

إِذَا ضَاقَّتْ بِكَ الْأَحْوَالُ يَوْمًا

فَتَقَنَّ بِالْوَّاحِدِ الْفَرْدِ الْعَلِيِّ

If you find yourself in trouble;
put your trust in the the One,
the Unique, the most High.

تَوَسَّلْ بِالنَّبِيِّ فَكُلُّ حَظَبٍ

يَهْوَنُ إِذَا تَوَسَّلَ بِالنَّبِيِّ

And take the Prophet as an
intercessor as every servant is
surely rescued by his
intercession...

وَلَا تَجْزَعُ إِذَا مَا نَابَ حَظَبٌ

فَكَمْ لِلَّهِ مِنْ لُطْفٍ خَفِيٍّ

Whenever calamities befall you
do not become restless, as
many of God's action are
concealed.



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Dua of Imam Ali (pbuh)

Sayyida Zaynab (pbuh) used to recite this dua after Salat ul Layl
Recite 7x for 7 days to alleviate difficulty.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

وَ كَمْ لِلَّهِ مِنْ لُطْفٍ خَفِيٍّ

And how many bounties of God
are concealed.

يَدُقُّ خَفَاهُ عَنِ فَهْمِ الزَّكِيِّ

Whose subtlety escapes the
grasp of even the intelligent

وَ كَمْ يُسِرُّ آتَى مِنْ بَعْدِ عُسْرِ

And how much ease has come
after adversity,

فَفَرَّجَ كُرْبَةَ الْقَلْبِ الشَّجِيِّ

Putting an end to the misery of
the sorrowful heart

وَ كَمْ أَمْرٍ تَسَاءَ بِهِ صَبَاحًا

وَتَأْتِيكَ الْمَسْرَّةُ بِالْعَشِيِّ

So many things, which brings
grief in the morning turn to joy
by evening.



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