficial	Recite Ya Nafi' for 4 days to avoid harm. Recite 41x for completion of task. Provides safety on a journey. Recite before intimacy for pious children.
An-Nur 93 النُّورُ	The Light	Recite Ya Nur 700 times on Thursday night for receive inner light. Recite Surah Nur 7 times and ya Nur 1000 times to gain light in your heart.
Al-Haadi 94 الْهَادِي	The Guide	Repeat Ya Haadi frequently to gain spiritual knowledge.





Name	Meaning	Benefits of recitation
Al-Badi' 95 الْبَدِيعُ	The Originator	Repeat Ya Badi' 1000 x by saying, "Ya Badi' as-samawati' wa 'l-ardh," for troubles. Relieves depression and stress. Recite before sleeping for guidance on feasibility of task. For accomplishment of a task recite 1200x Ya Badi' al ajaib bil khayr. Ya Badi' for 12 days.
Al-Baaqi 96 الْبَاقِي	The Everlasting	Recite Ya Baaqi on Thursday night to be free of difficulties. Recite frequently for acceptance of duas.
Al-Waarith 97 الْوَارِثُ	The Inheritor	Recite Ya Waarith 100x at sunrise to be free of difficulties. Recite it often to fulfil a task. To remove worries recite 1000x between Maghrib and Eisha salaa.



Name	Meaning	Benefits of recitation
Ar-Rasheed 98 الرَّشِيدُ	The Right in Guidance	Repeat Ya Rasheed, 1000x between Maghrib and Eisha Salaa to remove troubles, and for financial progress. Recite also to make words effective.
As-Sabur 99 الصَّابِرُ	The Patient	Repeat Ya Sabur 33x for relief from troubles, difficulties and sorrow. Recite 100x before sunrise for safety from calamities and 'tying' the enemy's tongue. Repeat 298x for physical pain. Repeat frequently if unjustly accused. In difficulty recite 1020x.





