



REFUGE (PROTECTION) WITH THE MASTER, KING AND GOD OF HUMANKIND
FROM INTERNAL WHISPERINGS (THE CAUSE OFF ALL INNER DOUBTS)

114

AL NAAS - THE HUMAN BEINGS

REFUGE FROM APPARENT AND HIDDEN WHISPERINGS

We seek refuge (protection) in the Master, King & God of Humanity
Refuge is sought from the stealthy inner whisperer (Shaytan) who whispers in our innermost being that incites us to evil.



Ayaat 1-6

114. Al Naas – The Human Beings 6 Ayaat (Makki)

FOCUS

REFUGE (PROTECTION) WITH THE MASTER, KING AND GOD OF HUMANKIND
FROM INTERNAL WHISPERINGS (THE CAUSE OFF ALL INNER DOUBTS)

DID YOU KNOW?

THE QUR'AN BEGINS WITH THE NAME OF ALLAH (BISMILLAH) AND ENDS WITH HUMAN BEINGS (AL NAAS). THE QUR'AN'S BEGINNING AND END ARE INTERLINKED.

SELECTED AYAAAT

- 114:1-3 Say! I place myself in the refuge of the Master of humankind, the King of humankind, the God of humankind.
- 114:4 From the evil of the whisperings of the stealthy whisperer
- 114:5 Who whispers in the innermost hearts of humankind
- 114:6 From among the jinn and humankind

NARRATIVE

Sura Al Naas and Sura Al Falaq are known as Maudhatayn (The two protectors). Both were revealed simultaneously. Between Al Falaq and Al Naas there are 5 'sharrs' (evils - that which cause harm) from which protection is sought.

Here the most deadly of them is mentioned - 'was waas' - subtle negative whisperings by the greatest of 'haasid's' (jealous one) - Shaytan

There are 9 inner whispering that cause evil: greed, expectations, worldly desires, acquisition, affliction, pride, belittling others, desire for acknowledgement and admiration and stinginess.

Refuge is sought from these in Allah, manifested in different ways – by having trust in Allah, remembering Allah and accountability, recognising less is more, seeing the good in a situation, having humanity, considering the honour of others and having humility and generosity.